

SPRING 2021

VOLUME 32 | NUMBER 07

# PROGRAM GUIDE

19 NISAN - 20 TAMUZ 5781 • APRIL 1 - JUNE 30, 2021



*David A. Stein*  
Jewish Community Alliance  
*on the Ed Parker Jewish Community Campus*

## TABLE OF CONTENTS

- 3 Shalom
- 4 J Institute
- 6 Early Childhood
- 7 Theatre
- 8 Jewish Education
- 10 Youth Services
- 12 Development
- 14 Wellness Connexion
- 16 Fitness and Wellness
- 18 Sports and Recreation
- 20 Aquatics
- 22 Tennis
- 23 Tributes

The JCA **Program Guide** and **Alliance News** are published 10 times a year (monthly except July and August) by the

**Jewish Community Alliance**  
**8505 San Jose Boulevard**  
**Jacksonville, FL 32217**

For additional program information, please contact the JCA at:

**(904) 730-2100 P • (904) 730-2444 F**  
**jcajax.org • info@jcajax.org**  
**facebook.com/jcajax**

Rochelle Stoddard . . . . . Board Chair  
 Adam Chaskin . . . . . Chief Executive Officer  
 Jamie Kennedy . . . . . Marketing Director  
 Lee Lemay . . . . . Graphic Designer  
 Chelsea Jarrell . . . . . Digital Marketing Manager

### Spring Locker Room Hours

Locker room hours are the same as business hours and closed for cleaning Monday – Friday at 1:15 pm – 2 pm.

### Men's and Women's Locker Rooms

Locker rooms are now available.

- Masks must be worn at all times except while showering or washing your face at sink.
- Frequent disinfecting will happen throughout the day in addition to midday cleaning.
- Available lockers will be marked and promote physical distancing.
- Both locker rooms will have designated benches to promote physical distancing.
- All shower stalls are available for use and feature full length separating walls.
- Sanitary wipes will be available in both locker rooms.

### Kid Kare (babysitting) (904) 730-2100 ext. 325

- Service is for kids 3+ years old, masks required.
- No more than 8 kids in each shift.
- Mon- Fri operation hours 9 - 11 am & Mon - Thurs evenings from 5:50 - 8 pm.
- Sunday hours 8:30 - 11:00 am.
- Kids must be potty trained.
- Snacks are not allowed at open play area, but members of the same household can share the private table at the fenced infant area to snack per request.
- JCA Kid Kare is offered on a first come first serve basis.

**Free for JCA family memberships only**

### Guest Policy

Members may bring only two guests at a time (except for families bringing families) with no more than three visits in a calendar year. Guests must be accompanied by a member in good standing. Children who are guests must have an adult present to sign a waiver and be chaperoned by an adult if under 10. All guest passes must be purchased at the Reception Desk. Saturday guest passes must be purchased in advance. All guests must have guest passes. All visitors must present a photo ID.

**Guest Pass Fee: Adults:** \$8 each visit **Children/Teens (5 - 18):** \$4 each visit

### Mandatory Swim Assessments

All children 12 and under must complete a 25-yard swim (without touching the bottom of the pool, grabbing the lane rope, floating on their back or requiring assistance) on their front (freestyle, breaststroke, etc.) and tread water for 45 seconds. If they pass the test, they are permitted to swim without flotation and receive a yellow neck band. Swimmers who do not complete the test will receive a red neck band and be required to wear a life jacket, have a parent/guardian in the water within arm's reach or choose not to swim. The JCA will supply neckbands to each child, which are to be kept and brought to the pool each time to swim. Replacement bands are available for \$5 each.

### Unsupervised Children

The following policies ensure the safety of all JCA members:

- Children 9 years old and under must be under direct supervision (in sight and within close proximity) by an adult while at the JCA. Children must be brought to and picked up from class, babysitting or childcare by an adult. All members age 10 and over entering the JCA must present a membership card.
- Children age 10 and up may be unaccompanied by an adult in the JCA except for the fitness area where children must be 13 years old to enter. The lobby area, hallways, other rooms and the courtyard in the JCA are not appropriate spaces.

The JCA cannot be held responsible for members age 10 and over attending the JCA and not enrolled in an organized activity. In addition, children age 10 and up are expected to behave in a mature manner when in the building without parental supervision. Behavior that is disruptive and/or harmful to themselves or others may result in the suspension of independent privileges.

### Food Policy

JCA is a kosher facility. Therefore no deliveries of food of any kind for members from take-out restaurants will be accepted. Food brought into the building from home, outside of a JCA program or preschool, must be consumed in either the courtyard or the outdoor pool area. Thank you for your cooperation.

### Fire Alarm Policy

For your safety and welfare, you must evacuate the building when the fire alarm sounds. You will be notified by JCA personnel when it is safe to return to the facility. Thank you for your understanding and support.

### Cancellation/Expiration Policy for Personal Training, Private Tennis and Swim Instruction

All participants registered for private tennis, swim or personal training sessions must give at least a 24-hour notice of cancellation for already scheduled sessions. Failure to properly cancel will result in a charge for that session at the established fee. All personal training sessions, private tennis lessons and private swim lessons will expire six months from the date of purchase. Fees paid for (expired) sessions/lessons are non-refundable and non-transferable.

### Class Payment, Refund and Cancellation Policy

- All class and program fees must be paid before the beginning of the class. For one-time programs or classes, no refunds will be granted.
- 50% refund after first class; 25% refund after second class; no refund after third class (excludes childcare tuition and summer camp programs).
- Refund policies apply to all private training and lessons.
- The JCA reserves the right to cancel programs/classes not meeting the minimum required enrollment for circumstances beyond our control.

**JCA Member Code of Conduct** The JCA is committed to providing a safe and welcoming environment for all members and guests. To promote safety and comfort for all, we ask individuals to act appropriately at all times when they are in our facility or participating in our programs. We expect persons using the JCA to behave in a considerate and responsible way and to respect the rights and dignity of other members, guests and staff. Our Code of Conduct outlines actions that are deemed inappropriate. These include but are not limited to: inappropriate attire—appropriate attire in keeping with the values of the JCA must be worn at all times; angry or vulgar language, including swearing, name-calling or shouting; physical contact with another person in any angry or threatening way; any demonstration of sexual activity or sexual contact with another person; harassment or intimidation by words, gestures, body language or any menacing behavior; theft or behavior that results in the destruction of property; carrying or concealing any weapons or devices or objects that may be used as weapons with the exception of law enforcement professionals; using or possessing illegal chemicals (drugs) on JCA property, in JCA vehicles or at JCA sponsored programs; using or possessing alcohol on JCA property, in JCA vehicles or at unsanctioned JCA sponsored programs; any other conduct of an inappropriate, threatening or offensive nature. Loitering is not permitted in or outside the JCA. Use of all tobacco products, smoking (including e-cigarettes) is not permitted in or outside the JCA. The JCA and its property is a smoke-free/tobacco-free environment. The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds. In addition, the JCA reserves the right to deny access or membership to the following persons: registered sex offenders; those accused/convicted of sexual abuse crimes; those accused/convicted of crimes relating to the sale/use/possession/transportation of narcotics, habit forming, and/or dangerous drugs; those excessively or continuously using intoxicating beverages, narcotics, or dangerous drugs. The JCA maintains a no tolerance policy concerning all of the above. Members and guests are encouraged to be responsible for their personal comfort and safety and to ask any person whose behavior threatens their comfort to refrain from that behavior. If a member or guest feels uncomfortable in confronting the person directly, they should report the behavior to a staff person or the Manager on Duty. Good personal hygiene, including the appropriate use of deodorant, is expected as a consideration to other members. JCA staff members are eager to be of assistance. Members and guests should not hesitate to notify a staff member if assistance is needed. In order to be able to carry out these policies, we ask that members and guests identify themselves to staff when asked. The Executive Team will investigate all reported incidents. Suspension or termination of JCA membership privileges may result from a determination by the Executive Team if in their discretion a violation of the JCA Member Code of Conduct has occurred.



**ROCHELLE  
STODDARD**

730 - 2100 EXT. 276

Dear Friends,

A new season is upon us and with it brings the hope of the renewed opportunity to reconnect and rediscover.

As JCA Board Chair, I could not be prouder of our community's outpouring of support for this

year's JCA annual fundraiser. Although we moved to a virtual platform this year, our event remained interactive and reflective of the JCA's mission in action. We truly brought our community together, meeting them where they are and providing an experience tailor made for their interest and comfort level. Together, we managed to raise more than \$200,000 to support scholarship services and tuition assistance for children, families, and senior adults in need, now more than ever, who rely on the support and services of our agency. I am so grateful to my fellow Executive Committee members for leading this endeavor, which was so warmly received and enjoyed by more than 200 people in our community. Without your support, the JCA would not be able to meet this growing need for assistance by providing an additional \$100,000 in scholarship support, beyond our usual \$330,000 award, despite revenue losses in excess of \$1,000,000.

My service of this agency during the last year of global pandemic has been truly humbling and heartwarming. The JCA continues to reinforce its mission in the community as the common meeting ground and enhancing the quality of life, regardless of circumstances. Our programs, services and exceptional staff continue to provide unparalleled excellence for all ages and stages of life.

As the Passover holiday approaches, I invite you to take advantage of everything our JCA has to offer. Be it our award-winning Summer Camp program, now taking place in two locations, our fitness center, recently voted Best in Jax, or our wide variety of programs, you will find the JCA offers something for everyone!

Wishing you and your family a happy and healthy spring!

Sincerely,

**Rochelle Stoddard**  
Board Chair

**JCA BUILDING HOURS**

**Sun** . . . . . 8 am – 6 pm      **Fri** . . . . . 5:30 am – 5 pm  
**Mon – Thur** . . . . . 5:30 am – 9 pm      **Sat** . . . . . 1 – 6 pm

**JCA HOLIDAY HOURS**

**Passover**  
**Saturday, Mar 27** . . . . . 1 – 5 pm      **Friday, Apr 2** . . . . . 5:30 am – 5 pm  
**Sunday, Mar 28** . . . . . Closed      **Saturday, Apr 3** . . . . . Closed  
**Monday, Mar 29** . . . . . 1 – 9:30 pm      **Sunday, Apr 4** . . . . . 1 – 6 pm

**BOARD OF TRUSTEES**

**Executive Committee**

David A. Stein, Honorary Chair  
 Rochelle Stoddard, Chair  
 Michael Miller, Vice Chair  
 Nicole Brown, Secretary  
 Sam Stromberg, Treasurer  
 Morgan Orender, Asst. Treasurer

**Trustees**

Rachel Algee · Benjamin Becker  
 Herschel Bettman · Barry Chefer  
 Mary Edwards · Sunny Gettinger  
 Whitney Kuvin · Rachel Morgenthal  
 Debbie Parker · Edrea Porter  
 Nancy Rothstein · Sherrie Saag  
 Deborah Shapiro · Mitchell Terk

**Past Chairs**

David A. Stein · Lois Chepenik  
 Bruce Warschoff · Mark Green  
 Howard I. Korman · Irene Jaffa  
 Ernest N. Brodsky · Stephen M. Goldman  
 Kenneth B. Jacobs · Steve Sherman  
 David C. Miller · Nancy B. Perlman  
 Jan G. Lipsky · Adam Frisch  
 Allison Korman Shelton · Brent Trager

**Life Board Members**

Mickey Block\* · Lawrence DuBow  
 Melvin Gottlieb · Howard I. Korman  
 Jeffrey Parker · William F. Rein\*  
 Joseph P. Safer\* · David A. Stein

\*Of Blessed Memory

**JCA DEPARTMENT DIRECTORS**

CEO.....Adam Chaskin, ext. 272  
 Asst. Exec. Director ..... Nancy Green, ext. 247  
 Finance.....Melissa Meyenberg, ext. 224  
 Administration..... Pam Tavill, ext. 225  
 Marketing..... Jamie Kennedy, ext. 223  
 Development.....Ben Marcus, ext. 318  
 Early Childhood..... Theresa Levy, ext. 237  
 Facilities Mgmt.....Cal Barker, ext. 238  
 Fitness & Wellness.....Eiffel Gilyana, ext. 324  
 Membership.....Chris Turner, ext. 257  
 Sports & Rec..... Rio Robinson, ext. 250  
 Theatre.....Shelly Hughes, ext. 252  
 Youth Services.....Amanda Collins, ext. 245

**Proselytization** The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds.

Affiliated with the Jewish Federation of Jacksonville, United Way of Northeast Florida and the Jewish Community Centers Association of North America. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION FOR JEWISH COMMUNITY ALLIANCE, INC., A FLORIDA-BASED NONPROFIT CORPORATION (REGISTRATION NO. CH202), MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 1-800-HELP-FLA (435-7352) WITHIN THE STATE OR VISITING THEIR WEBSITE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. DCF License #: C04DU0213

Please note, due to Covid-19 protocols, some programs and services are subject to change. If possible, virtual options will be offered. \*Visit [jcjax.org/reopening-plan](http://jcjax.org/reopening-plan) to view JCA protocols and updated staus.



**HEATHER TERRILL**  
J INSTITUTE PROGRAM MANAGER  
730 - 2100 EXT. 265



\*See page 3 for JCA Covid-19 protocols.



### Traveling Diner Dinner Club

Delight your taste buds and enjoy great company as we experience a world of flavor in Jacksonville's best ethnic restaurants. Your meal is at your own expense. For details, call Heather at ext. 265. *Registration required.*

**Tue, April 6 and June 29 | 6 pm**  
\$5 | Free for valued members



### Ladies Night Out

Ladies Night Out is back! Join me at the Secret Tiki Temple and escape to this secret tiki paradise for a fun evening out with the girls.

*Registration required by May 3.*

**Thu, May 6 | 6 - 8 pm**  
\$5 | Free for valued members



Let's Do

**LUNCH**

Meet us at local favorites for our monthly lunch outing. Your meal is at your own expense.

**Fri | 11 am**

**May 14: Taverna**

**June 11: Beirut Restaurant**

\$5 | Free for valued members



### Walking Club

Become a member of one of the fastest growing groups at the JCA. You can find walkers on the track, on treadmills and in the gymnasium. Keep track of your progress and receive awards from the JCA when a goal is achieved. Come join us! It's fun, educational, healthy and FREE.

Free for valued members only



### Sit & Get Fit

Join us to get fit while making new friends. For details, call Heather at ext. 265.

**Mon, Thurs, Fri | 10:45 - 11:30 am**

Free for valued members only



For more wellness programs, see pages 14 - 17

## ART IN THE AFTERNOON

Join Heather Terrill for a monthly afternoon workshop. Supplies provided; you are welcome to bring your own too! For details, email [heather.terrill@jcjax.org](mailto:heather.terrill@jcjax.org) or call ext. 265.

### Creative Cup

Create a personalized design to decorate a mug that you can enjoy your favorite drink in! *Registration required by April 10.*

Thu, Apr 10 | 1 - 3 pm

\$30 | Valued member \$20

### Paint a Pre-Drawn Canvas

Bring your friends, relax and paint! Are painting classes too intimidating but you want to try your hand at painting? This is for you! Once you register, you will receive an email a week prior to the class and you can choose from 3 different canvas options. *Registration required by May 10.*

Thu, May 13 | 1 - 3 pm

\$30 | Valued member \$20

### Block Print Tea Towel

Bring a little style into your home! Learn the basics of block printing while creating a fun little accent piece to add to your kitchen. *Registration required by May 26.*

Tue, June 1 | 1 - 3 pm

\$30 | Valued member \$20

### Plein Air in the Garden

Step outside and explore the beautiful nature that is part of the JCA with instructor Theresa Rykaczewski as she teaches you how to create a drawing based on what you see. Each session is different, you can register for 1 class or all of them! See supply list at [www.jcjax.org/ji](http://www.jcjax.org/ji). *Registration required.*

Fri | 2 - 4:30 pm | Apr 2, 9, 16, 23, or 30

\$27 | Valued member \$18 per class

\$120 | Valued member \$80 series

## VANDROFF ART GALLERY

For details on exhibiting or the upcoming artist schedule, contact Heather at ext. 265 or [heather.terrill@jcjax.org](mailto:heather.terrill@jcjax.org).



### Marlene Scheer

Apr 8 – May 5

Marlene's work is a representational expression using color as her essential element to express her artistic visions.



### Lisa Lofton

May 6 – Jun 2

Lisa's paintings are influenced by the architecture, people, landscape, and industry of Florida. Her bright illustrative style invites an emotional connection to a time and place.



### Jacksonville Artists Guild

Jun 3 – Jun 30

"Sunshine in the South" features the talented members of JAG. JAG is dedicated to elevating artistic awareness and participation through dynamic programs and exhibitions that enhance, encourage and promote the arts.

### Watercolor Cards

A popular & relaxing card making class with a series of designs in watercolor with stamps & paper provided. Just bring watercolor paint & brushes. *Registration required.*

Tue, May 4 | 12 - 2:30 pm

\$27 | Valued member \$18

### Spring Flower Bouquet Oil Painting

Once again, Theresa Rykaczewski offers another amazing oil painting class. This time learn how to paint from a still life of floral bouquets. See supply list at [www.jcjax.org/ji](http://www.jcjax.org/ji). *Registration required.*

Tue | 2 - 4:30 pm | May 11, 18, 25

\$113 | Valued member \$75

### Abstract Painting in the Style of Kandinsky

Let loose with fun abstract shapes, lines, colors and washes with Theresa Rykaczewski. See supply list at [www.jcjax.org/ji](http://www.jcjax.org/ji). *Registration required.*

Tue, Jun 8 | 2 - 5 pm

\$30 | Valued member \$20

### Picasso Style Portrait

Bring a photo of a friend, family member or yourself to turn into a Picasso style portrait! See supply list at [www.jcjax.org/ji](http://www.jcjax.org/ji). *Registration required.*

Thu, Jun 10 | 2 - 5 pm

\$30 | Valued member \$20



**THERESA LEVY**  
ECE DIRECTOR  
730 - 2100 ext. 237

\*See page 3 for JCA Covid-19 protocols.

\*Children in early childhood (9mo or 12mo), Afterschool, J All Day and Study Central must be picked up by parents/guardian at the end of enrichment classes. They are not permitted to return to their groups once removed.

**FREE!**

# Parent & Me

## CLASSES



**VIRTUAL Make Music (3 mos - 3 yrs)**

This virtual parent and me class stimulates the young brain while you play with instruments, sing, and dance along as you make music.

Mon | 11 - 11:30 am  
Apr 5, 12, 19, 26, May 3, 10



**VIRTUAL Sensory Sensations (1 - 3 yrs)**

Tickle the senses to stimulate learning, encourage scientific thinking and foster social connections as children play, investigate and explore.

Tues | 11 - 11:30 am | Apr 6, 13, 20, 27, May 4, 11



**VIRTUAL Story Time (Birth - 3 yrs)**

Bond with your child while having Story Time with us virtually from the beautiful ECE Library.

Wed | 11:00 - 11:30 am | Apr 7, 14, 21, 28, May 5, 12



**Stroller Fit Moms (Birth - 3 yrs)**

Gisela Reis leads these stroller-based exercises that blend Barre Pilates, yoga and power walking. Bond with your baby, build strength, tone muscle and improve posture..

Mon | 12:15 - 1:15 pm | Apr 5, 12, 19, 26, May 3, 10



**Splash-N-Play (1 - 3 yrs)**

Join us for fun in the water with your little ones. Fun activities designed for parent and baby bonding in the water!

Tues | 11:30 am - 12 pm | Apr 6, 13, 20, 27, May 4, 11



**VIRTUAL Tot Shabbat (Birth - 3 yrs)**

Join Ms. Renee for a Jewish holiday-based Shabbat with crafts and activities! Holidays will include Yom Ha'atzmaut and Shavuot.

Fri | 11 - 11:30 am | Apr 9, May 14

**Free to the community. Advance registration required.**



\*See page 3 for JCA Covid-19 protocols.

\*Children in early childhood (9mo or 12mo), Afterschool, J All Day and Study Central must be picked up by parents/guardian at the end of enrichment classes. They are not permitted to return to their groups once removed.

PAC Auditions Present

# Aladdin

**Audition Date:**

Thur, Mar 18

**Audition Time:**

4:00 pm

**Rehearsal Days:**

Mon and Thur

**Rehearsals begin:**

Mon, Mar 22 posted

**Rehearsal Time:**

4:00 pm – 6:00 pm

**Show Dates:**

May 9 and 16 | 1 and 5 pm

**Recital Fee:**

\$250 | \$170 valued members

No fees will be collected until  
after the cast list is posted

**Grades 1<sup>st</sup> – 9<sup>th</sup>**



**For more information, call 904-730-2100 ext. 228 or 233.**

## Just Like Me

“Just Like Me” is written and produced by the JCA Theatre Department thanks to a generous grant by B'nai Tzedek Next Generation Fund at the Jewish Federation and Foundation of Northeast Florida.

This original program will tell the true stories of ten young people who lived through or perished in one of the darkest times in history, the Holocaust. This program is free of charge however, due to Covid restrictions, reservations are required.

Sun | Apr 11 | 1 pm

For more information contact Shelly at [shelly.hughes@jcajax.com](mailto:shelly.hughes@jcajax.com)

[INFO@JCAJAX.ORG](mailto:INFO@JCAJAX.ORG)

**SHELLY  
HUGHES**

THEATRE DIRECTOR

730 - 2100 EXT. 252



## Fit for Broadway (Ages 3 - 12)

Join us for an hour of dancing, jumping, twisting and bopping as we get FIT FOR BROADWAY! You will be on your way to an all-around healthier YOU in this high energy, fun filled class! We jam to all our favorite upbeat show tunes with styles of dance similar to hip hop, jazz, salsa and more! You are guaranteed to sweat, sweat, sweat while having fun, fun, fun!

Tues | 4 - 5 pm

Mar 16, 23, Apr 20, 27, May 11, 18

\$99 | Valued Member \$66

## Zoe's Clubhouse

(Ages 3 by 9/20)

This creative class takes your little one on a new adventure each week! Children explore their imaginations and learn social skills, team work and coordination in a fun, creative environment. This is one of the J's most popular classes, so don't miss out!

Wed | 3:30 - 4:15 pm | Mar 17, 24, Apr 14, 21, 28, May 12, 19

\$153 | Valued Member \$102

## Baby Bear Ballet

Our little dancers will learn the basics of ballet with their ballet buddy bear! This beginner's class is a fun and relaxed introduction to ballet. Each dancer will receive their very own ballet bear or bunny on the first day of class. We use our ballet buddies to help us with our posture and arms. Dancing is so much fun.... It's CRAZY FUN when you dance with a bear!

3 - 3:30 pm

Fri | Mar 19, 26, Apr 16, 23, 30, May 7, 14, 21

**Ages: 3 – 5 years (3yrs by 9/20)**

\$204 | \$136 for valued members

Fee includes your child's very own ballet bear!



**RACHEL SANDLER**  
JEWISH AND FAMILY PROGRAMS  
730 - 2100 EXT. 271

### Joys of Yiddish

Join Suzie Becker on Zoom to learn and appreciate Yiddish phrases and words!

**Apr 6** Ver huht ah Shayn maidele? (Who has a pretty girl?) How to ask the questions

**Apr 20** Vos es nayis? (What is new?) How to initiate conversation

**May 4** Ich hop g'lacht, Ich hop g,vines... tz'is beser fin Cats! (I laughed, I cried... it was better than Cats!) Yiddish plays and theater

**May 11** Ah Yidel mit a Fidel! (A Jew with a Fiddle) Musical Review. Open at 1 pm

**Jun 1** Show and Tell- Final collaborative project

**Jun 15** A freilichin zimmer! (Happy summer last class party!) Feel free to come to one or all dates! **Tues | 10:30 am**

Free to the community

### Jewish Yoga

Experience yoga through a Jewish lens. Let the spiritual breathing of yoga become a Jewish practice in this pilot program. Join yoga instructor, Paula Saraga, and Jewish teacher, Justin Sakofs, as they lead sessions of Jewishly infused yoga. This mindful restorative practice will bring balance to an hour of our day and will flow into our lives. This will take place outside, so bring your own mat. *Advance registration required.* **Sat | 8 am**

**Apr 10** Jacksonville Jewish Center

**May 8** Congregation Ahavath Chesed

**Jun 12** Mandarin Park

Free to the community

### Practice Speaking Hebrew "Metargelim Ivrit"

Join our community shaliach, Stav, to practice basic Hebrew conversations and speaking skills for those not at a fluent level. Feel free to come to one or all dates.

*Advance registration required.*

**Mon | 7 pm | Apr 12, May 10, Jun 7**

Free to the community



\*See page 3 for JCA Covid-19 protocols.

### Conversational Hebrew with Stav

Join our community shaliach, Stav, in conversational Hebrew. This is for those who already speak Hebrew. Feel free to come to one or all dates! *Advance registration required.*

**Wed | 6:30 pm | Apr 21, May 19, Jun 23**  
Free to the community

### Teen Jewish Book Club

Calling all teens! Join us to discuss, "Homer's Odyssey: A Fearless Feline Tale, or How I Learned about Love and Life with a Blind Wonder Cat" by Gwen Cooper. Gwen Cooper did not want another cat, but she could not resist the one-eyed kitten named Homer. This biography for animal lovers shows how love is something you cannot see with your eyes. *Advance registration required.*

**Sun, Apr 25 | 3 pm**  
Free to the community

### Clergy in a Circle

Join our Jacksonville Jewish leaders to participate in a discussion on current events and Jewish topics. *Advance registration appreciated.*

**Tues, May 11 | 7 pm**  
Free to the community

### Jewish Book Club

For our spring quarter, we will meet with the author on Zoom to discuss, "We Came Here to Shine" by Susie Orman Schnall. It is about Vivi who is the star of the synchronized swimming spectacular and Max who is a journalist for the local paper. Both of them are working their way in a world where men are controlling and secrets are kept. Vivi and Max form a friendship as they realize their dreams. It is the story of persistence, ambition, and friendship during the NY World's Fair. *Advance registration required.*

*Advance registration required.*

**Thur, May 20 | 7 pm**  
Free to the community



### Jewish Kayaking Journey

Infuse the tranquility of kayaking with Jewish spirituality by joining Justin Sakofs for a kayaking experience at Six Mile Landing. Rebbe Nachman of Brestlov wrote about finding God in nature, so we'll take that spiritual journey to water. Bring your own kayak.

*Advance registration required.*

**Sat, May 22 | 8 am**  
Free to the community

### Disabled, Not Half a Human Being

Come hear on Zoom from the leaders of this organization which works for the rights of people with disabilities in the State of Israel. Its main goals are raising the general disability pension and equalizing it to the minimum wage, advancing the issue of accessibility, advancing the right to housing for disabled people, nursing, proper medical treatment and integration of people with disabilities into society and employment.

*Advance registration required.*

**Sun, May 23 | Noon**  
Free to the community

### Discover Israel Film Series: Sallah Shabati

Come watch the 1964 Israeli comedy film about the chaos of Israeli immigration and resettlement. This social satire placed the director Ephraim Kishon and producer Menahem Golan among the first Israeli filmmakers to achieve international success. It also introduced actor Chaim Topol (*Fiddler on the Roof*) to audiences worldwide.

*Advance registration required.*

**Wed, May 26 | 6:30 pm**  
Free to the community

### Israeli Story - A Child's Journey to Beat Cancer

Join on Zoom to meet Dor, 11, who is recovering from cancer to find out how kids are beating cancer in Israel. You will get to hear from his mother Noya and Dor himself about his journey. Dor and our shaliach, Stav, met through volunteering in the organization, Larger than Life. *Advance registration required.*

Sun, Jun 6 | 1 pm  
Free to the community



### The Life of an Israeli Dancer

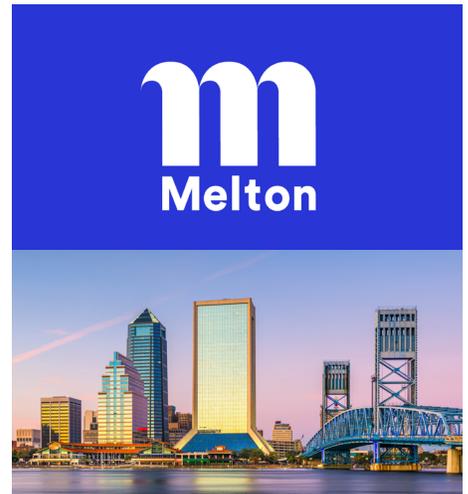
Join us on Zoom to hear from Amit Abend, an Israeli dancer about the life of a dancer in Israel and her own journey as an international dancer. *Advance registration required.*

Sun, June 13 | 1 pm  
Free to the community

### Full Israeli Update

Come listen on Zoom for a full update on the results of Israeli elections, the status of COVID in Israel and more. *Advance registration required.*

Wed, Jun 9 | 7 pm  
Free to the community



### Melton School of Adult Jewish Learning - "Members of the Tribe"

This quarter, Melton in Jax is offering the course, "Members of the Tribe." In this short six-session course we'll dive into a fundamental, challenging question: "What is the overarching purpose of Judaism?". Together, we'll examine aspects of what might be considered the "Jewish mission," a blend of practices that distinguish us as Jews, and what to do with the idea of being called the "Chosen People." Prepare to explore how Big Jewish ideas and lessons from our history serve to enrich our collective actions as individuals and as a People.

Thur | 2 - 3:30 pm on Zoom  
April 8 - May 13

Register online by Mar 30 at [www.events.org/MeltonJAX](http://www.events.org/MeltonJAX) Minimum enrollment required.

\$124 | (\$25 discount if member of JCA or any partnering synagogue)

Open to the community  
Partnering with Congregation Ahavath Chesed, Etz Chaim, Jacksonville Jewish Center.

Melton in Jax is funded by grants from Dr. Lawrence and Kathy Kanter and Dena Wirt, in honor of Harvey Leven's continuing commitment to Jewish Education.

For more information, and your discount coupon code contact Harvey Leven at [mishpacha5@aol.com](mailto:mishpacha5@aol.com)



### Yom Ha'atzmaut (Israel Independence Day)

Throughout April, visit the JCA to see a photo exhibit from our Jacksonville communities visits to Israel. Also, look for videos to be released during April that are highlighting our Jacksonville connections to Israel.

### Yom Hazikaron Ceremony (Memorial Day)

Join in person or online for a traditional Israeli ceremony including members of the Jacksonville community to respect the fallen soldiers of wars of Israel and victims of acts of terrorism. *Advanced registration required.*

Tue, Apr 13 | 6:30 pm  
Free to the community

### Yom Ha'atzmaut Magic Show for All Ages

Have a fun family time on Zoom with Yarden Shalev, former Israel Defense Force (IDF) magician, for a live and interactive magic show. *Advance registration required.*

Thur, Apr 15 | 7 pm  
Free to the community

### Matkon im Zikaron (Recipe with a Memory)

Gather together on Zoom to cook blintzes that Bar Rahav Z.L loved. Bar died during Tzuk Eitan operation in 2014. *Advanced registration required.*

Tue, May 4 | 6:30 pm  
Free to the community



**AMANDA COLLINS**  
YOUTH SERVICES DIRECTOR  
730 - 2100 EXT. 245



**\*See page 3 for JCA Covid-19 protocols.**

\*Children in early childhood (9mo or 12mo), Afterschool, J All Day and Study Central must be picked up by parents/guardian at the end of enrichment classes. They are not permitted to return to their groups once removed.

- Elementary School
- Middle School
- High School



### B3 Robotics Club

(Grades K - 5) ■

The world is full of robots! Experience a variety of age appropriate & LEGO compatible robots (Edison, Rover, mouse bot, Lego WeDo and many more!!) that let kids with all levels of experience successfully program robots! Starting with building cool working Lego robots, kids can advance to robots to do bar code scanning, remote control programming, drop and drag block programming, and older/more advanced students can move on to programming in EdPy, a python based programming language!

**Tues | 4:30 - 5:30 pm**  
Apr 6, 13, 20, 27, May 4, 11  
\$150 | Valued Member \$100



### Private Piano Lessons

(Grades 1 - 12) ■ ■ ■

Beginner and intermediate students learn ear training, note reading, chord and song structure and technique. Genre training is also available. For information and registration, contact Amanda at ext. 245.



### Private Supplemental Tutoring

(Grades K - 5) ■

1-on-1 academic subject and homework assistance with current or former teachers. Open to members and After School participants only. Contact Amanda at ext. 245 for more information.



### Delicious Desserts

(Grades K-5) ■

What is the most delicious dessert in the world? Join us in the kitchen as we use our baking skills and tastebuds to find the answer to that question! Warning: sweet treats ahead!

**Wed | 4:30 - 5:30 pm**  
Apr 7, 14, 21  
\$45 | Valued Member \$30

### 3D Art & Sculpture

(Grades K - 8) ■ ■

In this class, young sculptors will mold and assemble unique 3D designs using materials such as clay, papier-mache, beads, and more! All supplies included. All skill levels welcome.

**Thur | 4 - 5 pm**  
Apr 8, 15, 22, 29  
\$60 | Valued Member \$40



### Dough, Boy!

(Grades 5 - 8) ■ ■

This delicious class is an introduction to creating homemade dough and all the different things you can make with it. From pizza to pretzels, join us in learning the basics of bread making.

**Mon | 4:30 - 5:30 pm**  
Apr 19, 26, May 3, 10  
\$60 | Valued Member \$40

### Cookin' USA

(Grades K - 8) ■ ■

From key lime pie in Florida to Mississippi mud pies to Chicago deep dish pie, there sure is a lot to taste around the USA! Join us as we re-create classic recipes from all over this diverse country!

**Wed | 4:30 - 5:30 pm**  
Apr 28, May 5, 12, 19  
\$60 | Valued Member \$40

### Mother's Day Surprise

(Grades K - 8) ■ ■

Calling all kids! Join us as we create a special Mother's Day surprise that your mom will surely cherish! All materials will be supplied. Participants will leave with a wrapped gift for mom.

**Thur | May 6 | 4 - 5 pm**  
\$8 | Valued Member \$5



# SPRING J-CATION Days

GRADES K - 8

On days when school is closed, send your child to the JCA to explore, create, learn and have FUN with friends! Children select from a variety of activities throughout the course of the day. Leave your worries at the door as your child enters a safe, nurturing environment supervised by our responsible and energetic staff. Wear athletic shoes, pack a dairy lunch and swim essentials, and we will take care of the rest!

**April: 1, 2**

# AFTER SCHOOL

END THEIR DAY AT THE JCA!

**Mon - Fri | 2:30 - 6 pm | Grades K - 8**

- State-of-the-art facility
- Homework room with computer lab
- Power Hour: Sports, STEM and Art
- Free transportation (from select schools with minimum enrollment)

**2021 - 2022 REGISTRATION OPENS APRIL 1<sup>ST</sup>!**

**FREE TRANSPORTATION FROM SELECT SCHOOLS WITH MINIMUM ENROLLMENT**



# STUDY CENTRAL

Designed with quality and flexibility for preteens and teens (6<sup>th</sup> - 8<sup>th</sup> grade).

Study Central is designed with quality and flexibility in mind for teens and preteens to support socialization, independence and responsibility in a supervised environment. Daily snack, Wi-Fi, laptop access and homework assistance is available. Transportation provided as needed from select schools. Choose 2, 3 or 5 days per week. Optional enrichment opportunities such as sports, fitness and arts are taught by local professionals. Formulate a schedule that works for you and your busy student!

**For details, call 730-2100 ext 245. Spaces are still available for the 2020-2021 school year!**



**BEN  
MARCUS**  
DEVELOPMENT DIRECTOR  
730 - 2100 EXT. 318



# BLOCK FAMILY PRESCHOOL MATCH

The JCA Early Childhood Education school was named for Michele Block, as a living testament to her blessed memory. At the time of her passing, her daughter was a student in our school, and it is her handprints that show proudly on our school's logo – a constant reminder that children are resilient and can flourish and grow with care.

Recognizing these difficult times and the continued need for financial assistance in our school, the Block Family generously provided the JCA with a match of \$10,000 to provide scholarships.

## Thank you to the Block Family and all who participated in this important campaign!

Rachel and Kevin Algee • Hollie and Hank Arnold • Regina and Adam Chaskin  
Michelle and Scot Elder • Lauren and Julian Fizman • Lana and Eiffel Gilyana  
Lisa Coleman and David Haney • Katherine and William Lomax • Lauren and Andrew May  
Lior Spring and Daniel Miller • Heather Nathanson • Blair and Zachary Sherman  
Rochelle and David Stoddard • Zahra Hejazi and Nima Taghipour • Emily and Will Tsang  
Tracey and David Vandroff • Phyllis Vandroff, • Kristin and Peter Verhoef  
Jeffrey Wiener • Ellen and James Wiss

Donors as of 1/18/21



To support scholarships, please visit [jcjax.org/donate/](http://jcjax.org/donate/) or contact 730-2100 ext. 318.



### Our Legacy – Dr. Michael L. Solloway

According to Dr. Michael L. Solloway, “the Jewish Community Alliance provides the glue by bringing our community together in so many ways both spiritually and physically.” Prior to his passing in January of 2021, Dr. Solloway chose to leave his legacy at the JCA, to help secure the future of an agency that he loved for future generations.

Dr. Solloway was a JCA charter member whose family engaged in the JCA through its many programs and services including our preschool program. He was always grateful to the JCA for how his son, Kyle, was “cared for and educated at Gan Yeladim.”

As part of our physician's council and as a long-time member of the JCA's board of trustees, Dr. Solloway left an indelible mark on the course of the JCA and the Jacksonville Jewish community.

The Talmud teaches the value of Jewish communal responsibility by the saying, Kol Yisrael arevim zeh bazeh, which literally translates to, “all of Israel are responsible for one another.” The Jewish Community Alliance was founded with the vision of Kol Yisrael as our common meeting ground. Dr. Solloway helped to set the path for this vision, and through his legacy gift we will be able to ensure a strong and vibrant JCA and Jacksonville Jewish community. May his memory be a blessing.

What is your legacy? What is meaningful to you at the JCA? Is there a program, project or event that has captured your heart and imagination? Make a difference and preserve our community for future generations. For information on becoming a member of the JCA Legacy Society visit [jcjax.org/legacy](http://jcjax.org/legacy), contact 730-2100 ext. 231 or contact the Jewish Federation and Foundation of Northeast Florida at 448-5000 ext. 1204. We will work with you to develop a strategy that fulfills both your charitable goals and your financial needs.





# Thank You

**FOR YOUR SUPPORT OF THE JCA 2021 ANNUAL FUNDRAISER.  
YOUR SUPPORT MAKES A DIFFERENCE!**

## SPONSORS\*

### Around the World

Berman Family Foundation • Frisch Family • Linda and David Stein • Trager Family Foundation

### Alaskan Adventure

Monique and David Miller • Parker and Wilf Families • Selevan Family Foundation

### European River Cruise

Baptist Health • Jacksonville Jaguars Foundation • Korman and Shelton Families • Terk Oncology

### Caribbean Getaway

Alex and Scot Ackerman • Rachel and Kevin Algee • Block Family • Nicole and Andy Brown • DuBow Family Foundation  
Mary and Jeffrey Edwards • Meredith and Mark Frisch • Nancy and Mark Green • Helen Rowan and Paul Halloran  
HUB International • The Jaffe Group at Morgan Stanley • Iris and Mark Kraemer • The Lighthouse Wealth Management Group at Morgan Stanley  
Glenn and Michael Miller • Steve Sherman/Dana Current; Current/Sherman Group, Merrill Lynch • Shorstein Family • Starling at San Jose  
TD Wealth • Phyllis Vandroff • Tracey and David Vandroff • Zimmerman Family Foundation

### Panama Canal Vacation

LaVerne and Andy Cantor • Debbie and Melvin Gottlieb • Irene and James Jaffa • Joan and H. Ronald Levin Family Foundation  
Daniel Miller – Brightway Insurance, Riverside • Moore Stephens Lovelace, P. A. • Rachel and Craig Morgenthal • Kimberly and Richard Sisisky

### Hawaiian Escape

Ansbacher and Schneider, P. A. • Eric and Polina Berman • Hilary and Herschel Bettman • Deborah and Lathun Brigman • Harriet and Ernest Brodsky  
Brooks Rehabilitation Barry Broudy • Browdy and Browdy, Inc. • Regina and Adam Chaskin • Sunny Gettinger and Trey Csar • Susan and Ronald Elinoff  
Engels and Volkers • Flagler Family • Susan and Martin Goetz • Jackie and Stephen Goldman • Risa and Stuart Herman  
Paula and Kenneth Horn • iDeal Gas • Ken Jacobs/GrayRobinson, P. A. • Whitney and Grant Kuvin • Jan and Bruce Lipsky  
Minuteman Press • Judy Mizrahi • Thelma and Robert Nied • Nancy and Gary Perlman • Edrea and Steven Porter • PRI Productions  
Kim and David Robbins • Rogers Towers • Jeanine and Chaim Rogozinski • Emily and Erik Rostholder • Ryan, Marks and Stromberg Attorneys, LLP  
Shari and Mark Saye • Deborah and Steven Shapiro • Sandy and Craig Shapiro • Sylvia and Joel Shapiro • Lonnie and Bruce Steinberg  
TTV Architects • Sharon and Bruce Witten • Brenda and Eugene Wolchok • Randy Kammer and Jeffry Wollitz

### Friends of the JCA

Karen and Philip Adler • Sue Eaglstein • Kristina and Matt Flagler • Linda and Nathan Franzblau • Francine and Jim Kempner  
Jan and Alan Margolies • Tommy Mattox • Suzanne Perritt • Evelyn and Stewart Pinsof • Precor • Ellen and Barry Setzer

### Special Thanks

AmaWaterways Cruise Line – Kristin Karst • Chef's Garden Catering and Events • Rabbi Yaakov Fisch  
Shelly Hughes • Indigo Soul Entertainment – Jake Tavill • Quartz Quartet • Stacey Smith

\*As of 3/03/2021

## CHAIRS

Nicole Brown • Michael Miller • Morgan Orender • Rochelle Stoddard • Sam Stromberg • Brent Trager

## COMMITTEE

- |                   |                     |                   |                    |                   |
|-------------------|---------------------|-------------------|--------------------|-------------------|
| • Rachel Algee    | • Samantha Holtzman | • Debbie Parker   | • Blair Sherman    | • Alison Trager   |
| • Regina Chaskin  | • Jan Lipsky        | • Kim Robbins     | • Kimberly Sisisky | • Haley Trager    |
| • Mary Edwards    | • Glenn Miller      | • Ryan Saltz      | • Linda Stein      | • Nadine Terk     |
| • Sierra Frisch   | • Monique Miller    | • Fran Selevan    | • Rande Steinberg  | • Jeff Wiener     |
| • Sunny Gettinger | • Thelma Nied       | • Rebekah Selevan | • David Thompson   | • Chase Zimmerman |
| • Faye Hedrick    | • Michelle Pargman  | • Deborah Shapiro | • Jen Thompson     |                   |



**LISA BRADFORD**  
BSN, RN, CHC, CWWS  
WELLNESS COACH  
730 - 2100 EXT. 333



**SKYLER EARLMAN TUCKER**  
BSH, ACE-CHC  
WELLNESS COACH /  
PHYSICIAN REFERRAL COORDINATOR  
730 - 2100 EXT. 333



**TIMOTHY CHRISTOPHER**  
BSN, RN  
WELLNESS COACH  
730 - 2100 EXT. 333



\*See page 3 for JCA Covid-19 protocols.



Wellness  
CONNEXION JCA



## COPING DURING COVID-19 FAMILY EDITION

With Kal Kseib, DPsych, MSc, MA



Join Kal Kseib, DPsych, MSc, MA, with Baptist Health in a three-part series discussing techniques for how families can cope with the stress that comes with frequent change and uncertainty.  
[www.facebook.com/groups/JCAFitness](https://www.facebook.com/groups/JCAFitness)  
Wed, 1 pm | May 5, 12, 19

- May 5** Mindfulness matters - discussion about the benefits of mindfulness, tips and brief exercises
- May 12** Stress less – How to reduce stress and anxiety and maintain positive home environments
- May 19** Work-Life-School Integration – How to find and maintain family balance in an unbalanced time

## RESTORE YOUR CORE FOUR

Join Baptist 4Her in a 12-part Facebook Live series that takes a deep dive into wellness to help reset, rejuvenate, and take care of your core four-movement, sleep, nourishment and mind.

Thursdays, 8 pm | Mar 11 - Apr 29  
[www.facebook.com/groups/jcafitness](https://www.facebook.com/groups/jcafitness)



DATE & TIME	TITLE	SPEAKER
Mar 11   8 pm	Energy Management	Mary Beth Torres, MS, RDN, LD/N with Baptist Health
Mar 25   8 pm	Stop the Diet Mindset	Jenna Braddock, MSH, RDN, SSD, LD/N, ACSM-CPT
Apr 1   8 pm	Living Plant Forward	Jenna Braddock, MSH, RDN, SSD, LD/N, ACSM-CPT
Apr 8   8 pm	Mind-Body Connection	Mona Shah, MD with Baptist Heart Specialists
Apr 15   8 pm	Create Your Environment	Michelle Taveras, PsyD, MSW with Baptist Behavioral Health
Apr 22   8 pm	Setting Boundaries & Self-Love	Baptist Health Expert
Apr 29   8 pm	Finding Calm in the Storm	Kristen Galloway, PhD with Baptist Behavioral Health



Dance Trance is a workout program for all students that love music and dance.

Take advantage of unlimited classes for just \$80 per month. \*JCA membership is required.

### CLASS SCHEDULE:

**Tuesday**  
12 pm

**Wednesday**  
12 pm, 6:30 pm

**Thursday**  
6:30 pm

**Friday**  
12 pm

**Sunday**  
5 pm

## SHAKE, SHIMMY, AND SWEAT INTO SPRING!

with a Pesach gift from Dance Trance at the JCA. Don't Passover this offer!  
Celebrate our freedom with Free community classes this April

Thur, 6:30pm | Apr 1, 8, 15, 22, 29

For more information, contact Sarah Perfido at [sarah.perfido@jcjax.org](mailto:sarah.perfido@jcjax.org) or 904-730-2100 ext. 267

**\$20 drop in rate or \$80 unlimited monthly classes**



**EIFFEL GILYANA**  
FITNESS AND WELLNESS DIRECTOR  
730 - 2100 EXT. 324



\*See page 3 for JCA Covid-19 protocols.



## PACKAGES:

All packages include a 90-minute consultation with a registered dietitian and two 45-minute follow up sessions.\* Intake form required to purchase.

### WEIGHT LOSS AND HEALTHY EATING \$320

For healthy individuals looking to lose weight or improve fitness (no risk factors):

- Receive**
- ✓ Customized 3-day sample diet
  - ✓ Guides for grocery shopping, food pantry re-organization and restaurants
  - ✓ Cooking tips and recipes

### SPORT PERFORMANCE \$360

For competitive athletes or those looking to perform at an elite level (no risk factors):

- Receive**
- ✓ Sport-specific and fully customized training day, competition day and recovery day meal plans
  - ✓ Supplement protocol
  - ✓ Nutrient timing and hydration protocols
  - ✓ Collaboration with sport coach

### FUNCTIONAL NUTRITION: HEAL WITH FOOD \$400

For those with medical concerns such as hormone imbalance, autoimmunity, gastrointestinal distress, food allergies or intolerances, metabolic syndrome, cognitive decline or infertility. Achieve optimal health, improve quality of life and reduce reliance on pharmaceutical drugs:

- Receive**
- ✓ Analysis of blood work, medical history, health, diet, lifestyle and environmental exposure
  - ✓ Individualized 5-day sample diet
  - ✓ Lifestyle modification guide
  - ✓ Supplement protocol
  - ✓ Guides for grocery shopping, food pantry re-organization and restaurants
  - ✓ Cooking tips and recipes
  - ✓ Collaboration with physician

# JCA NUTRITION SERVICES

- ✓ HEALTHY WEIGHT LOSS
- ✓ IMPROVED FITNESS
- ✓ SUPERIOR SPORTS PERFORMANCE
- ✓ OPTIMAL HEALTH AND LONGEVITY

\*Additional follow-up sessions, 45 mins for \$60. Call extension 324 for more information.

**CONGRATULATIONS**  
to the JCA's Personal Trainers,  
**Eiffel Gilyana** and **Gisela Reis**  
for the wins in Best of Jax for  
**Best Personal Trainer** and  
**Best Yoga Instructor!**



## Professional Assisted Stretching

Don't just stretch, get stretched! JCA Personal Trainers will customize an assisted stretching session to fit your individual needs, focusing on problem areas or targeting certain muscle groups. A professional assisted stretching routine will improve sports performance, increase range of motion and flexibility, reduce muscle and joint pain, improve posture, and reduce stress. By appointment. Call ext 267 for more info.  
 \$40 for 30 mins | \$52 for \$45 mins  
 \$65 for 1 hour

# PERSONAL TRAINING





**In Person**

OR



**Virtually**

ACHIEVING YOUR FITNESS GOALS JUST GOT EASIER

CALL EXT. 324 FOR MORE INFORMATION

FOR THE MOST UP-TO-DATE SCHEDULE OF FITNESS CLASSES, BE SURE TO JOIN US AT [WWW.FACEBOOK.COM/JCAFITNESS](http://WWW.FACEBOOK.COM/JCAFITNESS) OR [WWW.JCAJAX.ORG/FITNESS](http://WWW.JCAJAX.ORG/FITNESS)

INFO@JCAJAX.ORG

## Weigh to Wellness

We are looking for a group of 6 to 10 individuals who are committed to optimizing their health and achieving a healthy body weight. Join this 8-week program for weekly small group fitness training, group wellness coaching, and individual nutrition counseling. Build healthy nutrition habits, break through behavior change barriers, and commit to a proven fitness routine with the support of new friends and an accountability team including Exercise Physiologist Karen Cataldo, Functional Nutrition Dietitian Stacy Seslowsky, and Registered Nurse Wellness Coaches from Baptist Health Wellness Connexion. Starts April!  
 For more information, contact ext. 267.

## MAKE IT COUNT!

### OMER SQUAT CHALLENGE

Count the Omer with the JCA by completing an additional squat every day for 49 days! Get your tracking sheet and more information at the Fitness Desk. Complete the challenge and win!  
 Sun, Mar 28 - Mon, May 17  
 Free for valued members only





## Running Around Jerusalem

JCA Fitness is celebrating Yom Ha'atzmaut – Israel's Independence Day with FREE VIRTUAL WORKOUTS AROUND JERUSALEM. Come run/bike/walk with Michael and Daniel, two local Jerusalemites and avid runners, as they explore and explain some of their favorite running routes in a 30-minute virtual guided tour through the iconic city of Jerusalem. You will feel like you are personally going through the streets of Jerusalem with two local running buddies while learning about Jerusalem's history, culture, and people.



All workouts are available for free at [www.youtube.com/channel/UCPM4ZaVmtnhoSx126ZyKPQ](http://www.youtube.com/channel/UCPM4ZaVmtnhoSx126ZyKPQ). Scan Here

# FITNESS WORKSHOPS



## Rock, Roll, and Release: Foam Roller

Join trainer Shirley Steel to learn how to use the foam roller to work through bound fascia and connective tissue that can inhibit your movement and cause pain. Improve tissue mobility, break up adhesions and scar tissue and increase circulation, to speed healing and recovery and maximize your workouts.

Sun | Apr 11 | 10 - 11 am  
 \$25



## Virtual Gentle Yoga: Moving from the Chair to the Floor

Join trainer Lynnell Grimes as she teaches you how to transition your seated yoga practice from the chair to include movements on the mat. Learn how to listen to your body to know when to progress or regress your practice to make each yoga session the most valuable for you.

Sun | Apr 18 | 1 - 2:30 pm  
 \$25



## Pilates for Tennis

Join personal trainer, yoga and Pilates instructor Gisela Reis in this workshop to learn an effective pre- and post-match warm up and cool down routine to improve tennis performance and help prevent common injuries. Students will use Pilates mat, props, and Reformer.

Mon | May 3 | 5:30 - 6:30 pm  
 \$25

## Couple's Yoga

Join Gisela Reis and Grant Helm for this 90-minute couple's yoga practice. Fall into sync with your partner as you find a rhythm together with your breath, movement, and body positions, leading to an intimate and fulfilling experience.

Sun, 2 - 3:30 pm | Apr 18, May 30  
 \$35 per couple



**RIO ROBINSON**  
SPORTS AND RECREATION DIRECTOR  
730 - 2100 EXT. 250



**MIKE MAY**  
SPORTS AND RECREATION COORDINATOR  
730 - 2100 EXT. 254



\*See page 3 for JCA Covid-19 protocols.

\*Children in early childhood (9mo or 12mo), Afterschool, J All Day and Study Central must be picked up by parents/guardian at the end of enrichment classes. They are not permitted to return to their groups once removed.

### Open Pick Up Sports (Age 13+)

**Volleyball** Tues | 7 - 9:30 pm

**Basketball** Sat | 1 - 4 pm

### Adult Basketball Leagues

Form teams of six players for 4-on-4 competition. For more information or to register as an individual or a team, call ext. 254.

#### 18+ Basketball League

Wed | 6:30 pm - 9:00 pm

#### 25+ Men's Basketball League

Sun | 8:30 am - 12:30 pm

For more information on dates and prices, call ext. 254.

### Fast Freddy's Taekwondo

Mon & Thurs

(Ages 3 - 6) 4 - 4:45 pm

(Ages 7 - 12) 5 - 6 pm

(Age 13+) 6:30 - 7:30 pm

**Session II** Apr 8, 12, 15, 19, 22, 26, 29

May 3 (no class May 17, 31)

**Session III** May 10, 13, 20, 24, 27, June 3, 7, 10

8 Classes \$150 | Valued Member \$100

### JCA Fencing Academy

This beginners class helps fencers gain confidence through games, footwork, coordination, fencing drills and bouting.

Wed

**Youth (Ages 6 - 13)** 5 - 6 pm

**Adult (Age 14+)** 6 - 7:30 pm

8 Classes \$180 | Valued Member \$120

**Session I** Apr 7 - May 26

**Session II** Jun 9 - July 28

8 Classes \$180 | Valued Member \$120

#### Private Fencing Lessons

Call Rio at ext. 250 for information.



### Youth Basketball Leagues

Sun | (Ages 4 - 15) Exact times TBD

**League Dates** Apr 11 - May 23

Located at the JCA

\$140 | Valued Member \$93

For availability, contact Coach Mike at ext. 254 or Mike.may@jcjax.org

### Varsity Basketball Leagues

5-v-5 basketball league with 8 players on a team. No practices...just games. Need adult volunteer coach. Please contact Mike May to register your team or as a free agent.

Thurs | (Ages 15 - 18) 7 - 9 pm

**League Dates** Apr 1 - May 27

(no game May 17)

8 Games \$96 | Valued Member \$64

For availability, contact Coach Mike at ext. 254 or Mike.may@jcjax.org

### Capoeira

Capoeira combines fight, acrobatics, music, dance and rituals in an elegant form. It develops physical strength, power and flexibility and encourages self-confidence, concentration, courage and creativity.

Tues | (Ages 5 - 10) 5 - 5:45 pm

(Age 11+) 5:45 - 7 pm

**Session I** Apr 20 - May 25

**Session II** Jun 8 - Jul 13

Sun | (Ages 5 - 10) 3:30 - 4:15 pm

(Age 11+) 4:15 - 5 pm

**Session I** May 2 - Jun 13

**Session II** Jun 27 - Aug 8

(no class May 30, Jul 5)

6 Classes \$96 | Valued Member \$64

### Willpower Basketball Training

Coach Will Holloman's clinic allows players to reach their full potential in a fun-filled environment that challenges all to exceed personal limits and optimize the intangibles provided by the game.

Mon

**Session I** Apr 26 - June 14

**Session II** Jun 28 - Aug 2

(no class May 17, 31, Jul 5)

**Ages 5 - 8** 5 - 6 pm

**Ages 9 - 12** 6 - 7 pm

**Ages 13 - 18** Private lessons available

6 Classes \$135 | Valued Member \$90

**Private Instruction** Contact Rio at ext. 250 or rio.robinson@jcjax.org.

30 min session \$30

30 min 8 sessions \$210



### First Coast Futsal Academy

Futsal is a variant of soccer played indoors on a hard court, smaller than a football pitch. This Futsal skills clinic is designed for players of all levels. Players will learn building skills, confidence and encouraging creativity while enhancing a players' passion for the game. The priority of our Futsal clinics is to work on players' individual skills that coaches are not able to teach during team practices.

Sun | June 20, 27, July 11, 18

#### 1st Class Kixx

(Ages 2 - 5) 12 - 12:30 pm

\$60 | Valued Member \$40

#### Recreational Development

(Ages 6 - 9) 12:45 - 1:45 pm

\$90 | Valued Member \$60

(Ages 10 - 13) 2 - 3:30 pm

\$105 | Valued Member \$70

(Ages 14 - 18) 3:30 - 5 pm

\$105 | Valued Member \$70

#### Adult Open Pick-Up

(Ages 14+) 5 - 6 pm

\$15 | Valued Member Free



# PRESCHOOL AND YOUTH SPORTS CLINICS



## PRESCHOOL (Ages 3 - 6)

(no class May 17)

Class	Age	Day	Time	Dates*	Fee   Valued Member
Sports Extravaganza	3 - 6	Monday	3:30 - 4:15 pm	Apr 19 - May 24*	\$75   VM: \$50
Terrific Tumblers Gymnastics	3 - 6	Monday	3:30 - 4:15 pm	Apr 19 - May 24*	\$75   VM: \$50
	3 - 6	Tuesday	3:30 - 4:15 pm	Apr 20 - May 18	\$75   VM: \$50
Little Kickers Soccer	3 - 6	Tuesday	3:30 - 4:15 pm	Apr 20 - May 18	\$75   VM: \$50
Little Hitters Baseball	3 - 6	Wednesday	3:30 - 4:15 pm	Apr 21 - May 19	\$75   VM: \$50
Little Dribblers Basketball	3 - 6	Thursday	3:30 - 4:15 pm	Apr 22 - May 20	\$75   VM: \$50
Little Touchdowns Flag Football	3 - 6	Friday	3:30 - 4:15 pm	Apr 23 - May 21	\$75   VM: \$50

## YOUTH (Ages 4 - 14)

(no class May 17)

Class	Age	Day	Time	Dates*	Fee   Valued Member
Soccer 101	5 - 10	Monday	4:30 - 5:30 pm	Apr 19 - May 24	\$75   VM: \$50
Junior Gymnastics	5 - 10	Tuesday	4:30 - 5:30 pm	Apr 20 - May 18	\$75   VM: \$50
Volleyball Clinic	5 - 10	Tuesday	4:30 - 5:30 pm	Apr 20 - May 18	\$75   VM: \$50
Makos Run Club	4 - 14	Wednesday	4:15 - 5:15 pm	Apr 21 - May 19	\$75   VM: \$50
Baseball 101	5 - 8	Thursday	4:30 - 5:30 pm	Apr 22 - May 20	\$75   VM: \$50

\*Children in early childhood (9mo or 12mo), Afterschool, J All Day and Study Central must be picked up by parents/guardian at the end of enrichment classes. They are not permitted to return to their groups once removed.



**JOSIE  
MARTIN**  
AQUATICS MANAGER  
730 - 2100 EXT. 240



\*See page 3 for JCA Covid-19 protocols.

\*Children in early childhood (9mo or 12mo), Afterschool, J All Day and Study Central must be picked up by parents/guardian at the end of enrichment classes. They are not permitted to return to their groups once removed.

## SUP/Stand Up Paddle Board

(Ages 16+)

SUP is a new innovative program that combines stand up paddle board and yoga for core strength. Learn how to balance on a paddle board while building core strength with yoga.

Call ext. 240 for information and availability. Date and Time TBD

## JCA Inaugural Aquatic Open House

Come join JCA's Inaugural Open House. Get information on JCA Learn to Swim programs, private swim instruction, JCA swim teams and general water safety. Join our Red Cross certified water safety instructors and swim team coaches in the pool for an hour of fun and instruction. There will be swag for all participants.

Sun, April 25 | 2 - 5:30 pm

2 - 3 pm | Adults Only

3:15 - 4:15 pm | 6 months - 14

4:30 - 5:30 pm | Sensory Safe

Introduction for Swimmers Swimmers & Swimmers with Autism

Free to the community

Register required

## Sensory Safe Swimmers

This is a new program specifically designed for swimmers with autism. The ratio is one or two swimmers per certified instructor.

Sun | 4:30 - 5 pm and 5 - 5:30 pm

Session I May 2, 9, 23, Jun 6, 13, 20

\$150 | Valued Member \$100

## School Year Makos Swim Team

This team introduces competitive swimming and helps prepare children for the summer league.

Mar 1 - 25, Apr 5 - 29

(no practice March 28, 29, 30, 31, Apr 1, 4, 25) \$60 | Valued Member \$40

**Ages 5 - 10** 5 - 6 pm

(must be able to swim 25 yards unassisted)

**Ages 11 - 18** 6 - 7 pm

**Sunday practice** 3 - 4 pm

**One Day (Sunday through Thursday)**

**Two Days (Sunday through Thursday)**

\$90 | Valued Member \$60

**Four Days (Sunday through Thursday)**

\$113 | Valued Member \$75

## JV Makos Swim Team (Ages 4 - 6)

This is for children interested in swim team who are able to put their faces in the water and swim half the pool length unassisted.

Mon, Wed | 1:30 - 2 pm | Dates TBD

\$90 | Valued Member \$60

## Summer Makos Swim Team

Splash into another great summer with the JCA's member only, co-ed swim team. JCA Makos Swim Team is a competitive team that competes in the River City Swim League. An inspiring coaching staff motivates swimmers to achieve their goals by building endurance and technique, while growing as a team and having fun!

The minimum requirement of all swimmers is swimming one length of the pool unassisted. If your swimmer is unable to meet the minimum requirements, please consider our swim lesson programs.

We will hold a swim team kickoff party on Sunday, April 18<sup>th</sup> from 2:30 - 4:30 pm. Come meet the coaches, get fitted for your suit and enjoy snacks/refreshments. We look forward to seeing you at the JCA Howard and Joy Korman Outdoor Pool.

**Practice starts May 3**

(must be able to swim 25 yards unassisted)

**Red Group (6 & under)**

4:30 - 5:15 pm

**Gray Group (7 - 10)**

5:15 - 6:15 pm

**Black Group (11 & up)**

6:15 - 7:30 pm

**Meet Days** TBA

(6 meets and RCSL Championships)

Meets Only \$110 | Valued Member \$175

**Kickoff Party**

Sun | Apr 18 | 2:30 - 4:30 pm

## Aquatics Cancellation Policy

**Private Lessons** Inclement weather/pool closings before a scheduled lesson will result in that lesson being rescheduled at a mutually agreeable time. If a lesson cannot be made up within one week of the last scheduled lesson, that lesson will be forfeited and charged to the participant. All participants registered for private swim sessions must give at least a 24-hour notice of cancellation for already scheduled sessions. Failure to properly cancel will result in a charge for that session at the established fee. All private swim lessons will expire six months from the date of purchase. Fees paid for expired sessions/lessons are non-refundable and non-transferable.

**Group Lessons** There are no make-ups or refunds for any group lessons due to illness, inclement weather, pool closings and vacation or holiday closings.

## Diaper Policy

Students who have not fully mastered toilet learning must wear both a disposable swim diaper and approved cloth swim diaper, which fits snugly at the legs and waist. Too large swim diapers will not be permitted in the water.



## JCA LEARN-TO-SWIM MONTHLY SCHEDULE

Mar 1 - 25 // Apr 5 - 29 // May 2 - 27 // Jun 1 - 30 (no lessons Mar 28, 29, 30, 31, Apr 1, 4, May 17, 30, 31)

Day(s) Offered	Parent & Me (6 mo - 3 yrs)	Little Makos (Ratio 4:1) (2 - 5 yrs)	Junior Makos (Ratio 4:1) (6 - 13 yrs)
	30 min	30 min	30 min
Sun	10 am	N/A	N/A
Mon Wed	10 am (lessons offered Mondays only)	4:30 pm	4:30 pm
Tues Thur	N/A	4:30 pm	4:30 pm

### Monthly Fees

1 Day Week \$100 | Valued Member \$50      2 Day Week \$150 | Valued Member \$75



## Programs at the JCA

### JCA American Red Cross Learn-to-Swim Programs

The JCA offers instructional swim programs designed by the American Red Cross. All instructors are certified through the American Red Cross as Water Safety Instructors (W.S.I.). The JCA assures program quality by maintaining small class sizes, monitoring instruction and adhering to Red Cross standards. For more information, contact Josie Martin at [josie.martin@jcajax.org](mailto:josie.martin@jcajax.org).

#### Private Swim Lessons (All ages)

Our one-on-one private lesson instruction for all ages will lead you closer to your individual goal. Learn to swim or learn to swim more efficiently. Each lesson is 30 minutes long.

By appointment | **Individual Lesson** \$60 | Valued Member \$30  
**8-Lesson Special** \$360 | Valued Member \$210

**Junior Makos** This program is designed for children ages 6 to 13 years. Our goal is to help participants achieve maximum success. Introduction to water skills, fundamental aquatic skills, stroke development, stroke improvement, stroke refinement and personal water safety are the core topics covered. Classes have a 6:1 student-to-teacher ratio.

**Little Makos** This program is designed for children ages 3½ to 5 years. Children participate without a parent in the water, and swimmers are introduced to breath control, arm coordination, kicking and the development of basic strokes. Classes have a 5:1 student-to-teacher ratio.

**Parent and Me** This program is to teach you, the parent, how to work safely and effectively with your child, 6 months to 3 years old, in the water. The program emphasizes fun and enjoyment, water adjustment and preparatory activities for future swimming. This program is not designed to teach children to become good swimmers or even to survive in the water on their own. At least one adult must accompany the child in the pool.

### Red Cross-Certified Lifeguard Training

#### Prerequisites:

- Must be at least 15 years of age.
- Must swim 300 yards freestyle and/or breaststroke.
- Must swim 20 yards to retrieve a ten pound brick from seven to ten feet of water in 1 minute and 40 seconds.

Call ext. 240 or 417 for schedule details.  
 Date and Time TBD

\$285 | Valued Member \$190

### Red Cross Water Safety Instructor Course

Become certified to teach parent and child aquatics, preschool aquatics, Learn-to-Swim, adult swim courses and water safety courses and presentations. Water Safety Instructor candidates must be 16-years-old on or before the last scheduled day of the course.

Call ext. 240 for date and time options.  
 Mar 29, 30, 31, Apr 1 | 3:30 - 9 pm

\$285 | Valued Member \$190

### Red Cross-Certified CPR

Learn basics in CPR/AED/First Aid Adult/Child/Infant; be prepared for any situation that may arise.

The First Aid/CPR/AED program helps participants recognize and respond appropriately to cardiac, breathing and first aid emergencies

Date TBD | 1 - 6 pm

\$98 | Valued Member \$65



**ALINE  
BERKENBROCK**  
TENNIS PROFESSIONAL  
730 - 2100 EXT. 317

## Adult Tennis Clinics

Now is the perfect time to see if you have what it takes for competitive league tennis. Shape up your game on one of our ladies' teams or the working women's team. We also have great men's clinics. If you're unsure of your level, schedule a private lesson for an evaluation. League play is August through April. If team play isn't for you, consider one of our other clinics to sharpen your skills. For more information on clinic dates and program fees, please contact ext. 317. See you on the courts!

### Working Women's Team

Tues | 6:30 - 8 pm

#### Ladies' A Team Clinic

Tues | 9 - 10:30 am

#### Ladies' B Team Clinic

Wed | 9 - 10:30 am

#### Ladies' C Team Clinic

Fri | 9 - 10:30 am

#### 3.0 - 3.5 Men's Clinic

Mon | 6:30 - 8 pm

#### Tennis 101

Wed | 6 - 7 pm

#### Cardio Tennis

Sun | 8:30 - 9:30 am



## Private Lessons

You can schedule a private lesson at any time with any of our pros. Just call the Tennis office at ext. 317.

**30 min** \$30

**1 hour** \$60

**Doubles** \$80

**Package: Five, 1 hour lessons** \$270



\*See page 3 for JCA Covid-19 protocols.

\*Children in early childhood (9mo or 12mo), Afterschool, J All Day and Study Central must be picked up by parents/guardian at the end of enrichment classes. They are not permitted to return to their groups once removed.



## Tennis Mixers

### Men's Night Doubles Mixer

First Thur | 6:30 - 8 pm

### Women's Night Doubles Mixer

Third Thur | 6:30 - 8 pm

Free for valued members only



## Junior Tennis Clinics

All clinics are 6-week sessions. \$108 | Valued Member \$72

For the beginning junior player, our Quick Start programs provide an overview of tennis and teach the fundamentals. Classes focus on proper swinging motions and the most effective way to handle a tennis racquet. All instruction is paced for younger players and supplemented by fun games and drills. For more information on specific clinic dates, please contact ext. 317.

### Pee-wee Quick Start (Ages 4 - 6)

Wed | 4:15 - 5 pm

Thur | 4:30 - 5:15 pm

### Junior Quick Start (Ages 7 - 10)

Tues | 4:30 - 5:30 pm

For our intermediate to advanced players, these clinics focus on stroke production, consistency and match play to help older players feel more comfortable during point play and matches.

### High Performance (Ages 14 - 18)

Mon | 5 - 6 pm

### Varsity Tennis (Ages 13 - 18)

Mon | 5 - 6 pm

### Green Dot (Ages 9 - 12)

Wed | 5 - 6 pm

*In memory of...*

**NANCY SILVERMAN'S BELOVED MOTHER**

by The Board & Staff of the JCA

**CY HIGHLEYMAN**

by Regina & Adam Chaskin  
The Board & Staff of the JCA

**GIL KLEINER'S BELOVED SISTER, CELIA KLEINER**

by Regina & Adam Chaskin  
Hollie & Hank Arnold

**TMIMA NEIHAUS' BELOVED FATHER**

by Nicole & Andy Brown  
The Board & Staff of the JCA

**SUSAN & RON ELINOFF'S DAUGHTER, ANNA ELINOFF**

by Regina & Adam Chaskin  
Bunni & Myron Flagler  
The Miller Family  
The Stoddard and Berman Families  
Philip & Karen Adler  
Linda & David Stein  
Michele & David Steinfeld  
The Board & Staff of the JCA

**MARLEN ANN WILSON RINGLER**

by Ellen & Barry Setzer

*In honor of...*

**LAUREN EDWARDS' ENGAGEMENT TO ADAM MILLER**

by The Board & Staff of the JCA

**BRENT TRAGER'S BIRTHDAY**

by Rochelle & David Stoddard

**CHRIS TURNER'S BIRTHDAY**

by Rochelle & David Stoddard

**NANCY GREEN'S BIRTHDAY**

by Rochelle & David Stoddard

**MYRON FLAGLER'S BIRTHDAY**

by Rochelle & David Stoddard

**RACHEL MORGENTHAL'S BIRTHDAY**

by Rochelle & David Stoddard

**MICHELE & DAVID STEINFELD'S 50TH WEDDING ANNIVERSERY**

by Ann & Leon Silke  
The Board & Staff of the JCA

**MARTY GOETZ'S RETIREMENT**

by Regina & Adam Chaskin  
Rochelle & David Stoddard  
Bunni & Myron Flagler

The Board & Staff of the JCA

**KELSI & BRIAN HASDEN ON THE BIRTH OF THEIR DAUGHTER, CLAIRE**

by The Board & Staff of the JCA

**BIRTH OF JEREMY MAX FISCHER**

by Regina & Adam Chaskin  
Rochelle & David Stoddard  
Bunni & Myron Flagler  
The Board & Staff of the JCA

**BIRTH OF HARRIET & ERNIE BRODSKY'S GREAT GRANDSON**

by The Board & Staff of the JCA

**BRENT TRAGER RECEIVING THE JOE P. SAFER LEADERSHIP AWARD**

by Regina & Adam Chaskin  
Rochelle & David Stoddard  
Bunni & Myron Flagler  
The Board & Staff of the JCA

**RACHEL MORGENTHAL RECEIVING THE ILENE SARI SELEVAN YOUNG LEADERSHIP AWARD**

by The Board & Staff of the JCA  
Regina & Adam Chaskin

**ERIK ROSTHOLDER RECEIVING THE ILENE SARI SELEVAN YOUNG LEADERSHIP AWARD**

by The Board & Staff of the JCA  
Regina & Adam Chaskin

**FRANNIE & LANE TEITELBAUM'S DAUGHTER'S BAT MITZVAH**

by Regina & Adam Chaskin  
The Board & Staff of the JCA

**DAVID MILLER BEING INDUCTED TO THE FIRST COAST BUSINESS HALL OF FAME**

by Penny & Jeff Marks  
The Board & Staff of the JCA

**MICHAEL MILLER BEING INDUCTED TO THE FIRST COAST BUSINESS HALL OF FAME**

by Penny & Jeff Marks  
The Board & Staff of the JCA

**BRIAN WOLFBURG BEING INDUCTED TO THE FIRST COAST BUSINESS HALL OF FAME**

by The Board & Staff of the JCA

**J INSTITUTE**

*In honor of...*

**MICHELE & DAVID STEINFELD'S 50TH WEDDING ANNIVERSERY**

by Wendy Feinberg

**CULTURAL ARTS FUND**

*In memory of...*

**NANCY SILVERMAN'S MOTHER, HELENE COLEMAN**

by Bob & Thelma Nied

# SEND A KID TO CAMP

**At JCA Summer Camp, children:**

- Spend their day **physically active and gain resiliency** through encouragement and a nurturing environment.
- **Experience success and build confidence** with diverse opportunities to succeed.
- **Unplug from technology and grow more independent** by discovering their creative powers.
- **Learn social skills and make true friends** in our close-knit community.

**You can make a difference to another family by helping us Send a Kid to Camp at the JCA!**

**MAKE THEIR DREAM A REALITY!**



*David A. Stein*  
**Jewish Community Alliance**  
*on the Ed Parker Jewish  
 Community Campus*

8505 San Jose Boulevard  
 Jacksonville, Florida 32217  
 (904) 730-2100

[jcajax.org](http://jcajax.org)



Affiliated with the Jewish Federation and Foundation of Northeast Florida, the United Way of Northeast Florida and the Jewish Community Centers of North America.



Non-Profit Org.  
 U.S. Postage  
**PAID**  
 Jacksonville, FL  
 Permit No. 437

**MISSION STATEMENT** The Jewish Community Alliance (JCA) strengthens Jewish life, serves as a common meeting ground and enhances the quality of life of the entire community.

**VISION STATEMENT** Our vision is to provide **the** place in the tradition of our heritage where all people come together throughout their lives to enhance body, mind and spirit, in an environment of fun, harmony and friendship.



**SUMMER CAMP 2021**

**REGISTER NOW! 730-2100 EXT. 228**