

SPRING/SUMMER
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PROGRAM GUIDE

27 ADAR I - 27 AV, 5784 | MARCH 7 - AUGUST 31, 2024



David A. Stein
Jewish Community Alliance
on the Ed Parker Jewish Community Campus

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The JCA **Program Guide** and **Alliance News** are published each year by the:

Jewish Community Alliance
8505 San Jose Boulevard
Jacksonville, FL 32217

For additional program information, please contact the JCA at:

(904) 730-2100 P • (904) 730-2444 F
jcajax.org • info@jcajax.org
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Sam Stromberg Board Chair
 Adam Chaskin.....Chief Executive Officer
 Chelsea JarrellDirector of Marketing
 Lee Lemay..... Graphic Designer
 Beth Milograno ... Communications & PR Specialist

Locker Room Hours

Locker room hours are the same as business hours.

- Frequent disinfecting will happen throughout the day.
- All shower stalls are available for use and feature full length separating walls.

Kid Kare (babysitting)

(904) 730-2100 ext. 267

Hours:

Sun - Fri mornings | 9 am - 12 pm
 Mon - Thu evenings | 5 - 8 pm

- JCA Kid Kare is available for children 3 months to 9 years old.
- Kid Kare is offered on reservation basis.
- Space limited to 15 kids per shift.
- Kid Kare service is for a maximum of 90 minutes.
- Visit bit.ly/JCAKidKare to view our Kid Kare policies and make a reservation.

Affiliated with the Jewish Federation & Foundation of Northeast Florida, United Way of Northeast Florida and the Jewish Community Centers Association of North America.

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION FOR JEWISH COMMUNITY ALLIANCE, INC., A FLORIDA-BASED NONPROFIT CORPORATION (REGISTRATION NO. CH202), MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 1-800-HELP-FLA (435-7352) WITHIN THE STATE OR VISITING THEIR WEBSITE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. DCF License #: C04DU0213

Proselytization The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds.

JCA Member Code of Conduct The JCA is committed to providing a safe and welcoming environment for all members and guests. To promote safety and comfort for all, we ask individuals to act appropriately at all times when they are in our facility or participating in our programs. We expect persons using the JCA to behave in a considerate and responsible way and to respect the rights and dignity of other members, guests and staff. Our Code of Conduct outlines actions that are deemed inappropriate. These include but are not limited to: inappropriate attire—appropriate attire in keeping with the values of the JCA must be worn at all times; angry or vulgar language, including swearing, name-calling or shouting; physical contact with another person in any angry or threatening way; any demonstration of sexual activity or sexual contact with another person; harassment or intimidation by words, gestures, body language or any menacing behavior; theft or behavior that results in the destruction of property; carrying or concealing any weapons or devices or objects that may be used as weapons with the exception of law enforcement professionals; using or possessing illegal chemicals (drugs) on JCA property, in JCA vehicles or at JCA sponsored programs; using or possessing alcohol on JCA property, in JCA vehicles or at unsanctioned JCA sponsored programs; any other conduct of an inappropriate, threatening or offensive nature. Loitering is not permitted in or outside the JCA. Use of all tobacco products, smoking (including e-cigarettes) is not permitted in or outside the JCA. The JCA and its property is a smoke-free/ tobacco-free environment. The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds. In addition, the JCA reserves the right to deny access or membership to the following persons: registered sex offenders; those accused/convicted of sexual abuse crimes; those accused/convicted of crimes relating to the sale/use/possession/transportation of narcotics, habit forming and/or dangerous drugs; those excessively or continuously using intoxicating beverages, narcotics or dangerous drugs. The JCA maintains a no tolerance policy concerning all of the above. Members and guests are encouraged to be responsible for their personal comfort and safety and to ask any person whose behavior threatens their comfort to refrain from that behavior. If a member or guest feels uncomfortable in confronting the person directly, they should report the behavior to a staff person or the manager on duty. Good personal hygiene, including the appropriate use of deodorant, is expected as a consideration to other members. JCA staff members are eager to be of assistance. Members and guests should not hesitate to notify a staff member if assistance is needed. In order to be able to carry out these policies, we ask that members and guests identify themselves to staff when asked. The Executive Team will investigate all reported incidents. Suspension or termination of JCA membership privileges may result from a determination by the Executive Team if in their discretion a violation of the JCA Member Code of Conduct has occurred.

Guest Policy

Members may bring only two guests at a time except for members bringing families. Guests must be accompanied by a member in good standing. Children who are guests must have an adult present to sign a waiver and be chaperoned by an adult if under 10. All guest passes must be purchased at the Reception Desk. Saturday guest passes must be purchased in advance. All guests must have guest passes. All visitors must present a photo ID.

Guest Pass Fee: **Adults:** \$10 each visit **Children/Teens (5 - 18):** \$5 each visit

Mandatory Swim Assessments

All children 12 and under must complete a 25-yard swim (without touching the bottom of the pool, grabbing the lane rope, floating on their back or requiring assistance) on their front (freestyle, breaststroke, etc.) and tread water for 45 seconds. If they pass the test, they are permitted to swim without flotation and receive a yellow neck band. Swimmers who do not complete the test will receive a red neck band and be required to wear a life jacket, have a parent/guardian in the water within arm's reach or choose not to swim. The JCA will supply neckbands to each child, which are to be kept and brought to the pool each time to swim. Replacement bands are available for \$5 each.

Unsupervised Children

The following policies ensure the safety of all JCA members:

- Children 9 years old and under must be under direct supervision (in sight and within close proximity) by an adult while at the JCA. Children must be brought to and picked up from class, Kid Kare or any JCA programs by an adult. All members age 10 and over entering the JCA must present a membership card.
- Children age 10 and up may be unaccompanied by an adult in the JCA except for the fitness area where children must be 13 years old to enter. It is not appropriate for children to gather in the lobby area or hallways of the JCA.

The JCA cannot be held responsible for members age 10 and over who attend the JCA and are not enrolled in an organized activity. In addition, children age 10 and up are expected to behave in a mature manner when in the building without parental supervision. Behavior that is disruptive and/or harmful to themselves or others may result in the suspension of independent privileges.

Food Policy

JCA is a kosher facility. Therefore no deliveries of food of any kind for members from take-out restaurants will be accepted. Food brought into the building from home, outside of a JCA program or preschool, must be consumed in either the courtyard or the outdoor pool area. Thank you for your cooperation.

Fire Alarm Policy

For your safety and welfare, you must evacuate the building when the fire alarm sounds. You will be notified by JCA personnel when it is safe to return to the facility. Thank you for your understanding and support.

Cancellation/Expiration Policy for Personal Training, Private Tennis and Swim Instruction

All participants registered for private tennis, swim or personal training sessions must give at least a 24-hour notice of cancellation for already scheduled sessions. Failure to properly cancel will result in a charge for that session at the established fee. All personal training sessions, private tennis lessons and private swim lessons will expire six months from the date of purchase. Fees paid for (expired) sessions/lessons are non-refundable and non-transferable.

Class Payment, Refund and Cancellation Policy

- All class and program fees must be paid before the beginning of the class. For one-time programs or classes, no refunds will be granted.
- 50% refund after first class; 25% refund after second class; no refund after third class (excludes childcare tuition and summer camp programs).
- Refund policies apply to all private training and lessons.
- The JCA reserves the right to cancel programs/classes not meeting the minimum required enrollment for circumstances beyond our control.

Shalom Friends,

I said it before and I am proud to *kvell* again. Our JCA put on the party of the year at *Jax Vegas, Baby!* Dressed to the nines, we celebrated at our annual fabulous fundraiser in true Vegas-style this February. We danced the night away and were captivated by performances from *Adele, Britney* and *The King*. We all applauded and cheered as our friends *got hitched* - most of us for the second time.

The JCA sparkled brighter than the stars thanks to **Chef's Garden Catering & Events** who designed the event to include a uniquely themed cocktail experience presented by **Manifest Distilling**. Thanks to our committee, chaired by Sunny Gettinger and Lior Spring, we rolled the dice, spun the wheel, made many memories, and raised more than \$220,000 for our JCA. With 100% of the proceeds going toward scholarship funds, this money allows us to continue our mission to assist individuals in our community who rely on the services our JCA provides. Please turn to **page 15** to read about the local businesses and the individuals whose substantial generosity made our annual fundraiser a success.

As you read through our Spring/Summer Program Guide, I encourage you to register for the variety of new programs, enrichment classes, and cultural experiences created by our incredible staff members. Mark your calendars now so you don't miss the final performance of the 2024 **Berman Family JCA Concert Series**. Violinist Benjamin Baker, will take the stage in our Bessie Setzer Frisch Auditorium on Sun, Mar 17 at 3 pm. Thanks to the incredible generosity of the Berman Family each year, our neighbors can experience the brilliance of world-renowned musicians for free at the JCA.

Planning for our free community-wide events to honor Israel's National Days this May is underway. As the war against Hamas terrorists continues with hostages still missing in Gaza, our gatherings for Israel's National Days are even more significant. Events and services dedicated to *Yom Ha'Shoah* – Holocaust Remembrance Day, *Yom Ha'Zikaron* – Memorial Day for Fallen Soldiers and Victims of Terrorism, and *Yom Ha'Atzmaut* – Israel's Independence Day are proudly supported by the **Israel Engagement Fund: A JCC Association of North America Program Accelerator and the Ministry of Diaspora Affairs**. Please turn to **page 7** for more details about these free community-wide events with our partners at **The Jewish Federation & Foundation of Northeast Florida** and **Israeli Community Shlichah Tal Mola**.

I have more great news about the traditions we keep at the JCA. For the fourth year in a row, your votes helped us earn five awards in **Folio Weekly's Best of Jax** contest. Our JCA was named the **Best Health & Fitness Club** with the **Best Swimming Pool or Waterpark** in Jacksonville. That's not all - **Michele Block Gan Yeladim Preschool & Kindergarten** earned **Best Preschool, Best Kindergarten** and **Best Childcare Facility** in Jacksonville.

While we strive to always provide a space in Jacksonville that nourishes Jewish learning and values for every generation, I am thrilled to share that you will soon see the successes of our ambitious capital campaign, **Building Our Future Together**. Improvements, upgrades, and construction plans to redefine our campus are being finalized and will be released soon. On behalf of our campaign committee, we look forward to sharing more details in the months ahead.

Thank you for choosing the JCA for your families,



Sam Stromberg
Board Chair

Sam Stromberg



BOARD OF TRUSTEES

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*Of Blessed Memory

DEPARTMENTS

- CEO.....Adam Chaskin, ext. 272
- COO.....Jo-Ellen Unger, ext. 246
- Finance.....Melissa Meyenberg, ext. 224
- Aquatics.....Dustin Rulien, ext. 417
- Development.....Kendall Valliere, ext. 231
- Early Childhood.....Natalia Fisher, ext. 242
- Facilities Management.....Cal Barker, ext. 238
- Fitness & Wellness.....Karen Cataldo, ext. 324
- J Institute.....Heather Terrill, ext. 265
- Marketing.....Chelsea Jarrell, ext. 334
- Membership.....Chris Turner, ext. 257
- Sports & Rec.....Alex Minardi ext. 254
- Theatre.....Shelly Hughes, ext. 252
- Youth Services.....Evan McInnis, ext. 249

JCA BUILDING HOURS	JCA HOLIDAY HOURS	
Sun 8 am – 6 pm	Passover	Memorial Day
Mon – Thu 5:30 am – 9 pm	Mon, Apr 22 5:30 am – 5 pm	Mon, May 27 8 am – 5 pm
Fri 5:30 am – 5 pm	Tue, Apr 23 Closed	Shavuot
Sat. 1 – 6 pm	Wed, Apr 24 1 – 9 pm	Tue, Jun 11 5:30 am – 5 pm
	Sun, Apr 28 5:30 am – 5 pm	Wed, Jun 12 Closed
	Mon, Apr 29 Closed	Thu, Jun 13 1 – 9 pm
	Tue, Apr 30 1 – 9 pm	Independence Day
		Thu, Jul 4 8 am – 5 pm



Heather Terrill

J Institute Director
(904) 730-2100 ext. 265



Scan the QR code to discover more about our J Institute programs.



Rachel Sandler

J Institute Assistant Director,
Jewish Education
(904) 730-2100 ext. 271



Scan the QR code to discover more about our Jewish Culture/Education programs.

Arts4All Festival Volunteers Wanted

Join us as a volunteer at the annual Arts4All Festival, when the Cummer Museum welcomes more than 1,300 students with differing abilities. Through the four-day program, students will engage throughout the museum in art viewing, interactive live music, storytelling, and hands-on artmaking activities. Lunch will be provided to all volunteers at the Arts4All Festival. Registration to participate is required.

Wed, May 1 | 8:30 am
Free to the community



Ladies' Day at the J

It is time to celebrate the ladies in our community! Join us for our annual Ladies' Day at the J to enjoy a morning that is all about you! We will nosh and enjoy a special cocktail. Registration is required. Stay tuned for more details!

Fri, May 3 | 11 am - 1 pm
\$15 | Free for valued members

Traveling Diner Dinner Club

Delight your taste buds and enjoy great company as we experience a world of flavor in Jacksonville's best restaurants. Your meal is at your own expense. Registration is required.

Tue | 6 pm
May 14, Jul 23, or Aug 27
\$5 | Free for valued members

Hebrew 303

Learn conversational Hebrew phrases and develop your ability to read this complex language. Book purchase is required; register in advance by May 28.

Mon | 7 - 8:30 pm
Jun 10, 17, 24, Jul 15, 22, 29, Aug 5 and 12
\$150 | Valued member \$100

The Best of Israeli Innovations

The JCA and Jacksonville Hadassah are proud to present "The Best of Israeli Innovations." Chairman of the A-Team, Advocacy for Israel with Congregation B'nai Israel in St. Petersburg, Eric Pastman, will provide an overview of technological inventions that cure diseases, heal the planet, improve our food production, and are simply fun to use! Everything we will learn about comes from one of the hottest innovation and technology hubs in the world - Israel!

Wed, Apr 3 | 7 pm
Free to the community

Mah Jongg Workshop

Get familiar with the 2024 National Mah Jongg card during this interactive program with Debbie Barnett from MahjCon. We will spend the day talking about the new card while we enjoy fun activities and have time to play. Coaching will be available as requested. Light lunch is included. Minimum enrollment is required; please register in advance by April 8.

Thu, Apr 11 | 10 am - 2 pm
\$68 | Valued member \$45

Let's Do Lunch

Meet us at local favorites for our monthly lunch outing. Your meal is at your own expense. We hope you will join us for one or all of our lunch dates. Registration required.

Fri | 11 am
Apr 12, May 10, Jun 7, Jul 12 or Aug 9
\$5 | Free for valued members

Jewish Yoga

Experience yoga through a Jewish lens as an alternative Shabbat Experience at the Jacksonville Jewish Center (The Center) and Congregation Ahavath Chesed (The Temple).

Sat | 8 am
Apr 13 | The Center
May 11 | The Temple
Free to the community

Jacksonville Arboretum Tour & Lunch

Join us for a guided tour of the award-winning nature trails and gardens in the Jacksonville Arboretum. After the tour, we will have lunch nearby. Transportation from the JCA is included; lunch is at your own expense.

Tue, Apr 16 | 9 am
\$23 | Valued member \$15



Narrow Bridge

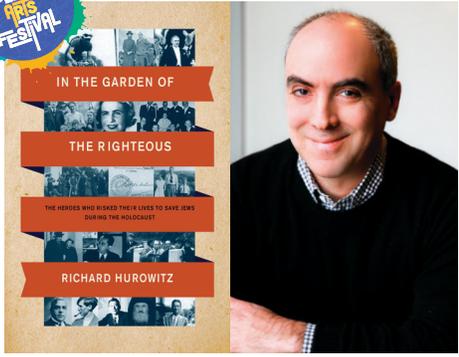
2022 | Drama | 1h 20m

Rescheduled from the 2023 Cultural Arts Festival: *The Narrow Bridge* explores the journeys of four people who, after searing pain, develop strengths they never had before. Despite opposition, the Israelis and Palestinians who lost a child in the conflict are building a movement and transforming their grief into a bridge of understanding and reconciliation. *Reverend Rebekah Hutto from the Interfaith Center of Northeast Florida will moderate a discussion after the film.*

Thu, Apr 4 | 7 pm
Free to the community thanks to the generosity of our annual Cultural Arts Festival sponsors.

JEWISH BOOK COUNCIL

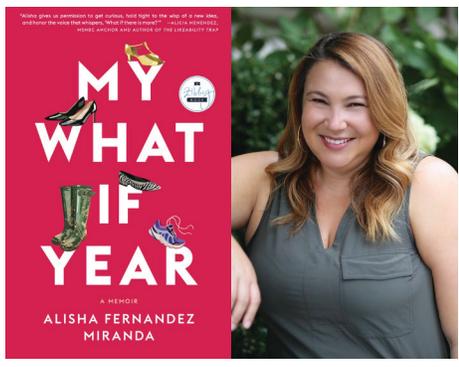
SELECTIONS AND UPCOMING AUTHOR VISITS!



Richard Hurowitz *In the Garden of the Righteous*

Rescheduled from the 2023 Cultural Arts Festival: Author Richard Hurowitz joins us in person to share the illuminating and inspiring profiles featured in his new novel, *In the Garden of the Righteous*. The profiles included in the book display the brutality of the Holocaust and the collaboration, acquiescence and passivity of millions as well as those who risked their lives to save others out of a sense of shared humanity.

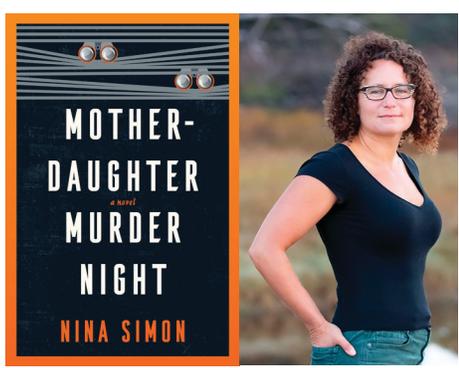
Wed, May 1 | 7 pm
Free to the community thanks to the generosity of our annual Cultural Arts Festival sponsors.



Alisha Fernandez Miranda *My What If Year*

Like many young women in their thirties, forties, and fifties, Alisha was experiencing burnout and felt the weight of responsibilities as she juggled a job and a family. Author Alisha Fernandez Miranda joins us virtually at the Ponte Vedra Beach Library to share her novel, *My What If Year*, chronicling her journey as a new intern in various fields.

Wed, Jun 5 | 12 pm
Ponte Vedra Beach Library
Free to the community



Nina Simon: *Mother-Daughter Murder Night*

A fresh, fun and twisty whodunnit about a grandmother-mother-daughter trio who come together as amateur sleuths to solve a murder in their coastal California town. Author Nina Simon joins us virutally at the JCA to discuss her book.

Tue, Aug 27 | 12 pm
Free to the community

Our Jewish Book Council visiting author events are free and open to our entire community. Please mark your calendars to join us to hear these incredible authors speak!





🌟 UF Judaica Library Tour

The Isser and Rae Price Library's tour takes place in the reading rooms known as the Judaica Suite. The tour includes a 30-minute presentation to introduce guests to the treasures found in the library, and a question and answer session. After the presentation, we are invited to walk around for a close look at the books and artworks. Transportation from the JCA to Gainesville is included; lunch is at your own expense.

Please register by Jun 3.
Mon, Jun 10 | 8:30 am
 \$30 | Valued member \$20



Lightner Museum Tour & Lunch

Explore the artistic houses of the Gilded Age and treasures from the Lightner Museum in St. Augustine during this guided tour. After, we will have lunch at Cafe Alcazar, located in the former swimming pool of the Lightner. Transportation from the JCA is included; lunch is at your own expense.

Wed, Jul 17 | 9 am
 \$30 | Valued member \$20

VANDROFF ART GALLERY



Helen Moody
Mar 28 - May 1

Inspired by her home state of Florida, Helen Moody is intrigued by old architecture, unique gardens, remote beaches and waterways. These interests allow her to bring unique perspective to her art.



Chana Kurinsky
May 2 - May 29

With a lifelong curiosity about Jewish tradition and folklore, Chana Kurinsky focuses her art on how Jewish communities express themselves in this beautifully diverse, modern world.



Barbara Rothschild
May 30 - Jun 26

Capturing and conveying the essence of her subjects to reveal emotions, attitudes and feelings with color, Barbara shares her figurative and abstract images that experiment with a variety of color palettes and techniques.



Terry Kiser
Jun 27 - Jul 31

From her earliest memories of drawing and coloring through retirement, Terry has devoted time to learning and developing her skills as a painter. Terry's work uplifts and inspires with vibrant colors and the unforgettable rolling landscapes of Europe.



JCA Staff Exhibition
Aug 1 - Aug 28

Opening Reception Thu, Aug 1 at 6 pm

Featuring the hidden artistic talents of our JCA Staff! Come see the incredible artwork our staff members create when they are not at the JCA.

For details on exhibiting or the upcoming artist schedule, call Heather at ext. 265 or email, heather.terrill@jcajax.org.



Family Mezuzah Making

Bring your family to decorate your own *mezuzah*! Enjoy a pizza dinner while we create, share a book to learn about *mezuzot* (the plural of *mezuzah*), and how to write like a scribe at Beth El The Beaches Synagogue. This program is in partnership with The Jewish Federation & Foundation of Northeast Florida, PJ Library and our local synagogues. Registration is appreciated by April 1.

Fri, Apr 5 | 5:30 pm

Beth El The Beaches Synagogue
Free to the community

Monthly Member Mitzvah

April Support V for Victory: Donate Lego sets for children fighting cancer.

May Write a letter to be placed in the Kotel in Israel.

Mitzvah on the Road in May:

Volunteer at the Cummer Arts for All on Wed, May 1.

June Donate school supplies to support The LJD Jewish Family & Community Services.

July Bring in your aluminum can tabs for the Ronald McDonald House charities Jacksonville.

Mitzvah on the Road in June and July:

Volunteer at The LJD JFCS Max Block Food Pantry. Individuals or families with children 8 years or older can volunteer to unpack food, stock shelves and make boxes of food.

Jun 10, Jul 10 and 24 | 9 - 11 am

The LJD JFCS Max Block Food Pantry
6261 Dupont Station Court

August Write letters to River Garden residents for *Tu B'Av*.

The plural of *mitzvah* is *mitzvot*! Email rachel.sandler@jcjax.org, with questions or to sign up to volunteer.



Programs with our Israeli Community Shlichah Tal Mola

Join our Israeli Community Shlichah Tal Mola for Hebrew classes at the JCA.

Conversational Hebrew: Medabrim Ivrit

Tal's conversational Hebrew class is for those who speak Hebrew fluently.

Practice Hebrew: Metargelim Ivrit

Tal's Practice Hebrew is for intermediate Hebrew speakers who are not at a fluent level.

Please email Tal for more information about her Hebrew classes:
jaxshlichut@jewishjacksonville.org.

ISRAEL'S NATIONAL DAYS



Yom Ha'Shoah

Come together for a community-wide Holocaust Remembrance Day. Please join us for adult and youth programming to commemorate the Holocaust with first and second generation Holocaust survivors.

Sun, May 5 | 10 am - 12 pm

Yom Ha'Zikaron

Join us to honor the Day of Remembrance for Fallen Soldiers of Israel and Victims of Terrorism. Our Israeli Community Shlichah Tal Mola will lead us in a traditional Yom Ha'Zikaron ceremony at the JCA.

Mon, May 13 | 7 pm

Yom Ha'Atzmaut

The entire Jacksonville community will join to celebrate Israel's 76th Independence Day at Etz Chaim Synagogue with activities, food and lots of fun for your entire family.

Sun, May 19 | 3 pm

Our free community-wide events to honor Israel's National Days are proudly supported by the Israel Engagement Fund: A JCC Association of North America Program Accelerator and the Ministry of Diaspora Affairs.



Jewish Federation & Foundation
of Northeast Florida
Israeli Community Shlichah

Our thanks to the Jewish Federation & Foundation of Northeast Florida for funding our free Israeli Community Shlichah programs.



Our JCA is headed your way! We are branching out to bring the unique enrichment programs you know and love from our Jewish Community Alliance to a neighborhood near you! Through a variety of time-tested, innovative, pop-up experiences, including health and wellness, education about Israel, and fun events surrounding our Jewish holidays, we are excited to bring JCA programming to your neighborhood.

J Experience programs are helping us meet the needs of our growing community in St. Johns, Nocatee, Riverside, Amelia Island, and at the Beaches!

Clergy in a Circle 2.0

Through a new lens and at a new location, join us for Clergy in a Circle to discuss relevant and meaningful topics with our community clergy, including Rabbi Benjamin Dyme with Beth El Synagogue.

Thu, Mar 7 | 7 pm

Beth El The Beaches Synagogue

288 Roscoe Boulevard, Ponte Vedra Beach

Free to the community

Yiddish by the Sea

Bissaleh means “a little bit” in Yiddish. So, come and enjoy *bissaleh* Yiddish with us by the sea at the Ponte Vedra Beach Library. Through songs, conversations and theatre we will embrace and learn Yiddish together.

Tue, Mar 26 | 11 am

Wed, Apr 3 | 11 am

Tue, May 21 | 11 am

Ponte Vedra Beach Library

101 Library Blvd, Ponte Vedra Beach

Free to the community

Passover at the Pond

Enjoy a family-friendly *Pesach* celebration with us at Julington Plantation Park.

Sun, Apr 7 | 4 pm

Julington Plantation Park

875 Davis Pond Boulevard, St. Johns

Free to the community

J-Cation in Ponte Vedra

Grades K - 8

Everything parents love about the safe space and great activities found during J-Cation Days at the JCA is coming to the beach. When school is closed on Apr 19, your children, grades K - 8, can join us for a J-Cation day at Beth El The Beaches Synagogue. Stay tuned for more J-Cation Days heading your kids way!

Fri, Apr 19 | 9 am - 4 pm

Beth El The Beaches Synagogue

288 Roscoe Boulevard, Ponte Vedra Beach

\$60 | Valued member \$40

Lunch & Learn with Rabbi Shmuli Novack

Enjoy lunch and conversation with us and Rabbi Shmuli Novack at the Chabad of Southside's Ahava Cafe.

Tue, Jun 4 | 12 pm

Ahava Cafe, 11271 Alumni Way, Jacksonville

Stroller Fit at the Beaches

Birth - 3 yrs

Bond with your baby, build strength, tone muscles and improve posture with stroller-based exercises that blend barre, Pilates, yoga and power walking.

Sun | 10 am

Jun 9 and Aug 18

Beth El The Beaches Synagogue

288 Roscoe Boulevard, Ponte Vedra Beach

Free to the community

Full Moon Yoga for Tu B'Av

We are planning Yoga by moonlight this summer to celebrate *Tu B'Av*, Israel's holiday that honors love. Location details are being finalized and will be published on jcjax.org.

Sun, Aug 18 | 7 pm

Location TBD



More J Experiences Coming Your Way!

Our J Experience Coordinator, Faye Hedrick is busy creating and planning more of the experiences you love from our JCA in your neighborhood.

Location information and updates about J Experience classes will be published on jcjax.org. If you have questions or have an idea about how the JCA could come your way, send Faye an email at faye.hedrick@jcjax.org.



Benjamin Baker, Violin

Sun, Mar 17 | 3 pm

The Berman Family JCA Concert Series is free and open to the entire community thanks to the generosity of the Berman family.



DISCOVER HOW YOUR CHILDREN CAN LEARN AND GROW WITH US IN THE 2024-25 SCHOOL YEAR!



Children are our inspiration at Michele Block Gan Yeladim Preschool & Kindergarten. Visit jcjax.org/ece to learn more about our unique approach to learning.

For enrollment information, to schedule a tour, or if you have questions, please email ganyeladim@jcjax.org or call (904) 730-2100 ext. 235

REGISTRATION IS NOW OPEN!



Voted best Preschool by the Florida Times-Union!

Scan the QR code to discover more about our Early Childhood programs.





Natalia Fisher

Early Childhood Director
(904) 730-2100 ext. 242



Scan the QR code to discover more about our Early Childhood programs.

Creative Dance (2.5 - 4 yrs)

An independent dance class to introduce children to the magical world of dance using imagery, hands-on props and music.

Fri | 3:30 - 4 pm | Mar 29 - May 17
No class: Apr 26
\$90 | Valued member \$60



Inspiring Early Childhood Educators

Celebrating more than 10 years, our JCA's Educator Support Network (ESN) presented by the Michele Block Gan Yeladim Preschool & Kindergarten is designed as a professional development resource for early childhood educators throughout Northeast Florida. Our 2023-24 ESN series is possible thanks to a grant from the Jacksonville Children's Endowment at The Community Foundation for Northeast Florida as well as funding from Florida Blue. This year, we are proud to partner with the University of North Florida to offer professional development resources at our school and the UNF Preschool. For more information about the JCA's Educator Support Network presented by Michele Block Gan Yeladim Preschool & Kindergarten, please email ganyeladim@jcjax.org.



Parent & Me



Make Music (3 mos - 3 yrs)

This Parent & Me class stimulates the young brain while playing with instruments, singing, and dancing to the music.

Mon | 11 - 11:45 am | Mar 25 - May 20
No class: Apr 1, 8, 22 or 29



Stroller Fit (Birth - 3 yrs)

Bond with your baby, build strength, tone muscles and improve posture with stroller-based exercises that blend barre, Pilates, yoga and power walking.

Mon | 12 - 12:45 pm | Mar 25 - May 20
No class: Apr 22 or 29

Story Time (Birth - 3 yrs)

Bond with your child while having Story Time with us in the beautiful ECE Library.

Wed | 11 - 11:45 am | Mar 27 - May 15
No class: Apr 24



Tot Shabbat (Birth - 3 yrs)

Join us for a holiday-based Shabbat with experiences and activities centered around Purim.

Fri | 11 - 11:45 am | Mar 22



Family Yoga (Crawlers - 3 yrs)

Bond with your little ones as you help them work on focus, flexibility and other fine motor skills.

Sun | 10 - 10:45 am | Apr 14 and May 26

FREE TO THE COMMUNITY

Advance registration is required. Please contact Nicole Blundy by email, nicole.blundy@jcjax.org or call ext. 259.

AUDITION PREP FOR DA AND LAVILLA

Do you need help picking out and working on material for your upcoming auditions? We can help you achieve your goals. Call Gary Baker at (904) 730-2100 ext. 248 or email gary.baker@jcajax.org for scheduling and pricing.

Baby Bear Ballet

Ages 3 (by 9/1/2023) - 5

Little dancers learn the basics of ballet with their ballet buddy! This beginner's class is a fun and relaxed introduction to ballet. Each dancer will receive their very own ballet bear or bunny. We use our ballet buddies to help us with posture and arms. Dancing is so much fun - but it's crazy fun when you dance with a buddy!

Mon | 1 - 1:30 pm

Mar 25, Apr 1, 8, 15 and 22

\$128 | Valued member \$85

Zoe's Hippity Hop Move & Groove

Ages 3 (by 9/1/2023) - 5

Young dancers learn different types of movement characterizations to develop imagination and movement quality in this enrichment class. Students will participate in a variety of exercises and dances that teach listening skills (responding to the tempo and mood of the music), levels (high, medium, low) and direction. Young children who are consistently exposed to these activities are more creative later in life, are consistently more free in their movement and develop higher self-esteem.

Tue | 1 - 1:30 pm

Mar 26, Apr 2, 9 and 16

\$78 | Valued member \$52

Fit for Broadway

Grades K - 8

An hour of dancing, jumping, twisting and bopping to get Fit for Broadway! Kids will be on their way to better health in this high energy, fun-filled class! We jam to our favorite upbeat show tunes with hip-hop, jazz, salsa and more! This class guarantees sweat, sweat, sweat while having fun, fun, fun!

Tue | 4 - 5 pm

Mar 26, Apr 2, 9 and 16

\$66 | Valued member \$44

Zoe's Story Sketches

Age 3 (by 9/1/2023)

This class is perfect for any creative 3-year-old with a big imagination! We will read a story each week and jump into the pages of the book to experience what the characters are going through in the story.

Wed | 3 - 3:30 pm

Mar 27, Apr 3, 10, 17 and May 1

\$128 | Valued member \$85

Shelly Hughes

Theatre Director

(904) 730-2100 ext. 252



Scan the QR code to discover more about our Theatre programs.

Zoe's Clubhouse

Ages 4 (by 9/1/2023) - 5

This creative class takes your little one on a new adventure sketch each week! Children explore their imagination while teaching social skills, teamwork and coordination in a fun, creative environment! This is one of our JCA's most popular classes - don't miss out!

Wed | 1:30 - 2:15 pm

Mar 27, Apr 3, 10, 17 and May 1

\$128 | Valued member \$85

Zoe's Alumni

Grades K - 2

This class lets our Zoe's gang go further into their adventures. During each class the Alumni gang will learn about different cultures, geography, myths and legends! If your child has an active imagination and a sense of adventure, this is the class for them!

Wed | 4 - 4:45 pm

Mar 27, Apr 3, 10, 17 and May 1

\$128 | Valued member \$85

PAC Presents

PETER PAN



Auditions
Thu Mar 7 | 4 pm

Rehearsals
Mon and Thu | 4 - 6 pm
Start Mar 14

Show Dates
May 12 | 1 and 4 pm
May 19 | 1 and 4 pm

Recital Fee
\$285 | Valued member \$190
No fees will be collected until after the cast list is posted.



Evan McInnis

Youth Services Director
(904) 730-2100 ext. 249



Scan the QR code to discover more about our Youth Services programs.

Private Supplemental Tutoring

Grades K - 5

One-on-one academic subject and homework assistance with current or former educators. Open to valued members and After School participants only. Contact Lea at ext. 245 for more information and pricing options.

Purim Party Parents Night Out

Grades K - 8

It's time to party! Join us for our annual Purim Party, where we will dance, play, and participate in an interactive story about the origins of Purim. We will have plenty of treats and hamantaschen. Costumes are encouraged!

Sun, Mar 17 | 4 - 7 pm

\$27 | Valued member \$18



Delicious Desserts

Grades K - 3

Craving the most divine dessert experience? Join our kitchen adventure where baking skills and taste buds unite to uncover delightful creations. All chefs receive a personalized apron, cookbook and a button.

Wed | 4:15 - 5:30

Apr 3, 10, 17 and May 1

\$75 | Valued member \$50



Coding Crew

Grades 3 - 8

Young programmers will learn the basics of coding through exercises designed for all skill levels. Using code.org, we'll unravel the mysteries of coding and unleash our imagination to create awesome art, epic video games, and so much more! Thanks to our partnership with Johnson & Johnson, we have laptops for every participant.

Thu | 4:15 - 5:15 pm

Apr 4, 11, 18 and 25

\$75 | Valued member \$50



Family Art-venture

Grades K+

Unleash your inner artist alongside your loved ones in a relaxed and fun-filled atmosphere. Parents and children will be guided step-by-step through a captivating project while enjoying light refreshments and quality time. No painting experience is necessary! This class could get messy, so please wear old clothes.

Mon, Apr 15 | 5:30 - 7 pm

\$30 | Valued member \$20

Price includes one parent and one child. Add \$5 for each additional participant.

There's an App(etizer) for That

Grades 4 - 9

Ready to become a snack savant? Learn to whip up tasty bite-sized treats that are perfect for any occasion. This cooking class will teach the art of crafting appetizers that will impress family and friends - and make you want to learn how to spell *hors d'oeuvres!* All chefs receive a personalized apron, cookbook, and button.

Thu | 4:15 - 5:30 pm

May 2, 9, 16 and 23

\$75 | Valued member \$50



Top Golf Teen Trip

Grades 6 - 9

Gear up, grab your clubs, and get ready for a great day at Top Golf! This exciting event is specially designed for tweens and teens in our community and gives us a perfect way to recognize their hard work as the school year comes to a close.

Sun, May 5 | 1 - 4 pm

\$53 | Valued member \$35



Mother's Day Surprise

Grades K - 8

Calling all kids! Join us as we create a special Mother's Day surprise that your mom will surely cherish! All materials will be supplied. Participants will leave with a wrapped gift for Mom!

Mon, May 6 | 4:15 - 5:15 pm

\$30 | Valued member \$20

Monthly Mitzvot

Grades 7 – 11

Inspire and empower your teen to make a positive impact on the community one *mitzvah* (good deed) at a time leading to many *mitzvot* this season. Each month we will spend a day completing a meaningful *mitzvah* that aligns with our core Jewish values. For more information, please contact Evan at ext. 249.

Sun | 1 - 4 pm

Mar 24 and Apr 14

Free to the community

J-Cation Days

Grades K-8

J-Cation Days

Grades K – 8

On days when school is closed, send your child to the JCA to explore, create, learn, and have FUN with friends. Children choose from a variety of sport, STEAM, and creative activities throughout the day. Leave your worries at the door as your child enters a safe, nurturing environment supervised by our responsible and energetic staff. Please wear athletic shoes, pack a dairy lunch (no meat), and swim essentials – our team will take care of the rest! For pricing and more information, please call the Registrar's Office: (904) 730 - 2100 ext. 228.

Spring Dates:

Fri, Mar 15

Fri, Mar 29

Fri, Apr 19* | St. Johns County only at Beth El The Beaches Synagogue

Spring Break:

St. Johns County* | Mar 11 – 15

Duval County | Mar 18 – 22

Martin J. Gottlieb Day School* | Apr 22 - 30

*Minimum enrollment required

J-Cation Day Field Trips

Grades K – 8

Your child is invited to join us for these supplemental field trips at an additional cost during J-Cation Days.

Mon, Mar 18: Explore the 904

Thu, Mar 21: Bowling

\$38 | Valued member \$25



AFTER SCHOOL

GRADES K-5



The biggest complaint we hear at the end of the day is that children don't want to leave! Have your children end the day at the JCA. Our After School Program will nurture, encourage and stimulate your child's interests through a variety of activities in a positive environment children love!

Mon - Fri | 2:30 – 6 pm

- ✓ Challenging and varied activities
- ✓ State-of-the-art facility and involved staff
- ✓ Monitored homework room and computer lab
- ✓ High-quality enrichment classes

STUDY CENTRAL

GRADES 6-8

Study Central is designed with quality and flexibility in mind for preteens and teens to support socialization, independence and responsibility in a supervised environment after school. In addition, the JCA works with local professionals to offer optional enrichment opportunities in sports, fitness and the arts. Daily snack, Wi-Fi, laptop access and homework assistance are available. Choose two, three or five days per week. Study Central allows you to design a schedule that works for you and your busy students.

Mon - Fri | 2:30 – 6 pm

FREE TRANSPORTATION FROM SELECT SCHOOLS WITH MINIMUM ENROLLMENT



- ✓ NEW- Beauclerc Elementary
- ✓ Mandarin Oaks Elementary School
- ✓ Duval Charter School at Baymeadows
- ✓ Martin J. Gottlieb Day School
- ✓ Duval Charter School at Mandarin
- ✓ Seaside Charter Elementary School
- ✓ NEW- Greenland Pines Elementary School
- ✓ NEW- Torah Academy
- ✓ Hendricks Avenue Elementary
- ✓ River City Science Academy Innovation
- ✓ NEW- LaVilla Middle School
- ✓ River City Science Academy Mandarin
- ✓ Loretto Elementary

SAVE YOUR CHILD'S SPOT
in the 2024-25 school year!

To register, call (904) 730-2100 ext. 228.



**Kendall
Sisisky Valliere**

Development Director
(904) 730-2100 ext. 231



Scan the QR code to discover more about how you can help the JCA support our community.

Summer experiences at **JCAmp** and **JCC Maccabi Games®** allow children of all ages and interests to forge meaningful connections in safe and supportive environments. I am thrilled to officially launch our annual **Send A Kid** campaign this season so we can help even more children in our area have a summer they will never forget. Summer programming should not just be a luxury for some. Research shows that through the enrichment activities and a variety of new opportunities, summer programs help kids grow into successful young adults.

Your support of our Send A Kid campaign ensures that JCAmp and the JCC Maccabi Games will be a reality for children and families in our community despite financial barriers.



SEND A KID TODAY!

To donate to our Send A Kid campaign, please visit jcajax.org/sendakid, email kendall.valliere@jcajax.org, or call (904) 730-2100 ext. 231.



THANK YOU!

We are grateful for the generous support of our sponsors! Your gifts allow individuals and families to receive financial assistance and scholarship services for JCA membership and programs that fit within their budget. You make it possible for the JCA mission to serve our community.

SPONSORS

as of 02.13.2024

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SPECIAL THANKS

Agility Press • Bold City Brewery • First Coast Party Rentals
Liberty Landscape • Rabbi Yaakov Fisch



Amaris Chrispell

MSN, RN, HWNC-BC
Wellness Coach
(904) 730-2100 ext. 333



Scan the QR code to discover more about our Wellness Connexion programs.

Meditation

Learn to relax your body and mind, while using your breath to enrich your compassionate outlook on life with a Wellness Coach from Baptist Health Wellness Connexion.

Mon and Thu | 11:35 am - 12:10 pm
Free to the community

Safe Sitter®

Designed to prepare students in grades 6 - 8 to be safe when they are home alone watching siblings or babysitting. Students should bring a Kosher-style lunch and snacks. Classes fill quickly; more dates will be announced to accommodate interested participants.

Mon, Mar 18 | 9:30 am - 4 pm

\$55 plus service fee

Visit bit.ly/safesitter-spring24 to register. Spots fill up fast; more course dates will be announced soon.

Blood Drives at the JCA

Our JCA is proud to partner with LifeSouth Community Blood Centers to host several community-wide blood drives. Walk-ins are welcome or make an appointment at jcajax.org.

Mon | 10 am - 5 pm
Apr 15 and Jun 3

In the JCA Donziger Library

Your Health Journey Starts Here.

A confidential, online Wellness Assessment will help you understand your current state of health with follow-up recommendations. Certified onsite Wellness Coaches are available to educate and motivate you to adopt lifestyle changes and achieve your goals.

Begin your wellness journey at jca.ezonlineregistration.net.

FREE to JCA valued members!



Expert Chat: Strategies for Managing Sciatica

Managing nerve pain is a complex and multi-faceted process that involves various strategies to alleviate discomfort and improve overall quality of life. Join David Eldridge PT, DPT, with Baptist Rehabilitation to discuss challenges faced by individuals dealing with nerve pain, including its causes and symptoms.

Thu, Apr 18 | 12 pm
Free to the community

Expert Chat: Managing Cognitive Changes

Delve into the realm of cognitive changes and explore effective approaches to manage and enhance mental well-being. Our expert speaker from Baptist Rehabilitation will discuss various factors influencing cognitive health, including lifestyle choices, stress management and cognitive exercises.

Thu, May 9 | 12 pm
Free to the community

Baptist Health Virtual Classes: New Mothers Support Group

Share your experience as a new mother from the comfort of your homes. We'll talk about babies, ourselves - physical and emotional, what is working and not working, and how things are going.

First Year Baby Safety Essentials

This class will cover the most common injuries to babies in the first year along with preventive childproofing measures. A first aid lecture and a demonstration of infant/child CPR and choking procedures are also included.

Early Pregnancy Class

Get a jumpstart on preparing for an amazing pregnancy. This pre-recorded virtual class provides up-to-date essentials for a confident and informed pregnancy. From myths to nutrition, fetal growth, do's and don'ts, how to get ready, and so much more, this class is ideal for women up to 24 weeks pregnant.

Visit jcajax.org/wellness-connexion to learn more.



Physician Chat: Optimizing Performance A Comprehensive Approach to Sports Medicine

An engaging talk about sports medicine to explore the intricate balance between injury prevention, rehabilitation and performance enhancement. Vasily Rozenbaum, MD, with Baptist Health will dive into advancements in sports medicine to equip us with practical knowledge to prioritize athletic performance.

Mon, Jun 10 | 11:45 am
Free to the community



The JCA Walking Club

We want YOU to join the Walking Club! JCA Walking Club members go at their own pace, and through weekly walking goals, build speed and endurance. Members walk on our JCA indoor track, on treadmills, or anywhere safely outside. We also plan monthly walking meetups. The JCA Walking Club is FREE to valued JCA members.

JCA Walking Club Outdoor Walks

Tue, Mar 19 | 9:30 am
Tue, Apr 16 | 9:30 am
Tue, May 21 | 9:30 am
Tue, Jun 18 | 9:30 am

Walking locations will be emailed at registration. If you have questions, would like to join the club or register for any of our outdoor walks, please email Hollie Arnold, hollie.arnold@jcajax.org.

Soup Yoga

Cooking and eating are much like a yoga practice. Yoga instructor Grant Helm will spend 30 minutes creating a soup and talking about healthy eating habits, then lead a 90-minute yoga practice with healing sound bowls. After practice, we will distribute the soup for participants to take home to share with family and friends.

Sun, Apr 7 | 2 - 4 pm
\$60 | Valued member \$40



Intro to Tai Chi

Instructor Clint Neale will guide you through an introductory learning experience in this ancient mindful practice.

Wed, May 15 | 1:30 - 2:30 pm
Free to valued members



Community CPR

Learn how to be a lifesaver and receive your certification. Instructor Karen Cataldo will lead this certification program.

Fri, May 17 | 12 - 3 pm
\$113 | Valued member \$75
Limited to 12 participants

Life-Saving Self Defense

This training session led by Clint Neale and Jimmy Normeus is designed to teach individuals how to protect and empower themselves in dangerous situations. Learn techniques for escaping from grabs, strikes and chokes, and strategies for staying safe in different environments while increasing situational awareness.

Sun, Jun 9 | 11:30 am - 12:30 pm
Free to valued members

Karen Cataldo

Fitness and Wellness Team Lead
(904) 730-2100 ext. 324



Scan the QR code to discover more about our Fitness and Wellness programs.

Inner Wellbeing: Change Your Dialogue and Eat Better

Change your personal dialogue, change your eating, change your destiny! Dietician Leslie Burman will discuss the delicate balance of nutritional wellbeing. Learn how to fuel a healthier you. Please register in advance to save your spot.

Tue, Jul 16 | 7 pm
Free to valued members



SMALL GROUP TRAINING

Small group training package purchase required.

Broga

Be one of the “bros” and join our Fitness and Yoga Instructor Paula Saraga in her ongoing yoga training group for men.

Mon | 5 - 6 pm
Limited to six people per session.

Barre

Experience a full-body workout that combines strength, Pilates and body weight exercises. Our certified fitness instructors guide you through these low-impact exercises. Kerianne Acra leads Barre class on Tue and Fri. Gisela Reis leads class on Thu.

Tue | 9:15 - 10:15 am
Thu | 9:30 - 10:30 am
Fri | 9:15 - 10:15 am

Tai Chi

Instructor Clint Neale shares the Tai Chi experience with a perfect blend of gentle movements, deep breathing, and mindful focus that will enhance your overall well-being.

Sun | 10 - 11 am
Thu | 12 - 1 pm
Limited to 15 people per session.

Melt Method

Pilates Master Instructor Cheryl Forehand shares simple self treatments to make your body feel better and provide relief from common aches, pains, stress, overuse and age.

Sun | 12 - 1 pm
Limited to six people per session.



Alex Minardi
PE & Sports Coordinator
(904) 730-2100 ext. 254



Scan the QR code to discover more about our Sports and Recreation programs.



Willpower Basketball

Ages 5 - 12

Coach Will Holloman's basketball clinics allow players to reach their full potential in a fun-filled environment that challenges all to exceed personal limits and optimize the intangibles of the game.

Mon

Ages 5 - 8 | 5:30 - 6:30 pm

Ages 9 - 12 | 6:30 - 7:30 pm

Session I: May 6 - Jun 10

Session II: Jun 24 - Jul 29

\$135 | Valued member \$90

Private Lessons

Ages 13 - 18 | Private lessons available throughout the week.

\$60 | 30-minute session

For Private Basketball Instruction

please call Coach Alex at ext. 254 or email alex.minardi@jcjax.org.

Open Pick Up Games

Ages 14+

Stay active on the court! Join us for our open pick up volleyball and basketball games.

Volleyball

Tue | 7:30 - 9 pm

Basketball

Sat | 1 - 3 pm

Free for valued members

Youth Basketball League

Ages 4 - 16

The JCA Youth Basketball League offers an organized, competitive and social atmosphere where athletes can develop into fundamentally-sound players while having fun. All games at the JCA; every team has one weeknight practice. If you have questions please contact Coach Alex at (904) 730-2100 ext. 254 or alex.minardi@jcjax.org.



Sun | 12 - 6 pm | Apr 7 - May 26

\$165 | Valued member \$110

No games on Apr 28



Fast Freddy's Taekwondo Academy

Ages 3 - 13

Master Frederick Vescera shares the martial art of Taekwondo with our community. The exciting sport teaches a variety of kicks, strikes and blocks while children build self-defense skills and have lots of fun. Students have the opportunity to move up in belts after certain criteria are met. Dobek purchase from Master Freddy is required.

Tue and Thu

Any belt color: Ages 3 - 6 | 4 - 4:45 pm

White/Yellow belts: Ages 7 - 13 | 5 - 6 pm

Orange+ belts: Ages 7 - 13 | 6 - 7 pm

Session I: Jun 18 - Aug 13

\$300 | Valued member \$200

No class on Jul 4

Varsity Basketball League

Ages 15 - 18

Teams consist of eight players for five-on-five competition. No practices, just games. To register as a free agent, a team, or if you are an adult interested in volunteering to coach, please email Coach Alex at alex.minardi@jcjax.org or call ext. 254.

Thu | 6 - 9 pm

Mar 21 - May 16

\$105 | Valued member \$70

JCA Fencing Academy

Helps fencers gain confidence through games, footwork, coordination, fencing drills and bouts.

Tue

Advanced: Ages 13+ | 6 - 7:30 pm

Session I: May 7 - Jul 2

Session II: Jul 7 - Aug 27

Wed

Beginner: Ages 4 - 12 | 5 - 6 pm

Intermediate: Ages 13+ | 6 - 7:30 pm

Session I: May 8 - Jul 3

Session II: Jul 10 - Aug 28

No classes Jun 11 and 12

\$180 | Valued member \$120

Youth Summer Developmental League

Coach Will Holloman helps children develop their skills on the court this summer. Interested players complete our Mandatory Skills Assessment on Sun, Jun 23.

Ages 4 - 6 | 12 pm

Age 7 - 12 | 1 pm

Age 13 - 16 | 2 pm

Games are every Sun, Jul 7 - 28 from 12 - 6 pm at the JCA. Game times vary based on the number of players and divisions.

Email, alex.minardi@jcjax.org to schedule a makeup evaluation.

\$135 | Valued member \$90

Adult Basketball Leagues

Teams consist of six players for four-on-four competition.

18+ Adult Basketball League

Wed | 6 - 9 pm

\$60 | Valued members only

25+ Adult Basketball League

Sun | 8:30 - 11:30 am

\$60 | Valued members only

Email Coach Alex, alex.minardi@jcjax.org for dates and availability.



PRESCHOOL & YOUTH SPORTS CLINICS



PRESCHOOL

SPORTS EXTRAVAGANZA

AGES 3 (BY 9/1/2023) - 6

Mon | 3:30 - 4:15 pm

Apr 8 - May 20

No class on Apr 22 and 29

LITTLE NINJA WARRIORS OBSTACLE COURSE

AGES 3 (BY 9/1/2023) - 6

Mon | 3:30 - 4:15 pm

Apr 8 - May 20

No class on Apr 22 and 29

TERRIFIC TUMBLER GYMNASTICS

AGES 3 (BY 9/1/2023) - 6

Tue | 3:30 - 4:15 pm

Apr 16 - May 21

No class on Apr 23

LITTLE KICKERS SOCCER

AGES 3 (BY 9/1/2023) - 6

Tue | 3:30 - 4:15 pm

Apr 16 - May 21

No class on Apr 23

LITTLE HITTERS T- BALL

AGES 3 (BY 9/1/2023) - 6

Wed | 3:30 - 4:15 pm

Apr 17 - May 22

LITTLE DRIBBLERS BASKETBALL

AGES 3 (BY 9/1/2023) - 6

Thu | 3:30 - 4:15 pm

Apr 18 - May 23

TERRIFIC TUMBLER GYMNASTICS

AGES 3 (BY 9/1/2023) - 6

Fri | 3:30 - 4:15 pm

Apr 19 - May 24

YOUTH

SOCCER 101

AGES 5 - 10

Mon | 4:30 - 5:30 pm

Apr 8 - May 20

No class on Apr 22 and 29

JUNIOR GYMNASTICS

AGES 5 - 10

Tue | 4:30 - 5:30 pm

Apr 16 - May 21

No class on Apr 23

BASKETBALL 101

AGES 5 - 10

Tue | 4:30 - 5:30 pm

Apr 16 - May 21

No class on Apr 23

FLOOR HOCKEY

AGES 5 - 10

Wed | 4:30 - 5:15 pm

Apr 17 - May 22

VOLLEYBALL 101

AGES 8 - 14

Thu | 4:30 - 5:30 pm

Apr 18 - May 23

CHEERLEADING

AGES 8 - 14

Thu | 4:30 - 5:30 pm

Apr 18 - May 23

Mon or Tue Classes: \$90 | Valued member \$60
Wed, Thu or Fri Classes: \$105 | Valued member \$70



Dustin Rulien

Aquatics Manager
(904) 730-2100 ext. 417



Scan the QR code to discover more about our Aquatics programs.



American Red Cross TRAINING CLASSES

Red Cross-Certified Lifeguard Training

Prerequisites:

- Must be at least 15 years of age.
- Complete a swim-tread-swim sequence without stopping to rest.
- Complete a timed event within one minute and 40 seconds.

The most up-to-date detailed list of course prerequisites are available on jcjax.org under American Red Cross Certifications.

Mon - Thu
Apr 8 - 11 | 4 - 9 pm
May 6 - 9 | 4 - 9 pm
\$285 | Valued member \$190

Red Cross-Certified Water Safety Instructor Training

Become certified to teach parent and child aquatics, preschool aquatics, Learn-to-Swim, adult swim courses and water safety courses and presentations. Water Safety Instructor candidates must be 16-years-old on or before the last scheduled day of the course.

Apr 14 - 18 | Sun, Apr 14, 1 - 6 pm
Mon - Thu, Apr 15 - 18, 4 - 9 pm
\$285 | Valued member \$190

Community First Aid / CPR / AED: Adult - Child - Infant

The First Aid/CPR/AED program helps participants recognize and respond appropriately to cardiac, breathing and first aid emergencies.

Sun, May 26 | 12 - 3 pm
\$113 | Valued member \$75

Sensory Safe Swim Lessons

Ratio 2:1 or 1:1 | All ages

This program is designed for swimmers with Autism. Swim lessons are held in our quiet, indoor heated pool.

Sun | 4:30 - 5 pm or 5 - 5:30 pm

Spring Session | Apr 21 - Jun 2

Summer Session I | Jun 16 - Jul 21

Summer Session II | Aug 4 - Sep 8

\$150 | Valued member \$100

Adult Group Swim Lessons

Ratio 8:1 | 14+ yrs

This program is designed to encourage and introduce adults to swimming in a welcoming and comfortable environment.

Mon and Wed | 6:30 - 7 pm

Spring Session | Apr 8 - May 22

Summer Session I | Jun 3 - Jul 17

Summer Session II | Jul 24 - Aug 28

\$225 | Valued member \$150

Private Swim Lessons

All ages

Each lesson is 30 minutes in length.
\$60 per lesson | Valued member \$30 per lesson

\$420 for eight lesson package | Valued member \$210 for eight lesson package

Semi-Private Swim Lessons

All ages

Each lesson is 30 minutes in length.
\$40 per lesson | Valued member \$20 per lesson

\$280 for eight lesson package | Valued member \$140 for eight lesson package

Scan the QR code above for more information about our cancellation and diaper policies.

Email Dustin, dustin.rulien@jcjax.org or call (904) 730-2100 ext. 417 for more information about American Red Cross Training Classes, Private and Semi-Private Swim Lessons at the JCA.



Summer Makos Swim Team

Levels 5 - 6 | 5 - 18 yrs

Our summer-time team is designed for swimmers who complete Level 4 of Learn to Swim programs. Summer Makos compete in six friendly swim meets with other River City Swim League clubs. A team shirt and swim cap are included in registration fees. Join us for our team kickoff party on Sun, Apr 7, 2:30 - 4:30 pm. Swimmers will meet their coaches at the party and get their team gear.

Mon - Thu

Summer Makos | May 1 - Jul 21

Ages 6 and under | 4:30 - 5:15 pm

Ages 7 - 10 | 5:15 - 6:15 pm

Ages 11 - 18 | 6:15 - 7:15 pm

\$300 | Valued member \$200

Meets only

\$180 | Valued member \$120

Masters Makos Swim Team Practice

Ages 18+

Relearn or refine your strokes in a fun-filled atmosphere with peers. Professional coaches guide swimmers at their own pace.

Eight-week course

Mon | 5:45 - 6:45 am

Spring Session | Mar 11 - Apr 15*

Summer Session I | May 6 - Jun 17*

Summer Session II | Jul 8 - Aug 26

Wed | 7 - 8 pm

Spring Session | Mar 13 - Apr 17*

Wed | 7:30 - 8:30 pm

Summer Session I | May 8 - Jun 19*

Summer Session II | Jul 10 - Aug 28

\$90 | Valued member \$60

*Prorated to \$68 | Valued member \$45

Family Fun Days at the JCA

You are invited to join us for fun-filled holidays at the JCA. Mark your calendars now, we will host a Family Fun Day on Memorial Day, May 29 and Independence Day, July 4 from 11:30 am - 2:30 pm. Our world famous hot dogs will be served, there are bound to be a few greased watermelons in the pool and fun for all ages.

Family Fun Day | 11:30 am - 2:30 pm

Mon, May 27 and Thu, Jul 4

Free to valued members



American Red Cross LEARN TO SWIM PROGRAMS AT THE JCA

No lessons or Swim Team practice on Mar 31, Apr 22, 23, 28, 29, 30, May 27, 28, Jun 11, 12, Jul 3 and 4

LEVEL 0

Parent & Me Ratio 8:1 | Ages 6 mos - 3 yrs

This program teaches parents how to work safely and effectively with children in the water. The program emphasizes fun and enjoyment, water adjustment, and preparatory activities for future swimming. Parent and Me aquatics is not designed to teach children to become good swimmers or even to survive in the water on their own. At least one adult must accompany the child in the pool.

Sunday Sessions

10 - 10:30 am

Spring Session | Apr 21 - Jun 2

Summer Session I | Jun 16 - Jul 21

Summer Session II | Aug 4 - Sep 8

\$135 | Valued member \$90

Pricing for Parent and Me classes is per session.

LEVELS 1 - 3

Preschool Aquatics Ratio 4:1 | Ages 2 - 3 and 4 - 5 yrs

Preschool through kindergarten children progress through swim levels while learning water safety and skills ranging from blowing bubbles to independent swimming. Children who successfully complete this program will be ready to begin Learn to Swim Level 3.

Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm,

1 - 1:30 pm or 2 - 2:30 pm

Spring Session | Apr 21 - Jun 2

Summer Session I | Jun 16 - Jul 21

Summer Session II | Aug 4 - Sep 8

\$135 | Valued member \$90

Pricing for Learn to Swim programs is per session.

Weekday Sessions

Mon & Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Tue & Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Spring Session | Apr 8 - May 23

Summer Session I | Jun 3 - Jul 18

Summer Session II | Jul 24 - Aug 29

\$225 | Valued member \$150

LEVELS 1 - 4

Learn to Swim Ratio 5:1 | Ages 6 - 9 yrs and 10 - 13 yrs

Elementary and middle school age children progress through four levels of swimming skills and water safety. This curriculum begins with body control in the water and ends with independently swimming all four strokes for short distances.

Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm,

1 - 1:30 pm or 2 - 2:30 pm

Spring Session | Apr 21 - Jun 2

Summer Session I | Jun 16 - Jul 21

Summer Session II | Aug 4 - Sep 8

\$135 | Valued member \$90

Pricing for Learn to Swim programs is per session.

Weekday Sessions

Mon & Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Tue & Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Spring Session | Apr 8 - May 23

Summer Session I | Jun 3 - Jul 18

Summer Session II | Jul 24 - Aug 29

\$225 | Valued member \$150

LEVELS 5 - 6

School Year Makos Swim Team | Ages 5 - 18 yrs

Our school year swim team is a monthly, practice-only team designed for those who complete level 4 of the Learn to Swim program. School year swim team continues our Learn to Swim Levels 5 and 6, refining stroke development and increasing endurance. School Year Makos Swim Team runs through April. The Summer Makos Swim Team begins in May.

Ages 5 - 10 | Sun, 3 - 4 pm | Mon - Thu, 5 - 6 pm

Ages 11 - 18 | Sun, 3 - 4 pm | Mon - Thu, 6 - 7 pm

March | Mar 3 - 30

April | Apr 1 - 30

August | Aug 4 - 29

One day per week, \$60 | Valued member \$40

Two days per week, \$90 | Valued member \$60

Four days per week, \$120 | Valued member \$80

Pricing for the School Year Makos Swim Team is a recurring monthly fee.



Lucas Ramos Campos
Tennis Pro
(904) 730-2100 ext. 317



Scan the QR code to discover more about our Tennis programs.



Adult Tennis Clinics

Ages 18+

Clinics geared to A, B and C level tennis players who are participating in our competitive teams. Tennis League play continues through April. For more information, contact Lucas at ext. 317 or email lucas.ramoscampos@jcjax.org.

3.0 - 3.5 Men's Clinic

The first hour of clinic will focus on stroke production, drills, and strategy. The last half hour of clinic will be supervised doubles play.
Mon | 6:30 - 8 pm
\$20 per clinic, year-round

Twelve-Week Sessions

A Team Clinic

Wed | 10:30 am - 12 pm

B Team Clinic

Wed | 9 - 10:30 am

C Team Clinic

Mon | 9 - 10:30 am

Working Women's

Wed | 6:30 - 8 pm

\$180 | Valued members only

Cardio Tennis

Ages 18+

This engaging group fitness program features the heart pumping effects of tennis drills, games and skills to deliver the ultimate full-body and calorie burning workout. Six-week sessions are available year-round.
Sun | 8:30 - 9:30 am
\$135 | Valued member \$90



Tennis Mixers

Ages 21+

Enjoy a round robin doubles social. Players will be matched up by ability, while they rotate opponents and partners throughout the night. Level of 3.0+.
Second Thu of month | 6:30 - 8 pm
Free for valued members only

Tennis 101

Ages 18+

Adults learn the basics of stroke production, scoring, rules, and more about the game of tennis. Six-week sessions are available year-round.
Mon | 5 - 6 pm
Tue | 6:30 - 7:30 pm
\$135 | Valued member \$90

Private Lessons

Valued members can schedule a private tennis lesson at any time on the My J app, or by calling ext. 317.
30-min | \$30
60-min | \$60
Doubles | \$80
Package: Five, 60-minute lessons or ten, 30-minute lessons \$270

Tennis Scholarships

Tennis encourages children and teens to develop positive social skills, eye-hand coordination and strategic thinking while building healthy bodies and minds. We have financial assistance for children to participate in our JCA tennis programs. Thanks to the Serve Love Endowment Fund, our JCA and The Jewish Federation & Foundation of Northeast Florida can provide financial support for children in need of tennis items like equipment or shoes. Please email kendall.valliere@jcjax.org for more information, or questions about your specific situation.

JUNIOR TENNIS CLINICS

ALL CLINICS ARE SIX-WEEK SESSIONS.



For the pee-wee and junior players, our **Tennis** programs teach the fundamentals of tennis. Classes focus on proper swinging motions and the most effective way to handle a tennis racquet.

PEE-WEE QUICK START

Ages 4 - 7

Thu | 4:30 - 5:15 pm

JUNIOR QUICK START

Ages 8 - 12

Tue | 4:30 - 5:30 pm

\$108 | Valued member \$72

Email Lucas for more information and specific class dates at lucas.ramoscampos@jcjax.org.

In memory of...

DALE GOSA

by Karen and Philip Adler and,
Stephanie and Emily
Adam and Regina Chaskin
The Board and Staff of the JCA

EIFFEL GILYANA

by Howard Roey
Allison and Ken Jacobs

ISABEL ARCHE MARTINEZ

by The Board and Staff of the JCA

For a Speedy Recovery...

MILLY HEDRICK

by The JCA Board and Staff

MEREDITH FRISCH

by The JCA Board and Staff

In honor of...

THE BIRTH OF DRIES VAN SCHAIK

by The Miller Families

BEATRICE COHEN'S BAT MITZVAH

by Rochelle and David Stoddard

**MICHAEL DUBOW'S NEW ROLE AS
PRESIDENT OF THE COMMUNITY
FOUNDATION FOR NORTHEAST FLORIDA**

by The Miller Families



JCA

WE'RE HIRING!



Scan the QR code to visit
jcajax.org/careers and **apply today.**

JOIN THE JCA TEAM



Disney

FROZEN

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David A. Stein
Jewish Community Alliance
on the Ed Parker Jewish
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jcajax.org



Affiliated with the Jewish Federation and Foundation of
Northeast Florida, the United Way of Northeast Florida
and the Jewish Community Centers of North America.



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MISSION STATEMENT The Jewish Community Alliance (JCA)
strengthens Jewish life, serves as a common meeting ground
and enhances the quality of life of the entire community.

VISION STATEMENT Our vision is to provide *the* place in the tradition of our
heritage where all people come together throughout their lives to enhance
body, mind and spirit, in an environment of fun, harmony and friendship.

**EMBRACE THE MOMENTS,
CHERISH THE TIME!**

REGISTRATION OPENS JANUARY
2024 AT **JCAJAX.ORG/JCAMP**
OR (904) 730-2100.

AGES 2 AND UP

**PROTECTING OUR COMMUNITIES
TOGETHER
REPORT HATE CRIMES**

1-800-CALL-FBI
tips.fbi.gov