



WINTER & SPRING

12 Tevet - 13 Nissan 5786 | January 1 - March 31, 2026

# JCA PROGRAM GUIDE



  
**BUILDING**  
 OUR **FUTURE TOGETHER**  
 A Capital Campaign for the Jewish Community Alliance

VOLUME 37 | NUMBER 2

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The JCA Program Guide and Alliance News are published each year by the:

**Jewish Community Alliance**  
**8505 San Jose Boulevard**  
**Jacksonville, FL 32217**

For additional program information, please contact the JCA at:

**(904) 730-2100 P • (904) 730-2444 F**  
**jcajax.org • info@jcajax.org**  
**facebook.com/jcajax**

Nicole Brown ..... Board Chair  
 Adam Chaskin.....Chief Executive Officer  
 Lee Lemay..... Graphic Designer  
 Beth Milograno ... Communications & PR Specialist

**Locker Room Hours**

Locker room hours are the same as business hours.

- Frequent disinfecting will happen throughout the day.
- All shower stalls are available for use and feature full length separating walls.

**Kid Kare (babysitting)**  
**(904) 730-2100 ext. 267**

**Hours:**  
 Sun - Fri mornings | 9 am - 12 pm  
 Mon - Thu evenings | 5 - 8 pm

- JCA Kid Kare is available for children 3 months to 9 years old.
- Kid Kare is offered on reservation basis.
- Space limited to 15 kids per shift.
- Kid Kare service is for a maximum of 90 minutes.
- Visit [bit.ly/JCAKidKare](http://bit.ly/JCAKidKare) to view our Kid Kare policies and make a reservation.

Affiliated with the Jewish Federation & Foundation of Northeast Florida and the Jewish Community Centers Association of North America.

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION FOR JEWISH COMMUNITY ALLIANCE, INC., A FLORIDA-BASED NONPROFIT CORPORATION (REGISTRATION NO. CH202), MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 1-800-HELP-FLA (435-7352) WITHIN THE STATE OR VISITING THEIR WEBSITE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. DCF License #: C04DU0213

**Proselytization** The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds.

**JCA Member Code of Conduct** The JCA is committed to providing a safe and welcoming environment for all members and guests. To promote safety and comfort for all, we ask individuals to act appropriately at all times when they are in our facility or participating in our programs. We expect persons using the JCA to behave in a considerate and responsible way and to respect the rights and dignity of other members, guests and staff. Our Code of Conduct outlines actions that are deemed inappropriate. These include but are not limited to: inappropriate attire-appropriate attire in keeping with the values of the JCA must be worn at all times; angry or vulgar language, including swearing, name-calling or shouting; physical contact with another person in any angry or threatening way; any demonstration of sexual activity or sexual contact with another person; harassment or intimidation by words, gestures, body language or any menacing behavior; theft or behavior that results in the destruction of property; carrying or concealing any weapons or devices or objects that may be used as weapons with the exception of law enforcement professionals; using or possessing illegal chemicals (drugs) on JCA property, in JCA vehicles or at JCA sponsored programs; using or possessing alcohol on JCA property, in JCA vehicles or at unsanctioned JCA sponsored programs; any other conduct of an inappropriate, threatening or offensive nature. Loitering is not permitted in or outside the JCA. Use of all tobacco products, smoking (including e-cigarettes) is not permitted in or outside the JCA. The JCA and its property is a smoke-free/tobacco-free environment. The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds. In addition, the JCA reserves the right to deny access or membership to the following persons: registered sex offenders; those accused/convicted of sexual abuse crimes; those accused/convicted of crimes relating to the sale/use/possession/transportation of narcotics, habit forming and/or dangerous drugs; those excessively or continuously using intoxicating beverages, narcotics or dangerous drugs. The JCA maintains a no tolerance policy concerning all of the above. Members and guests are encouraged to be responsible for their personal comfort and safety and to ask any person whose behavior threatens their comfort to refrain from that behavior. If a member or guest feels uncomfortable in confronting the person directly, they should report the behavior to a staff person or the manager on duty. Good personal hygiene, including the appropriate use of deodorant, is expected as a consideration to other members. JCA staff members are eager to be of assistance. Members and guests should not hesitate to notify a staff member if assistance is needed. In order to be able to carry out these policies, we ask that members and guests identify themselves to staff when asked. The Executive Team will investigate all reported incidents. Suspension or termination of JCA membership privileges may result from a determination by the Executive Team if in their discretion a violation of the JCA Member Code of Conduct has occurred.

### Guest Policy

Members may bring only two guests at a time except for members bringing families. Guests must be accompanied by a member in good standing. Children who are guests must have an adult present to sign a waiver and be chaperoned by an adult if under 10. All guest passes must be purchased at the Reception Desk. Saturday guest passes must be purchased in advance. All guests must have guest passes. All visitors must present a photo ID.

Guest Pass Fee: **Adults:** \$15 each visit | **Children/Teens (5 - 18):** \$8 each visit

### Mandatory Swim Assessments

All children 12 and under must complete a 25-yard swim (without touching the bottom of the pool, grabbing the lane rope, floating on their back or requiring assistance) on their front (freestyle, breaststroke, etc.) and tread water for 45 seconds. If they pass the test, they are permitted to swim without flotation and receive a yellow neck band. Swimmers who do not complete the test will receive a red neck band and be required to wear a life jacket, have a parent/guardian in the water within arm's reach or choose not to swim. The JCA will supply neckbands to each child, which are to be kept and brought to the pool each time to swim. Replacement bands are available for \$5 each.

### Unsupervised Children

The following policies ensure the safety of all JCA members:

- Children 9 years old and under must be under direct supervision (in sight and within close proximity) by an adult while at the JCA. Children must be brought to and picked up from class, Kid Kare or any JCA programs by an adult. All members age 10 and over entering the JCA must present a membership card.
- Children age 10 and up may be unaccompanied by an adult in the JCA except for the fitness area where children must be 13 years old to enter. It is not appropriate for children to gather in the lobby area or hallways of the JCA.

The JCA cannot be held responsible for members age 10 and over who attend the JCA and are not enrolled in an organized activity. In addition, children age 10 and up are expected to behave in a mature manner when in the building without parental supervision. Behavior that is disruptive and/or harmful to themselves or others may result in the suspension of independent privileges.

### Food Policy

JCA is a kosher facility. Therefore no deliveries of food of any kind for members from take-out restaurants will be accepted. Food brought into the building from home, outside of a JCA program or preschool, must be consumed in the outdoor pool area. Thank you for your cooperation.

### Fire Alarm Policy

For your safety and welfare, you must evacuate the building when the fire alarm sounds. You will be notified by JCA personnel when it is safe to return to the facility. Thank you for your understanding and support.

### Cancellation/Expiration Policy for Personal Training, Private Tennis and Swim Instruction

All participants registered for private tennis, swim or personal training sessions must give at least a 24-hour notice of cancellation for already scheduled sessions. Failure to properly cancel will result in a charge for that session at the established fee. All personal training sessions, private tennis lessons and private swim lessons will expire six months from the date of purchase. Fees paid for (expired) sessions/lessons are non-refundable and non-transferable.

### Class Payment, Refund and Cancellation Policy

- All class and program fees must be paid before the beginning of the class. For one-time programs or classes, no refunds will be granted.
- 50% refund after first class; 25% refund after second class; no refund after third class (excludes childcare tuition and summer camp programs).
- Refund policies apply to all private training and lessons.
- The JCA reserves the right to cancel programs/classes not meeting the minimum required enrollment for circumstances beyond our control.

**Shalom JCA Family,**

As we welcome a new calendar year, it's inspiring to see so much taking shape at the JCA. The Stein Family Courtyard is transforming before our eyes – soon, two new playgrounds will spark curiosity, outdoor play, and plenty of fun. I suspect even the adults will want to try our 3,000-pound play structure, freshly delivered from the forests of Ontario. The courtyard holds many memories for my family, and I know the new space will create many more.

**Nicole Brown**



There is truly so much to be excited about as we **Build Our Future Together**. From the courtyard renewal and our new two-story building opening in January 2026 to updates in Youth Services, Michele Block Gan Yeladim Preschool & Kindergarten, and the Bessie Setzer Frisch Auditorium, there is no shortage of reasons to *kvell* - and I am deeply grateful to each of you for being part of this journey. There are still opportunities to give, name, and be part of the foundation of our future.

Now it's time to mark your calendars; our staff is putting the finishing touches on programs, and I'm thrilled to share a few highlights. I hope you will join me and Andy on the dance floor at our Annual Fundraiser! On Sat, Feb 21, we will enter the Garden of Dreams at **Bowing Oaks**. I'm grateful for our co-chairs Gigi and Dan Schwartz. You will find more information about this elegant affair on page 15. As always, our fundraiser committee and Chef's Garden Catering & Events will create an unforgettable evening while we all raise money to support our incredible JCA.

Our **Together Against Hate** partnership with the First Coast YMCA continues as well. On Wed, Jan 14, we'll join The Diocese of St. Augustine and Rethreaded for a program on Human Trafficking. Then, on Sun, Feb 22 at 1 pm, we'll gather at the Winston Family YMCA for the **3rd Annual Racing Against Hate 5K Run/Walk**. My family is registered, and we cannot wait for race day.

The Chair of our **Jacksonville Jewish Cultural Arts Festival**, Suzie Becker, her committee, and our J Institute team led by Director Heather Terrill, are working hard to bring you an exciting lineup of authors and artists this year. I cannot wait for you to turn to page 7 - opening night features a *major* musical guest you won't want to miss!

The progress happening across the JCA is extraordinary, and my family loves watching the crews at work - we are always wondering what's coming next.

If you'd like to support these improvements, please visit [jcajax.org/campaign](http://jcajax.org/campaign) and join us in shaping this remarkable chapter in JCA history.

I am so grateful to serve this beautiful community; please keep reading to discover all the wonderful things coming your way.

*Nicole S. Brown*

**Nicole Brown**  
Board Chair

**BOARD OF TRUSTEES**

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- Whitney Kuvin, Secretary
- Herschel Bettman, Treasurer
- Sunny Gettinger, Asst. Treasurer
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- Joseph P. Safer\* · David A. Stein\*

\*Of Blessed Memory

**DEPARTMENTS**

CEO.....	Adam Chaskin, ext. 272
COO.....	Jo-Ellen Unger, ext. 246
Finance.....	Melissa Meyenberg, ext. 224
Aquatics.....	Dustin Rulien, ext. 417
Development.....	Kendall Valliere, ext. 231
Early Childhood.....	Natalia Fisher, ext. 242
Facilities Management.....	Cal Barker, ext. 238
Fitness & Wellness.....	Karen Cataldo, ext. 324
J Institute.....	Heather Terrill, ext. 265
Marketing.....	Lee Lemay, ext. 226
Membership.....	Chris Turner, ext. 257
Sports & Rec.....	Alex Minardi, ext. 254
Theatre.....	Shelly Hughes, ext. 252
Youth Services.....	Neal Buchholz, ext. 237

**JCA HOLIDAY HOURS**

**December 25**

Thu, Dec 25 . . . . . 8 am - 2 pm

**New Year's Eve**

Wed, Dec 31 . . . . . 5:30 am - 5 pm

**New Year's Day**

Thu, Jan 1 . . . . . 8 am - 2 pm

**Passover**

Wed, Apr 1 . . . . . 5:30 am - 5 pm

Thu, Apr 2 . . . . . Closed

Fri, Apr 3 . . . . . 1 - 5 pm

Tue, Apr 7 . . . . . 5:30 am - 5 pm

Wed, Apr 8 . . . . . Closed

Thu, Apr 9 . . . . . 1 - 9 pm

**JCA BUILDING HOURS**

Sun . . . . . 8 am - 6 pm

Mon - Thu . . . . . 5:30 am - 9 pm

Fri . . . . . 5:30 am - 5 pm

Sat. . . . . 1 - 6 pm



**Heather Terrill**

J Institute Director  
(904) 730-2100 ext. 265



Scan the QR code to discover more about our J Institute programs.



**Rachel Sandler**

J Institute Assistant Director,  
Jewish Education  
(904) 730-2100 ext. 271



Scan the QR code to discover more about our Jewish Culture/Education programs.



**Jews Preserved on the Silver Screen**

Get ready for the Jacksonville Jewish Cultural Arts Festival by joining Justin Sakofs for this program about how Jews are portrayed in films and shows.

Thu, March 12 | 7 pm  
Free to the community

**Mah Jongg Class**

Join us to learn how to play Mah Jongg with Susan Katz! This class is intended for beginners to learn. Please purchase the 2026 Mah Jongg card ahead of class or purchase in class for \$20. Advanced registration by Feb 2 and minimum enrollment required.

Sun | Feb 8, Feb 22, Mar 1 and 8  
9:30 am - 11:30 am  
\$188 | valued member \$125

**Let's Do Lunch**

Meet us to socialize and dine. Your meal is at your own expense. Registration is required. Locations will be emailed to you upon registration.  
Fri, Jan 16 & Wed, Mar 11 | 11 am  
\$5 | Free for valued members



**Beyond the Canvas: Plein Air Painting**

Join us outdoors at River Garden with your watercolors, oils, or acrylics and explore your medium of choice with local artist, Stephanie Pyren-Fortel who will guide you through the plein air painting process.

1 - 3 pm  
Mon | Feb 23, Mar 2, 9, 16, 23 and 30  
River Garden Senior Services  
11401 Old St. Augustine Rd  
\$225 | Valued member \$150

**Open Game Play**

Bring your friends and make new ones while playing Mah Jongg, Bridge, Canasta or Rummikub. New this season will be Scrabble! This is a weekly open play with no instructor. Gameboards are provided.

Thu | 1 - 3 pm Starting Thu, Jan 8  
Free to the community

**Beginner Conversational Hebrew**

Penina Weltman teaches this Conversational Hebrew class for beginners. This is for people who can already read Hebrew and know some vocabulary.

Mon | 7 - 8 pm Jan 12 - Mar 2  
\$150 | Valued member \$100



**Hebrew 101**

Have you always wanted to learn Hebrew or forgotten over the years? No Hebrew knowledge necessary; book purchase is required. Must register by Jan 19.

Mon | 6 - 7:30 pm  
Jan 26 - Mar 23  
No class Mar 16  
\$150 | Valued member \$100

**Remembrances of Growing up in the Catskills-Borscht Belt!**

Isabel Balotin will share her unique and colorful experiences of growing up in the Catskills/Borscht Belt in its heyday of the 1950's-60's. Bring your memories!

Tue, Feb 3 | 10 am  
Free to the community



**Lunch & Lit**

**Harry Agress**

**Next Years Best Years: Taking Your Retirement to the Next Level - A Resource for Personal and Emotional Well-Being**

Join author, Harry Agress, to learn about his book, *Next Years Best Years - Taking Your Retirement to the Next Level - A Resource for Personal and Emotional Well-Being*. He will help you embrace retirement as unique and intriguing with extensive opportunities for reinvention and fulfillment. *Lunch included.*

Wed, Feb 11 | 11:30 am  
River Garden Senior Services  
11401 Old St. Augustine Rd  
Free to the community



**Traveling Diner Dinner Club**

Delight your taste buds and enjoy great company as we experience Jacksonville's best restaurants. Your meal is at your own expense. Registration is required. Dinner locations will be emailed to you prior to event date.

Tue, Feb 24 | 6 pm  
\$5 | Free for valued members

## VANDROFF ART GALLERY

For details on exhibiting or the upcoming artist schedule, call Heather at ext. 265 or email at [heather.terrill@jcajax.org](mailto:heather.terrill@jcajax.org).

**Samuel Bartlett**

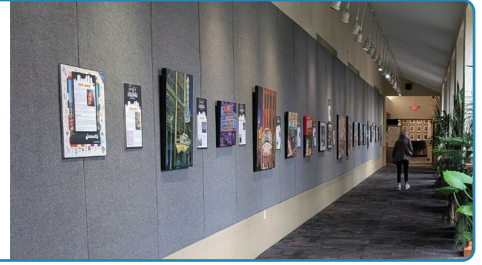
Jan 8 - Feb 4

**First Coast Plein Air Painters**

Feb 5 - Mar 4

**First Coast Pastel Society**

Mar 5 - Apr 1



## BERMAN FAMILY JCA CONCERT SERIES

The Jewish Community Alliance is proud to announce our featured artists in 2026 - Benett Tsai, Michael Yeung, and Kiron Atom Tellian. These extraordinary musicians perform in concert halls around the world and will soon take the stage in our Bessie Setzer Frisch Auditorium.

Please scan the QR code to visit [jcajax.org/concert-series](http://jcajax.org/concert-series) for more details and mark your calendars to join us. The Berman Family JCA Concert Series is free and open to the entire community thanks to the generosity of the Berman family.



**Sun, Jan 18 | 3 pm**

**Benett Tsai,**  
*Cello*

The music-making of young Australian cellist Benett Tsai has been described as “electrifying... flawless freshness” and “charismatic, heartfelt playing full of fluid intensity” (Sydney Arts Guide). Profiled as one of the thirty “next generation young musicians making their mark” by *Limelight Magazine*. He recently joined the storied roster of Young Concert Artists after winning the 2023 YCA Susan Wadsworth International Auditions in New York.



**Sun, Feb 15 | 3 pm**

**Michael Yeung,**  
*Percussion*

Michael Yeung is a unique percussion artist equally comfortable as a soloist, chamber musician, and orchestral performer, and his career has taken him across the United States, Europe, and Asia. Michael is completing his studies with world-renowned percussion pedagogue Robert van Sice in the Yale School of Music.



**Sun, Mar 1 | 3 pm**

**Kiron Atom Tellian,**  
*Piano*

Austrian pianist and composer Kiron Atom Tellian currently pursues his bachelor’s degree at The Juilliard School in New York, studying with Maestro Sergei Babayan. He is a proud recipient of the prestigious Kovner Fellowship and in Fall 2024, Tellian won the Young Concert Artists Susan Wadsworth International Auditions.



**Scan to visit [jcajax.org/concert-series](http://jcajax.org/concert-series) for more details about the Berman Family JCA Concert Series. Save your seat today!**





## “Harlem of The South” - Black History Walking Tour Downtown/LaVilla & Lunch

Step into the rich tapestry of history, exploring the once vibrant LaVilla neighborhood, known for its significant contributions to Black history and its ties to legendary figures in our community. Transportation is included; lunch is at your own expense.

Date, time, and pricing will be announced on [jcjax.org](http://jcjax.org).



## Mark Your Calendars!

JCA Globetrotters are hitting the road, May 7 - 9. More information is coming soon! Email Faye with questions and for more details, [faye.hedrick@jcjax.org](mailto:faye.hedrick@jcjax.org).

# together against hate

PROMOTING UNITY IN OUR COMMUNITY

PRESENTED BY  the 



In a shared vision to unify our community, the Jewish Community Alliance (JCA) and First Coast YMCA are proud to announce the third year of our Together Against Hate partnership program. Our work continues this year as we build a more inclusive Northeast Florida through educational events.

### Human Trafficking

In recognition of National Human Trafficking Prevention Month, join us for a program that raises awareness about the realities of human trafficking and how we can work together to prevent it. This will be presented by Kristin Keen (Founder and CEO of Rethreaded) and Ruby Peters (Human Trafficking Educator, Catholic Charities, Diocese of St. Augustine; NEFLTH Coalition Education Chair & Ambassador).

Wed, Jan 14 | 7 pm  
St. Matthews Catholic Church  
1773 Blanding Blvd.



### Racing Against Hate 5K Run/Walk

A visual display of unity and camaraderie where hundreds of neighbors will gather.  
Sun, Feb 22 | 1 pm  
Winston Family YMCA  
221 Riverside Ave.

### Ramadan Iftar (Dinner)

Join us to learn about Ramadan, hear reflections from diverse faith and civic leaders, and share in the spirit of community as we break the fast at sunset with iftar (dinner). All are welcome as we affirm that hate has no place in our city—and as we build new friendships and stronger relationships.

Wed, Feb 25 | 5:30 pm  
Free to the community  
Jewish Community Alliance  
8505 San Jose Blvd.



Scan the QR code to register.

Email [TAH@jcjax.org](mailto:TAH@jcjax.org) with any questions.

**Together Against Hate: Promoting Unity in Our Community**, is an initiative presented by the Jewish Community Alliance (JCA) and First Coast YMCA to address topics impacting our area. We are proud to take an active role in educating and inspiring our neighbors to build a more inclusive Northeast Florida.



JACKSONVILLE

JEWISH *Cultural Arts* FESTIVAL

PRESENTED BY THE JCA



APRIL 11 - 30, 2026

The season may be changing but everything you know and love about our annual celebration of Jewish arts, films, music, and literature, will be the same!



Scan for more information or visit [jcjax.org/jcafest](http://jcjax.org/jcafest)

OPENING NIGHT

# MATISYAHU

APRIL 11, 2026

Murray Hill Theatre

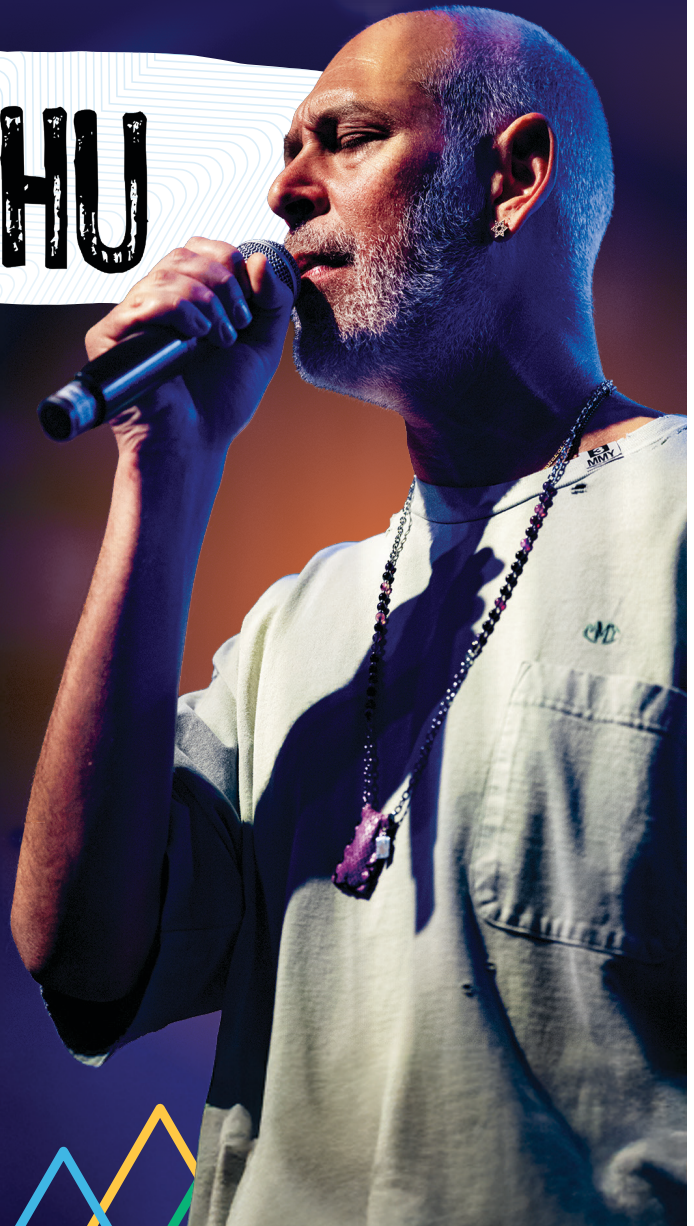
932 Edgewood Ave S, Jacksonville, FL 32205

The Grammy-nominated artist

behind the hit song One Day, known for blending reggae, hip-hop, and spiritual inspiration is coming to the Jacksonville Jewish Cultural Arts Festival!



SCAN TO HEAR MATISYAHU!





**Monthly Member Mitzvah**

**January** - Donate gently used t-shirts for Rethreaded in recognition of National Human Trafficking Awareness Month.



**February** - Sign up for our 3<sup>rd</sup> annual Racing Against Hate 5K Run/Walk.



**March** - In honor of national shoe day on March 15, donate gently used athletic sneakers for Got Sneakers.

**Please bring all Monthly Member Mitzvah donations to the Traditions Cart in the JCA lobby.**



**Havdalah at the JCA**

Start your week off with a short *Havdalah* ceremony! *Havdalah* means separation; our service separates one week from the next. Join us for traditional blessings for grape juice, spices, and the candle lighting. Listen for the sizzle of the candle to have a *shavua tov*, a good week!

**Mon | 9:30 am**  
**Jan 12, Feb 9 and Mar 9**  
**Free to the community**



**Tree-Mendous Tu B'Shevat**

Join us to celebrate the trees! This is in partnership with Congregation Ahavath Chesed (The Temple), PJ Library and The Jewish Federation & Foundation of Northeast Florida.  
**Fri, Jan 30 | 5:15 pm**  
**Congregation Ahavath Chesed (The Temple), 8727 San Jose Blvd.**  
**Free to the community**



**Israeli Dancing**

Join our former *shlichah*, Tal Mola with Robin Morris to experience a variety of simple Jewish line and circle dances. You will learn about their history and tradition while expressing joy and sharing connection. No experience is necessary.  
**Tue, Feb 3 | 6 pm**  
**Free to the community**



**Family Hamantaschen Bake**

Bring your family to make your own hamantaschen for Purim. This is in partnership with Etz Chaim, PJ Library and The Jewish Federation & Foundation of Northeast Florida.  
**Sun, Mar 1 | 1:30 pm**  
**Etz Chaim Synagogue, 10167 San Jose Blvd.**  
**Free to the community**



**Holiday How To: Chocolate Seder**

Come experience Passover with a sweet twist!  
**Thu, Mar 26 | 6 pm**  
**More information coming soon!**



**Faye Hedrick**  
 J Experience Coordinator  
 (904) 730-2100 ext. 247



Scan the QR code to discover more about our J Experience programs.

**Our JCA is headed your way!** Through a variety of time-tested, innovative, pop-up experiences, including health and wellness, education about Israel, and fun events surrounding our Jewish holidays, we are excited to bring JCA programming to your neighborhood.

**Well Read Men - Book Club**

Men gathering to connect over thoughtful, timely reads. Each book will broaden views and spark fresh conversation.

Mon | 10:30 am | Jan 26 and Mar 30  
 Southeast Regional Library

**The Joys of Yiddish**

An interactive experience where our group will participate in exercises to help learn a variety of phrases, both new and *alt* (old), contemplate Yiddish idioms, and *schmooze!*  
 10:30 am

Thu, Jan 29  
 Foxtail Coffee Shop (7570 Gate Parkway)  
 Tue, Feb 3  
 JCA (8505 San Jose Blvd.)  
 Fri Mar 13  
 First Watch in Bartram Park (12540 Bartram Park Blvd.)  
 Free to the community

**Jews in the Modern Media**

Get ready for the Jacksonville Jewish Cultural Arts Festival by joining Justin Sakofs for this program about how Jews are portrayed in films and shows.

Sun, Feb 1 | 10 am  
 Beth El-The Beaches Synagogue  
 288 Roscoe Blvd. N, Ponte Vedra Beach  
 Free to the community

**Lunch & Lit:**

**Harry Agress**

**Next Years Best Years: Taking Your Retirement to the Next Level - A Resource for Personal and Emotional Well-Being**

Join author, Harry Agress, to learn about his book, *Next Years Best Years-Taking Your Retirement to the Next Level-A Resource for Personal and Emotional Well-Being*. He will help you embrace retirement as unique and intriguing with extensive opportunities for reinvention and fulfillment.

Thu, Feb 12 | 11:30 am  
 The Waterworks - St Johns Cultural Council  
 184 San Marco Ave., St. Augustine  
 Free to the community



**Jewish Singles Mixer**

Meet us at The Muse Bourbon Bar & Grill for dueling pianos, a drink, dinner and to meet someone new! Your meal is at your own expense; however, the fun is on us!  
 Thu, Feb 12 | 6:30 pm  
 Dueling pianos starts at 7 pm  
 The Muse Bourbon Bar & Grill  
 11475 San Jose Blvd.  
 Free to the community

**Pop-Up Playgroup**

Experience one of our child-led playgroups out in the community! A one-time playgroup, these classes will allow you to explore alongside your child in enriching, facilitated activities. Locations provided at a later date.

**Make Music (12 mos - 3yrs)** - Sing, dance, and play with your child in our Make Music playgroup! Learn new songs and activities that will encourage your child's development in communication, gross motor movement, math, and more!  
 Fri, Feb 20 | 11:00 - 11:45 am

**Baby and Me (birth - 12 mos)** - Strengthen your relationship with your baby and learn their cues through singing, reading and playing! Encourage bonding moments and build your confidence as caregiver as we blend baby sign, infant massage, and other activities to promote your infant's development.

A date in March will be announced on [jcjax.org](http://jcjax.org).

Location information and updates about J Experience classes will be published on [jcjax.org](http://jcjax.org). If you have questions or have an idea about how the JCA could come your way, send Faye an email at [faye.hedrick@jcjax.org](mailto:faye.hedrick@jcjax.org).



**Natalia  
Fisher**

Early Childhood Director  
(904) 730-2100 ext. 242



Scan the QR code to discover more about our Early Childhood programs.



### Cooking Around the World (3 - 6 yrs)

Hola! Bonjour! Shalom! Cook and taste foods from around the world with our early childhood program. From Moustokouloura to Tostones, your child will develop their social-emotional and fine motor skills through tasty culinary dishes!

Tue | 3:30 - 4:15 pm

Session I: Jan 13, 20, 27, Feb 3, 10 and 17

Session II: Apr 14, 21, 28, May 5, 12, and 19

\$105 | Valued member \$70



### Holiday Cooking (3 - 6 yrs)

Join us for cooking experiences that celebrate the flavors and delights of traditional Jewish holiday meals and treats!

Fri | 3:30 - 4:15 pm

Jan 30 | Tu B'Shevat

Feb 27 | Purim

Mar 27 | Passover

\$23 | Valued member \$15



# Parent & Me

### Make Music (12 mos - 3 yrs)

Sing, dance, and play with your child in our Make Music playgroup! Learn new songs and activities that will encourage your child's development in communication, gross motor movement, math, and more!

Mon | 11 - 11:45 am

Session I: Jan 12, 26, Feb 2 and 9

Session II: Feb 23, Mar 2, 9 and 23

Spring Session I: Apr 13, 20, 27 and May 4

### Sensory Sensations (12 mos - 3 yrs)

Experience messy morning fun with using clay, paint, loose materials, and other fun sensory explorations! Sensory play promotes development in areas such as self-regulation, communication, and motor skills.

Tue | 10 - 10:45 am

Session I: Jan 13, 20, 27, and Feb 3

Session II: Feb 10, 17, 24, and Mar 10

Spring Session I: Apr 14, 21, 28 and May 5

### Stroller Fit (Birth - 3 yrs)

Bond with your child while you take care of yourself! Build core strength, tone muscles, and improve your posture with stroller-based exercises that blend barre, Pilates, yoga, and power walking.

Tue | 12 - 12:45 pm

Session I: Jan 13, 20, 27, Feb 3, 10, 17, 24, Mar 10 and 17

Session II: Mar 24, Apr 14, 21, 28, May 5, 12, 19 and 26

### Story Time (12 mos - 3 yrs)

Promote your toddler's early language and literacy development through reading, singing, storytelling, and other open-ended activities!

Wed | 11 - 11:45 am

Session I: Jan 14, 28, Feb 4 and 11

Session II: Feb 25, Mar 4, 11 and 25

Spring Session: Apr 15, 29, May 6 and 13

### Baby and Me (birth - 12 mos)

Strengthen your relationship with your baby and learn their cues through singing, reading and playing! Encourage bonding moments and build your confidence as caregiver as we blend baby sign, infant massage, and other activities to promote your infant's development.

Thu | 11 - 11:45 am

Session I: Jan 29, Feb 5, 12, 19 and 26

Session II: Apr 16, 23, 30, May 7 and 14

### Tot Shabbat (birth - 3 yrs)

Join us for Shabbat experiences in a playgroup setting centered around Jewish holidays!

Fri | 11 - 11:45 am

Jan 30 | Tu B'Shevat

Feb 27 | Purim

Mar 27 | Passover



### Pop-Up Playgroup

Experience one of our child-led playgroups out in the community! A one-time playgroup, these classes will allow you to explore alongside your child in enriching, facilitated activities. Locations provided at a later date.

Fri | 11:00 - 11:45 am

Feb 20 | Make Music

Tue | 11:00 - 11:45 am

Mar TBA | Baby & Me

## FREE TO THE COMMUNITY

Advance registration is required. Please contact Acadia Moore by email, [acadia.moore@jcjax.org](mailto:acadia.moore@jcjax.org) or call ext. 259.

## Baby Bear Ballet

**Ages 3 (by 9/1/2025) - 5**

Little dancers learn the basics of ballet with their ballet buddy! This beginner's class is a fun and relaxed introduction to ballet. Each dancer will receive their very own ballet bear or bunny. We use our ballet buddies to help us with posture and arms. Dancing is so much fun - but it is crazy fun when you dance with a buddy!

Mon | 3 - 3:30 pm

Jan 12, 26, Feb 2, 9, 23 and Mar 9

\$180 | Valued member \$120

## Zoe's Acting Out

**Ages 4 (by 9/1/2025)**

Young dancers learn different types of movement characterizations to develop imagination and movement quality in this enrichment class. Students will participate in a variety of exercises and dances that teach listening skills (responding to the tempo and mood of the music), levels (high, medium, low) and direction.

Tue | 1 - 1:30 pm

Jan 13, 20, 27, Feb 3, 10, 17, 24

and Mar 10

\$156 | Valued member \$104

## Fit for Broadway Jr

**Ages 3 (by 9/1/2025) - 5**

Designed especially for our younger dancers, kids will jump, twist, shimmy and shake in this aerobic style dance class! We will dance and sing to our favorite upbeat songs while we build our strength, stamina and coordination.

Tue | 3 - 3:30 pm

Jan 13, 20, 27, Feb 3, 10, 17, 24

and Mar 10

\$156 | Valued member \$104

## Fit for Broadway

**Grades K - 8**

An hour of dancing, jumping, twisting and bopping to get fit for Broadway, kids will be on their way to better health in this high energy, fun-filled class! We will jam to our favorite upbeat show tunes with hip-hop, jazz, salsa and more! This class guarantees sweat, sweat, while having fun, fun, fun!

Tue | 4 - 5 pm

Jan 13, 20, 27, Feb 3, 10, 17, 24

and Mar 10

\$156 | Valued member \$104

## Zoe's Clubhouse

**Ages 4 (by 9/1/2025) - 5**

This creative class takes your little one on a new adventure sketch each week! Children explore their imagination while teaching social skills, teamwork and coordination in a fun, creative environment! This is one of our JCA's most popular classes - do not miss out!

Wed | 1 - 1:45 pm

Jan 14, 21, 28, Feb 4, 11, 18, 25

and Mar 11

\$240 | Valued member \$160

## Zoe's Story Sketches

**Age 3 (by 9/1/2025)**

This class is perfect for any creative 3-year-old with a big imagination! We will read a story each week and jump into the pages of the book to experience what the characters are going through in the story.

Wed | 3 - 3:30 pm

Jan 14, 21, 28, Feb 4, 11, 18, 25

and Mar 11

\$240 | Valued member \$160

**Shelly Hughes**

*Theatre Director*

(904) 730-2100 ext. 252



Scan the QR code to discover more about our Theatre programs.

## Zoe's Alumni

**Grades K - 2**

This class lets our Zoe's gang go further into their adventures. During each class the Alumni gang will learn about different cultures, geography, myths and legends! If your child has an active imagination and a sense of adventure, this is the class for them!

Wed | 4 - 4:45 pm

Jan 14, 21, 28, Feb 4, 11, 18, 25

and Mar 11

\$240 | Valued member \$160

## Zoe's Express Yourself

**Ages 3 (by 9/1/2025) - 5**

This creative class is designed for anyone that loves painting and art. We will read a different classic children's story each week and then our little artists will go up on stage and paint the "set pieces and props" for the story we just read. They will exercise their imaginations while learning to work as a creative team as we bring each story to life.

Thu | 3 - 3:30 pm

Jan 15, 22, 29, Feb 5, 12, 19, 26

and Mar 12

\$180 | Valued member \$120

JCA Theatre PresentsGrades 1 - 9

# FROZEN

AUDITIONS

Sun, Jan 4 | 1 pm

REHEARSALS

Mon and Thu | 4 - 6 pm  
Starts Jan 8

SHOW DATES

Mar 7 and 14 | 7:30 pm  
Mar 8 and 15 | 1 pm  
Mar 8 and 15 | 4 pm

RECITAL FEE

\$315 | Valued member \$210

No fees will be collected until after the cast list is posted.



## Neal Buchholz

JCamp/Youth Services  
Director  
(904) 730-2100 ext. 237



Scan the QR code to discover more about our Youth Services programs.

Youth Services will be closed on New Years Day and Memorial Day.



## Ooey Gooley Science

Grades K - 5

Explore and learn about science through hands-on sensory experiences. We'll make kinetic sand, slime, oobleck and more in this class where making a mess is not only allowed, it's encouraged!

Tue | 4:15 - 5:15 pm  
Jan 13, 20, 27 and Feb 3  
\$82 | Valued Member \$55



## Mini Monets

Grades K - 3

In the words of Picasso, "Learn the rules like a pro so you can break them like an artist." Each week we will examine the work of a different renowned artist and seek to mimic their style, but with a personal flair. Your home is soon to be filled with a unique collection of paintings that could rival the Louvre!

Wed | 4:15 - 5:15 pm  
Jan 14, 21, 28, and Feb 4  
\$82 | Valued member \$55

## J After Dark

Grades K - 8

Enjoy the JCA after hours! We will play classic camp games in the gym, enjoy a grilled cheese dinner, and watch a movie while you are away.

Tues | Feb 3 | 6 - 9 pm  
\$38 | Valued member \$25



## Snack Attack

Grades K - 3 and 4 - 8

Get ready to mix, munch, and make your favorite snacks, no oven required! From fruity bites to chocolatey treats, young chefs will whip up a mix of healthy and sweet creations using simple ingredients and big imagination. It's the perfect recipe for creativity and delicious fun!

Grades K - 3  
Tue | 4:15 - 5:30 pm  
Feb 10, 17, 24, and Mar 3

Grades 4 - 8  
Wed | 4:15 - 5:30 pm  
Feb 11, 18, 25, and Mar 4  
\$82 | Valued member \$55

## Shark Tank

Grades 2 - 6

Think it. Build it. Pitch it! Inspired by the hit TV show, kids will become innovators and entrepreneurs in this hands-on class. Each participant will brainstorm big ideas, sketch out inventive designs, and bring them to life through creative building and design. The session wraps up with everyone pitching their final product to the "sharks"!

Thu | 4:15 - 5:15 pm  
Feb 19, 26, Mar 5 and 12  
\$82 | Valued Member \$55

## J-Cation Days

Grades K - 8

On days when school is closed, your child can explore, create, learn, and have FUN with friends at the JCA. Children participate in a variety of sports, STEM, and other creative activities throughout the day. For availability and more information, please call the Registrar's Office at (904) 730-2100 ext. 228.

Jan 19, Feb 16, Mar 16 - 23, April 3, 6\*, 7 and May 29\*

### Spring Break Camp Mar 16 - 23

Option A | 7:30 am - 6 pm  
\$79 | Valued Member \$53

Option B | 9 am - 4 pm  
\$67 | Valued Member \$45

\*Weather Day - Dependent on DCPS Calendar.

## J-Cation Field Trips

Grades K - 8

Your child is invited to join us for these supplemental field trips at an additional cost during Spring Break JCamp and our J-Cation Days.

### Spring Break

Tue, Mar 17 | Bravoz  
Thu, Mar 19 | Movie and a Picnic  
\$66 | Valued Member \$44



## Purim Party! Parents Night Out

Grades K - 8

It's time to party! Join Youth Services for our annual Purim Party! Together we'll dance, play and participate in an interactive story about the origins of Purim. We will have plenty of Purim treats and lots of hamantaschen. Costumes are encouraged for this event!

Wed, Mar 4 | 6 - 9 pm  
\$38 | Valued member \$25

# After School & Teen Connection

**Mon - Fri | 2:30 - 6 pm**

Have your children end their day at the JCA. After School (grades K - 5) and Teen Connection (grades 6 - 8) programs nurture and encourage children at all ages.

Through a variety of activities and a positive environment children socialize, exercise, and thrive in our safe environment after school.

For availability and to register for the 2025-26 school year, call (904) 730-2100 ext. 228.

Scan or visit  
[jcjax.org](http://jcjax.org)  
to learn more!



Free transportation from select schools with minimum enrollment.

## Teen Programs

### Wednesday Hangouts

Grades 6 - 11

Wednesdays are for fun. Join us in the Teen Lounge for an evening of fun and games. We'll have a different theme each Wednesday and food will be served!

Wed | 5:30 - 7:30 pm

Jan 14, Jan 28, Feb 11, Mar 4 and Mar 25

### Top Golf Teens

Grades 6 - 11

Hit the links and embrace your inner *Happy Gilmore* for our outing to Top Golf. Soft drinks are provided but bring extra money for food!

Mon, Feb 16 | 1 - 4 pm

\$60 | Valued member \$40

### Paintball Adventures

Grades 7 - 11

We'll meet at the JCA and head over to Paintball Adventures for a few rounds of play. Equipment is provided.

Sun, Jan 18 | 12:30 - 3 pm

\$60 | Valued Members \$40

### JCA Teen Leadership Council

Grades 7 - 12

In partnership with the JCA Board of Trustees, we invite students in grades 7 - 12 to play a role in developing the future of JCA programming. Members of the teen leadership council will have the opportunity to help direct the future of teen programming, engage in fundraising and philanthropy, build connections within the community and earn volunteer hours. FREE food and beverages will be provided each meeting.

Tue | 6:30 - 7:30 pm

Jan 20, Feb 17, Mar 24 and Apr 14

Free to the community

### Mystery Adventure

Grades 6 - 11

Where are we going? It's a surprise. Hop on the JCA bus for a mystery adventure. Here's a hint... Bring goggles.

Sun, Feb 8 | 1 - 4 pm

\$75 | Valued member \$50

### Teen Mitzvah Program

Grades 6 - 11

Inspire and empower your teen to make a positive impact on the community one *mitzvah*, good deed, at a time. Volunteer hours are earned for these events and transportation from the JCA is provided.

Sun | 12:30 - 3 pm

Jan 25 - Food Scarcity

Feb 22 - Race Against Hate

Mar 29 - Beach Cleanup

Apr 19 - Teen Leadership Council Project

Free to the community

### Salt Springs and Ravine Gardens

Grades 6 - 11

Explore the wonders of old Florida on this trip to the historic Ravine Gardens, followed by an afternoon of sun and swimming at Salt Springs.

Mon, Mar 16 | 10 am - 4 pm

\$60 | Valued member \$40



**Kendall  
Sisisky Valliere**  
Development Director  
(904) 730-2100 ext. 231



Scan the QR code to discover more about how you can help the JCA support our community.



## The future of the JCA is rising and you can help build it!

What began as a vision is now taking shape in The Stein Family Courtyard. Our new building will bring even more life, learning, and connection to the JCA campus. The Michele Block Gan Yeladim Preschool & Kindergarten will enjoy expanded resources downstairs, while JCA and The Jewish Federation & Foundation staff will move upstairs, opening valuable ground-floor space for our members.

**This is a milestone moment for our community. It's not too late to be part of it.  
Honor your family, celebrate your story, or leave a lasting legacy,  
one brick at a time.**



**Scan to donate today!**



YOU'RE  
INVITED

# Garden of Dreams GALA

Jewish Community Alliance Annual Fundraiser

Saturday, February 21, 2026 at 7:30 pm

Bowing Oaks, 7743 Alphons Street, Jacksonville, FL 32256

Drinks · Dinner · Dancing

Support scholarships for individuals and families in need  
to enjoy JCA membership and programs.

## CHAIRS

Gigi Ackerman Schwartz and Dan Schwartz

## HIGH CHAIR

Rosalie Schwartz



Scan to purchase  
tickets or sponsor  
today!

For questions and event information, please contact Kendall Sisisky Valliere  
at (904) 730-2100 ext. 231 or [kendall.valliere@jcajax.org](mailto:kendall.valliere@jcajax.org).





**Magan Maddox**

MPH, CHES®  
Wellness Coach  
(904) 730-2100 ext. 333



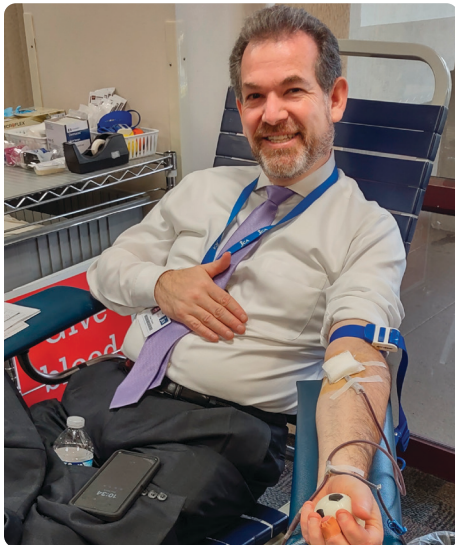
Scan the QR code to discover more about our Wellness Center programs.



### Meditation

Learn to relax your body and mind, while using your breath. Enrich your compassionate outlook on life with a Wellness Coach from Baptist Health. Registration is not required.

Mon and Fri | 11:35 am - 12:10 pm  
Free to the community



### Blood Drives at the JCA

Our JCA is proud to partner with LifeSouth Community Blood Centers to host several community-wide blood drives. Walk-ins are welcome or make an appointment online.

Mon | 10 am - 5 pm  
Feb 2 and Apr 6



### A Matter of Balance

Join us and receive practical coping and falls risk management strategies, and exercises to increase balance and strength. The purpose of the program is to reduce the fear of falling and increase activity levels of adults who have concerns about falls.

Call (904) 482-0189 to register.

Tue & Thu | 1 - 3 pm  
Jan 6, 8, 13, 15, 20, 22, 27 and 29  
Free to the community



### Physician Chat

#### Healthy Aging

Join Dr. Alison Bartfield, Medical Director of AgeWell at Baptist Health, to discuss practical ways to stay active, independent, and engaged as you age. She will share expert insights on navigating physical and emotional changes, building a supportive care team, and making lifestyle choices that promote long-term wellness.

Tue, Jan 13 | 12 - 1 pm  
Free to the community

## Baptist Health VIRTUAL CLASSES



### New Mothers Support Group

Share your experience as a new mother from the comfort of your homes. We will talk about our babies, ourselves - physical and emotional, what is working and not working, and how things are going.



### First Year Baby Safety Essentials

This class will cover the most common injuries to babies in the first year, along with preventive childproofing measures. A first aid lecture and a demonstration of infant/child CPR and choking procedures are also included.



### Early Pregnancy Class

Get a jumpstart on preparing for an amazing pregnancy. This pre-recorded virtual class provides up-to-date essentials for a confident and informed pregnancy. From myths to nutrition, fetal growth, do's and don'ts, how to get ready, and so much more, this class is ideal for women up to 24 weeks pregnant.

Visit [jcajax.org/fitness-and-wellness/BHWC](https://www.jcajax.org/fitness-and-wellness/BHWC) to learn more.

## Smart Self-Defense Workshop

Join instructors Clint Neale and Jimmy Normeus for a dynamic 90-minute self-defense workshop designed to enhance your personal safety and confidence while equipping you with essential skills and strategies for real-world self-defense. Registration is required by Jan 15.

Sun, Jan 18 | 1 pm

Free to valued members

## The JCA Walking Club

We want all walkers to join the JCA Walking Club. JCA Walking Club members go at their own pace and build speed and endurance. Members walk on our JCA indoor track, on treadmills or anywhere safely outside. We also plan monthly walking meetups.

## JCA Walking Club Outdoor Walks

Walking locations will be emailed at registration. If you have questions, would like to join the club or register for any of our outdoor walks, please email Hollie Arnold,

[hollie.arnold@jcajax.org](mailto:hollie.arnold@jcajax.org).

Tue | 10 am

Jan 20, Feb 17 and Mar 17



## Tenacious 10

Get ready to sweat, strengthen, and move in a high-energy HIIT class unlike any other — this specialty class instructed by our newest certified trainer, Matt Hunter, is designed to boost endurance, build strength, and improve mobility. Using bodyweight, kettlebells, and free weights, this fun and dynamic workout is fully adaptable for all fitness levels. Registration is required by Jan 23.

Tue, Jan 27 | 12 pm

Or

Thu, Jan 29 | 5 pm

Free to valued members

## Karen Cataldo

Fitness, Recreation and Wellness Director

(904) 730-2100 ext. 324



## Spinal Health

This presentation, conducted by Coastal Health, offers practical guidance on maintaining a healthy spine through posture, movement habits, and basic exercises. Geared toward adults, it focuses on everyday strategies to prevent back pain and support long-term spinal health. Registration is required by Jan 27.

Fri, Feb 6 | 12 pm

Free to valued members



## How to Set Up YOUR Workout

This presentation teaches how to structure an effective strength training workout by covering key elements such as warm-up, exercise selection, sets, reps, and rest periods. Certified PT Peter Joseph offers practical guidance for individuals at any fitness level to build or refine their workout routine. Registration is required by Feb 8.

Wed, Feb 11 | 7 pm

Free to valued members

## Community Adult and Pediatric CPR/AED/First Aid

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies and how to respond to breathing and cardiac emergencies. Registration is required by Feb 6.

12 - 3 pm | Fri, Feb 13, Sun, Mar 15

and Fri, Apr 10

\$120 | Free for valued members thanks to the Stephen and Jackie Goldman Family - CPR Save A Life Fund.

## Beshka Hoshall

Fitness Assistant Director

(904) 730-2100 ext. 267



Scan the QR code to discover more about our Fitness and Wellness programs.

## Partner Yoga

Join Gisela Reis and Grant Helm for a 90-minute partner yoga class that blends breath, balance, and connection through synchronized poses and supportive stretches. This session is designed to deepen trust, enhance flexibility, and create a shared experience, whether you're attending with a friend, partner, or loved one. Registration is required by Feb 12. Price is per couple.

Sun, Feb 15 | 4 pm

\$75 | Valued member \$50

## Form 101

This class, taught by certified PT Ryan Neale, provides a foundational overview of proper form for common weightlifting exercises, including squats, deadlifts, presses, and lat pulldowns. Participants will learn how to perform each movement safely and effectively to maximize results and reduce the risk of injury. Registration is required by Mar 9.

Thu, Mar 12 | 5 pm

Free to valued members

## Fall Prevention

Join Kris Wilson from Modified Independence Evaluations, Inc., and learn how to reduce your risk of falls and stay independent with this informative presentation focused on fall prevention strategies for older adults. Featuring the short film *Saving Claire*, this session will provide practical tools for assessing your fall risk, making your home safer, accessing helpful services like in-home care and Meals on Wheels, and staying active and connected in your community. Registration is required by Mar 20.

Wed, Mar 25 | 11:45 am

Free to valued members



**Alex Minardi**  
Recreation Assistant Director  
(904) 730-2100 ext. 254



Scan the QR code to discover more about our Sports and Recreation programs.

## Open Pick Up Games

**Ages 14+**

Stay active on the court! Join us for our open pick up basketball games.

**Basketball**

Sat | 1 - 3 pm

Free for valued members

## Gymnastics Lessons

**Ages 3 - 13**

Coach Kassandra Fernandez is hosting gymnastics at the JCA! Members can register for private, tandem, and small group lessons that will focus on developing strength, flexibility, balance, and coordination. Basic skills like rolls, handstands, cartwheels, and bridges will be introduced during the lessons. All gymnastics lessons are 60-minute sessions.

Email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org) to schedule your lessons today!

**Private** | \$60 per person

**Tandem (2 people)** | \$45 per person

**Small Group (3-5 people)** | \$30 per person

Valued members only

## Willpower Basketball

**Ages 5 - 12**

Coach Will Holloman's basketball clinics allow players to reach their full potential in a fun-filled environment that challenges all to exceed personal limits and optimize the intangibles of the game.

**Mon**

**Ages 5 - 8** | 5:45 - 6:45 pm

**Ages 9 - 12** | 6:45 - 7:45 pm

**Session I:** Jan 5 - Feb 9

\$117 | Valued member \$78

**Session II:** Feb 23 - Apr 13

\$141 | Valued member \$94

No class Jan 19, Mar 16 and Apr 6

**Private Lessons**

**Ages 13 - 18** | Private lessons available throughout the week.

**For Private Basketball Instruction** please call Coach Alex at ext. 254 or email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org).



## Adult Basketball League

Teams consist of six players for four-on-four competition with a minimum of seven games.

**18+ Adult Basketball League**

Wed | 6 - 9 pm

**Winter Session:** Jan 7 - Mar 11

**Spring Session:** Apr 15 - Jun 17

No games Apr 1 and 8

\$62 | Valued members only

**25+ Adult Basketball League**

Sun | 8:30 - 11:30 am

**Session I:** Dec 14 - Feb 8

**Session II:** Mar 1 - May 3

No games Dec 28, Apr 5 and 12

\$62 | Valued members only



## Fast Freddy's Taekwondo Academy

**Ages 5 - 13**

Master Frederick Vescera shares the martial art of Taekwondo with our community. The exciting sport teaches a variety of kicks, strikes and blocks while children build self-defense skills and have lots of fun. Students have the opportunity to move up in belts after certain criteria are met. Dobek purchase from Master Freddy is required.

**Tue and Thu**

**Winter Session:** Feb 3 - Mar 31

**Any belt color:**

**Ages 5 - 9** | 4:15 - 5 pm

At the JCA

**White/Yellow+ belt:**

**Ages 10 - 13** | 5:30 - 6:30 pm

Master Freddy's Studio

4194 Saint Augustine Road

\$312 | Valued member \$208

No class Mar 17 and 19

## Flag Football League

**Ages 4 - 18**

Our Youth Flag Football League runs Jan 11 - Mar 15 at Bolles High School. Divisions are based on age and skill and are determined after evaluations held in December. Please email Coach Alex with questions or if your athlete needs a make-up evaluation at [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org). There is a two-hour afternoon commitment at Bolles High School Stadium Field on Sundays during Flag Football season. Games are every Sun from 12 - 6 pm. No games Feb 15 and 22  
\$173 | Valued member \$115

## JCA Fencing Academy

This class helps fencers gain confidence through games, footwork, coordination, fencing drills and bouts.

**Thu**

**Beginner:**

**Ages 5 - 12** | 5 - 6 pm

**Intermediate/Advanced:**

**Ages 13+** | 6 - 7:30 pm

**Winter Session:** Feb 19 - Apr 23

No class Mar 19 and Apr 2

\$200 | Valued member \$134

## Varsity Basketball League

**Ages 14 - 18**

Teams consist of eight players for four-on-four competition. No practices, just games. To register as a free agent, a team, or if you are wanting to coach, please email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org).

Tue | 6 - 9 pm

Mar 24 - May 19

No games Apr 7

\$111 | Valued member \$74

## Youth Basketball League

**Ages 4 - 16**

Our JCA Youth Basketball League runs Apr 12 - May 17. Our mandatory skills evaluation for the 2026 JCA Basketball season will be held on Sun, Feb 15 by age group:

**Ages 4 - 6** | 12:30 - 1:30 pm

**Age 7 - 10** | 1:45 - 2:45 pm

**Ages 11 - 16** | 3 - 4 pm

Divisions are based on age and skill and will be determined after evaluations. Games are every Sun from 12 - 6 pm.

\$130 | Valued member \$86



# PRESCHOOL & YOUTH SPORTS CLINICS

**PRESCHOOL** Ages 3 (by 9/1/2025) - 4 | Participants must be fully potty trained

## LITTLE NINJA WARRIORS OBSTACLE COURSE

AGES 3 (BY 9/1/2025) - 6

Mon | 3:30 - 4:15 pm

\*Session I: Jan 5 - Feb 9

Session II: Feb 23 - Apr 13

## SPORTS EXTRAVAGANZA

AGES 3 (BY 9/1/2025) - 6

Mon | 3:30 - 4:15 pm

\*Session I: Jan 5 - Feb 9

Session II: Feb 23 - Apr 13

## LITTLE KICKERS SOCCER

AGES 3 (BY 9/1/2025) - 6

Tue | 3:30 - 4:15 pm

Session I: Jan 6 - Feb 10

Session II: Feb 24 - Apr 14

## LITTLE HITTERS T-BALL

AGES 3 (BY 9/1/2025) - 6

Wed | 3:30 - 4:15 pm

Session I: Jan 7 - Feb 11

Session II: Feb 25 - Apr 15

## LITTLE DRIBBLERS BASKETBALL

AGES 3 (BY 9/1/2025) - 6

Thu | 3:30 - 4:15 pm

Session I: Jan 8 - Feb 12

Session II: Feb 26 - Apr 16

## TERRIFIC TUMBLER GYMNASTICS

AGES 3 (BY 9/1/2025) - 6

Fri | 3:30 - 4:15 pm

Session I: Jan 9 - Feb 13

Session II: Feb 27 - Apr 10

## YOUTH AGES 5 - 10

### SOCCER 101

AGES 5 - 10

Mon | 4:45 - 5:45 pm

\*Session I: Jan 5 - Feb 9

Session II: Feb 23 - Apr 13

### JUNIOR GYMNASTICS

AGES 5 - 10

Tue | 4:45 - 5:45 pm

Session I: Jan 6 - Feb 10

Session II: Feb 24 - Apr 14

\$111 | Valued member \$74 — \*\$93 | Valued member \$62

**NO CLASS:** Jan 19, Feb 16, Mar 16, Mar 17, Mar 18, Mar 19, Mar 20, Apr 2, Apr 6, Apr 7 and Apr 8



If you have questions about our sports leagues, clinics, teams and academies, becoming a coach or scheduling makeup evaluations, please email [alex.minardi@jcajax.org](mailto:alex.minardi@jcajax.org).



**Dustin Rulien**

Aquatics Director  
(904) 730-2100 ext. 417



Scan the QR code to discover more about our Aquatics programs.



**Makos Summer Swim Team Kickoff Party**

**Ages 5 - 18**

Join us at the Howard and Joy Korman Outdoor Pool for the Makos Summer Swim Team Kickoff Party! Enjoy snacks, meet your coaches and get fitted for your Makos Swim Team gear!

Sun, Apr 12 | 2:30 - 4:30 pm  
Free to the community

**Adult Group Swim Lessons**

**Ratio 8:1 | Ages 18+**

This program is designed to encourage and introduce adults to swimming in a welcoming and comfortable environment.

**Mon and Wed | 6:30 - 7 pm**

**Winter Session I | Jan 5 - Feb 11**

**Winter Session II | Feb 18 - Mar 30**

**Spring Session | Apr 13 - May 20**

\$273 | Valued member \$182

**Sensory Safe Swim Lessons**

**Ratio 1:1 | Ages 2+**

This program is designed for swimmers with Autism. Swim lessons are held in our quiet, indoor heated pool.

**Sun | 4:30 - 5 pm or 5 - 5:30 pm**

**Winter Session I | Jan 4 - Feb 8**

**Winter Session II | Feb 22 - Mar 29**

**Spring Session | Apr 19 - May 24**

\$195 | Valued member \$130

**Private Swim Lessons**

**Ratio 1:1 | All ages**

Each lesson is 30 minutes in length.  
\$60 per lesson | \$420 for eight lessons  
Valued member \$40 per lesson  
| \$280 for eight lessons

**Semi-Private Swim Lessons**

**All ages**

Make your own group! Each lesson is 30 minutes in length. Cost is per participant.  
\$45 per lesson | \$315 for eight lessons  
Valued member \$30 per lesson  
| \$210 for eight lessons

**Master Makos Swim Team Practice**

**Ages 18+**

Relearn or refine your strokes in a fun atmosphere with peers. Professional coaches guide swimmers at their own pace.

**Mon | 5:45 - 6:45 am**

**Winter Session I | Jan 5 - Feb 9**

\$68 | Valued member \$45

**Winter Session II | Feb 16 - Apr 6**

\$90 | Valued member \$60

**Spring Session | Apr 13 - May 18**

\$68 | Valued member \$45

**Wed | 7:00 - 8:00 pm**

**Winter Session I | Jan 7 - Feb 11**

**Winter Session II | Feb 18 - Mar 25**

**Spring Session | Apr 15 - May 20**

\$68 | Valued member \$45



**8th Annual Polar Plunge**

It's time for our annual chilly dip! We will jump in the outdoor pool, no matter the temperature. There will be hot chocolate and cookies provided for all who brave the frigid Florida winter.

Sun, Jan 18 | 2:45 pm  
Free to the Community



**Licensed Training Provider**

**Community Adult & Pediatric CPR | AED | First Aid**

This course teaches how to recognize and care for a variety of first aid emergencies, and how to respond to breathing and cardiac emergencies

**Fri, Feb 13 | 12 - 3 pm**

Registration required by Jan 28

**Sun, Mar 15 | 12 - 3 pm**

Registration required by Feb 26

**Fri, Apr 10 | 12 - 3 pm**

Registration required by Mar 25

\$120 | Free for valued members thanks to the Stephen and Jackie Goldman Family - CPR Save A Life Fund

**Red Cross-Certified Water Safety Instructor Training**

Become certified to teach parent and child aquatics, preschool aquatics, Learn-to-Swim, adult swim courses and water safety courses and presentations. Water Safety Instructor candidates must be 16-years-old on or before the last scheduled day of the course.

Coming soon in May!

\$345 | Valued member \$230

**Red Cross-Certified Lifeguard Training**

Become certified to Lifeguard. This course includes First Aid/CPR/AED for the Professional Rescuer. Lifeguard candidates must be 15-years-old on or before the last scheduled day of the course and be able to pass a swimming and treading prerequisite.

Register by Apr 1

**Sun, Apr 19 | 1 - 6 pm**

and

**Mon - Thu | 4 - 9 pm | Apr 20 - 23**

\$345 | Valued member \$230

Email Dustin, [dustin.rulien@jcajax.org](mailto:dustin.rulien@jcajax.org) or call (904) 730-2100 ext. 417 for more information about American Red Cross Training Classes, Private, and Semi-Private Swim Lessons at the JCA.



Licensed Training Provider

# LEARN TO SWIM

## PROGRAMS AT THE JCA



### LEVEL 0

#### Parent & Me Ratio 8:1 | Ages 6 mos - 3 yrs

This program teaches parents how to work safely and effectively with children in the water. The program emphasizes fun and enjoyment, water adjustment, and preparatory activities for future swimming. Parent and Me aquatics is not designed to teach children to become good swimmers or even to survive in the water on their own. At least one adult must accompany the child in the pool.

#### Sunday Sessions

10 - 10:30 am

Winter Session I | Jan 4 - Feb 8

Winter Session II | Feb 22 - Mar 29

Spring Session | Apr 19 - May 24

\$174 | Valued member \$116

Pricing for Parent & Me program is per session.

### LEVELS 1 - 3

#### Preschool Aquatics Ratio 4:1 | Ages 2 - 3 and 4 - 5 yrs

Preschool through kindergarten children progress through swim levels while learning water safety and skills ranging from blowing bubbles to independent swimming. Children who successfully complete this program will be ready to begin Learn to Swim Level 3.

#### Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm, 1 - 1:30 pm or 2 - 2:30 pm

Winter Session I | Jan 4 - Feb 8

Winter Session II | Feb 22 - Mar 29

Spring Session | Apr 19 - May 24

\$174 | Valued member \$116

#### Weekday Sessions

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Winter Session I | Jan 5 - Feb 11

Winter Session II | Feb 18 - Mar 30

Spring Session I | Apr 13 - May 20

Tue and Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Winter Session I | Jan 6 - Feb 12

Winter Session II | Feb 19 - Mar 31

Spring Session | Apr 14 - May 26

\$273 | Valued member \$182

Pricing for Preschool Aquatics program is per session.

### LEVELS 1 - 4

#### Learn to Swim Ratio 5:1 | Ages 6 - 9 and 10 - 13 yrs

Elementary and middle school age children progress through four levels of swimming skills and water safety. This curriculum begins with body control in the water and ends with independently swimming all four strokes for short distances.

#### Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm, 1 - 1:30 pm or 2 - 2:30 pm

Winter Session I | Jan 4 - Feb 8

Winter Session II | Feb 22 - Mar 29

Spring Session | Apr 19 - May 24

\$174 | Valued member \$116

#### Weekday Sessions

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Winter Session I | Jan 5 - Feb 11

Winter Session II | Feb 18 - Mar 30

Spring Session | Apr 13 - May 20

Tue and Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Winter Session I | Jan 6 - Feb 12

Winter Session II | Feb 19 - Mar 31

Spring Session | Apr 14 - May 26

\$273 | Valued member \$182

Pricing for Learn to Swim program is per session.

### LEVELS 5 - 6

#### Makos School Year Swim Team Ages 5 - 18 yrs

Our school year swim team is a monthly, practice-only team designed for those who complete level 4 of the Learn to Swim program. School year swim team continues our Learn to Swim Levels 5 and 6, refining stroke development and increasing endurance. School Year Makos Swim Team runs through April. The Summer Makos Swim Team begins in May.

Dec 1 - 30, Jan 4 - 29, Feb 1 - 26, Mar 1 - 31, Apr 6 - 30

Ages 5 - 10 | Sun 3 - 4 pm | Mon - Thu 5 - 6 pm

Ages 11 - 18 | Sun 3 - 4 pm | Mon - Thu 6 - 7 pm

One day per week, \$90 | Valued member \$60

Two days per week, \$135 | Valued member \$90

Four days per week, \$180 | Valued member \$120

Pricing for the School Year Makos Swim Team is a recurring monthly fee. Card on file required.

No lessons Dec 24, 25, 31, Jan 1, Apr 1, 2, 5, 7 and 8.



**Lucas Ramos Campos**  
Tennis Pro  
(904) 730-2100 ext. 317



Scan the QR code to discover more about our Tennis programs.

### Adult Tennis Clinics

**Ages 18+**

Clinics geared to A, B and C level tennis players who are participating in our competitive teams or playing for fun. Clinics are offered year-round, with immediate start when spots are available. For more information, contact Lucas at ext. 317 or email [lucas.ramoscampos@jcajax.org](mailto:lucas.ramoscampos@jcajax.org).

#### 3.0 - 3.5 Men's Clinic

The first hour of clinic will focus on stroke production, drills and strategy. The last half hour of clinic will be supervised doubles play.  
Mon | 6:30 - 8 pm  
\$20 per clinic, year-round

#### Six-Week Sessions

**Ladies A Team Clinic**  
Wed | 10:30 am - 12 pm  
\$90 | Valued members only

#### Twelve-Week Sessions

**Ladies B Team Clinic**  
Wed | 9 - 10:30 am

**Ladies C Team Clinic**  
Mon | 9 - 10:30 am

**Working Women's**  
Wed | 6:30 - 8 pm  
\$180 | Valued members only

### Cardio Tennis

**Ages 18+**

This engaging group fitness program features the heart pumping effects of tennis drills, games and skills to deliver the ultimate full-body and calorie burning workout. Six-week sessions are available year-round.  
Sun | 8:30 - 9:30 am  
\$135 | Valued member \$90

### Tennis Mixers

**Ages 21+**

Enjoy a round robin doubles social. Players will be matched up by ability, while they rotate opponents and partners throughout the night. Level of 3.0+.  
Second Thu of month | 6:30 - 8 pm  
Free for valued members only

### Tennis 201

**Ages 18+**

Tennis 201 reinforces stroke production while introducing strategy and point play instruction. Six-week sessions are available year-round.  
Mon | 5 - 6 pm  
\$135 | Valued member \$90

### Private Lessons

30-min | \$40  
60-min | \$65

### Semi-Private Lessons

30-min (two people) | \$26  
60-min (two people) | \$42

### Doubles

60-min (four people) | \$30

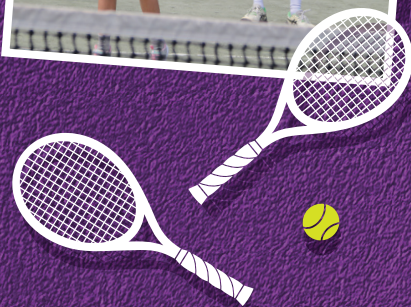
Pricing for semi-private and doubles is per person. Valued members can schedule private, semi-private and doubles lessons at any time on the My J app or by calling ext. 317. Packages of five and ten are available for purchase.

### Tennis Scholarships

Tennis encourages children and teens to develop positive social skills, hand-eye coordination and strategic thinking while building healthy bodies and minds. We have financial assistance for children to participate in our JCA tennis programs. Thanks to the Serve Love Endowment Fund, our JCA and The Jewish Federation & Foundation of Northeast Florida can provide financial support for children in need of tennis items like equipment or shoes. Please email [kendall.valliere@jcajax.org](mailto:kendall.valliere@jcajax.org) for more information, or questions about your specific situation.

# JUNIOR TENNIS CLINICS

ALL CLINICS ARE SIX-WEEK SESSIONS.



For the pee-wee and junior players, our **Tennis** programs teach the fundamentals of tennis. Classes focus on proper swinging motions and the most effective way to handle a tennis racquet.

### PEE-WEE QUICK START

**Ages 5 - 8**  
Tue | 4:30 - 5:15 pm  
Thu | 4:30 - 5:15 pm  
\$108 | Valued member \$72

### JUNIOR QUICK START

**Ages 8 - 12**  
Tue | 4:30 - 5:30 pm  
\$108 | Valued member \$72

Email Lucas for more information and specific class dates at [lucas.ramoscampos@jcajax.org](mailto:lucas.ramoscampos@jcajax.org)

# Come play pickleball with us!

Be sure to read our updated information on [jcjax.org](http://jcjax.org) about pickleball court hours and policies. Use the My J app to book your time on our courts 1 - 3; court 4 is always available for open play. Check out our pickleball clinics and register to play!



## Pickleball Lessons

### Private

60-min | \$65  
30-min | \$40

### Semi-Private (Two people)

60-min | \$42  
30-min | \$26

### Doubles (Four people)

60-min | \$30

Lesson packages of five and ten are available for purchase.

For more information and availability, please contact Coach Bob at [robert.ryan@jcjax.org](mailto:robert.ryan@jcjax.org).

Pricing for lessons is per person. Pickleball lessons are for valued members only.



## Winter Pickleball League:

Sun, 11 am - 1 pm | Feb 8 - Mar 29  
\$50 per player

Registration is open online and at the Registrar's Office.

For more information, please reach out to [robert.ryan@jcjax.org](mailto:robert.ryan@jcjax.org).

Starting in January, we will offer weekly clinics focused on different skills:

- Jan 7** Serve & Return
- Jan 14** Backhand & Forehand
- Jan 21** Drive & Drop
- Feb 4** Third shot strategy
- Feb 11** Dinking with a purpose
- Feb 18** Navigating the no man's land
- Feb 25** Lob & defending the lob
- Mar 4** Spin class #1: Topspin serves, drives, drops and dinks
- Mar 11** Spin class #2: Slice serves, drives, drops and dinks
- Mar 18** Court positioning

Pick and choose the clinics that you wish to attend. Dates may change due to weather.

All clinics will be held on Wednesdays at 9 am and 5 pm. Registration will close on Tuesdays, the day before each clinic, at 1 pm.

\$38 | \$25 per clinic for valued members. Maximum capacity of 8 players per clinic.

## TRIBUTES AND DONATIONS

### In memory of...

#### BARRY ROSENBERG

by Sherrie and David Saag

#### JIM KEMPNER

by Karen and Philip Adler  
The JCA Board and Staff

#### RICHARD BRESSON

by The JCA Board and Staff

#### MIKE FREED'S BELOVED MOTHER

by The Miller Families  
The JCA Board and Staff

#### MARCIE KLEIMAN

by Philip and Karen Adler

#### HOWARD KORN

by The Miller Families  
The JCA Board and Staff

### In honor of...

#### THERESA LEVY'S RETIREMENT

by Rochelle and David Stoddard

#### GARY GENDZIER'S RETIREMENT

by Rochelle and David Stoddard

#### NADINE TERK'S BIRTHDAY

by Rochelle and David Stoddard

#### JUDAH ALGEE'S BAR MITZVAH

by Philip and Karen Adler by  
The JCA Board and Staff

#### DAVID LEVINE'S RETIREMENT AFTER 38 YEARS AT BERMAN BROS.

by Rochelle and David Stoddard

#### NOAH CHASKIN'S NUPTIALS

by Rochelle and David Stoddard  
The Miller Families  
The JCA Board and Staff

#### DAVID WILF'S NUPTIALS

by Myron and Bunni Flagler  
The JCA Board and Staff

#### THE BIRTH OF THERESA AND PHILIP LEVY'S GRANDAUGHTER ANNA

by The JCA Board and Staff

### For a Speedy Recovery...

#### BEN SETZER

by The JCA Board and Staff

#### BEN MORRIS

by Philip and Karen Adler  
The JCA Board and Staff



David A. Stein  
**Jewish Community Alliance**  
*on the Ed Parker Jewish  
 Community Campus*

8505 San Jose Boulevard  
 Jacksonville, Florida 32217  
 (904) 730-2100  
**jcajax.org**



Affiliated with the Jewish Federation and Foundation of Northeast Florida, the United Way of Northeast Florida and the Jewish Community Centers of North America.



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**MISSION STATEMENT** The Jewish Community Alliance (JCA) strengthens Jewish life, serves as a common meeting ground and enhances the quality of life of the entire community.

**VISION STATEMENT** Our vision is to provide the place in the tradition of our heritage where all people come together throughout their lives to enhance body, mind and spirit, in an environment of fun, harmony and friendship.

**JCA CAMP**  
**IS OUT OF THIS WORLD**

**PROGRAMS FOR AGES 2 AND UP**

**Embrace the moments, cherish the time!**

**REGISTRATION OPENS  
 JANUARY 2026**

Scan to visit  
**[jcajax.org/jcamp](http://jcajax.org/jcamp)**