



FALL & WINTER

19 Elul - 21 Tevet 5787 | September 1 - December 31, 2026

JCA PROGRAM GUIDE



PAGE
3

Looking Into
the Future

Table of Contents

3	Shalom
4	Art & Culture
9	J Experience
10	Early Childhood
11	Theatre
12	Youth Services
14	Development
16	Wellness Center
17	Fitness and Wellness
18	Sports and Recreation
20	Aquatics
22	Tennis and Pickleball
23	Tributes

The JCA Program Guide is published each year by the:

Jewish Community Alliance
8505 San Jose Boulevard
Jacksonville, FL 32217

For additional program information, please contact the JCA at:

(904) 730-2100
jcjax.org • info@jcjax.org
facebook.com/jcjax

Lior Spring. Board Chair
Adam Chaskin. Chief Executive Officer
Lee Lemay. Website and Graphic Designer

Locker Room Hours

Locker room hours are the same as business hours.

- Frequent disinfecting will happen throughout the day.
- All shower stalls are available for use and feature full length separating walls.

Kid Kare (babysitting) (904) 730-2100 ext. 267

Hours:

Sun - Fri mornings | 9 am - 12 pm
Mon - Thu evenings | 5 - 8 pm

- JCA Kid Kare is available for children 3 months to 9 years old.
- Kid Kare is offered on reservation basis.
- Space limited to 15 kids per shift.
- Kid Kare service is for a maximum of 90 minutes.
- Visit bit.ly/JCAKidKare to view our Kid Kare policies and make a reservation.

Affiliated with the Jewish Federation & Foundation of Northeast Florida and the Jewish Community Centers Association of North America.

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION FOR JEWISH COMMUNITY ALLIANCE, INC., A FLORIDA-BASED NONPROFIT CORPORATION (REGISTRATION NO. CH202), MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 1-800-HELP-FLA (435-7352) WITHIN THE STATE OR VISITING THEIR WEBSITE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. DCF License #: C04DU0213

Proselytization The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds.

JCA Member Code of Conduct The JCA is committed to providing a safe and welcoming environment for all members and guests. To promote safety and comfort for all, we ask individuals to act appropriately at all times when they are in our facility or participating in our programs. We expect persons using the JCA to behave in a considerate and responsible way and to respect the rights and dignity of other members, guests and staff. Our Code of Conduct outlines actions that are deemed inappropriate. These include but are not limited to: inappropriate attire-appropriate attire in keeping with the values of the JCA must be worn at all times; angry or vulgar language, including swearing, name-calling or shouting; physical contact with another person in any angry or threatening way; any demonstration of sexual activity or sexual contact with another person; harassment or intimidation by words, gestures, body language or any menacing behavior; theft or behavior that results in the destruction of property; carrying or concealing any weapons or devices or objects that may be used as weapons with the exception of law enforcement professionals; using or possessing illegal chemicals (drugs) on JCA property, in JCA vehicles or at JCA sponsored programs; using or possessing alcohol on JCA property, in JCA vehicles or at unsanctioned JCA sponsored programs; any other conduct of an inappropriate, threatening or offensive nature. Loitering is not permitted in or outside the JCA. Use of all tobacco products, smoking (including e-cigarettes) is not permitted in or outside the JCA. The JCA and its property is a smoke-free/tobacco-free environment. The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds. In addition, the JCA reserves the right to deny access or membership to the following persons: registered sex offenders; those accused/convicted of sexual abuse crimes; those accused/convicted of crimes relating to the sale/use/possession/transportation of narcotics, habit forming and/or dangerous drugs; those excessively or continuously using intoxicating beverages, narcotics or dangerous drugs. The JCA maintains a no tolerance policy concerning all of the above. Members and guests are encouraged to be responsible for their personal comfort and safety and to ask any person whose behavior threatens their comfort to refrain from that behavior. If a member or guest feels uncomfortable in confronting the person directly, they should report the behavior to a staff person or the manager on duty. Good personal hygiene, including the appropriate use of deodorant, is expected as a consideration to other members. JCA staff members are eager to be of assistance. Members and guests should not hesitate to notify a staff member if assistance is needed. In order to be able to carry out these policies, we ask that members and guests identify themselves to staff when asked. The Executive Team will investigate all reported incidents. Suspension or termination of JCA membership privileges may result from a determination by the Executive Team if in their discretion a violation of the JCA Member Code of Conduct has occurred.

Guest Policy

Members may bring only two guests at a time except for members bringing families. Guests must be accompanied by a member in good standing. Children who are guests must have an adult present to sign a waiver and be chaperoned by an adult if under 10. All guest passes must be purchased at the Reception Desk. Saturday guest passes must be purchased in advance. All guests must have guest passes. All visitors must present a photo ID.

Guest Pass Fee: **Adults:** \$15 each visit | **Children/Teens (5 - 18):** \$8 each visit

Mandatory Swim Assessments

All children 12 and under must complete a 25-yard swim (without touching the bottom of the pool, grabbing the lane rope, floating on their back or requiring assistance) on their front (freestyle, breaststroke, etc.) and tread water for 45 seconds. If they pass the test, they are permitted to swim without flotation and receive a yellow neck band. Swimmers who do not complete the test will receive a red neck band and be required to wear a life jacket, have a parent/guardian in the water within arm's reach or choose not to swim. The JCA will supply neckbands to each child, which are to be kept and brought to the pool each time to swim. Replacement bands are available for \$5 each.

Unsupervised Children

The following policies ensure the safety of all JCA members:

- Children 9 years old and under must be under direct supervision (in sight and within close proximity) by an adult while at the JCA. Children must be brought to and picked up from class, Kid Kare or any JCA programs by an adult. All members age 10 and over entering the JCA must present a membership card.
- Children age 10 and up may be unaccompanied by an adult in the JCA except for the fitness area where children must be 13 years old to enter. It is not appropriate for children to gather in the lobby area or hallways of the JCA.

The JCA cannot be held responsible for members age 10 and over who attend the JCA and are not enrolled in an organized activity. In addition, children age 10 and up are expected to behave in a mature manner when in the building without parental supervision. Behavior that is disruptive and/or harmful to themselves or others may result in the suspension of independent privileges.

Food Policy

JCA is a kosher facility. Therefore no deliveries of food of any kind for members from take-out restaurants will be accepted. Food brought into the building from home, outside of a JCA program or preschool, must be consumed in the outdoor pool area. Thank you for your cooperation.

Fire Alarm Policy

For your safety and welfare, you must evacuate the building when the fire alarm sounds. You will be notified by JCA personnel when it is safe to return to the facility. Thank you for your understanding and support.

Cancellation/Expiration Policy for Personal Training, Private Tennis and Swim Instruction

All participants registered for private tennis, swim or personal training sessions must give at least a 24-hour notice of cancellation for already scheduled sessions. Failure to properly cancel will result in a charge for that session at the established fee. All personal training sessions, private tennis lessons and private swim lessons will expire six months from the date of purchase. Fees paid for (expired) sessions/lessons are non-refundable and non-transferable.

Class Payment, Refund and Cancellation Policy

- All class and program fees must be paid before the beginning of the class. For one-time programs or classes, no refunds will be granted.
- 50% refund after first class; 25% refund after second class; no refund after third class (excludes childcare tuition and summer camp programs).
- Refund policies apply to all private training and lessons.
- The JCA reserves the right to cancel programs/classes not meeting the minimum required enrollment for circumstances beyond our control.

Shalom,

It is an honor to serve as the incoming Board Chair of the Jewish Community Alliance. For my family, the JCA has always been a second home. Our children have grown up through the outstanding preschool, summer camp, youth sports, theater, and countless programs that have created lasting memories and deep connections. Like so many families, we've experienced firsthand the sense of belonging that makes the JCA so special.

As I begin this role, I want to thank our outgoing Board Chair, Nicole Brown, for her exceptional leadership over the past two years. Nicole has helped the JCA reach this exciting period of growth and we are deeply grateful for her service.

This is an exciting moment for the JCA. As our campus transformation continues, we are doing more than renovating our facilities. We are creating new opportunities for connection, learning, wellness, and community that will serve generations to come.

Our future, however, is defined not by buildings but by people. Every child who discovers a new passion, every family that celebrates together, every individual who strengthens their health and well-being, and every volunteer who gives back helps shape the future of this remarkable organization.

Rooted in Jewish values and open to all, the JCA continues to be a welcoming place where people from every background can learn, grow, and belong. I invite you to explore everything this Fall Program Guide has to offer, experience our new spaces, discover a new program, and join us as we build the next chapter together.

The future of the JCA is bright, and I am honored to help lead it alongside our outstanding staff, dedicated volunteers, generous supporters, and this incredible community.

B'Shalom,

Lior Spring

Lior Spring
Board Chair

Lior
Spring



BOARD OF TRUSTEES

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*Of Blessed Memory

DEPARTMENTS

CEO.....Adam Chaskin, ext. 272
COO.....Jo-Ellen Unger, ext. 246
Finance.....Melissa Meyenberg, ext. 224
Aquatics.....Dustin Rulien, ext. 417
Development.....Kendall Valliere, ext. 231
Early Childhood.....Natalia Fisher, ext. 242
Facilities Management.....Cal Barker, ext. 238
Fitness & Wellness.....Karen Cataldo, ext. 324
Arts and Culture.....Heather Terrill, ext. 265
Marketing.....Lee Lemay, ext. 226
Membership.....Chris Turner, ext. 257
Sports & Rec.....Nyem Bozeman, ext. 254
Theatre.....Shelly Hughes, ext. 252
Youth Services.....Neal Buchholz, ext. 237

JCA HOLIDAY HOURS

Labor Day

Mon, Sep 7.....8 am - 5 pm

Rosh Hashanah

Fri, Sep 11.....5:30 am - 5 pm

Sat, Sep 12.....Closed

Sun, Sep 13.....Closed

Yom Kippur

Sun, Sep 20.....5:30 am - 5 pm

Mon, Sep 21.....Closed

Sukkot

Fri, Sep 25.....5:30 am - 5 pm

Sat, Sep 26.....Closed

Sun, Sep 27.....1 - 6 pm

Shemini Atzeret & Simchat Torah

Fri, Oct 2.....5:30 am - 5 pm

Sat, Oct 3.....Closed

Sun, Oct 4.....1 - 6 pm

Thanksgiving

Thu, Nov 26.....Closed

Day After Thanksgiving

Fri, Nov 27.....5:30 am - 5 pm

December 25

Fri, Dec 25.....8 am - 2 pm

New Year's Eve

Thu, Dec 31.....5:30 am - 5 pm

New Year's Day

Fri, Jan 1, 2027.....8 am - 2 pm

JCA BUILDING HOURS

Sun.....8 am - 6 pm

Mon - Thu.....5:30 am - 9 pm

Fri.....5:30 am - 5 pm

Sat.....1 - 6 pm



Heather Terrill

Arts and Culture Director
(904) 730-2100 ext. 265



Scan the QR code to
discover more Arts and
Culture programs.

Traveling Diner Dinner Club

Delight your taste buds and enjoy great company as we experience Jacksonville's best restaurants. Your meal is at your own expense. Registration is required. Dinner locations will be emailed to you prior to event date.

Tue | 6 pm | Aug 25 and Dec 1
\$5 | Free for valued members



Open Game Play

Bring your friends and make new ones while playing Mah Jongg, Bridge, Canasta, Rummikub, and Scrabble! This is a weekly open play with no instructor. Gameboards provided. **Every Thu | 12 - 2 pm | Starting Aug 13**
Free to the community

JEA Solar Farm Tour & Lunch

Go behind the scenes at one of JEA's eight solar farms where they have been producing solar energy since the 1990's. Learn how solar power works and the importance of battery storage for solar facilities. Transportation is included; lunch is at your own expense.

NEW DATE **Fri, Sep 4 | 8:30 am**

\$27 | Valued member \$18

Conversational Hebrew

Penina Weltman teaches this class for beginners. This is for people who can already read Hebrew and know some vocabulary.

Mon | 7 - 8 pm | Sep 14 - Nov 9
No class Sep 21
\$225 | Valued member \$150



Lunch & Learn: Senior Living and the Right Time to Move

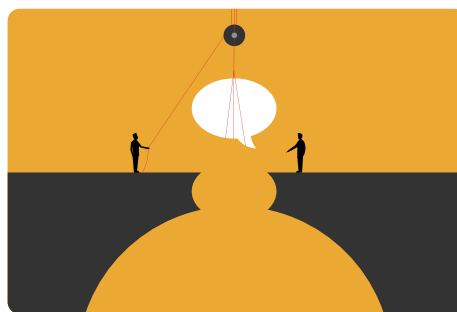
How do you know it's time to move to a senior living community? It's a tough decision people face as they grow older. Join us to learn about the benefits of this transition and when the timing makes sense for you or a loved one. *Lunch and program provided by Starling.*

Wed, Sep 16 | 11:45 am
Free to the community

Let's Do Lunch

Meet us to socialize and dine. Your meal is at your own expense. Registration is required. Locations will be emailed to you upon registration.

Fri | 11 am | Sep 18 and Oct 30
\$5 | Free for valued members



Living Our Values: Conversation Across Differences

Join us as we kick off our new series, Living Our Values. We will dive into how we find common ground when we feel worlds apart. Learn tools and takeaways for difficult conversations. This will include small group discussions.

Thu, Sep 17 | 7 pm
Free to the community

Canasta 101

Learn to play Canasta League of America's Modern Canasta. Enjoy a fun, social atmosphere while learning an exciting game that helps keep your mind sharp, improves strategy, and connects you with new friends. Perfect for beginners looking for a new social activity. Registration required by Sep 25; minimum enrollment required.

Fri | 10 am - 12 pm | Oct 2 - 30
\$270 | Valued member \$180



Hebrew 404

Learn new conversational phrases and continue your ability to read and increase Hebrew vocabulary. Book purchase required. Registration required by Sep 28.

Mon | 6:15 - 7:30 pm | Oct 5 - Nov 30
No class Nov 23
\$225 | Valued member \$150

October 7 Commemoration

Three years after the tragic events of October 7, 2023, we come together to remember, reflect, and learn.

Join us as we commemorate the victims of the attack in southern Israel, honor the resilience of survivors and their families, and gain a deeper understanding of the events of that day, their aftermath, and their continuing significance today.



Wed, Oct 7 | 7 pm
Free to the community
Advanced registration required
ID check at the door

Art Around Town & Lunch

"Art washes away from the soul the dust of everyday life." - Picasso
Join Heather Terrill as we explore some of the public art around town. Transportation included; lunch is at your own expense.

Tue, Oct 13 | 9 am
\$27 | Valued member \$18



Raoul Wallenberg: Missing Inaction

Join us for a special screening of the documentary *Raoul Wallenberg: Missing Inaction*, followed by a live Q&A with film producer Alex Ruthier. The film explores an investigation into the life and mysterious fate of Swedish diplomat Raoul Wallenberg, who risked everything to save thousands of Jews from certain death in the final days of World War II, only to then vanish into a Russian prison forever.

JCA Member Dr. Larry Kanter, who has been involved in the film's production for more than 16 years, brings this important story to the Jacksonville community.

Thu, Oct 15 | 6:30 pm
Free to the community

Mah Jongg 101

Learn how to play Mah Jongg with Susan Katz! This class is intended for beginners to learn. Purchase the 2026 Mah Jongg card ahead of class. Registration required by Oct 11; minimum enrollment required
Sun | 9:30 - 11:30 am | Oct 18 - Nov 8
\$270 | Valued member \$180



Singles 101

Welcome back to school for all you singles! Dating in the modern day can be overwhelming. But remember, a date is just a date - and it can actually be fun! In this workshop you will learn where to start, how to put your authentic self out there, and other tips and tricks for dating. Light nosh and mocktails provided.

Thu, Oct 22 | 6 pm
Free to the community



Mah Jongg & Mingle

Calling all Mah Jongg Mavens! Start off by mingling over wine and light snacks. Then enjoy two hours of open game play. All levels are welcome. Bring your card and set, if you have one.

Wed, Nov 4 | 6 - 8:45 pm
Age 21+
\$18 | Open to the community

Learn About Israel

Join our new Israeli Community Shlich, Bar Gershon, to learn about Israel. Stay tuned to find out the topic!

Tue, Nov 10 | 7 pm
Free to the community

Living Our Values: Billy Planer - How We Can Talk About the Tough

Billy Planer has spent four decades working in experiential education. From leading Jewish teens across the US on a journey through history, politics and activism to his Civil Rights tours in the South for teens and adults, Billy has insights and experiences which helped him discover evidence-based strategies for fostering constructive civil discourse and improving communication with others.

Thu, Nov 12 | 7 pm
Free to the community



Senior \$mart\$

A recent study estimates that the senior population is swindled out of nearly \$3 BILLION EACH YEAR! Learn how to recognize scams, avoid financial exploitation, protect your assets, and identify trustworthy sources of financial information and assistance. Brought to you by the Business Law Section of the Florida Bar.

Thu, Dec 10 | 11:45 am
Free to the community



**Service Rooted in Community,
Compassion, and Care**

Monthly Member Mitzvah

September - In honor of National Diaper Awareness Week (Sep 14 - 20), bring in diapers for the Diaper Bank for Northeast Florida.

October - Donate items to make cancer care kits for patients at Baptist MD Anderson for National Breast Cancer Awareness Month. Assemble kits October 30 at 10 am.

November and December - Donate to support The LJD Jewish Family & Community Services holiday toy drive.

Tikkun Olam Service Projects

More than 310,000 residents, including 95,000 children, in Northeast Florida are considered food insecure, with Duval County having the highest concentration in the region.

Join us for one or all projects as we work towards fighting hunger and food insecurity.

Lutheran Social Services of Northeast Florida

Food Pantry - sorting, bagging and distributing

Wed | 10 am - 12 pm
Sep 23 and Oct 28
Meet at location.

Feeding Northeast Florida Mobile Distribution

Wed, Nov 18 | 8:15 am - 1:30 pm
Transportation & lunch provided.



BERMAN FAMILY JCA CONCERT SERIES

The Jewish Community Alliance is proud to announce our first concert of the 2026-2027 season of our Berman Family JCA Concert Series.

Sun, Nov 15 | 3 pm
Claire Wells, violin

American violinist Claire Wells is emerging as one of the most exciting and original violinists of her generation. Recognized for her personal musical voice and vivid imagination, the soloist and chamber musician captivates audiences with her compelling interpretations, making her a young artist to watch.



SAVE THE DATE

Sun, Apr 18 | 3 pm
Trio Azura, piano trio

Trio Azura is one of today's most promising young ensembles, praised by *Gramophone* for its "intelligence and imagination" and "profound emotion." In 2025, the trio won the Young Concert Artists Susan Wadsworth International Auditions and became the organization's first Ensemble-in-Residence.



Please scan the QR code

to visit jcajax.org/concert-series for more details and mark your calendars to join us.

The Berman Family JCA Concert Series is **free and open to the entire community** thanks to the generosity of the Berman family.



together against hate



PROMOTING UNITY
IN OUR COMMUNITY

PRESENTED BY  

In a shared vision to unify our community, the Jewish Community Alliance (JCA) and First Coast YMCA are proud to announce the fourth year of our Together Against Hate partnership program. Our work continues this year as we build a more inclusive Northeast Florida through educational events.

OCTOBER
Racism

DECEMBER
Jew-Hatred

FEBRUARY
Ramadan Iftar (Dinner)
Thu, Feb 11 | 5:30 pm



Racing Against Hate
5K Run/Walk

A visual display of unity and camaraderie where hundreds of neighbors will gather.

Sun, Feb 28 | 1 pm Winston Family YMCA 221 Riverside Ave.

Keep an eye out for more details coming soon!

For the most up to date information for our fourth series of Together Against Hate events scan the QR code to visit togetheragainsthatejax.org



VANDROFF ART GALLERY



Alison McCauley

Aug 27 - Sep 30
Opening reception
Sun, Aug 30 | 2 - 4 pm



Stephanie Pyren Fortel & Julie Feldman

Oct 1 - Oct 28
Opening reception
Tue, Oct 6 | 6 - 8 pm



The Florida Artists Group (FLAG)

Oct 29 - Dec 2
Opening reception
Thu, Oct 29 | 6 - 8 pm



Sophie Dare Dentiste

Dec 3 - Jan 6
Opening reception
Thu, Dec 3 | 6 - 8 pm

For details on exhibiting or the upcoming artist schedule, call Heather at ext. 265 or email at heather.terrell@jcajax.org.



Flags of Intention Workshop

Beginning in Tibetan tradition, Flags of Intention were hung so the wind could carry your wishes and good energy into the world. This tradition has been used in contemporary Judaism featuring Hebrew verses, blessings, and symbolic imagery. In this 3-week workshop we will slow down, reflect, and make something meaningful with our hands and heart.

Mon | 11:30 am - 1:30 pm

Nov 2, 9 and 16

\$38 | Valued member \$25



Pottery

Craftsmanship, creativity and an appreciation for the elements of well-made, functional pottery are emphasized while you learn the basics to fine tune your hand building or wheel throwing skills. Clay is provided.

Tue | 10 am - 12 pm | Nov 3 - Dec 15

No class Nov 24

\$300 | Valued member \$200

Thu | 6:30 - 8:30 pm | Nov 5 - Dec 17

No class Nov 26

\$300 | Valued member \$200



Ladies Night Out: Floral Painting Workshop

Gather your best girls or come solo for an unforgettable night where you will learn to paint a beautiful floral masterpiece while enjoying yourself! Supplies are included. Light nosh and wine will be served.

Tue, Dec 15 | 6:30 - 8:30 pm

Age 21+

\$68 | Valued member \$45



Shabbat at the JCA

Join us as we close out the week with Shabbat blessings, grape juice, challah, Torah portion and a story or song. Everyone is welcome!

Every Friday | 11:35 - 11:45 am

Aug 14 - Dec 18

Free to the community



Honey Bees and High Holidays

Bring in the new year and celebrate the sweetness of Rosh Hashanah by learning about honey from a local beekeeper. This program is in partnership with Congregation Ahavath Chesed, Jewish Federation & Foundation of Northeast Florida and PJ Library.

Fri, Aug 21 | 5 pm

Congregation Ahavath Chesed
8727 San Jose Boulevard, 32217

Free to the community



Join us in the *sukkah* to shake the *lulav* and *etrog* as we sing karaoke! Bring your own Kosher style picnic dinner.

Thu, Oct 1 | 5:30 - 7:30 pm

Free to the community

Pink Shabbat

Join us for a pink program, in partnership with Congregation Ahavath Chesed, Hadassah, and the Jewish nonprofit Sharsheret, to raise awareness and honor those facing breast cancer in our community.

Fri, Oct 9 | 6:30 pm

Congregation Ahavath Chesed
8727 San Jose Boulevard, 32217

Free to the community



Congregation
Ahavath Chesed



HADASSAH
the power of women who DO™



SHARSHERET
The Jewish Breast & Ovarian Cancer Community



Jacksonville Mega Challah Bake

Women and girls ages 12 and up are invited to make challah dough together as we connect with each other as we explore both the meaning of challah and the power of women. Stay tuned for location and more details!

Thu, Oct 29 | 7 pm

Price & Location TBA



Menorah Making Contest

Join in our 7th Annual Menorah Making Contest! Bring in your menorah between Nov 30 - Dec 3. Use any materials; no premade kits or food accepted. Your menorah must have eight candles spots and a ninth candle (*shamash*) that is higher or lower than the others. Menorahs will be on display for voting from Dec 4 - 11.



The entire community is invited to the JCA to light our giant *chanukiah*. Our celebration will feature our world-famous hot dogs, latkes, songs, and activities for the entire family. Registration is required by Dec 1. Space is limited. First come, first served.

Mon, Dec 7 | 5:45 pm

Free to the community

Additional menorah lightings
at 5:45 pm | Dec 8, 9 and 10

Honey Bees and High Holidays

Bring in the new year and celebrate the sweetness of Rosh Hashanah by learning about honey from a local beekeeper. This family program will feature a tasting and holiday craft.
Sun, Aug 30 | 1 pm
 First Coast Cultural Center
 6000B Sawgrass Village Cir, PVB, FL 32082
 Free to the community



Bubbe's Cookie Jar

Bake our way through beloved Jewish cookie recipes. Join us to bake a traditional honey cake together in preparation for Rosh Hashanah.
Tue, Sep 1 | 10:30 am
 \$18 open to the community
 Ahava Cafe, in partnership with Ganeinu- Early Childhood Development Center
 Chabad of Jacksonville
 Town Center 11271 Alumni Way, Jacksonville, FL 32246



Tot Shabbat: Rosh Hashanah

Join us for a special morning of songs, stories, a special discussion on the Jewish New Year, Rosh Hashanah, AND an apple tasting in the holiday's honor! We will eat apples dipped in honey to symbolize a sweet and healthy year to come!
 Age range 1 - 5.
Fri, Sep 4 | 11 am
 Bartram Trail Branch Library
 60 Davis Pond Blvd, Fruit Cove, FL 32259
 Free to the community
 See page 10 for more Early Childhood programs

Jews on the Silver Screen

Lights, camera, action! Join Justin Sakofs for this program about how Jews are portrayed in films and on TV.
Thu, Sep 24 | 7 pm
 Beth El - The Beaches Synagogue
 288 Roscoe Blvd N, PVB, FL 32082
 Free to the community



Service Rooted in Community, Compassion, and Care

November Teen Mitzvah

Join us to participate in a mitzvah learning opportunity while earning your volunteer service hours.

Wed, Nov 11 | More details TBA
 Free to the community



Shlichah Coffee Talk: Learn About Israel

Join our new Israeli Community Shlichah, Bar Gershon, to learn about Israel. Stay tuned to find out the topic!
Sun, Nov 8 | 10:30 am
 The Kookaburra Nocatee
 351 Town Plaza Ave, PVB, FL 32081
 Free to the community



Faye Hedrick

J Experience Coordinator
 (904) 730-2100 ext. 247



Scan the QR code to discover more J Experience programs.

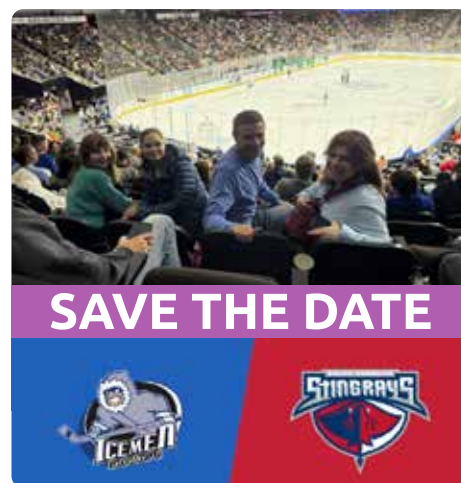
Tot Shabbat: Challah! It's Chanukkah

Celebrate the warmth and traditions of the season with a festive challah bake! Join us for braiding challah dough, singing, and learning. We will explore connections between challah, Jewish tradition, and the Festival of Lights. Bring your enthusiasm and enjoy a meaningful, hands-on experience filled with creativity, and holiday spirit.

Age range 1 - 5.

Fri, Dec 4 | 11 am

Free to the community



Chanukkah & Hockey: Jacksonville Icemen vs. South Carolina Stingrays

Come out to celebrate the second night of Chanukkah and cheer on our home team as they take on the South Carolina Stingrays at the VyStar Veterans Memorial Arena.
Sat, Dec 5 | 7 pm
 300 A Philip Randolph Blvd, Jacksonville, FL 32202
 Ticket details to follow.

Location information and updates about J Experience classes will be published on jcjax.org. If you have questions or have an idea about how the JCA could come your way, send Faye an email at faye.hedrick@jcjax.org.



**Natalia
Fisher**

Early Childhood Director
(904) 730-2100 ext. 242



Scan the QR code to
discover more Early
Childhood programs.



Cooking Around the World (3 - 6 yrs)

Children will cook and taste foods inspired by cultures from around the world! At the end of the session, each child will bring home a keepsake cookbook.

Tue | 3:30 - 4:15 pm

Session I: Aug 25, Sep 1, 8, 15, 22 and 29

Session II: Oct 6, 13, 20, 27, Nov 3 and 10

Session III: Nov 17, 24, Dec 1, 8, 15 and 29

\$105 | Valued member \$70



Holiday Cooking (3 - 6 yrs)

Join us for cooking experiences that celebrate the flavors of traditional Jewish holiday meals and treats.

Fri | 3:30 - 4:15 pm

Sep 11 | Rosh Hashanah

Sep 25 | Sukkot

Dec 4 | Chanukkah

\$23 | Valued member \$15

Cost is per class.



Parent & Me

Make Music (12 mos - 3 yrs)

Sing, dance, and play with your child in our Make Music playgroup! Learn new songs and activities that will encourage your child's development in communication, gross motor movement, math, and more!

Mon | 11 - 11:45 am

Session I: Aug 24, 31 and Sep 14

Session II: Sep 28, Oct 5, 12 and 19

Session III: Oct 26, Nov 2, 9 and 16

Session IV: Nov 23, 30, Dec 7 and 14

Sensory Sensations (12 mos - 3 yrs)

Experience messy morning fun with using clay, paint, loose materials, and other fun sensory explorations! Sensory play promotes development in areas such as self-regulation, communication, and motor skills.

Tue | 10 - 10:45 am

Session I: Aug 25, Sep 1, 8 and 15

Session II: Sep 29, Oct 6, 13 and 20

Session III: Oct 27, Nov 3, 10 and 17

Session IV: Nov 24, Dec 1, 8 and 15

Stroller Fit (birth - 3 yrs)

Bond with your child while you take care of yourself! Build core strength, tone muscles, and improve your posture with stroller-based exercises that blend barre, Pilates, yoga, and power walking.

Tue | 12 - 12:45 pm

Session: Aug 25 - Dec 15

Story Time (12 mos - 3 yrs)

Promote your toddler's early language and literacy development through reading, singing, storytelling, and other open-ended activities!

Wed | 11 - 11:45 am

Session I: Aug 26, Sep 2, 9 and 16

Session II: Sep 23, 30, Oct 7 and 14

Session III: Oct 21, 28, Nov 4 and 18

Session IV: Nov 25, Dec 2, 9 and 16

Baby and Me (birth - 12 mos)

Strengthen your relationship with your baby, and learn their cues through singing, reading and playing! Encourage bonding moments and build your confidence as a caregiver as we blend baby sign, infant massage, and other activities to promote your infant's development.

Thu | 11 - 11:45 am

Session I: Aug 27, Sep 3, 10 and 17

Session II: Sep 24, Oct 1, 8 and 15

Session III: Oct 22, 29, Nov 5 and 12

Session IV: Nov 19, Dec 3, 10 and 17

Tot Shabbat (birth - 3 yrs)

Join us for Shabbat experiences in a playgroup setting centered around Jewish holidays!

Fri | 11 - 11:45 am

Sep 4 | Rosh Hashanah

Sep 25 | Sukkot

Dec 4 | Chanukkah



Pop-Up Playgroup (birth - 3 yrs)

Experience one of our child-led playgroups out in the community! A one-time playgroup, these classes will allow you to explore alongside your child in enriching, facilitated activities. Locations provided at a later date.

Tue | 11 - 11:45 am | Sep 22 and Dec 29

FREE TO THE COMMUNITY

Advance registration is required. Please contact Acadia Moore
by email, acadia.moore@jcjax.org or call ext. 259.

Baby Bear Ballet

Ages 3 (by 9/1/2026) - 5

Little dancers learn the basics of ballet with their ballet buddy! This beginner's class is a fun and relaxed introduction to ballet. Each dancer will receive their very own ballet bear or bunny. We use our ballet buddies to help us with posture and arms. Dancing is so much fun - but it is crazy fun when you dance with a buddy!

Mon | 3 - 3:30 pm

Sep 14, 28, Oct 5, 12, 19, 26, Nov 2 and 9

\$300 | Valued member \$200

Fit for Broadway Jr.

Ages 3 (by 9/1/2026) - 5

Designed especially for our younger dancers, kids will jump, twist, shimmy and shake in this aerobic style dance class! We will dance and sing to our favorite upbeat songs while we build our strength, stamina and coordination.

Tue | 1 - 1:30 pm

Sep 8, 15, 22, 29, Oct 6, 13, 20, 27, Nov 3 and 10

\$225 | Valued member \$150

Fit for Broadway

Grades K - 8

An hour of dancing, jumping, twisting and bopping to get fit for Broadway, kids will be on their way to better health in this high energy, fun-filled class! We will jam to our favorite upbeat show tunes with hip-hop, jazz, salsa and more! This class guarantees sweat, sweat, sweat, while having fun, fun, fun!

Tue | 4 - 5 pm

Sep 8, 15, 22, 29, Oct 6, 13, 20, 27, Nov 3 and 10

\$225 | Valued member \$150

Storybook Theatre

Ages 3 (by 9/1/2026) - 5

Spark your child's imagination with our Storybook Theatre acting class, where favorite tales come to life through interactive play and movement! Designed for children ages 3 - 5 years, this 30-minute weekly program helps little ones build confidence, communication skills, and social awareness by stepping into the shoes of their favorite characters.

Wed | 1 - 1:30 pm

Sep 9, 16, 23, 30, Oct 7, 14, 21, 28 and Nov 4

\$203 | Valued member \$135

JCA Playhouse

Grades K - 1

JCA Playhouse is designed to introduce our younger performers to the stage. We will play acting games, do scene work and learn songs and dances all while your child builds confidence, communication skills, emotional intelligence and physicality. There will be a showcase at the end of the session.

Wed | 4 - 5 pm

Sep 9, 16, 23, 30, Oct 7, 14, 21, 28 and Nov 4

\$270 | Valued member \$180

Shelly Hughes

Theatre Director

(904) 730-2100 ext. 252



Scan the QR code
to discover more
Theatre programs.

Let's Create

Ages 3 (by 9/1/2026) - 5

Turn everyday "trash" into masterpieces! This process-driven art class invites our little artists to explore, squish, stamp, and glue using safe, clean recyclable items. It is a messy, sensory-rich environment that nurtures creativity, fine motor skills, and early eco-awareness through play.

Thu | 1 - 1:30 pm

Sep 10, 17, 24, Oct 1, 8, 15, 22, 29, Nov 5 and 12

\$225 | Valued member \$150

JCA Theatre Presents **Oliver**
Grades 2 - 9

AUDITIONS
Sun, Aug 30 | 1 pm

REHEARSALS
Mon and Thu | 4 - 6 pm Start Sep 10

SHOW DATES
Dec 5 and 12 | 7:30 pm • Dec 6 and 13 | 1 pm

RECITAL FEE
\$325 | Valued member \$250

No fees will be collected until after the cast list is posted.



Neal Buchholz

JCAjax/Youth Services
Director

(904) 730-2100 ext. 237



Scan the QR code to
discover more Youth
Services programs.



Private Supplemental Tutoring

Grades K - 5

One-on-one academic subject and homework assistance in our brand-new tutor room! Open to valued members and After School participants only. Contact Julia Breen, julia.breen@jcajax.org, for more information and pricing options.



Ooey Goopy Science

Grades K - 5

Explore and learn about science through hands-on sensory experiences! Your child will make kinetic sand, slime, oobleck, and more in this class, where making a mess is not only allowed but also encouraged!

Tue | 4:15 - 5:15 pm

Aug 18, 25, Sep 1 and 8

\$90 | Valued member \$60

Seasonal Sensations

Grades K - 3 and 4 - 8

Spring into action, sizzle through summer, fall for autumn, and warm up winter with our seasonal cooking extravaganza! Each class is packed with recipes that capture the essence of the season. Let's make every dish a year-round delight!

Grades K - 3

Tue | 4:15 - 5:30 pm

Sep 15, 22, 29 and Oct 6

Grades 4 - 8

Wed | 4:15 - 5:30 pm

Sep 16, 23, 30 and Oct 7

\$90 | Valued member \$60



LEGO LAB

Grades K - 5

Snap, click, and stack your way through this LEGO® class! We will construct everything from grand towers to intricate designs. Get ready to become a Master Builder one brick at a time!

Tue | 4:15 - 5:15 pm

Oct 27, Nov 3, 10 and 17

\$90 | Valued member \$60



Holiday Cookie Party

Grades K - 5

December is the holiday season for many faiths and cultures, and International Cookie Day is in early December too! Join us for our Annual Holiday Cookie Party as we share the joy of the festivals while we bake, decorate, and enjoy a variety of holiday cookies.

Wed, Dec 9 | 4:15 - 5:15 pm

\$45 | Valued member \$30



Grades K - 8

On days when school is closed, your child can explore, create, learn, and have FUN with friends at the JCA. Participants follow a daily schedule that includes sports, art projects, STEM activities, swimming, and snacks. For more information, please email youthservices@jcajax.org!

Oct 12, 13, Nov 11, 23, 24, 25, Dec 21, 22, 23, 24, 28, 29, 30, 31, Jan 4, 5, 18, Feb 15, Mar 11, 12, 15, 16, 17, 18, 19, 26, 29* and April 26*

*Weather Day - Dependent on DCPS Calendar.

Option A | 7:30 am - 6 pm

\$90 | Valued member \$60

Option B | 9 am - 4 pm

\$75 | Valued member \$50



Winter JCAjax Days

Dec 21 - Jan 5

There is no Winter Break Camp on Dec 25 or Jan 1.

Winter JCAjax Days Field Trips:

Tue, Dec 22 | St. Augustine Adventure

Tue, Dec 29 | Park Picnic and Movie

Tue, Jan 5 | Trampoline Park

Spring JCAjax Days

March 11 - 19

Spring JCAjax Days Field Trips:

Fri, Mar 12 | Ice Skating

Fri, Mar 19 | Sweet Pete's

Field Trips are offered during the Winter and Spring JCAjax Days at additional cost. Spots are limited, and registration fills quickly.

Option A with Field Trip

7:30 am - 6 pm

\$165 | Valued member \$110

Option B with Field Trip

9 am - 4 pm

\$150 | Valued member \$100

JUST FOR TEENS

Grades 6 - 11

We are planning days full of adventure; a special time out of the house and off campus just for your teenagers.



Monthly Mitzvah Program

Grades 6 - 12

Inspire and empower your teen to make a positive impact on their community one *mitzvah* (good deed) at a time. Each month, we will spend a day completing a meaningful *mitzvah* that aligns with our core Jewish values. All participants will earn volunteer hours and transportation from the JCA is provided. To confirm your teen's attendance, please email us at youthservices@jcjax.org.

Sun | 12 - 3 pm

Aug 30, Oct 25 and Nov 15

Free to the community

Teen Hangouts

Grades 6 - 12

Snacks and sweet treats are guaranteed at our Teen Hangouts. From card games to Mario Kart tournaments, we have got something for everyone. Be sure to bring a friend AND an appetite! To confirm your teen's attendance, please email us at youthservices@jcjax.org.

Tue | 6 - 8 pm

Aug 25, Sep 15, Oct 6, 27, Nov 17 and Dec 1

Free to the community



join the JCA Teen Connection WhatsApp Group. Scan this QR code using the WhatsApp camera.

After School & Teen Connection

Mon - Fri | 2:30 - 6 pm

Have your children end their day at the JCA. After School (grades K - 5) and Teen Connection (grades 6 - 8) programs nurture and encourage children at all ages.

Through a variety of activities and a positive environment children socialize, exercise, and thrive in our safe environment after school.

For availability and to register for the 2026-27 school year, call (904) 730-2100 ext. 228.



Scan or visit
jcjax.org
to learn more!



Free transportation from select schools with minimum enrollment.



**Kendall
Sisisky Valliere**
Development
(904) 730-2100 ext. 231



Scan the QR code to
discover more about
how you can help the JCA
support our community.

Save the Date

THERE'S NO PLACE LIKE

HOME

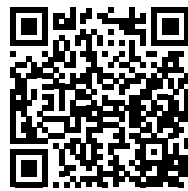
Jewish Community Alliance Annual Fundraiser

SATURDAY, FEBRUARY 20, 2022

8505 San Jose Boulevard, Jacksonville, Florida 32217

DRINKS ♦ DINNER ♦ DANCING

Scan the QR code below for more information, or Contact Kendall Sisisky Valliere
at Kendall.valliere@jcjax.org or 904-730-2100 ext. 231



Some journeys lead exactly where we are meant to be.



PROUD PARTNERS

Become a JCA Proud Partner.
Scan to visit
bit.ly/JCAPartner



Discover the Starling Lifestyle

With four luxury senior living communities in the Jacksonville area, Starling offers maintenance-free living designed around comfort, connection, and peace of mind. As a proud corporate sponsor of the JCA, we are honored to support the local community while providing exceptional senior living experiences.

- GOURMET DINING
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S
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LET'S UNCOVER THE POSSIBILITY OF WORKING TOGETHER

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Magan Maddox

MPH, CHES®
Wellness Coach
(904) 730-2100 ext. 333



Scan the QR code to
discover more Wellness
Center programs.

The Baptist Wellness Center at the JCA to Open Mid August

Stop by and see our new space!

Our Services Include:

- Wellness coaching
- Body composition
- Baseline health screening for cholesterol, triglycerides, glucose, and blood pressure

Now Available:

SECA Full Body Composition

The SECA uses ultrasonic technology, whole body MRI validation (skeletal muscle mass) and 4C model (fat mass) for a whole picture of body composition. Knowing your body composition can help you identify health risks you might be facing and can be a valuable tool in reaching your fitness goals.



The test takes 30 seconds, and the results are available immediately accompanied by an explanation and guidance. The initial cost is \$50 and \$25 for follow-up assessment.



Blood Drives at the JCA

The JCA is proud to partner with LifeSouth Community Blood Centers to host several community-wide blood drives. Walk-ins are welcome or make an appointment online.

Mon | 10 am - 5 pm
Aug 10, Oct 12 and Dec 7

GLP-1 Medications Explained

Join Rachael Cardey, PA-C from the Baptist Metabolic Weight Loss Clinic for an informative talk on GLP-1 medications. Learn how GLP-1 medications are being used to support weight loss, improve metabolic health, and help individuals achieve sustainable lifestyle changes. A certified PT will also be available to answer questions about the benefits of strength training and provide guidance on common exercise considerations for individuals using GLP-1 medications.

Thu, Sep 24 | 5:30 - 6:15 pm
Free to the community

Chronic Pain Self-Management

Join Area Health Education Center (AHEC) and learn techniques to deal with problems such as fatigue, frustration, isolation, and poor sleep, as well as how to evaluate new treatments and communicate effectively with health professionals, family and friends. Who should attend? People 60 years and up with chronic pain. Call (904) 482-0189 to register. Registration required
Tue | 12 - 2:30 pm
Sep 22, 29, Oct 6, 13, 20 and 27
Free to the community

Meditation

Experience the benefits of mindfulness and inner peace in our guided meditation class. This session is designed to help you relax, focus, and reconnect with your inner calm. Join us to create a space for reflection, relaxation, and personal growth. Ongoing weekly sessions.

Mon and Fri | 11:35 am - 12:10 pm
Free to the community

Virtual Classes with Baptist Health

Early Pregnancy Class

Jump start preparing for your amazing pregnancy! This pre-recorded virtual class helps you learn the up-to-date essentials for a confident and informed pregnancy. We talk about everything from myths to nutrition, fetal growth, do's and don'ts, how to get ready, and so much more. You do not have to be a Baptist Health patient to attend our classes.

First Year Baby Safety Essentials

This pre-recorded virtual class teaches what products and equipment to use to keep your baby safe, and how unintentional unsafe practices increase the risk of injuries. Learn the most common injuries in the first year and important preventive childproofing information. A First Aid lecture and a demonstration of infant/child CPR and choking procedures are also included. This class leaves new and expecting parents feeling more prepared.

New Mothers Support Group

Join other mothers as we share our experience as new mothers from the comfort of our homes. We will talk about it all; babies, ourselves- physical and emotional, what is working and not working, and how things are going.

Visit jcax.org/fitness-wellness/BHWC to learn more about free virtual classes from Baptist Health.



Scan the QR code to discover more Fitness and Wellness programs.



StrongHER: Strength Training for Midlife Women

Build strength, confidence, and vitality in this 4-week small group training series designed for women navigating the changes that come with midlife. Meeting once per week, you will learn safe, effective strength training techniques that support bone health, muscle maintenance, balance, and overall well-being. Morning and evening sessions offered. Morning series instructed by certified PT Karen Cataldo; evening series instructed by certified PT Beshka Hoshall.

Registration required by Thu, Oct 8.

Tue, Oct 13 - Nov 3 | 6:30 pm

Thu, Oct 15 - Nov 5 | 7 am

\$153 | Valued Member \$102



Form 101

This class, taught by certified PT Ryan Neale, provides a foundational overview of proper form for common weightlifting exercises, including squats, deadlifts, presses, and lat pulldowns. Participants will learn how to perform each movement safely and effectively to maximize results and reduce the risk of injury. Registration required by Wed, Oct 14.

Sun, Oct 18 | 11 am

Free to valued members

INFO@JCAJAX.ORG



Community Adult & Pediatric CPR | AED | First Aid

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies and how to respond to breathing and cardiac emergencies.

Sun, Aug 16 | 12 - 3 pm

Registration required by Sun, Aug 2

Fri, Oct 2 | 12 - 3 pm

Registration is required by Wed, Sep 16

Sun, Nov 15 | 12 - 3 pm

Registration required by Sun, Nov 1

Fri, Dec 4 | 12 - 3 pm

Registration required by Fri, Nov 18

\$120 | Free for valued members thanks to the Stephen and Jackie Goldman Family - CPR Save a Life Fund.



How to Fall ... And How to Get Up!

Instructor Clint Neale will teach safe falling techniques for people who are at risk of falling or for those who are caregivers and wish to teach others. Learning how to fall can reduce the chances of serious injuries, especially in the older population. Do you know how to plan your landing, relax and roll? Learning these falling techniques instills habits and reflexes that can save your health when you accidentally go down. Registration required by Sun, Oct 18.

Thu, Oct 22 | 1:30 pm

Free to valued members

Karen Cataldo

Fitness, Recreation and Wellness Director

(904) 730-2100 ext. 324



The JCA Walking Club

Walking helps lower blood pressure, reduces the risk of cardiovascular disease, improves sleep and mental health, reduces body fat, and improves immune system function. Walk at your own pace and set your own goals. Walk on our indoor track, on a treadmill, or safely outside. Our monthly group walk is a great way to meet new people and stay motivated. The JCA Walking Club is free to our valued members.



Walking Club Outdoor Walks happen on the third Tuesday of the month at 10 am.

Sep 15 | Tomahawk Park

Oct 20 | Julington Durbin Creek Nature Preserve

Nov 17 | Alpine Groves

Dec 15 | Palmetto Leaves Regional Park

If you have questions, would like to join the club or register for any of our outdoor walks, please email programregistrar@jcajax.org



Nyem Bozeman

Recreation Program Manager
(904) 730-2100 ext. 254



Scan the QR code to discover more Sports and Recreation programs.

Gymnastics Lessons

Ages 3 - 13

Coach Cassandra Fernandez is hosting gymnastics at the JCA! You can register for private, tandem, and small group lessons that will focus on developing strength, flexibility, balance, and coordination. Basic skills like rolls, handstands, cartwheels, and bridges will be introduced during the lessons. All gymnastics lessons are 60-minute sessions.

Email kassandra.fernandez@jcjax.org to schedule your lessons today!

Private

\$75 | Valued member \$60

Tandem (2 people)

\$60 | Valued member \$45

Small Group (3-5 people)

\$45 | Valued member \$30

Pricing for lessons is per person



Fast Freddy's Taekwondo Academy

Ages 5 - 13

Master Frederick Vescera shares the martial art of Taekwondo with our community. The exciting sport teaches a variety of kicks, strikes, and blocks while they build self-defense skills and have fun. There are 16 classes per session.

Tue and Thu

Any belt color:

Ages 5 - 9 | 4:15 - 5 pm

White/Yellow+ belt:

Ages 10 - 13 | 5:30 - 6:30 pm

Session I: Aug 25 - Oct 15

Session II: Nov 24 - Jan 21

No class Nov 26

\$321 | Valued member \$214



Youth Soccer League

Ages 4 - 16

Get your soccer stars on the field this season. Our mandatory skills assessment for the 2026 JCA Youth Soccer League happens at Bolles High School on Sun, Aug 16 by age group:

Ages 4 - 5 | 1 pm

Ages 6 - 7 | 2 pm

Ages 8 - 9 | 3:15 pm

Ages 10 - 16 | 4:30 pm

Divisions are based on age and skill. There is a two-hour afternoon commitment at Bolles High School Stadium Field on Sundays. Games are every Sun from 12 - 6 pm, **Oct 11 - Nov 15**. Practice is held one hour before games.

\$134 | Valued member \$89



JCA Fencing Academy

This class helps fencers gain confidence through games, footwork, coordination, fencing drills, and bouts.

Wed

Beginner: **Ages 5 - 12** | 5 - 6 pm

Intermediate: **Ages 13+** | 6 - 7:30 pm

Session I: Aug 19 - Oct 7

Session II: Oct 21 - Dec 16

No class Nov 11

\$207 | Valued member \$138



Adult Basketball League

Teams consist of six players for four-on-four competition with a minimum of seven games.

Email nyem.bozeman@jcjax.org for availability.

18+ Adult Basketball League

Wed | Oct 7 - Dec 2

No league Nov 25

\$64 | Valued members only

25+ Adult Basketball League

Sun | 8:30 - 11:30 am

Oct 11 - Nov 29

\$64 | Valued members only

Open Pick Up Games: Basketball

Ages 14+

Stay active on the court! Join us for our open pick up basketball games.

Sat | 1 - 3 pm

Free for valued members



Flag Football League Evaluation

Ages 4 - 16

Our Youth Flag Football League runs **Jan 10 - Mar 7, 2027** at Bolles High School. A mandatory skills evaluation for the 2027 JCA Flag Football season will be held on **Sun, Dec 6** by age group:

Ages 4 - 5 | 1 pm

Ages 6 - 7 | 2 pm

Ages 8 - 9 | 3:15 pm

Ages 10 - 16 | 4:30 pm

There is a two-hour commitment at Bolles High School Stadium Field on Sundays. Games are every Sun, **Jan 10 - Mar 7**, from 12 - 6 pm.

No games on Feb 7.

\$178 | Valued member \$119



PRESCHOOL & YOUTH SPORTS CLINICS

PRESCHOOL Ages 3 (by 9/1/2026) - 5 | Participants must be fully potty trained

LITTLE NINJA WARRIORS OBSTACLE COURSE

AGES 3 (BY 9/1/2026) - 5

Mon | 3:30 - 4:15 pm

Fall Session I: Aug 24 - Oct 12*

Fall Session II: Oct 19 - Nov 23

LITTLE KICKERS SOCCER

AGES 3 (BY 9/1/2026) - 5

Tue | 3:30 - 4:15 pm

Fall Session I: Aug 25 - Sep 29

Fall Session II: Oct 20 - Nov 24

TERRIFIC TUMBLERS GYMNASTICS

AGES 3 (BY 9/1/2026) - 5

Wed | 3:30 - 4:15 pm

Fall Session I: Aug 26 - Sep 30

Fall Session II: Oct 21 - Dec 2

LITTLE HITTERS BASEBALL

AGES 3 (BY 9/1/2025) - 5

Wed | 3:30 - 4:15 pm

Fall Session I: Aug 26 - Oct 20

Fall Session II: Oct 21 - Dec 2

LITTLE DRIBBLERS BASKETBALL

AGES 3 (BY 9/1/2025) - 5

Thu | 3:30 - 4:15 pm

Fall Session I: Aug 27 - Oct 1

Fall Session II: Oct 22 - Dec 3*

YOUTH AGES 5 - 10

SOCCER 101

AGES 5 - 10

Mon | 4:45 - 5:45 pm

Fall Session I: Aug 24 - Oct 12*

Fall Session II: Oct 19 - Nov 23*

BASKETBALL 101

AGES 5 - 10

Tue | 4:45 - 5:45 pm

Fall Session I: Oct 20 - Nov 24

JUNIOR GYMNASTICS

AGES 5 - 10

Wed | 4:45 - 5:45 pm

Fall Session I: Aug 26 - Sep 30

Fall Session II: Oct 21 - Dec 2

FLOOR HOCKEY

AGES 5 - 10

Thu | 5:30 - 6:30 pm

Fall Session I: Oct 22 - Dec 3*

\$114 | Valued member \$76



If you have questions about our sports leagues, clinics, teams and academies, becoming a coach or scheduling makeup evaluations, please email Coach Nyem at nyem.bozeman@jcjax.org.

*No Classes on Sep 7, 21 and Nov 11 and 26



Dustin Rulien

Aquatics Director
(904) 730-2100 ext. 417



Scan the QR code
to discover more
Aquatics programs.

Adult Group Swim Lessons

Ratio 8:1 | Ages 18+

This program is designed to encourage and introduce adults to swimming in a welcoming and comfortable environment.

Mon and Wed | 6:30 - 7 pm

Fall Session I | Aug 31 - Oct 14

Fall Session II | Oct 21 - Dec 2

Winter Session | Jan 11 - Feb 17

\$273 | Valued member \$182



Sensory Safe Swim Lessons

Ratio 1:1 | Ages 2+

This program is designed for swimmers with Autism. Swim lessons are held in our quiet, indoor heated pool.

Sun | 4:30 - 5 pm or 5 - 5:30 pm

Fall Session | Oct 11 - Nov 15

Winter Session | Jan 10 - Feb 14

\$195 | Valued member \$130

Semi-Private Swim Lessons

All ages

Make your own group! Each lesson is 30 minutes in length. Cost is per participant.

\$45 per lesson | Valued member \$30 per lesson

\$315 for eight lesson package | Valued member \$210 for eight lesson package



Private Swim Lessons

Ratio 1:1 | All ages

Each lesson is 30 minutes in length.

\$60 per lesson | Valued member \$40 per lesson

\$420 for eight lesson package |

Valued member \$280 for eight lesson package



Master Makos Swim Team Practice

Ages 18+

Relearn or refine your strokes in a fun atmosphere with peers. Professional coaches guide swimmers at their own pace.

Mon | 5:45 - 6:45 am

Fall Session I | Sep 14 - Oct 26

Fall Session II | Nov 2 - Dec 21

\$68 | Valued member \$45

Winter Session | Jan 11 - Mar 1

\$90 | Valued member \$60

No practice Sep 21

Wed | 7 - 8 pm

Fall Session I | Sep 23 - Oct 28

Fall Session II | Nov 4 - Dec 16

\$68 | Valued member \$45

Winter Session | Jan 13 - Mar 3

\$90 | Valued member \$60

No practice Nov 25



American Red Cross

Licensed Training Provider

Community Adult and Pediatric CPR/AED/First Aid

This course teaches how to recognize and care for a variety of first aid emergencies, and how to respond to breathing and cardiac emergencies.

Sun, Aug 16 | 12 - 3 pm

Registration required by Sun, Aug 2

Fri, Oct 2 | 12 - 3 pm

Registration is required by Wed, Sep 16

Sun, Nov 15 | 12 - 3 pm

Registration required by Sun, Nov 1

Fri, Dec 4 | 12 - 3 pm

Registration required by Fri, Nov 18

\$120 | Free for valued members thanks to the Stephen and Jackie Goldman Family - CPR Save A Life Fund

Red Cross-Certified Water Safety Instructor Training

Become certified to teach parent and child aquatics, preschool aquatics, Learn-to-Swim, adult swim courses and water safety courses and presentations. Water Safety Instructor candidates must be 16-years-old on or before the last scheduled day of the course.

Sun, Oct 25 | 1 - 6 pm

and

Mon - Thu | 4 - 9 pm | Oct 26 - 29

Registration required by Wed, Oct 7

\$345 | Valued member \$230

Red Cross-Certified Lifeguard Training

Become certified to Lifeguard. This course includes First Aid/CPR/AED for the Professional Rescuer. Lifeguard candidates must be 15-years-old on or before the last scheduled day of the course and be able to pass a swimming and treading prerequisite.

Sun, Oct 18 | 1 - 6 pm

and

Mon - Thu | 4 - 9 pm | Oct 19 - 22

Registration is required by Sat, Oct 3

\$345 | Valued member \$230

Email Dustin, dustin.rulien@jcjax.org or call (904) 730-2100 ext. 417 for more information about American Red Cross Training Classes, Private, and Semi-Private Swim Lessons at the JCA.



Licensed Training Provider

LEARN TO SWIM

PROGRAMS AT THE JCA



LEVEL 0

Parent & Me Ratio 8:1 | Ages 6 mos - 3 yrs

This program teaches parents how to work safely and effectively with children in the water. The program emphasizes fun and enjoyment, water adjustment, and preparatory activities for future swimming. Parent and Me aquatics is not designed to teach children to become good swimmers or even to survive in the water on their own. At least one adult must accompany the child in the pool.

Sunday Sessions

10 - 10:30 am

Fall Session | Oct 11 - Nov 15

Winter Session I | Jan 10 - Feb 14

\$174 | Valued member \$116

Pricing for Parent & Me program is per session.

LEVELS 1 - 3

Preschool Aquatics Ratio 4:1 | Ages 2 - 3 and 4 - 5 yrs

Preschool through kindergarten children progress through swim levels while learning water safety and skills ranging from blowing bubbles to independent swimming. Children who successfully complete this program will be ready to begin Learn to Swim Level 3.

Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm, 1 - 1:30 pm or 2 - 2:30 pm

Fall Session | Oct 11 - Nov 15

Winter Session I | Jan 10 - Feb 14

\$174 | Valued member \$116

Weekday Sessions

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Aug 31 - Oct 14

Fall Session II | Oct 21 - Dec 2

Winter Session | Jan 11 - Feb 17

Tue and Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Sep 1 - Oct 15

Fall Session II | Oct 22 - Dec 3

Winter Session | Jan 12 - Feb 18

\$273 | Valued member \$182

Pricing for Preschool Aquatics program is per session.

LEVELS 1 - 4

Learn to Swim Ratio 5:1 | Ages 6 - 9 and 10 - 13 yrs

Elementary and middle school age children progress through four levels of swimming skills and water safety. This curriculum begins with body control in the water and ends with independently swimming all four strokes for short distances.

Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm, 1 - 1:30 pm or 2 - 2:30 pm

Fall Session | Oct 11 - Nov 15

Winter Session I | Jan 10 - Feb 14

\$174 | Valued member \$116

Weekday Sessions

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Aug 31 - Oct 14

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Fall Session I | Sep 1 - Oct 15

Fall Session II | Oct 22 - Dec 3

Winter Session | Jan 12 - Feb 18

\$273 | Valued member \$182

Pricing for Learn to Swim program is per session.

LEVELS 5 - 6

Makos School Year Swim Team Ages 5 - 18 yrs

Our school year swim team is a monthly, practice-only team designed for those who complete level 4 of the Learn to Swim program. School year swim team continues our Learn to Swim Levels 5 and 6, refining stroke development and increasing endurance. School Year Makos Swim Team runs through April. The Summer Makos Swim Team begins in May.

Aug 2 - 31, Sep 1 - 30, Oct 1 - 29, Nov 1 - 30, Dec 1 - 30, Jan 4 - 29

Ages 5 - 10 | Sun, 3 - 4 pm | Mon - Thu, 5 - 6 pm

Ages 11 - 18 | Sun, 3 - 4 pm | Mon - Thu, 6 - 7 pm

One day per week, \$90 | Valued member \$60

Two days per week, \$135 | Valued member \$90

Four days per week, \$180 | Valued member \$120

Pricing for the School Year Makos Swim Team is a recurring monthly fee. Card on file required.

No lessons Sep 7, 8, 21, 22, Nov 25 and 26.



Lucas Ramos Campos

Tennis Pro

(904) 730-2100 ext. 317



Scan the QR code to discover more Tennis programs.



Adult Tennis Clinics

Ages 18+

Clinics are geared to A, B and C level tennis players who are participating in our competitive teams. Tennis League play starts in September and continues through April. For more information, contact Lucas at ext. 317 or email lucas.ramoscampos@jcjax.org.

3.0 - 3.5 Men's Clinic

The first hour of clinic will focus on stroke production, drills and strategy. The last half hour of clinic will be supervised doubles play.

Every Monday | 6:30 - 8 pm
\$20 per clinic, year-round

Six-Week Sessions

Ladies A Team Clinic

Every Wednesday | 10:30 am - 12 pm

Ladies B Team Clinic

Every Wednesday | 9 - 10:30 am

Ladies C Team Clinic

Every Monday | 9 - 10:30 am

Working Women's

Every Wednesday | 6:30 - 8 pm
\$90 | Valued members only

Cardio Tennis

Ages 18+

This engaging group fitness program features the heart pumping effects of tennis drills, games and skills to deliver the ultimate full-body and calorie burning workout. Six-week sessions are available year-round.

Every Sunday | 8:30 - 9:30 am
\$135 | Valued member \$90

Tennis Mixers

Ages 21+

Enjoy a round robin doubles social. Players will be matched up by ability, while they rotate opponents and partners throughout the night. Level of 3.0+.

Second Thu of month | 6:30 - 8 pm
Free for valued members only

Tennis 201

Ages 18+

Tennis 201 reinforces stroke production while introducing strategy and point play instruction

Six-Week Sessions.

Every Monday | 5 - 6 pm
\$135 | Valued member \$90



Tennis Lessons

Private

30-min | \$40

60-min | \$65

Semi-Private | Two people

30-min | \$26

60-min | \$42

Doubles | Four people

60-min | \$30

Lesson packages of five and ten are available for purchase.

Pricing for lessons is per person.

Lessons are available for Valued members and guests. Guests can purchase up to five lessons; additional fees for each visit and lesson apply.

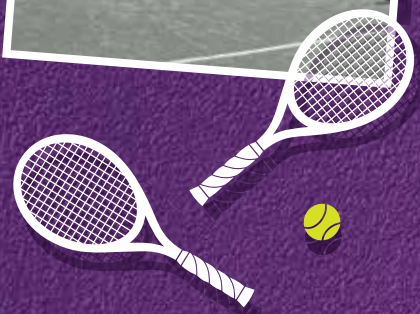
Tennis Scholarships

Tennis encourages children and teens to develop positive social skills, hand-eye coordination and strategic thinking while building healthy bodies and minds. We have financial assistance for children to participate in our JCA tennis programs. Thanks to the Serve Love Endowment Fund, our JCA and The Jewish Federation & Foundation of Northeast Florida can provide financial support for children in need of tennis items like equipment or shoes.

Please email kendall.valliere@jcjax.org for more information, or questions about your situation.

JUNIOR TENNIS CLINICS

ALL CLINICS ARE SIX-WEEK SESSIONS.



For pee-wee and junior players, our **Tennis** programs teach the fundamentals of tennis. Classes focus on proper swinging motions and the most effective way to handle a tennis racquet.

PEE-WEE QUICK START

Ages 5 - 8

Every Thursday | 4:30 - 5:15 pm
\$108 | Valued member \$72

JUNIOR QUICK START

Ages 8 - 12

Every Tuesday | 4:30 - 5:30 pm
\$108 | Valued member \$72

Email Lucas for more information and specific class dates at lucas.ramoscampos@jcjax.org.

Come play pickleball with us!

Be sure to read our updated information on jcjax.org about pickleball court hours and policies. Use the My J app to book your time on our courts 1 - 3; court 4 is always available for open play. Check out our pickleball clinics and register to play!



Pickleball Lessons

Private

60-min | \$65

30-min | \$40

Semi-Private (Two people)

60-min | \$42

30-min | \$26

Doubles (Four people)

60-min | \$30

Lesson packages of five and ten are available for purchase.

Pricing for lessons is per person. Pickleball lessons are for valued members only.

For more information and availability, please contact Coach Bob at robert.ryan@jcjax.org.

Weekly Pickleball Clinics

We offer weekly clinics focused on different skills:

Sep 9 Court Positioning

Sep 16 Drops, drops, and drops

Sep 23 Top spin drive

Sep 30 Shot selection strategy

Oct 7 Fast hands at non-volley zone

Oct 14 Tracking the ball

Pick and choose the clinics that you wish to attend. Dates may change due to weather.

All clinics will be held on Wednesdays at 9 am and 5 pm. Registration will close on Tuesdays, the day before each clinic, at 1 pm.

\$38 | \$25 per clinic for valued members.

Maximum capacity of 8 players per clinic.

Stay tuned for more clinics and special events!

TRIBUTES AND DONATIONS

In memory of...

SAMUEL BARBOSA

by The Board and Staff of the JCA

NANETTE SOLOMON'S ABUELITA

by The Board and Staff of the JCA

ROBERT DAMATO

by Hank and Hollie Arnold & The JCA Walking Club
The Board and Staff of the JCA

ALBERT DATZ

by Myron and Bunni Flagler
The Board and Staff of the JCA

GERARDO FISZMAN

by Adam and Regina Chaskin
The Board and Staff of the JCA

MOTI DEMRI

by Hank and Hollie Arnold
Philip and Karen Adler
The Board and Staff of the JCA

MICHAEL BURNISON

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ELAINE FURMAN

by The Board and Staff of the JCA

HELENE GOLD

by The Board and Staff of the JCA

CARLY PRESSLEY'S BROTHER

by Gita Raj, Jeanne Sandberg,
Lois Sayward, and Judy Friedman

NICKY LEA BIALIK

by Myron and Bunni Flagler

LEONARD SARAGA

by Philip and Karen Adler

MELISSA CROUCH EVANS-KNIGHT

by Philip and Karen Adler

AL LEVINGS

by Philip and Karen Adler

ELAINE CORSE'S BELOVED FATHER

by Lior Spring and Daniel Miller
and Family

For a Speedy Recovery...

COLLEEN RODRIGUEZ

by The Board and Staff of the JCA

CLINT NEALE

by Philip and Karen Adler

In honor of...

IRENE JAFFA'S 80TH BIRTHDAY

by Susan and Ron Elinoff

ALLISON JACOB'S KIPNIS-WILSON/FRIEDLAND AWARD NOMINATION

by The Board and Staff of the JCA

MARK SCHWAM'S BIRTHDAY

by Hollie and Hank Arnold

KELI COUGHLIN JOYCE RECEIVING THE PRESIDENT'S MEDALLION AT ONEJAX 2026 HUMANITARIAN AWARDS

by The Board and Staff of the JCA

THE BIRTH OF THERESA AND PHILIP LEVY'S GRANDSON

by The Board and Staff of the JCA

THE BIRTH OF GIGI AND DAN SCHWARTZ'S DAUGHTER, PHOEBE

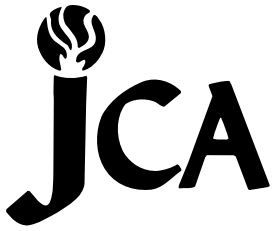
by Lior Spring and Daniel Miller
The Board and Staff of the JCA

RAFI SAKOFS' KINDERGARTEN GRADUATION

by David and Harriet Sakof

THE BIRTH OF ALEX AND SCOT ACKERMAN'S GRANDDAUGHTER, PHOEBE

by Lior Spring and Daniel Miller



David A. Stein

Jewish Community Alliance

*on the Ed Parker Jewish
Community Campus*

8505 San Jose Boulevard
Jacksonville, Florida 32217
(904) 730-2100

jcajax.org



Supported by the Jewish Federation & Foundation of
Northeast Florida and the Jewish Community Centers
of North America.



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MISSION STATEMENT

The Jewish Community Alliance strengthens Jewish life, creates a common meeting ground and enhances the quality of life of the entire community supported by our exceptional staff, programs, and facilities.

VISION STATEMENT

We are the heart of a flourishing community where wellness, culture, Jewish identity and eternal bond to Israel inspire people of all backgrounds and generations to learn and grow.



We are looking for Early Childhood Educators & Leaders

Join us to elevate your classroom practices,
explore inquiry-based learning, and build
a stronger school culture.



**Scan for more
information**



Refer A Friend

Earn *Free* Dues and a *J Cash**

- 1st Referral = 1st month *Free* dues + \$50 JCA gift certificate
- 2nd Referral = 2nd month *Free* dues + \$75 JCA gift certificate
- 3rd Referral = 3rd month *Free* dues + \$100 JCA gift certificate
- 4th Referral = 4th month *Free* dues + \$150 JCA gift certificate
- 5th Referral = 5th month *Free* dues + \$200 JCA gift certificate

*Gift certificates can be used for JCA programs such as personal training, specialized fitness classes, youth sports clinics and leagues, swim lessons, tennis lessons, J-Institute programs and more!

Total Value 5 months free dues (up to \$560) + \$575 J cash

Learn more (904) 730-2100 | Ext. 234 | Ext. 257