

SPRING/SUMMER  
VOLUME 36 | NUMBER 4

# PROGRAM GUIDE

17 Adar - 7 Elul 5785 | March 17 - August 31, 2025



*David A. Stein*  
Jewish Community Alliance  
*on the Ed Parker Jewish Community Campus*

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The JCA Program Guide and Alliance News are published each year by the:

**Jewish Community Alliance**  
**8505 San Jose Boulevard**  
**Jacksonville, FL 32217**

For additional program information, please contact the JCA at:

**(904) 730-2100 P • (904) 730-2444 F**  
**jcajax.org • info@jcajax.org**  
**facebook.com/jcajax**

Nicole Brown ..... Board Chair  
 Adam Chaskin.....Chief Executive Officer  
 Chelsea Jarrell .....Director of Marketing  
 Lee Lemay ..... Graphic Designer  
 Beth Milograno ... Communications & PR Specialist

**Locker Room Hours**

Locker room hours are the same as business hours.

- Frequent disinfecting will happen throughout the day.
- All shower stalls are available for use and feature full length separating walls.

**Kid Kare (babysitting)**  
**(904) 730-2100 ext. 267**

**Hours:**

Sun - Fri mornings | 9 am - 12 pm  
 Mon - Thu evenings | 5 - 8 pm

- JCA Kid Kare is available for children 3 months to 9 years old.
- Kid Kare is offered on reservation basis.
- Space limited to 15 kids per shift.
- Kid Kare service is for a maximum of 90 minutes.
- Visit [bit.ly/JCAKidKare](http://bit.ly/JCAKidKare) to view our Kid Kare policies and make a reservation.

**Guest Policy**

Members may bring only two guests at a time except for members bringing families. Guests must be accompanied by a member in good standing. Children who are guests must have an adult present to sign a waiver and be chaperoned by an adult if under 10. All guest passes must be purchased at the Reception Desk. Saturday guest passes must be purchased in advance. All guests must have guest passes. All visitors must present a photo ID.

Guest Pass Fee: **Adults:** \$10 each visit **Children/Teens (5 - 18):** \$5 each visit

**Mandatory Swim Assessments**

All children 12 and under must complete a 25-yard swim (without touching the bottom of the pool, grabbing the lane rope, floating on their back or requiring assistance) on their front (freestyle, breaststroke, etc.) and tread water for 45 seconds. If they pass the test, they are permitted to swim without flotation and receive a yellow neck band. Swimmers who do not complete the test will receive a red neck band and be required to wear a life jacket, have a parent/guardian in the water within arm's reach or choose not to swim. The JCA will supply neckbands to each child, which are to be kept and brought to the pool each time to swim. Replacement bands are available for \$5 each.

**Unsupervised Children**

The following policies ensure the safety of all JCA members:

- Children 9 years old and under must be under direct supervision (in sight and within close proximity) by an adult while at the JCA. Children must be brought to and picked up from class, Kid Kare or any JCA programs by an adult. All members age 10 and over entering the JCA must present a membership card.
- Children age 10 and up may be unaccompanied by an adult in the JCA except for the fitness area where children must be 13 years old to enter. It is not appropriate for children to gather in the lobby area or hallways of the JCA.

The JCA cannot be held responsible for members age 10 and over who attend the JCA and are not enrolled in an organized activity. In addition, children age 10 and up are expected to behave in a mature manner when in the building without parental supervision. Behavior that is disruptive and/or harmful to themselves or others may result in the suspension of independent privileges.

**Food Policy**

JCA is a kosher facility. Therefore no deliveries of food of any kind for members from take-out restaurants will be accepted. Food brought into the building from home, outside of a JCA program or preschool, must be consumed in the outdoor pool area. Thank you for your cooperation.

**Fire Alarm Policy**

For your safety and welfare, you must evacuate the building when the fire alarm sounds. You will be notified by JCA personnel when it is safe to return to the facility. Thank you for your understanding and support.

**Cancellation/Expiration Policy for Personal Training, Private Tennis and Swim Instruction**

All participants registered for private tennis, swim or personal training sessions must give at least a 24-hour notice of cancellation for already scheduled sessions. Failure to properly cancel will result in a charge for that session at the established fee. All personal training sessions, private tennis lessons and private swim lessons will expire six months from the date of purchase. Fees paid for (expired) sessions/lessons are non-refundable and non-transferable.

**Class Payment, Refund and Cancellation Policy**

- All class and program fees must be paid before the beginning of the class. For one-time programs or classes, no refunds will be granted.
- 50% refund after first class; 25% refund after second class; no refund after third class (excludes childcare tuition and summer camp programs).
- Refund policies apply to all private training and lessons.
- The JCA reserves the right to cancel programs/classes not meeting the minimum required enrollment for circumstances beyond our control.

Affiliated with the Jewish Federation & Foundation of Northeast Florida and the Jewish Community Centers Association of North America.

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION FOR JEWISH COMMUNITY ALLIANCE, INC., A FLORIDA-BASED NONPROFIT CORPORATION (REGISTRATION NO. CH202), MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 1-800-HELP-FLA (435-7352) WITHIN THE STATE OR VISITING THEIR WEBSITE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. DCF License #: C04DU0213

**Proselytization** The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds.

**JCA Member Code of Conduct** The JCA is committed to providing a safe and welcoming environment for all members and guests. To promote safety and comfort for all, we ask individuals to act appropriately at all times when they are in our facility or participating in our programs. We expect persons using the JCA to behave in a considerate and responsible way and to respect the rights and dignity of other members, guests and staff. Our Code of Conduct outlines actions that are deemed inappropriate. These include but are not limited to: inappropriate attire—appropriate attire in keeping with the values of the JCA must be worn at all times; angry or vulgar language, including swearing, name-calling or shouting; physical contact with another person in any angry or threatening way; any demonstration of sexual activity or sexual contact with another person; harassment or intimidation by words, gestures, body language or any menacing behavior; theft or behavior that results in the destruction of property; carrying or concealing any weapons or devices or objects that may be used as weapons with the exception of law enforcement professionals; using or possessing illegal chemicals (drugs) on JCA property, in JCA vehicles or at JCA sponsored programs; using or possessing alcohol on JCA property, in JCA vehicles or at unsanctioned JCA sponsored programs; any other conduct of an inappropriate, threatening or offensive nature. Loitering is not permitted in or outside the JCA. Use of all tobacco products, smoking (including e-cigarettes) is not permitted in or outside the JCA. The JCA and its property is a smoke-free/ tobacco-free environment. The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds. In addition, the JCA reserves the right to deny access or membership to the following persons: registered sex offenders; those accused/convicted of sexual abuse crimes; those accused/convicted of crimes relating to the sale/use/possession/transportation of narcotics, habit forming and/or dangerous drugs; those excessively or continuously using intoxicating beverages, narcotics or dangerous drugs. The JCA maintains a no tolerance policy concerning all of the above. Members and guests are encouraged to be responsible for their personal comfort and safety and to ask any person whose behavior threatens their comfort to refrain from that behavior. If a member or guest feels uncomfortable in confronting the person directly, they should report the behavior to a staff person or the manager on duty. Good personal hygiene, including the appropriate use of deodorant, is expected as a consideration to other members. JCA staff members are eager to be of assistance. Members and guests should not hesitate to notify a staff member if assistance is needed. In order to be able to carry out these policies, we ask that members and guests identify themselves to staff when asked. The Executive Team will investigate all reported incidents. Suspension or termination of JCA membership privileges may result from a determination by the Executive Team if in their discretion a violation of the JCA Member Code of Conduct has occurred.

Shalom Friends,

As we celebrate spring and the season of renewal leading to Passover, I am honored to reflect on our accomplishments and share more about what is happening at the JCA in the coming months.

Nicole Brown



We time-traveled to the 1950s at *Jax to the Future* to have the party of the year at the *J-Sea-A* in February. Our committee led by Jill and Sam Stromberg didn't miss a beat, as the creativity and libations from Chef's Garden Catering & Events and Manifest Distilling made it a night we will never forget! *Todah Rabah!* Thank you! Each year 100% of the proceeds from our annual fundraiser are put toward scholarship funds at the JCA, which allows us to continue in our mission to assist individuals and families in our community.

The Berman Family JCA Concert Series brings world-renowned musicians to our JCA thanks to the generosity of the Berman Family. The series continues with Australian Guitar Duo, Ziggy and Miles, on Sun, Mar 30, and Pianist Chaeyoung Park on Sun, Apr 6. Both concerts start at 3 pm in the Bessie Setzer Frisch Auditorium; more details are on page 6.

Our Jewish community-wide events to honor Israel's National Days begin on Tue, Apr 22, as we host a tour of "Histories in Hand-Symbols of Resilience, Survival and Enduring Hope," at The LJD Jewish Family & Community Services. We will celebrate *Yom Ha'Atzmaut*, Israel's 77th Independence Day, on Sun, May 4 at the Temple. We are proud to recognize Israel's National Days with community *Shaliach* Oren Pery and our partners; please turn to page 7 for more details.

Before we know it the school year will be over and we will be getting ready for JCamp! If you have not already, register your children for a summertime of fun and friendship with us. Some of my boys' favorite memories are from their days at JCamp and the friends they met along the way. With more than 100 JCamp programs available for all ages and interests, a quick visit to [jcjax.org/jcamp](http://jcjax.org/jcamp) will help you find the right program for your children.

A 20-year tradition at the JCA, our Send A Kid campaign needs your support so we can provide children throughout Northeast Florida experiences like JCamp and participation in the JCC Maccabi Games®. Every dollar raised helps us create a summer of Jewish connections, friendships, and unforgettable memories for children. Read more on page 14 and consider a donation to Send A Kid.

Seeing construction progress every time I visit the JCA is thrilling! I know the upgrades and renovations are fulfilling the vision our founders intended. Every Brick Counts; learn how you can buy a brick with your family name on the back cover of this Program Guide, or visit [jcjax.org/campaign](http://jcjax.org/campaign).

I am honored to serve our beautiful community; I hope you are as excited as I am for the future of our agency,

*Nicole S. Brown*

Nicole Brown  
Board Chair

**BOARD OF TRUSTEES**

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\*Of Blessed Memory

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- Development.....Kendall Valliere, ext. 231
- Early Childhood.....Natalia Fisher, ext. 242
- Facilities Management.....Cal Barker, ext. 238
- Fitness & Wellness.....Karen Cataldo, ext. 324
- J Institute.....Heather Terrill, ext. 265
- Marketing.....Chelsea Jarrell, ext. 334
- Membership.....Chris Turner, ext. 257
- Sports & Rec.....Alex Minardi, ext. 254
- Theatre.....Shelly Hughes, ext. 252
- Youth Services.....Evan McInnis, ext. 249

**JCA HOLIDAY HOURS**

**Passover**

- Sat, Apr 12 ..... 1 pm - 5 pm
- Sun, Apr 13..... Closed
- Mon, Apr 14 ..... 1 - 9 pm
- Fri, Apr 18..... 5:30 am - 5 pm
- Sat, Apr 19 ..... Closed
- Sun, Apr 20 ..... 1 - 6 pm

**Memorial Day**

Mon, May 26 ..... 8 am - 5 pm

**Shavuot**

- Sun, Jun 1..... 8 am - 5 pm
- Mon, Jun 2 ..... Closed
- Tue, Jun 3..... 1 - 9 pm

**Independence Day**

Fri, Jul 4 ..... 8 am - 5 pm

**JCA BUILDING HOURS**

- Sun ..... 8 am - 6 pm
- Mon - Thu ..... 5:30 am - 9 pm
- Fri ..... 5:30 am - 5 pm
- Sat. .... 1 - 6 pm



**Heather Terrill**

J Institute Director  
(904) 730-2100 ext. 265



**Rachel Sandler**

J Institute Assistant Director,  
Jewish Education  
(904) 730-2100 ext. 271



**Traveling Diner Dinner Club**

Delight your taste buds and enjoy great company as we experience Jacksonville's best restaurants. Your meal is at your own expense. Registration is required. Locations will be emailed to you upon registration

Tue | 6 pm  
Apr 15, May 20, Jun 10, Jul 22 or Aug 26  
\$5 | Free for valued members

**Uncomfortable Conversations with a Jew Part II**

Join us for this ongoing series with our Israeli Community *Shaliach* Oren to continue the discussion on the book *Uncomfortable Conversations with a Jew*. Bring an open mind and be ready to participate and listen to the conversations.

Tue, May 6 | 7 pm  
Free to the community



Scan the QR code to discover more about our J Institute programs.



Scan the QR code to discover more about our Jewish Culture/Education programs.

**Open Game Play**

Bring your friends and make new ones while playing Mah Jongg, Canasta or Rummikub. This is a weekly open play with no instructor. Gameboards are provided.

Thu | 1 - 3 pm  
Apr 3 - May 29  
Free to the community

**Let's Do Lunch**

Meet us to socialize and dine. Your meal is at your own expense. Registration is required. Locations will be emailed to you upon registration.

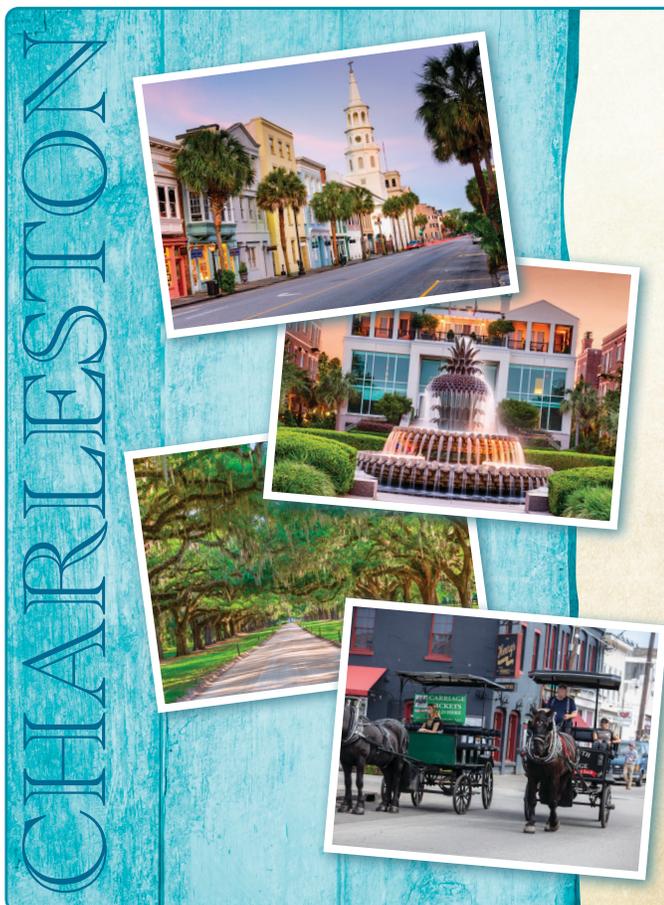
Fri | 11 am  
Apr 11, May 16, Jun 6, Jul 11 or Aug 8  
\$5 | Free for valued members



**Hebrew 202**

Do you already know the *alef bet* and want to take it a step further? This class will help you start to learn Hebrew vocabulary and conversation. Book purchase is required. Must register by Mar 24.

Mon | 7 - 8:30 pm  
Apr 14 - Jun 16  
No class May 26 or Jun 2  
\$150 | Valued member \$100



Pack your bags and join us for a long weekend away as the J heads to **Charleston, South Carolina!** We will explore the rich history of the city and dine at some local favorites while making new friends. Transportation from the JCA, hotel accommodations, tour fees, and breakfast are included in pricing.

Apr 25 - 28  
\$1,500 single room | \$875 double room per person  
Reserve your spot today with a \$350 non-refundable deposit; remaining balance is due by Mar 20.  
Please email Heather with questions,  
[heather.terryll@jcjax.org](mailto:heather.terryll@jcjax.org).

## A TASTE OF ISRAEL *with*



You're invited on a culinary journey with The Spice Detective, Chef Yaniv Cohen, as we explore the rich flavors of Israel.

While tasting and mixing your own spice blends, you will learn how to properly use them in dishes to enhance your cooking while learning about the amazing properties and health benefits of the spices.

This evening includes food demos, food tastings, two drink tickets (beer/wine), your own spice blend to take home, and a meet-and-greet book signing with Chef Yaniv Cohen. Books will be available for purchase at the event.

**TUE, APR 8 | 7 PM at the JCA**  
\$18 | Open to the community

This program is proudly supported by the Israel Engagement Fund: A JCC Association of North America Program Accelerator and the Ministry of Diaspora Affairs.

## 904 ART EXPLORATION & LUNCH

Join us as we tour some of Jacksonville's Cultural Arts resources. We will enjoy lunch at a local eatery following our tours. Transportation is provided; lunch is at your own expense.

### The Cummer Museum

Featuring the traveling exhibit, *Knowing the West*, which embraces and examines perceptions of the American West as more inclusive, complex, and reflective of the diverse people who contributed to art and life there.

Wed, May 14 | 10 am

\$45 | Valued member \$30

### MOCA

Highlighting The Armory South. The 1924 Jacksonville Woman's Club Exhibition Rediscovered, reassembles core works from the Modernist exhibition mounted in March 1924 by the club and the newly founded Jacksonville Fine Arts Society, now known as MOCA.

Tue, Jun 17 | 10 am

\$30 | Valued member \$20

### Florida Mining Gallery

Established in 2011, this is a dynamic space dedicated to contemporary art, focusing on emerging and mid-career artists.

Tue, Jul 15 | 10 am

\$23 | Valued member \$15



## VANDROFF ART GALLERY

**Bev Ulrich**  
Apr 3 - Apr 30

**Keith Riggs**  
May 1 - May 28

**Jacksonville Coalition of Visual Arts**  
May 29 - Jun 25  
Reception: Thu, May 29 | 6 - 8 pm

**Vicky Lennon**  
Jun 26 - Jul 30  
Reception: Thu, Jun 26 | 6 - 8 pm

**Susan Schuenke**  
Jul 31 - Aug 26

For details on exhibiting or the upcoming artist schedule, call Heather at ext. 265 or email at [heather.terrell@jcjax.org](mailto:heather.terrell@jcjax.org).



**Ziggy and Miles,**  
Guitar Duo  
Sun, Mar 30 | 3 pm

**Chaeyoung Park,**  
Piano  
Sun, Apr 6 | 3 pm



The Berman Family JCA Concert Series is free and open to the entire community thanks to the generosity of the Berman family.

Scan the QR code to visit [jcjax.org/concert-series](http://jcjax.org/concert-series) for more details.



## Monthly Member Mitzvah

**April** - Write letters to be placed in the *Kotel* in Israel.

**May** - Donate food items and make cards for First Coast Blue Star Mothers in honor of National Military Appreciation Month.

**June** - Participate in the JCA's annual school supply drive to benefit LJD Jewish Family & Community Services.

**July** - Bring in your aluminum can tabs for the Ronald McDonald House of Jacksonville.

**August** - Support the Sulzbacher Center with full-size body wash and soap donations.

Please bring all **Monthly Member Mitzvah** donations to the Traditions Cart in the JCA lobby.



## Summer Mitzvah on the Road

We are going to the LJD Jewish Family & Community Services' Max Block Food Pantry to help unpack food, stock shelves, and make packages of food. Individuals and families with children 8 years and older can join. For details, please contact Rachel at [rachel.sandler@jcjax.org](mailto:rachel.sandler@jcjax.org). The LJD Jewish Family & Community Services, 8540 Baycenter Road  
Free to the community



## Model Matzah Bakery

Join us for an experience in making *matzah*! From grinding wheat kernels into flour, to mixing water and flour, kneading the dough, and baking in under 18 minutes - children will have fun while discovering the significance of *matzah* in Jewish tradition! This program is in partnership with Chabad of Jacksonville. Register by Mar 16.  
Sun, Mar 30 | 12:30 pm  
Chabad of Jacksonville  
10129 Haley Road  
\$27 | Valued member \$18  
Cost is per family



Bring your family to learn about fire safety in honor of *Lag B'Omer*. This program is in partnership with The Center, PJ Library and Jewish Federation & Foundation of Northeast Florida.

**Fri, May 9 | 4 pm**  
 Jacksonville Jewish Center (The Center), 3662 Crown Point Road  
 Free to the community



### Ice Cream Fun for Shavuot

All ages welcome to meet us at Milkster Nitrogen Creamery Jacksonville to find out how they make ice cream. Milkster is a unique ice cream experience using liquid nitrogen to instantly freeze the creamy ice cream. They believe dessert can change the world by donating a cup of clean water for every cup of ice cream sold. Ice cream purchase is at your own expense. A Kosher ice cream option will be available.

**Wed, Jun 4 | 6 pm**  
 Milkster Nitrogen Creamery  
 3853 Hendricks Avenue  
 Free to the community

### Jacksonville Jewish Heritage Bus Tour

Mark your calendars for August, more details about our upcoming bus tour will be announced soon.

\$38 | Valued member \$25

# ISRAEL'S NATIONAL DAYS

With our Israeli Community *Shaliach* Oren Pery. These programs are in partnership with The Jewish Federation & Foundation of Northeast Florida and our community partners.

## The Frisch Family Holocaust Memorial Gallery Tour

In commemoration of *Yom Ha'Shoah*, Holocaust Remembrance Day, tour the new exhibit in The LJD Jewish Family & Community Services Frisch Family Holocaust Memorial Gallery, "Histories in Hand-Symbols of Resilience, Survival and Enduring Hope."

**Tue, Apr 22 | 10 am**  
 The LJD Jewish Family & Community Services, 8540 Baycenter Road  
 Free to the community

## Yom Ha'Shoah Remembrance Ceremony

The community-wide Holocaust Remembrance Day ceremony will honor those lost in the Holocaust, survivors, and their families in the Jacksonville area.

**Wed, Apr 23 | 7 pm**  
 Beth El-The Beaches Synagogue, 288 N. Roscoe Blvd, Ponte Vedra Beach  
 Free to the community

## Yom Ha'Zikaron Ceremony

Come together for the Memorial Day for Fallen Soldiers of Israel and Victims of Terrorism. Join Israeli Emissary, *Shaliach* Oren Pery for an inclusive, community-wide *Yom Ha'Zikaron* program. This program is funded in part by the *Yamim* Grants, *Mit-Habrim* | Connections funding initiative, a partnership between the JCC Association of North America and the Israeli Government's Ministry for Diaspora Affairs and Combating Antisemitism.

**Tue, Apr 29 | 7:30 pm**  
 Jacksonville Jewish Center (The Center), 3662 Crown Point Road  
 Free to the community

## Yom Ha'Atzmaut Community Celebration

Celebrate *Yom Ha'Atzmaut*, Israel's 77<sup>th</sup> Independence Day, as a community. Enjoy family fun including arts and crafts, face painting, a bounce house, Kosher food, and educational information about Israel and its technology. There is something planned for everyone!

**Sun, May 4 | 12 - 3 pm**  
 Congregation Ahavath Chesed (The Temple), 8727 San Jose Blvd  
 Free to the community



**Jewish Federation & Foundation**  
 of Northeast Florida  
 Shlichut Program



**Faye Hedrick**

J Experience Coordinator  
(904) 730-2100 ext. 247



Scan the QR code to discover more about our J Experience programs.



Our JCA is headed your way, through a variety of time-tested, pop-up experiences, including health and wellness, education about Israel, and fun events surrounding our Jewish holidays. We are excited to bring JCA programming to your neighborhood.

**Oy Yay - The Joys of Yiddish**

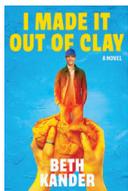
These sessions are guaranteed to be *Ah bruch uf dein kup!* A blessing on your head! We will be joined by facilitator Suzie Becker for each session. Program locations will be emailed to you upon registration.

Fri | 10 am  
Mar 28, Apr 25 and May 23

**That's a Novel Idea**



Join us to meet Jewish Book Council Authors virtually and learn about their books.



**I Made It Out of Clay**

Author Beth Kander, joins us virtually to share her novel, *I Made it Out of Clay*.  
Thu, Apr 3 | 12 pm  
Happy Brew, 3200 Hendricks Ave

Stay tuned! The next book will be announced at the April meeting.

**Thu, May 15 | 10 am**  
Delicomb, 102 6th Ave N.  
Jacksonville Beach

**Wed, Jun 25 | 10 am**  
Bitty & Beau's Coffee,  
1965 San Marco Blvd  
Free to the community



**Book Discussion: Uncomfortable Conversations with a Jew**

Meet us at The Players Community Senior Center in Ponte Vedra Beach for a discussion about Emmanuel Acho and Noa Tishby's book, *Uncomfortable Conversations with a Jew*.

Thu, Apr 10 | 11 am - 12 pm  
The Players Community Senior Center  
175 Landrum Lane, Ponte Vedra Beach  
Free to the community



**Teen Mitzvah Project Around Town**

Grades 7 - 11  
*Tikkun Olam!* Calling all teens in Jacksonville - help us repair the world! Join us for a *mitzvah* to help our military.  
Sun, Apr 27 | 12:30 pm  
Free to the community

**Full Moon Rosh Chodesh Yoga**

Practicing yoga during a full moon gives us the timely opportunity to refresh, rejuvenate, and release built up tension and stress. Join our JCA's expert yogis and leave with a feeling of grounding and fulfillment.  
Sun, Apr 27 | 6:30 - 7:45 pm  
Tue, May 27 | 6:30 - 7:45 pm  
Wed, Jun 25 | 6:30 - 7:45 pm  
Museum of Science & History (MOSH)  
Bryan-Gooding Planetarium, 1025 Museum Circle  
\$10 for individual | \$18 for duo

Location information and updates about J Experience classes will be published on [jcjax.org](http://jcjax.org). If you have questions or have an idea about how the JCA could come your way, send Faye an email at [faye.hedrick@jcjax.org](mailto:faye.hedrick@jcjax.org).



**FUN, FRIENDS,  
AND UNFORGETTABLE  
MEMORIES AWAIT.**  
PROGRAMS FOR AGES 2 AND UP



**SCAN TO VISIT  
JCAJAX.ORG/JCAMP  
AND REGISTER TODAY!**

**EMBRACE THE MOMENTS,  
CHERISH THE TIME**



**TEAMWORK**



**INSTILLING SELF-CONFIDENCE**



**MAKING A DIFFERENCE**



**EMPATHY**



**FAMILY Fun DAY!** *Come to the JCA to celebrate the holidays!*

We will host Family Fun Days on Memorial Day and Independence Day this year! Join us pool-side for our world-famous hot dogs, watermelon, sno-cones, and plenty of fun by the pool!

**11:30 am - 2:30 pm**  
**Mon, May 26 and Fri, Jul 4**  
**Free to valued members**

**Cardboard Boat Regatta**

Get your homemade boats ready as our famous Cardboard Boat Regatta returns this Memorial Day!

Please register your vessels by May 16.  
**Mon, May 26 | 11:30 am - 2:30 pm**  
**Free to valued members**





**Natalia  
Fisher**

Early Childhood Director  
(904) 730-2100 ext. 242



Scan the QR code to  
discover more about our  
Early Childhood programs.



**Cooking Around the World  
(3 - 6 yrs)**

Children will cook and taste foods inspired from around the world! Children will bring home a keepsake cookbook at the end of the session.

Tue | 3:30 - 4:15 pm or 4:30 - 5:15 pm  
Apr 8, 22, 29, May 6, 20 and 27  
\$105 | Valued member \$70



**Holiday Cooking  
(3 - 6 yrs)**

Join us for cooking experiences that celebrate the flavors of traditional Jewish holiday meals and treats.

Fri | 3:30 - 4:15 pm  
Apr 11 | Passover  
May 2 | Yom Ha'Atzmaut  
\$23 | Valued member \$15

# Parent & Me

**Make Music (12 mos - 3 yrs)**

Sing, dance, and play with your child. Learn new songs and activities that will encourage your child's development in areas such as communication, literacy, gross motor movement, and math.

Mon | 11 - 11:45 am  
Apr 21, 28, May 5 and 12

**Sensory Sensations (12 mos - 3 yrs)**

Experience messy morning fun! Sensory play allows children to engage in activities that promote self-regulation, communication, motor skills, and creativity

Tue | 10 - 10:45 am  
Session I: Apr 1, 8, 22 and 29  
Session II: May 6, 20 and 27

**Stroller Fit (Birth - 3 yrs)**

Bond with your child while building core strength, toning muscles, and improving your posture. All stroller-based exercises blend barre, Pilates, yoga, and power walking.

Tue | 12 - 12:45 pm  
Apr 1, 8, 22, 29, May 6, 13, 20 and 27

**Story Time (12 mos - 3 yrs)**

Promote your toddler's early language and literacy development through reading, singing, storytelling, and other open-ended activities. Talking, reading, and singing with your child each day is an excellent way to bond and promote all areas of child development.

Wed | 11 - 11:45 am  
Session I: Apr 2, 9, 23 and 30  
Session II: May 7, 14, 21 and 28



**Baby Sign (Birth - 2 yrs)**

Learn basic American Sign Language that you and your child can use through songs, stories, and open-ended play experiences! Signing with children may help to enhance early communication skills, reduce frustration, and strengthen relationships.

Thu | 10 - 10:45 am  
Apr 10, 24, May 8 and 22

**Baby & Me (Birth - 12 mos)**

Strengthen your bond with your baby through singing, reading, and playing! This group will help nurture your infant's development, encourage bonding moments, and build your confidence as a caregiver.

Fri | 11 am - 12 pm  
Session I: Apr 4, 11, 25 and May 2  
Session II: May 9, 16, 23 and 30

**Tot Shabbat (12 mos - 3 yrs)**

Join us for Shabbat experiences in a playgroup setting centered around Jewish holidays.

Fri | 11 - 11:45 am  
Apr 11 | Passover  
May 2 | Yom Ha'Atzmaut

**FREE TO THE COMMUNITY**

Advance registration is required. Please contact Acadia Moore by email, [acadia.moore@jcajax.org](mailto:acadia.moore@jcajax.org) or call ext. 259.

## Baby Bear Ballet

**Ages 3 (by 9/1/2024) - 5**

Little dancers learn the basics of ballet with their ballet buddy! This beginner's class is a fun and relaxed introduction to ballet. Each dancer will receive their very own ballet bear or bunny. We use our ballet buddies to help us with posture and arms. Dancing is so much fun - but it is crazy fun when you dance with a buddy!

Mon | 3 - 3:30 pm

Mar 24, 31, Apr 7 and 21

\$108 | Valued member \$72

## Zoe's Hippy Hop Move & Groove

**Ages 4 (by 9/1/2024) - 5**

Young dancers learn different types of movement characterizations to develop imagination and movement quality in this enrichment class. Students will participate in a variety of exercises and dances that teach listening skills (responding to the tempo and mood of the music), levels (high, medium, low) and direction.

Tue | 1 - 1:30 pm

Mar 25, Apr 1, 8 and 22

\$78 | Valued member \$52

## Fit for Broadway Jr

**Ages 3 (by 9/1/2024) - 5**

Designed especially for our younger dancers, kids will jump, twist, shimmy and shake in this aerobic style dance class! We will dance and sing to our favorite upbeat songs while we build our strength, stamina and coordination.

Tue | 3 - 3:30 pm

Mar 25, Apr 1, 8 and 22

\$78 | Valued member \$52

## Fit for Broadway

**Grades K - 8**

An hour of dancing, jumping, twisting and bopping to get fit for Broadway, kids will be on their way to better health in this high energy, fun-filled class! We will jam to our favorite upbeat show tunes with hip-hop, jazz, salsa and more! This class guarantees sweat, sweat, sweat, while having fun, fun, fun!

Tue | 4 - 5 pm

Mar 25, Apr 1, 8 and 22

\$78 | Valued member \$52

## Zoe's Clubhouse

**Ages 4 (by 9/1/2024) - 5**

This creative class takes your little one on a new adventure sketch each week! Children explore their imagination while teaching social skills, teamwork and coordination in a fun, creative environment! This is one of our JCA's most popular classes - do not miss out!

Wed | 1 - 1:45 pm

Mar 26, Apr 2, 9 and 23

\$108 | Valued member \$72

**Shelly Hughes**

Theatre Director

(904) 730-2100 ext. 252



Scan the QR code to discover more about our Theatre programs.

## NEW! Zoe's Acting Out

**Age 3 (by 9/1/2024)**

This beginning acting class is designed especially for 3 and 4 year olds to stretch their imaginations by playing acting games and creating characters they dream up!

Wed | 3 - 3:30 pm

Mar 26, Apr 2, 9 and 23

\$78 | Valued member \$52

## Zoe's Alumni

**Grades K - 2**

This class lets our Zoe's gang go further into their adventures. During each class the Alumni gang will learn about different cultures, geography, myths and legends! If your child has an active imagination and a sense of adventure, this is the class for them!

Wed | 4 - 4:45 pm

Mar 26, Apr 2, 9 and 23

\$108 | Valued member \$72

## Zoe's Express Yourself

**Ages 3 (by 9/1/2024) - 5**

This creative class is designed for anyone that loves painting and art. We will read a different classic children's story each week and then our little artists will go up on stage and paint "set pieces and props" for the story we just read.

They will exercise their imaginations while learning to work as a creative team as we bring each story to life.

Thu | 3 - 3:30 pm

Mar 27, Apr 3, 10 and 24

\$90 | Valued member \$60

### THE LITTLE MERMAID

**Grades 1 - 9**

**Auditions**  
Thu, Mar 13 | 4 pm

**Rehearsals**  
Mon and Thu | 4 - 6 pm  
Start Mar 20

**Show Dates**  
May 4 | 1 and 4 pm  
May 11 | 1 and 4 pm

**Recital Fee**  
\$315 | Valued member \$210

No fees will be collected until after the cast list is posted.



**Evan McInnis**

Youth Services Director  
(904) 730-2100 ext. 249



Scan the QR code to discover more about our Youth Services programs.



## Chopped!

**Grades K - 9**

Learn to whip up tasty entrees and side dishes for every occasion. This cooking class will teach your children new skills as we try different foods and learn how to make a meal to impress!

**Grades 4 - 9**

Tue | 4:15 - 5:30 pm  
Apr 8, 15, 22 and 29

**Grades K - 3**

Wed | 4:15 - 5:30 pm  
Apr 9, 16, 23 and 30  
\$78 | Valued member \$52

## Parent's Night Out

**Grades K - 5**

We have the kids covered for your special night out! Send the kids to the JCA. Children will eat a kosher dinner, play games and watch a movie.

Mon, May 5 | 6 - 9 pm  
\$30 | Valued member \$20

## Mother's Day Surprise

**Grades K - 5**

Calling all kids! Let's make mom a special Mother's Day surprise together. All materials will be supplied and participants will leave with a wrapped gift for mom.

Thu, May 8 | 4:15 - 5:15 pm  
\$30 | Valued member \$20

# Just for Teens!

**Grades 6 - 11**

We are planning days full of adventure; a special time out of the house and off campus just for your teenagers.

## Full Day Teen Excursion | Ichetucknee

**Grades 6 - 11**

Join us for one of our most popular summer excursions during Duval County Public Schools' Spring Break! We will depart early in the morning for Ichetucknee Springs State Park for an afternoon of tubing as we welcome the return of warmer weather!

Fri, Mar 21 | 8 am - 4 pm  
\$68 | Valued member \$45



## Top Golf Teens

**Grades 6 - 10**

Grab the clubs and embrace your inner *Happy Gilmore* for our outing to Top Golf. This is a program just for tweens and teens. Join us to celebrate the school year!

Sun, May 4 | 1 - 4 pm  
\$60 | Valued member \$40



## Teen Mitzvah Project Around Town

**Grades 7 - 11**

*Tikkun Olam!* Calling all teens in Jacksonville - help us repair the world! Join us for a *mitzvah* to help our military.

Sun, Apr 27 | 12:30 pm  
Free to the community

## Monthly Mitzvot

**Grades 7 - 11**

Inspire and empower your teen to make a positive impact on the community one *mitzvah*, good deed, at a time leading to many *mitzvot* this season. Volunteer hours are earned during these events. Registration is required; contact Evan at ext. 249 for more information.

Sun | 12:30 - 4 pm  
May 18  
Free to the community

## J-Cation Days

**Grades K - 8**

On days when school is closed, your child can explore, create, learn, and have FUN with friends at the JCA. Children participate in a variety of sport, STEM, and other creative activities throughout the day. For specific pricing, availability and more information, please call the Registrar's Office at (904) 730-2100 ext. 228.

## Spring Break JCamp:

Mar 17, 18, 19, 20, 21 and 24

## Spring J-Cation Days:

Fri, Apr 18

## J-Cation Day Spring Field Trips

**Grades K - 8**

Your child is invited to join us for these supplemental field trips at an additional cost during Spring Break JCamp and our J-Cation Days.

Tue, Mar 18 | Jacksonville Zoo  
Thu, Mar 20 | Adventure Landing  
Fri, Apr 18 | Ice Skating  
\$63 | Valued member \$42



# After School



# Study Central

**After School - Grades K-5**  
**Mon - Fri | 2:30 – 6 pm**

Have your children end their day at the JCA! The biggest complaint we hear at is that children do not want to leave! Our After School Program will nurture, encourage and stimulate your child's interests through a variety of activities in a positive environment children love!

**Study Central - Grades 6-8**  
**Mon - Fri | 2:30 – 6 pm**

Study Central is designed with quality and flexibility in mind for preteens and teens to support socialization, independence, and responsibility, in a supervised environment after school. Daily snack, Wi-Fi, laptop access and homework assistance are available. Choose two, three, or five days per week.



 **Free transportation from select schools with minimum enrollment.**

- ✓ Beauclerc Elementary
- ✓ Duval Charter School at Baymeadows
- ✓ Hendricks Avenue Elementary
- ✓ LaVilla Middle School
- ✓ Loretto Elementary
- ✓ Mandarin Oaks Elementary School
- ✓ Martin J. Gottlieb Day School
- ✓ Seaside Charter Elementary School
- ✓ River City Science Academy Innovation
- ✓ River City Science Academy Mandarin

**For availability and to register for the 2025-26 school year, call (904) 730-2100 ext. 228.**



**Kendall  
Sisisky Valliere**

*Development Director*  
(904) 730-2100 ext. 231



Scan the QR code to discover more about how you can help the JCA support our community.

Change is in the air at the JCA but our favorite traditions are not going anywhere. Through the Building Our Future Together Campaign, we are making them even better!

As we prepare to open our newly renovated and enhanced Youth Services area and the future JCamp home base, please help us ensure that every child can experience all we offer at the JCA.

Celebrating decades of providing fulfilling summer experiences to children, donations to the **Send A Kid** campaign help local families afford opportunities like JCamp and the JCC Maccabi Games®, the world's largest Jewish youth sporting event.

From the exhilarating JCC Maccabi Games®, where teens build confidence, resilience, and Jewish pride through competition and camaraderie to the magic of summer camp, where children explore, grow, and form lifelong friendships - these experiences shape the next generation.

We create a summer filled with adventure, learning, and connection - one that every child deserves. Your generosity makes these opportunities possible. Give today to ensure that children in Northeast Florida can take part in these life-changing experiences.



**HELP US SEND A KID!**

Please email Kendall Sisisky Valliere at [kendall.valliere@jcjax.org](mailto:kendall.valliere@jcjax.org) for more information or if you have questions. Scan the QR code to make a donation today.





# JAX TO THE FUTURE THE ANNUAL FUNDRAISER

## **GREAT SCOTT, WE HAD A BLAST!**

Thanks to our incredible committee led by chairs Jill and Sam Stromberg, we time-traveled to the 1950s to have the party of the year at the J-Sea-A at Jax to the Future. There was even a DeLorean on site to help us set the scene.

*Todah Rabah!*

Thanks to the extraordinary creativity from Chef's Garden Catering & Events, and futuristic libations from Manifest Distilling, we *hit 88 mph* and didn't turn back! Each year 100% of the funds from our annual fundraiser are put toward scholarship funds for membership and the Michele Block Gan Yeladim Preschool & Kindergarten at the JCA. The generosity of our sponsors and donors allows us to assist individuals and families in our community who rely on the services we provide.

### **SPONSORS**

Scot and Alex Ackerman | Rachel and Kevin Algee | Anonymous | Suzie and Ben Becker | Berman Family Foundation  
 Hilary and Herschel Bettman | Block Family | Deborah and Lathun Brigman | Rachel and Colman Brodsky | Harriet and Ernie Brodsky  
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 Brenda and Eugene Wolchok | Susan and Stephen Wolchok | Randy Kammer and Jeff Wollitz | Zimmerman Family



*\*Of Blessed Memory  
As of 2/17/2025*

### **CHAIRS**

Jill and Sam Stromberg

### **COMMITTEE**

Gigi Ackerman Schwartz | Rachel Algee | Nicole Brown | Regina Chaskin | Sunny Gettinger | Amanda McKnight  
 Stephanie Palazzolo | Ryan Saltz | Kimberly Sisisky | Lior Spring | David Thompson

Our sincerest thanks to Rabbi Yaakov Fisch for his guidance.



**Magan Maddox**

MPH, CHES®  
Wellness Coach  
(904) 730-2100 ext. 333



**Expert Chat:  
Road to Wellness**

Join Magan Maddox, MPH, CHES®, Wellness Coordinator, at the Baptist Wellness Center Mandarin in this six-part series that will give you the tools to enhance your well-being. Road to Wellness focuses on stress management, physical activity, sleep, nutrition, and other ways to help exemplify your best self.

Tue | 11:30 am - 12:30 pm  
Apr 1, 8, 15, 22, 29 and May 6  
Free to the community



**Physician Chat**

Join Respiratory Critical Care and Sleep Medicine Associates for an engaging session where one of their physicians will delve into the fundamentals of sleep. This talk will explore the importance of sleep, common sleep disorders, and practical tips for achieving better sleep health. Whether you're looking to enhance your sleep quality or gain deeper insight into this crucial aspect of well-being, this discussion will provide valuable knowledge and tools.

Tue, Jun 10 | 12 - 1 pm  
Free to the community



Scan the QR code to discover more about our Wellness Center programs.

**Meditation**

Learn to relax your body and mind, while using your breath. Enrich your compassionate outlook on life with a Wellness Coach from Baptist Health.

Mon and Fri | 11:35 am - 12:10 pm  
Free to the community

**Financial Wellness Education**

Baptist Health and Vystar@Work have partnered to bring you financial wellness education sessions throughout the year. This session focuses on how to spot scams and foil identity theft.

Thu, Mar 27 | 12 - 1 pm  
Free to the community



**Vision Screenings**

Join Baptist Health for a time dedicated to promoting eye health and ensuring clear vision for all members of our community. Vision is Priceless is offering free screenings and resources to help you maintain optimal eye health. Appointments and walk-ins are welcome. Stop by the Wellness Center for more details.

Tue, May 20 | 11 am - 1 pm  
Free to the community



**Yoga for Survivors**

Baptist MD Anderson Cancer Center and The Christina Phipps Foundation come together to provide cancer patients, survivors and caregivers a yoga adapted to fit their individual needs. The course, taught by an experienced yoga instructor, guides you through a range of motion and pain limitations with gentle and safe yoga practice.

Mon | 10 - 11 am  
Mar 31, Apr 7, 28, May 5, 12 and 19  
Free to the community



**Blood Drives at the JCA**

Our JCA is proud to partner with LifeSouth Community Blood Centers to host several community-wide blood drives. Walk-ins are welcome or make an appointment online.

Mon | 10 am - 5 pm  
Apr 21, Jun 16 and Aug 11  
JCA Donziger Media Library

**Baptist Health Virtual Classes:  
New Mothers Support Group**

Share your experience as a new mother from the comfort of your home. We will talk about our babies, ourselves - physical and emotional, what is working and not working, and how things are going.

**First Year Baby Safety Essentials**

This class will cover the most common injuries to babies in the first year, along with preventive childproofing measures. A first aid lecture and a demonstration of infant/child CPR and choking procedures are also included.

**Early Pregnancy Class**

Get a jumpstart on preparing for an amazing pregnancy. This pre-recorded virtual class provides up-to-date essentials for a confident and informed pregnancy. From myths to nutrition, fetal growth, do's and don'ts, how to get ready, and so much more, this class is ideal for women up to 24 weeks pregnant.

Visit [jcajax.org/fitness-wellness/BHWC](http://jcajax.org/fitness-wellness/BHWC) to learn more.



### Community Adult and Pediatric CPR/AED/First Aid

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies and how to respond to breathing and cardiac emergencies.

Sun, Apr 6 | 9 am - 12 pm

Registration is required by Mar 31.

Sun, May 4 | 12 - 3 pm

Registration is required by Apr 23.

\$60 | Free for valued members thanks to the Stephen and Jackie Goldman Family - CPR Save A Life Fund.



### Balance & Bones

Peter Joseph focuses this seminar on the vital connection between bone strength and balance in older adults. Emphasizing how bone health impacts stability and reduces the risk of falls, you will discover how weight-bearing and resistance exercises help improve bone density and enhance coordination, posture, and mobility. Registration is required by Sun, Apr 6.

Wed, Apr 9 | 11:45 am

Free to valued members

### Fitness Fueled Focus

Peter Joseph explores how incorporating fitness activities into your daily routine can boost productivity, focus, and overall work performance. Learn about the science behind exercise and its impact on energy levels, mental clarity, and stress management. Registration is required by Mon, Apr 21.

Thu, Apr 24 | 7:15 pm

Free to valued members

### Karen Cataldo

Fitness, Recreation and Wellness Director

(904) 730-2100 ext. 324



### How to Fall

Clint Neale will teach safe falling techniques for people who are at risk and for those who are caregivers. Learning how to fall can reduce the chances of serious injuries. Falling techniques instill habits and reflexes that can save you when you unexpectedly go down. Clint is offering two workshop options; registration is required by Thu, May 15 for both.

Sun, May 18 | 2:30 pm

Thu, May 22 | 1:30 pm

Free to valued members

### Hot Yoga

Experience a rejuvenating 90-minute workout in our Hot Yoga class, led by instructor Berta Pono. This class is where the heat enhances flexibility and detoxifies the body. Perfect for all levels to promote strength, balance, and mental clarity in a warm, energizing environment. Bring a mat, a towel to cover your yoga mat, and water. Register by Wed, May 14.

Sun, May 18 | 1 pm

\$60 | Valued member \$40

### Strength Training for Motherhood

Gisela Reis will guide you through safe and effective strength training exercises for before, during, and after pregnancy. Designed to support physical health and well-being at every stage of motherhood, this class empowers participants to build strength and recover safely with targeted workouts. Registration required by Fri, May 16.

Fri | 12 - 12:45 pm

May 23 - Jun 13

\$120 | Valued member \$80

### Golf Strength & Mobility Clinic

Grant Helm will help enhance your performance on the course by improving your strength, flexibility, and range of motion through targeted exercises. Registration is required by Tue, Jun 10.

Fri, Jun 13 | 8 am

Free to valued members

### Beshka Hoshall

Fitness Assistant Director

(904) 730-2100 ext. 267



Scan the QR code to discover more about our Fitness and Wellness programs.



### The JCA Walking Club

Calling all walkers! We want you to join the JCA Walking Club. JCA Walking Club members go at their own pace and build speed and endurance. Members walk on our JCA indoor track, on treadmills or anywhere safely outside. We also plan monthly walking meetups

#### Outdoor Walks

Tue | 10 am

Meet us at the following locations on the third Tuesday of every month.

May 20 | Landon Park, San Marco

Jun 17 | Avenues Mall

Jul 15 | Avenues Mall

Aug 19 | Avenues Mall

If you have questions, would like to join the club or register for any of our outdoor walks, please email Hollie Arnold, [hollie.arnold@jcajax.org](mailto:hollie.arnold@jcajax.org).

### Youth Sports Conditioning Clinic

Instructor Jimmy Normeus, helps children ages 10 - 16 develop strength, coordination, and agility through fun exercises. With a focus on teamwork and having fun, this class encourages a lifelong love of fitness and healthy movement. Registration is required by Wed, Aug 20.

Sat, Aug 23 | 4 pm

Free to valued members



## Alex Minardi

Recreation Assistant Director  
(904) 730-2100 ext. 254



Scan the QR code to discover more about our Sports and Recreation programs.

### Varsity Basketball League

Ages 15 - 18

Teams consist of eight players for five-on-five competition. No practices, just games. To register as a free agent, a team, or if you are interested in coaching, please email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org).

Tue | 6 - 9 pm

Mar 25 - May 20

No games Apr 15

\$111 | Valued member \$74

### Youth Basketball League

Ages 4 - 16

The JCA Youth Basketball League runs Mar 30 - May 25. Our mandatory skills evaluation for the 2025 JCA Basketball season was in February. Please email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org) to schedule a makeup evaluation or if you have questions. Youth Basketball divisions are based on age and skill. Practice is one night a week; game day is every Sunday at the JCA between 12 - 6 pm.

No games Apr 13 and Apr 20

\$173 | Valued member \$115

### Fast Freddy's Taekwondo Academy

Ages 3 - 13

Master Frederick Vescera shares the martial art of Taekwondo with our community. The exciting sport teaches a variety of kicks, strikes, and blocks while children build self-defense skills and have lots of fun. Students have the opportunity to move up in belts after certain criteria are met. Dobek purchase from Master Freddy is required.

Tue and Thu

Any belt color: Ages 3 - 6 | 4 - 4:45 pm

White/Yellow+ belt: Ages 7 - 13 | 5 - 6 pm

Spring Session: Apr 3 - May 27

Summer Session: Jun 10 - Aug 7

No class Jul 3 and 8

\$312 | Valued member \$208

### Willpower Basketball

Ages 5 - 12

Coach Will Holloman's basketball clinics allow players to reach their full potential in a fun-filled environment that challenges all to exceed personal limits and optimize the intangibles of the game.

Mon

Ages 5 - 8 | 5:30 - 6:30 pm

Ages 9 - 12 | 6:30 - 7:30 pm

Spring Session: Apr 14 - May 19

Summer Session: Jun 16 - Jul 21

\$141 | Valued member \$94

Private Lessons

Ages 13 - 18 | Private lessons available throughout the week.

For Private Basketball Instruction

please call Coach Alex at ext. 254 or email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org).



### Adult Basketball League

Teams consist of six players for four-on-four competition with a minimum of seven games. Email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org) for availability.

18+ Adult Basketball League

Wed | 6 - 9 pm

Spring Session: Apr 16 - Jun 25

Summer Session: Jul 9 - Sep 17

\$62 | Valued members only

25+ Adult Basketball League

Sun | 8:30 - 11:30 am

May 4 - Jul 13

Jul 27 - Sep 28

\$62 | Valued members only

### Open Pick Up Games

Ages 14+

Stay active on the court! Join us for our open pick up basketball games.

Sat | 1 - 3 pm

Free for valued members



### JCA Fencing Academy

This class helps fencers gain confidence through games, footwork, coordination, fencing drills and bouts.

Tue

Advanced: Ages 13+ | 6 - 7:30 pm

Spring Session: May 6 - Jun 24

Summer Session: Jul 15 - Sep 2

Wed

Beginner: Ages 4 - 12 | 5 - 6 pm

Intermediate: Ages 13+ | 6 - 7:30 pm

Spring Session: May 7 - Jun 25

Summer Session: Jul 16 - Sep 3

\$189 | Valued member \$126



### Youth Basketball Summer Developmental League

Ages 4 - 16

Coach Will Holloman helps children and teens develop their skills on the basketball court. Interested players complete the Mandatory Skills Assessment by age group on Sun, Jun 15 at the JCA.

Ages 4 - 6 | 12 pm

Ages 7 - 12 | 1 pm

Ages 13 - 16 | 2 pm

Games:

Sun | Jul 6 - 27

Games happen every Sunday. Exact game times are determined based on the number of players and divisions.

\$141 | Valued member \$94

# PRESCHOOL & YOUTH SPORTS CLINICS

## PRESCHOOL AGES 3 - 6

### LITTLE NINJA WARRIORS OBSTACLE COURSE

AGES 3 (BY 9/1/2024) - 6

Mon | 3:30 - 4:15 pm

Spring Session: Apr 14 - May 19

### SPORTS EXTRAVAGANZA

AGES 3 (BY 9/1/2024) - 6

Mon | 3:30 - 4:15 pm

Spring Session: Apr 14 - May 19

### TERRIFIC TUMBLERS GYMNASTICS

AGES 3 (BY 9/1/2024) - 6

Tue | 3:30 - 4:15 pm

Spring Session: Apr 15 - May 20

### LITTLE KICKERS SOCCER

AGES 3 (BY 9/1/2024) - 6

Tue | 3:30 - 4:15 pm

Spring Session: Apr 15 - May 20

### LITTLE HITTERS T-BALL

AGES 3 (BY 9/1/2024) - 6

Wed | 3:30 - 4:15 pm

Spring Session: Apr 16 - May 21

### LITTLE DRIBBLERS BASKETBALL

AGES 3 (BY 9/1/2024) - 6

Thu | 3:30 - 4:15 pm

Spring Session: Apr 17 - May 22

### TERRIFIC TUMBLERS GYMNASTICS

AGES 3 (BY 9/1/2024) - 6

Fri | 3:30 - 4:15 pm

Spring Session: Apr 18 - May 23

## YOUTH AGES 5 - 14

### SOCCER 101

AGES 5 - 10

Mon | 4:30 - 5:30 pm

Spring Session: Apr 14 - May 19

### JUNIOR GYMNASTICS

AGES 5 - 10

Tue | 4:30 - 5:30 pm

Spring Session: Apr 15 - May 20

### BASKETBALL 101

AGES 5 - 10

Tue | 4:30 - 5:30 pm

Spring Session: Apr 15 - May 20

### FLOOR HOCKEY

AGES 5 - 7

Thu | 5 - 6 pm

AGES 8 - 10

Thu | 6 - 7 pm

Spring Session: Apr 17 - May 22

\$111 | Valued member \$74



If you have questions about our sports leagues, clinics, teams and academies, becoming a coach or scheduling makeup evaluations, please email [alex.minardi@jcajax.org](mailto:alex.minardi@jcajax.org).



**Dustin Rulien**

Aquatics Director  
(904) 730-2100 ext. 417



Scan the QR code for information about our Aquatics programs, diaper policies and cancellations.

**Sensory Safe Swim Lessons**

Ratio 2:1 or 1:1 | All ages

This program is designed for swimmers with Autism.

Swim lessons are held in our quiet, indoor heated pool.

Sun | 4:30 - 5 pm or 5 - 5:30 pm

Spring Session | Apr 27 - Jun 1

5 pm lesson on Jun 1 is at 4 pm

Summer Session I | Jun 15 - Jul 20

Summer Session II | Aug 3 - Sep 7

\$150 | Valued member \$100

**Adult Group Swim Lessons**

Ratio 8:1 | 14+ yrs

This program is designed to encourage and introduce adults to swimming in a welcoming and comfortable environment.

Mon and Wed | 6:30 - 7 pm

Spring Session | Apr 7 - May 14

Summer Session I | May 21 - Jul 7

No lessons May 26

Summer Session II | Jul 14 - Aug 20

\$240 | Valued member \$160

**Private Swim Lessons**

All ages

Each lesson is 30 minutes in length; cost is per lesson.

\$60 | Valued member \$35

\$420 Eight lesson package | Valued member \$245

**Semi-Private Swim Lessons**

All ages (two people)

Each lesson is 30 minutes in length; cost is per person, per lesson.

\$40 | Valued member \$25

\$280 Eight lesson package | Valued member \$175

**Masters Makos Swim Team Practice**

Ages 18+

Relearn or refine your strokes in a fun-filled atmosphere with peers. Professional coaches guide swimmers at their own pace.

Mon | 5:45 - 6:45 am

Spring Session | Apr 28 - Jun 16

No practice May 26 or Jun 2

\$68 | Valued member \$45

Summer Session I | Jun 23 - Aug 11

\$90 | Valued member \$60

Wed | 7 - 8 pm

Spring Session I | Apr 30 - Jun 18

Summer Session I | Jun 25 - Aug 13

\$90 | Valued member \$60



**Summer Makos Swim Team**

Levels 5 - 6 | 5 - 18 yrs

Our summer-long competitive team

competes with the River City Swim League. Summer Makos continue Learn to Swim Levels 5 and 6. Registration includes a team shirt and swim caps.

Mon - Thu | May 1 - Jul 20

Ages 6 & Under | 4:30 - 5:15 pm

Ages 7 - 10 | 5:15 - 6:15 pm

Ages 11 - 18 | 6:15 - 7:15 pm

No practice May 26, Jun 2, Jul 16 and 17

\$300 | Valued member \$200

Meets only \$180 | Valued member \$120

**Summer Makos Team Kickoff Party**

Sun, Apr 6 | 2:30 - 4:30 pm

**NEW! Grown-up Makos Swim Team**

Ages 18+

Relive your glory days when you swam 25 yds and received mystery-flavored Airheads at the finish line. Do not let age get in the way! This laid-back swim league is low pressure with high-fun. Grab your friends and join today! Contact [dustin.rulien@jcjax.org](mailto:dustin.rulien@jcjax.org) for more details.

Jun 15 - Aug 17

Ages 18+ | 4:30 - 5:15 pm

\$180 | Valued member \$120



American Red Cross

**Licensed Training Provider**

**Community Adult and Pediatric CPR/AED/First Aid**

This course teaches students to recognize and care for a variety of first aid emergencies and how to respond to breathing and cardiac emergencies.

Sun, Apr 6 | 9 am - 12 pm

Registration is required by Mar 31.

Sun, May 4 | 12 - 3 pm

Registration is required by Apr 23.

\$60 | Free for valued members

thanks to the Stephen and Jackie Goldman Family - CPR Save A Life Fund.

**Red Cross-Certified Lifeguard Training**

Must be at least 15 years old and complete a swim-tread-swim sequence, swim 20 yds to retrieve a ten-pound brick from 7-10 feet of water in one minute and 40 seconds.

April | Register by Mar 30

Thu, Apr 10 and

Mon, Apr 14 - Thu, Apr 17 | 4 - 9 pm

May | Register by Apr 28

Thu, May 8 and

Mon, May 12 - Thu, May 15 | 4 - 9 pm

\$300 | Valued member \$200

**Red Cross-Certified Water Safety Instructor Training**

Become certified to teach parent and child aquatics, preschool aquatics, Learn-to-Swim, adult swim courses and water safety courses and presentations. Water Safety Instructor candidates must be 16-years-old on or before the last scheduled day of the course.

April | Register by Apr 16

Sun, Apr 27 | 1 - 6 pm and

Mon, Apr 28 - Thu, May 1 | 4 - 9 pm

\$300 | Valued member \$200

Email Dustin, [dustin.rulien@jcjax.org](mailto:dustin.rulien@jcjax.org) or call (904) 730-2100 ext. 417 for more information about American Red Cross Training Classes, Private, and Semi-Private Swim Lessons at the JCA.



Licensed Training Provider

# LEARN TO SWIM

## PROGRAMS AT THE JCA



### LEVEL 0

#### Parent & Me Ratio 8:1 | Ages 6 mos - 3 yrs

This program teaches parents how to work safely and effectively with children in the water. The program emphasizes fun and enjoyment, water adjustment, and preparatory activities for future swimming. Parent and Me aquatics is not designed to teach children to become good swimmers or even to survive in the water on their own. At least one adult must accompany the child in the pool.

#### Sunday Sessions

10 - 10:30 am

Spring Session | Apr 27 - Jun 1

Summer Session I | Jun 15 - Jul 20

Summer Session II | Aug 3 - Sep 7

\$150 | Valued member \$100

Pricing for Parent & Me program is per session.

### LEVELS 1 - 3

#### Preschool Aquatics Ratio 4:1 | Ages 2 - 3 and 4 - 5 yrs

Preschool through kindergarten children progress through swim levels while learning water safety and skills ranging from blowing bubbles to independent swimming. Children who successfully complete this program will be ready to begin Learn to Swim Level 3.

#### Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm,

1 - 1:30 pm or 2 - 2:30 pm

Spring Session | Apr 27 - Jun 1

Summer Session I | Jun 15 - Jul 20

Summer Session II | Aug 3 - Sep 7

\$150 | Valued member \$100

#### Weekday Sessions

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Spring Session | Apr 7 - May 14

Summer Session I | May 21 - Jul 7

Summer Session II | Jul 14 - Aug 20

Tue and Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Spring Session | Apr 8 - May 15

Summer Session I | May 22 - Jul 8

Summer Session II | Jul 15 - Aug 21

\$240 | Valued member \$160

Pricing for Preschool Aquatics program is per session.

### LEVELS 1 - 4

#### Learn to Swim Ratio 5:1 | Ages 6 - 9 yrs and 10 - 13 yrs

Elementary and middle school age children progress through four levels of swimming skills and water safety. This curriculum begins with body control in the water and ends with independently swimming all four strokes for short distances.

#### Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm, 1 - 1:30 pm or 2 - 2:30 pm

Spring Session | Apr 27 - Jun 1

Summer Session I | Jun 15 - Jul 20

Summer Session II | Aug 3 - Sep 7

\$150 | Valued member \$100

#### Weekday Sessions

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Spring Session | Apr 7 - May 14

Summer Session I | May 21 - Jul 7

Summer Session II | Jul 14 - Aug 20

Tue and Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Spring Session | Apr 8 - May 15

Summer Session I | May 22 - Jul 8

Summer Session II | Jul 15 - Aug 21

\$240 | Valued member \$160

Pricing for Learn to Swim program is per session.

### LEVELS 5 - 6

#### School Year Makos Swim Team Ages 5 - 18 yrs

Our school year swim team is a monthly, practice-only team designed for those who complete level 4 of the Learn to Swim program. School year swim team continues our Learn to Swim Levels 5 and 6, refining stroke development and increasing endurance. School Year Makos Swim Team runs through April. The Summer Makos Swim Team begins in May.

#### March 2 - 31, April 1 - 30, and Aug 3 - 31

Ages 5 - 10 | Sun, 3 - 4 pm | Mon - Thu, 5 - 6 pm

Ages 11 - 18 | Sun, 3 - 4 pm | Mon - Thu, 6 - 7 pm

One day per week, \$75 | Valued member \$50

Two days per week, \$113 | Valued member \$75

Four days per week, \$150 | Valued member \$100

Pricing for the School Year Makos Swim Team is a recurring monthly fee.

No lessons Apr 13, 20, May 26, 27, Jun 1, 2 and 3.



**Lucas Ramos Campos**  
Tennis Pro  
(904) 730-2100 ext. 317



Scan the QR code to discover more about our Tennis programs.



**Adult Tennis Clinics**

**Ages 18+**

Clinics are geared to A, B and C level tennis players who are participating in our competitive teams. Tennis League play continues through April. For more information, contact Lucas at ext. 317 or email [lucas.ramoscampos@jcjax.org](mailto:lucas.ramoscampos@jcjax.org).

**3.0 - 3.5 Men's Clinic**

The first hour of clinic will focus on stroke production, drills and strategy. The last half hour of clinic will be supervised doubles play.

Mon | 6:30 - 8 pm  
\$20 per clinic, year-round

**Six-Week Sessions**

**Ladies A Team Clinic**

Wed | 10:30 am - 12 pm  
\$90 | Valued members only

**Twelve-Week Sessions**

**Ladies B Team Clinic**

Wed | 9 - 10:30 am

**Ladies C Team Clinic**

Mon | 9 - 10:30 am

**Working Women's**

Wed | 6:30 - 8 pm  
\$180 | Valued members only

**Cardio Tennis**

**Ages 18+**

This engaging group fitness program features the heart pumping effects of tennis drills, games and skills to deliver the ultimate full-body and calorie burning workout. Six-week sessions are available year-round.

Sun | 8:30 - 9:30 am  
\$135 | Valued member \$90

**Tennis Mixers**

**Ages 21+**

Enjoy a round robin doubles social. Players will be matched up by ability, while they rotate opponents and partners throughout the night. Level of 3.0+.

Second Thu of month | 6:30 - 8 pm  
Free for valued members only

**Tennis 101**

**Ages 18+**

Adults learn the basics of stroke production, scoring, rules, and more about the game of tennis. Six-week sessions are available year-round.

Mon | 5 - 6 pm  
Tue | 6:30 - 7:30 pm  
\$135 | Valued member \$90

**Tennis Lessons**

**Private**

30-min | \$40

60-min | \$65

**Semi-Private | Two people**

30-min | \$26

60-min | \$42

**Doubles | Four people**

60-min | \$30

Lesson packages of five and ten are available for purchase.

Pricing for lessons is per person. Tennis lessons are for valued members only.

**Tennis Scholarships**

Tennis encourages children and teens to develop positive social skills, hand-eye coordination and strategic thinking while building healthy bodies and minds. We have financial assistance for children to participate in our JCA tennis programs. Thanks to the Serve Love Endowment Fund, our JCA and The Jewish Federation & Foundation of Northeast Florida can provide financial support for children in need of tennis items like equipment or shoes. Please email [kendall.valliere@jcjax.org](mailto:kendall.valliere@jcjax.org) for more information, or questions about your specific situation.

**JUNIOR TENNIS CLINICS**

**ALL CLINICS ARE SIX-WEEK SESSIONS.**



For pee-wee and junior players, our **Tennis** programs teach the fundamentals of tennis. Classes focus on proper swinging motions and the most effective way to handle a tennis racquet.

**PEE-WEE QUICK START**

**Ages 5 - 8**

Thu | 4:30 - 5:15 pm

\$108 | Valued member \$72

**JUNIOR QUICK START**

**Ages 8 - 12**

Tue | 4:30 - 5:30 pm

\$108 | Valued member \$72

Email Lucas for more information and specific class dates at [lucas.ramoscampos@jcjax.org](mailto:lucas.ramoscampos@jcjax.org).

# STAY OUT OF THE KITCHEN!

## COME PLAY PICKLEBALL WITH US!

Be sure to read our updated information on [jcjax.org](http://jcjax.org) about pickleball court hours, our policies, and remember there is no pickleball play allowed during tennis matches. Use the My J app to book your time on our courts 1 - 3; court 4 is always available for open play. Check out our pickleball clinics for adults and children, ages 7 - 14.

Private instruction with our Pickleball Pro Landon Metcalf is available! Please email Landon to book your private lessons, [landon.metcalf@jcjax.org](mailto:landon.metcalf@jcjax.org).

### Pickleball Lessons

#### Private

For more information and availability, please contact Landon.

60-min | \$65

30-min | \$40

#### Semi-Private | Two people

60-min | \$42

30-min | \$26

#### Doubles | Four people

60-min | \$30

Lesson packages of five and ten are available for purchase.

**Pricing for lessons is per person. Pickleball lessons are for valued members only.**

### Pickleball Clinics

#### Pickleball 101

Ages 18+

Wed | 4 - 5 pm

\$165 | Valued member \$110

#### Intermediate Pickleball

Wed | 9 - 10 am

Wed | 5 - 6 pm

\$165 | Valued member \$110

#### Youth Pickleball 101

Ages 7 - 14

Thu | 5 - 6 pm

\$165 | Valued member \$110

**Pickleball clinic sessions are six weeks, year-round.**



## TRIBUTES AND DONATIONS

#### *In memory of...*

##### **SHELDON GENDZIER**

by Rochelle and David Stoddard

##### **MOLLY ZAVON**

by Michele Steinfeld

##### **DAN YOUNG**

by Michele and David Steinfeld

##### **GERALD CHAIT**

by Adam and Regina Chaskin  
The Board and Staff of the JCA

##### **LINDA GRANAT**

by Lior Spring and Daniel Miller

##### **BECKY BROMBERG**

by Michele and David Steinfeld

#### *For a Speedy Recovery...*

##### **JYOTHI BERMAN**

by Karen and Philip Adler

#### *In honor of...*

##### **DONNA JACOBY'S RETIREMENT**

by Rochelle and David Stoddard

##### **RACHAEL LEDESMA'S RETIREMENT**

by Rochelle and David Stoddard

##### **BAILEY SHERMAN'S BAT MITZVAH**

by The Miller Families

##### **RUSSELL ISRAEL'S BAR MITZVAH**

by Michele and David Steinfeld

##### **KIMBERLY ZAVON'S BIRTHDAY**

by Michele and David Steinfeld

##### **MATT GOTTFRIED AND HEATHER**

##### **BOROCHANER'S ENGAGEMENT**

by Michele and David Steinfeld

##### **OLIVER LEVI FLAGLER'S BIRTH**

by The Miller Families

Rochelle and David Stoddard

The Board and Staff of the JCA



David A. Stein

**Jewish Community Alliance**

*on the Ed Parker Jewish  
Community Campus*

8505 San Jose Boulevard  
Jacksonville, Florida 32217  
(904) 730-2100

**jcajax.org**



Affiliated with the Jewish Federation & Foundation of  
Northeast Florida and the Jewish Community Centers  
of North America.



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**MISSION STATEMENT** The Jewish Community Alliance (JCA)  
strengthens Jewish life, serves as a common meeting ground  
and enhances the quality of life of the entire community.

**VISION STATEMENT** Our vision is to provide the place in the tradition of our  
heritage where all people come together throughout their lives to enhance  
body, mind and spirit, in an environment of fun, harmony and friendship.

**JCA** | **BUILDING OUR FUTURE TOGETHER**  
A Capital Campaign for the Jewish Community Alliance

**Every Brick Counts!**  
You can make a timeless gift with a personalized  
brick that will help lay the foundation for  
the next generation.

**Scan the QR code**  
or visit [bit.ly/EveryBrickCounts](https://bit.ly/EveryBrickCounts)  
for more details and to support  
the future of our JCA today!

**PROTECTING OUR COMMUNITIES  
TOGETHER  
REPORT HATE CRIMES**

**1-800-CALL-FBI**  
[tips.fbi.gov](https://tips.fbi.gov)