

FALL/WINTER  
VOLUME 37 | NUMBER 1

# PROGRAM GUIDE

21 Av 5785 - 11 Tevet 5786 | August 15 - December 31, 2025



*David A. Stein*  
Jewish Community Alliance  
*on the Ed Parker Jewish Community Campus*



## Table of Contents

3	Shalom
4	J Institute
8	Jewish Culture/ Education
9	J Experience
10	Early Childhood
11	Theatre
12	Youth Services
14	Development
16	Wellness Center
17	Fitness and Wellness
18	Sports and Recreation
20	Aquatics
22	Tennis and Pickleball
23	Tributes

The JCA Program Guide and Alliance News are published each year by the:

**Jewish Community Alliance**  
**8505 San Jose Boulevard**  
**Jacksonville, FL 32217**

For additional program information, please contact the JCA at:

**(904) 730-2100 P • (904) 730-2444 F**  
**jcajax.org • info@jcajax.org**  
**facebook.com/jcajax**

Nicole Brown ..... Board Chair  
 Adam Chaskin.....Chief Executive Officer  
 Lee Lemay ..... Graphic Designer  
 Beth Milograno ...Communications & PR Specialist

**Locker Room Hours**

Locker room hours are the same as business hours.

- Frequent disinfecting will happen throughout the day.
- All shower stalls are available for use and feature full length separating walls.

**Kid Kare (babysitting)**  
**(904) 730-2100 ext. 267**

**Hours:**  
 Sun - Fri mornings | 9 am - 12 pm  
 Mon - Thu evenings | 5 - 8 pm

- JCA Kid Kare is available for children 3 months to 9 years old.
- Kid Kare is offered on reservation basis.
- Space limited to 15 kids per shift.
- Kid Kare service is for a maximum of 90 minutes.
- Visit [bit.ly/JCAKidKare](http://bit.ly/JCAKidKare) to view our Kid Kare policies and make a reservation.

Affiliated with the Jewish Federation & Foundation of Northeast Florida and the Jewish Community Centers Association of North America.

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**Proselytization** The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds.

**JCA Member Code of Conduct** The JCA is committed to providing a safe and welcoming environment for all members and guests. To promote safety and comfort for all, we ask individuals to act appropriately at all times when they are in our facility or participating in our programs. We expect persons using the JCA to behave in a considerate and responsible way and to respect the rights and dignity of other members, guests and staff. Our Code of Conduct outlines actions that are deemed inappropriate. These include but are not limited to: inappropriate attire—appropriate attire in keeping with the values of the JCA must be worn at all times; angry or vulgar language, including swearing, name-calling or shouting; physical contact with another person in any angry or threatening way; any demonstration of sexual activity or sexual contact with another person; harassment or intimidation by words, gestures, body language or any menacing behavior; theft or behavior that results in the destruction of property; carrying or concealing any weapons or devices or objects that may be used as weapons with the exception of law enforcement professionals; using or possessing illegal chemicals (drugs) on JCA property, in JCA vehicles or at JCA sponsored programs; using or possessing alcohol on JCA property, in JCA vehicles or at unsanctioned JCA sponsored programs; any other conduct of an inappropriate, threatening or offensive nature. Loitering is not permitted in or outside the JCA. Use of all tobacco products, smoking (including e-cigarettes) is not permitted in or outside the JCA. The JCA and its property is a smoke-free/tobacco-free environment. The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds. In addition, the JCA reserves the right to deny access or membership to the following persons: registered sex offenders; those accused/convicted of sexual abuse crimes; those accused/convicted of crimes relating to the sale/use/possession/transportation of narcotics, habit forming and/or dangerous drugs; those excessively or continuously using intoxicating beverages, narcotics or dangerous drugs. The JCA maintains a no tolerance policy concerning all of the above. Members and guests are encouraged to be responsible for their personal comfort and safety and to ask any person whose behavior threatens their comfort to refrain from that behavior. If a member or guest feels uncomfortable in confronting the person directly, they should report the behavior to a staff person or the manager on duty. Good personal hygiene, including the appropriate use of deodorant, is expected as a consideration to other members. JCA staff members are eager to be of assistance. Members and guests should not hesitate to notify a staff member if assistance is needed. In order to be able to carry out these policies, we ask that members and guests identify themselves to staff when asked. The Executive Team will investigate all reported incidents. Suspension or termination of JCA membership privileges may result from a determination by the Executive Team if in their discretion a violation of the JCA Member Code of Conduct has occurred.

### Guest Policy

Members may bring only two guests at a time except for members bringing families. Guests must be accompanied by a member in good standing. Children who are guests must have an adult present to sign a waiver and be chaperoned by an adult if under 10. All guest passes must be purchased at the Reception Desk. Saturday guest passes must be purchased in advance. All guests must have guest passes. All visitors must present a photo ID.

Guest Pass Fee: **Adults:** \$15 each visit | **Children/Teens (5 - 18):** \$8 each visit

### Mandatory Swim Assessments

All children 12 and under must complete a 25-yard swim (without touching the bottom of the pool, grabbing the lane rope, floating on their back or requiring assistance) on their front (freestyle, breaststroke, etc.) and tread water for 45 seconds. If they pass the test, they are permitted to swim without flotation and receive a yellow neck band. Swimmers who do not complete the test will receive a red neck band and be required to wear a life jacket, have a parent/guardian in the water within arm's reach or choose not to swim. The JCA will supply neckbands to each child, which are to be kept and brought to the pool each time to swim. Replacement bands are available for \$5 each.

### Unsupervised Children

The following policies ensure the safety of all JCA members:

- Children 9 years old and under must be under direct supervision (in sight and within close proximity) by an adult while at the JCA. Children must be brought to and picked up from class, Kid Kare or any JCA programs by an adult. All members age 10 and over entering the JCA must present a membership card.
- Children age 10 and up may be unaccompanied by an adult in the JCA except for the fitness area where children must be 13 years old to enter. It is not appropriate for children to gather in the lobby area or hallways of the JCA.

The JCA cannot be held responsible for members age 10 and over who attend the JCA and are not enrolled in an organized activity. In addition, children age 10 and up are expected to behave in a mature manner when in the building without parental supervision. Behavior that is disruptive and/or harmful to themselves or others may result in the suspension of independent privileges.

### Food Policy

JCA is a kosher facility. Therefore no deliveries of food of any kind for members from take-out restaurants will be accepted. Food brought into the building from home, outside of a JCA program or preschool, must be consumed in the outdoor pool area. Thank you for your cooperation.

### Fire Alarm Policy

For your safety and welfare, you must evacuate the building when the fire alarm sounds. You will be notified by JCA personnel when it is safe to return to the facility. Thank you for your understanding and support.

### Cancellation/Expiration Policy for Personal Training, Private Tennis and Swim Instruction

All participants registered for private tennis, swim or personal training sessions must give at least a 24-hour notice of cancellation for already scheduled sessions. Failure to properly cancel will result in a charge for that session at the established fee. All personal training sessions, private tennis lessons and private swim lessons will expire six months from the date of purchase. Fees paid for (expired) sessions/lessons are non-refundable and non-transferable.

### Class Payment, Refund and Cancellation Policy

- All class and program fees must be paid before the beginning of the class. For one-time programs or classes, no refunds will be granted.
- 50% refund after first class; 25% refund after second class; no refund after third class (excludes childcare tuition and summer camp programs).
- Refund policies apply to all private training and lessons.
- The JCA reserves the right to cancel programs/classes not meeting the minimum required enrollment for circumstances beyond our control.

Shalom Friends,

What a summer we experienced at the JCA with yet another successful and rewarding JCamp season. Hosting at two offsite locations, The Temple and The Center campuses, allowed us to give many children the unforgettable life experience of attending summer camp. Additionally, we brought 34 Jewish teens to the JCC Maccabi Games in Pittsburgh, Pennsylvania this summer for a life changing week of comradery, sport and Jewish identity building.

Adam Chaskin



We are thrilled that the **Building Our Future Together** capital campaign surpassed \$15.7 million, and construction is happening to update and expand our beautiful campus. We diligently planned and prepared for renovations to significantly enhance our facilities and programs, and we are all excited for what the future will bring. I encourage you to visit [jcjax.org/campaign](http://jcjax.org/campaign) to see the architectural images of our upcoming improvements. Our plans are designed to ensure that the JCA continues to be a vibrant, welcoming, and enriching place for everyone.

Our vision of the future includes modernized facilities and updates to our spaces with state-of-the-art equipment and amenities. Renovations to our fitness center, updated classrooms for educational programs, and enhanced communal areas for social gatherings, will allow us to offer an even wider array of programs and activities throughout our campus.

To fully realize the vision for our new spaces and improvements, we still need \$3.5 million in funding. Here is where you can help. Every one of us has connections, friends, family, colleagues, and business owners who care about strengthening community, investing in youth, supporting wellness, and enriching lives. If someone you know comes to mind, please let us know. A recommendation from you can open a door that helps bring us closer to our goal.

The renovations broke ground in November 2024 and we anticipate completion by the end of 2026. We will do our best to minimize disruptions to your regular activities on campus and keep you informed throughout the process. Updates will be provided; please be on the lookout for updates in our weekly emails and signage posted throughout campus.

Our community is at the heart of everything we do, and these renovations are a testament to our commitment to providing you with the best possible experience at our JCA. Thank you for your continued support and patience as we continue this exciting project.

Together, we are building a brighter future for our Jewish Community Alliance.

Adam Chaskin  
CEO

**JCA HOLIDAY HOURS**

**Labor Day**

Mon, Sep 1 . . . . . 8 am - 5 pm

**Rosh Hashanah**

Mon Sep 22 . . . . . 5:30 am - 5 pm

Tue, Sep 23 . . . . . Closed

Wed, Sep 24 . . . . . Closed

**Yom Kippur**

Wed, Oct 1 . . . . . 5:30 am - 5 pm

Thu, Oct 2 . . . . . Closed

**Sukkot**

Mon, Oct 6 . . . . . 5:30 am - 5 pm

Tue, Oct 7 . . . . . Closed

Wed, Oct 8 . . . . . 1 - 9 pm

**Shemini Atzeret & Simchat Torah**

Mon, Oct 13 . . . . . 5:30 am - 5 pm

Tue, Oct 14 . . . . . Closed

Wed, Oct 15 . . . . . 1 - 9 pm

**Thanksgiving**

Thu, Nov 27 . . . . . Closed

**December 25**

Thu, Dec 25 . . . . . 8 am - 2 pm

**New Year's Eve**

Wed, Dec 31 . . . . . 5:30 am - 5 pm

**New Year's Day**

Thu, Jan 1, 2026 . . . . . 8 am - 2 pm

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\*Of Blessed Memory

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- Early Childhood.....Natalia Fisher, ext. 242
- Facilities Management.....Cal Barker, ext. 238
- Fitness & Wellness.....Karen Cataldo, ext. 324
- J Institute.....Heather Terrill, ext. 265
- Marketing.....Lee Lemay, ext. 226
- Membership.....Chris Turner, ext. 257
- Sports & Rec.....Alex Minardi, ext. 254
- Theatre.....Shelly Hughes, ext. 252
- Youth Services.....Neal Buchholz, ext. 237

**JCA BUILDING HOURS**

- Sun . . . . . 8 am - 6 pm
- Mon – Thu . . . . . 5:30 am - 9 pm
- Fri . . . . . 5:30 am - 5 pm
- Sat. . . . . 1 - 6 pm



**Heather Terrill**

*J Institute Director*  
(904) 730-2100 ext. 265



Scan the QR code to discover more about our J Institute programs.

**Journey Through Elul**

The month of *Elul* is a time for reflection in preparation for welcoming in the new year! Join Jo-Ellen Unger to explore the Hebrew month of *Elul* through mind, body, and spirit.

Tue | 7 pm  
Sep 2, 9, and 16  
Free to the community

**Holiday How To: Rosh Hashanah and Yom Kippur**

Curious about the upcoming Jewish holidays this fall or need a refresher? This class is the first in an upcoming series about Jewish holidays. Everyone is invited to learn together with us through curiosity, conversation, and a little nosh!

Thu, Sep 4 | 7 pm  
Free to the community

**Open Game Play**

New this fall, we are playing Bridge! Bring your friends and make new ones while playing Mah Jongg, Bridge, Canasta, or Rummikub. This is an ongoing, open play with no instructor. Gameboards are provided.

Thu | 1 - 3 pm  
Sep 4 - Dec 18  
No class Oct 2 or Nov 27  
Free to the community

**Mah Jongg Class**

Learn how to play Mah Jongg with Susan Katz! This class is intended for beginners to learn. Please purchase the 2025 Mah Jongg card ahead of class or purchase at class for \$15. Register by Sep 1; minimum enrollment required.

Sun | 9:30 - 11:30 am  
Sep 7, 14, Oct 5, and 19  
\$188 | Valued member \$125



**Rachel Sandler**

*J Institute Assistant Director, Jewish Education*  
(904) 730-2100 ext. 271

**Clergy & Conversation: A Season of Renewal, Music, and Spirituality**

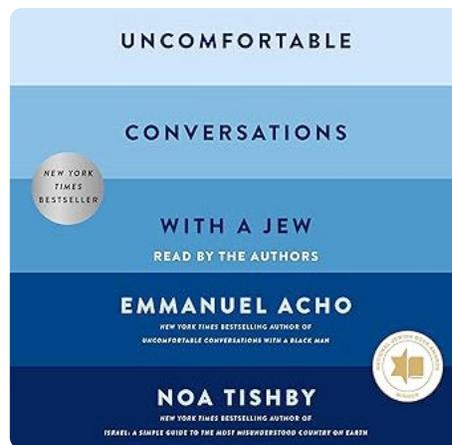
Join us at the J for a special interfaith dialogue with faith leaders throughout Northeast Florida. From a variety of religious traditions, we will reflect on music and the role it plays in spirituality and worship. Guided conversations, personal reflections, and open dialogue, will help us explore how each tradition incorporates music and song in their faith community.

Mon, Sep 8 | 6 pm  
Free to the community

**Beginner Conversational Hebrew**

Penina Weltman teaches this Conversational Hebrew class for beginners. This is for people who can already read Hebrew and know some vocabulary.

Mon | 7 - 8 pm  
Sep 8 - Nov 3  
No class on Sep 22, Oct 6, or 13  
\$150 | Valued member \$100



**Uncomfortable Conversations with a Jew - Part III**

Join in the next discussion with Israeli Community *Shaliach* Oren Pery and Justin Sakofs about the book, *Uncomfortable Conversations with a Jew*. Bring an open mind and be ready to participate and listen to the conversation.

Sep 11 | 7 pm  
Free to the community

**JEA Mandarin Wastewater Plant Tour & Lunch**

Cleaning up our city's wastewater is a complicated task, but one JEA is proud to do for the environment and its customers. We will go behind the scenes to see what it takes to get the job done. Transportation is included; lunch is at your own expense.

Mon, Sep 15 | 9:15 am  
\$23 | Valued member \$15



**Hebrew 404**

Learn new conversational Hebrew phrases and develop your ability to read Hebrew. Book purchase is required. Advance registration required by Sep 8.

Mon | 7 - 8:30 pm  
Sep 15 - Dec 8  
No classes on Sept 22, Oct 6, 13, 27, or Nov 24  
\$150 | Valued member \$100

**History of Mah Jongg**

Discover the history of Mah Jongg in a fun and entertaining way with Marjie Rogozinski. Learn how this wildly popular game is making a resurgence all over the world. From China to New York, Mah Jongg is making an impact as women come together and share a bond with the game. After the program, you are welcome to stay and play Mah Jongg.

Tue, Sep 16 | 10 am  
Free to the community

**What's the buzz? Rosh Hashanah Happy Hour**

Come learn about *Rosh Hashanah* in Israel from our Israeli Community *Shaliach* Oren Pery! Also find out how bees make honey from a beekeeper and participate in an apples and honey tasting. This program is for ages 21+.

Wed, Sep 17 | 6 - 7 pm  
Free to the community

## Social in the Sukkah

Join us for a relaxed and festive evening under the stars. Drop in anytime between 6 - 8 pm to *schmooze* with friends, old & new, and shake the lulav & etrog, while leaving the little ones at home. This is your chance to unwind, connect, and celebrate *Sukkot* in great company.

V-Pizza & Tap Garden  
12601 San Jose Blvd  
Thu, Oct 9 | 6 - 8 pm  
Free to the community



## Jewish Singles Mixer

Start the Jewish new year off by finding love! Join us for dinner and trivia while you meet people for friendship or love! Your meal is at your own expense; trivia is free.

Wed | 6:30 pm, trivia starts at 7 pm

Oct 15 | Age 50s - 60s

Oct 22 | Age 70s+

Bold City Brewery  
2670 Rosselle Street  
Free to the community

## Let's Do Lunch

Meet us to socialize and dine. Your meal is at your own expense. Registration is required. Locations will be emailed to you upon registration.

Fri | 11 am

Oct 17, Nov 21 or Dec 12

\$5 | Free for valued members

## Historic Flagler College Tour & Lunch

This tour celebrates the architectural heritage of the former Hotel Ponce de Leon, a National Historic Landmark considered one of the finest examples of Spanish Renaissance architecture. Transportation included; lunch is at your own expense. **Tour date and time will be announced on [jcjax.org](http://jcjax.org).**

\$45 | Valued member \$30



## Vandroff ART Gallery

**Doug Johnson**

Aug 28 - Oct 1

**Art Guild of Orange Park**

Oct 3 - Oct 29

**First Coast Oil Painters**

Oct 30 - Dec 3

**BRAject**

Dec 4 - Jan 7

For details on exhibiting or the upcoming artist schedule, call Heather at ext. 265 or email Heather at [heather.terrell@jcjax.org](mailto:heather.terrell@jcjax.org).



## Lunch & Lit

Who doesn't love lunch and a side of lit on a Monday? Meet us at the JCA for this virtual author talk, and Q&A with Samantha Greene Woodruff, author of the #1 Amazon bestselling historical fiction novels, *The Lobotomist's Wife* and *The Trade Off*. Light nosh will be provided.

Mon, Oct 20 | 11:30 am

Free to the community

## Lunch & Learn with Jeannie Blaylock

Jacksonville Hadassah, the JCA, and River Garden Senior Services are partnering to bring a dynamic and empowering program focusing on breast cancer awareness and women's health, with an emphasis on prevention, early detection, and self-advocacy. Includes a kosher box lunch.

Tue, Oct 21 | 11:30 am

River Garden Senior Services  
11401 Old St. Augustine Road  
Free to the community

## Introduction to Bridge

Bridge lessons are back with Jeanne Harlan. This class is intended for beginners to learn how to play Bridge. Register by Oct 14; minimum enrollment is required.

Tue | 1 - 3 pm

Oct 21 - Dec 2

No class Nov 25

\$188 | Valued member \$125

## Traveling Diner Dinner Club

Delight your taste buds and enjoy great company as we experience Jacksonville's best restaurants. Your meal is at your own expense. Registration is required. Dinner locations will be emailed to you upon registration.

Tue | 6 pm

Oct 21, Nov 11, or Dec 16

\$5 | Free for valued members

## Israeli Film & Discussion

Join our Israeli Community *Shaliach* Oren Pery for an Israeli film screening and discussion to follow.

Wed, Nov 12 | 6:30 pm

Free to the community



## Discover How to Use Your Cell Phone!

Having a hard time in this tech society? Join us for this "cell phone how to" workshop to learn some tips and tricks for using features on your phone. Don't forget to bring your cell phone.

Mon, Dec 8 | 11:30 am

Free for valued members



## Honoring Israel: TORN

A powerful evening with Nim Shapira, the Israeli film maker whose timely documentary, *Torn*, explores how the Israel-Gaza conflict spilled into the streets of New York City. Presented in partnership with the Jewish Federation & Foundation of Northeast Florida, this film follows the controversy around the “Kidnapped from Israel” poster campaign. A Q&A session with Nim Shapira as well as the Israeli artists who designed the posters, Nitzan Mintz and Dede Bandid, will happen after the screening.

Sat, Oct 18 | 7:30 pm  
Free to the community



# JACKSONVILLE

## JEWISH *Cultural Arts* FESTIVAL

PRESENTED BY THE JCA

We are thrilled to announce that the Jacksonville Jewish Cultural Arts Festival presented by the JCA is moving to a new time of year!

### SAVE THE DATES!

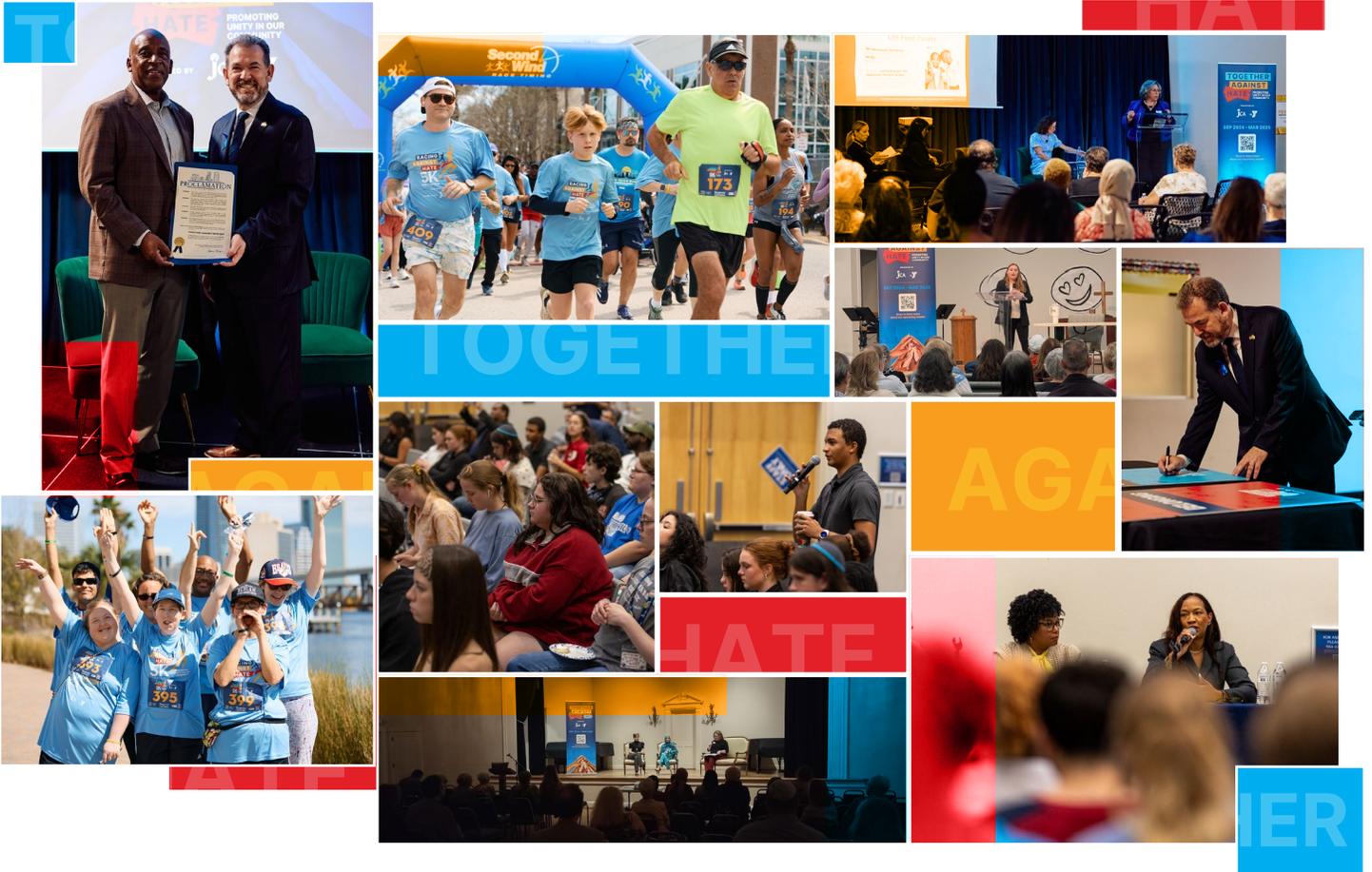
## April 11 - 30, 2026

The season may be changing but everything you know and love about our annual celebration of Jewish arts, films, music, and literature, will be the same!



Scan for more information or visit [jcjax.org/jcafest](http://jcjax.org/jcafest)





**TOGETHER  
AGAINST  
HATE** PROMOTING  
UNITY IN OUR  
COMMUNITY

PRESENTED BY **JCA** the **Y**

In a shared vision to unify our community, the **Jewish Community Alliance** and **First Coast YMCA** are proud to announce our next **Together Against Hate** series and the third annual **Racing Against Hate 5K Run/Walk** on **Sunday, February 22, 2026!** Our work continues this fall as we build a more inclusive Northeast Florida through educational events.

**SEPTEMBER**  
**Youth Mental Health**  
Tue, Sep 30 | 7 pm  
The LJD Jewish Family & Community Services, 8540 Baycenter Road

**NOVEMBER**  
**Indigenous People | Native Pride Productions**  
Wed, Nov 5 | 7 pm

**Jew-Hatred | Rabbi Raphael Shore, Who's Afraid of the Big Bad Jew?**  
Mon, Nov 24 | 7 pm

**DECEMBER**  
**Ethiopian Jews | Beejhy Barhany Gursha**  
Thu, Dec 4 | 7 pm



**FEBRUARY 2026**  
**Third Annual Racing Against Hate 5K Run/Walk**  
Sun, Feb 22 | 1 pm  
Winston Family YMCA  
221 Riverside Ave

**Please keep an eye out!**

More details and dates for our third series of Together Against Hate events will be announced. All information and updates will be posted on [jcajax.org/together-against-hate](http://jcajax.org/together-against-hate) and the Together Against Hate Facebook page [facebook.com/](https://facebook.com/)





Scan the QR code to discover more about our Jewish Culture/Education programs.



### Shabbat at the JCA

Every week you are welcome to join us for *Shabbat* with traditional blessings, grape juice, challah, Torah portion, and a story or song.

Fri | 11:35 am  
Starting Aug 15

### Havdalah at the JCA

Start your week off with a short *Havdalah* ceremony! *Havdalah* means separation so this separates one week from the next. Join us for traditional blessings for the grape juice, spices and candle. You want to hear the sizzle of the candle, so you have a *shavua tov*, a good week!

Mon | 9:30 am  
Sep 8, Oct 13, Nov 10 and Dec 8  
Free to the community



### I ♥ Israel

Families are invited to learn about Israel with our Israeli Community *Shaliach* Oren Pery. This is in partnership with Beth El, PJ Library and The Jewish Federation & Foundation of Northeast Florida.

Fri, Sep 12 | 5:30 pm  
Beth El The Beaches Synagogue  
Free to the community



### Jacksonville Mega Challah Bake

Women and girls ages 12 and up are invited to come make challah dough together as we connect with each other and explore both the meaning of challah and the power of women.

Thu, Nov 6 | 7 pm  
Location will be announced in September.  
\$12 per ticket

### Mezuzah in the Sukkah

Bring your family to decorate your own *mezuzah*! This is in partnership with The Center, PJ Library and The Jewish Federation & Foundation of Northeast Florida.

Oct 12 | 12:30 pm  
Jacksonville Jewish Center  
Free to the community



### Menorah Making Contest

Continue our annual tradition - make a *menorah* and bring it to the JCA from Dec 8 - 11. Use any materials but no premade kits or food. Your *menorah* must have eight candle spots in a straight line and a ninth (*shamash*) candle that is higher or lower than the other candles.

Menorahs will be on display for voting from Dec 12 - Dec 21.  
Free to the community

### Monthly Member Mitzvah

**September** - Make Rosh Hashanah cards for residents at River Garden Senior Services.

**October** - Donate kitchen items to support The Arc Jacksonville as we honor Down Syndrome Awareness and National Disability Awareness Employment month.

**November** - Donate toys to support The LJD Jewish Family & Community Services annual holiday toy drive.

**December** - Make cat toys for the Jacksonville Humane Society.



### Chanukkah Extravaganza

The entire community is invited to come to the JCA for our lighting of the giant *chanukiah*. Our celebration will feature the JCA's world famous hot dogs, latkes, songs, and activities for the entire family. Registration for admission is required by Dec 10. Space is limited. First come, first served.

Mon, Dec 15 | 5:45 pm  
Free to the community



### Chanukkah & Hockey | Jewish Heritage Night with the Jax Icemen

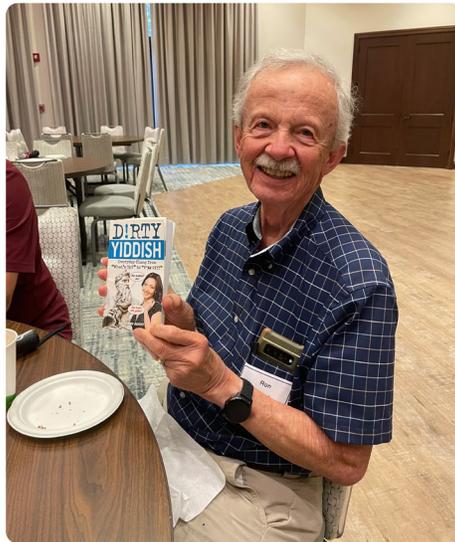
Come out to celebrate the fourth night of *Chanukkah* and cheer on our home team as they take on the Orlando Solar Bears at the VyStar Veterans Memorial Arena.

Wed, Dec 17 | 7pm  
\$20 per ticket, available on [jcjax.org](http://jcjax.org).



Come out to cheer on your home team on Grandparent's Day! The JCA, PJ Library, JFCS, and River Garden, are teaming up for a football watch party, craft, and read aloud on the beautiful River Garden Campus. This will be a sweet celebration you do not want to miss.

Sun, Sep 7 | 12:30 pm  
 River Garden Senior Services  
 11401 Old St. Augustine Road  
 Free and open to the community



**Yiddish Around Town:  
 A Bissel of This, A Bissel of That**

An interactive experience where our group will participate in exercises to help learn a variety of phrases, both new and *alt* (old), contemplate Yiddish idioms, and *shmooze*! Your meal is at your own expense.

Fri | 10:30 am  
 Sep 26 | First Watch, 295 Pine Lake Drive, Ponte Vedra  
 Nov 7 | First Watch, 12540 Bartram Park Blvd, Jacksonville

**Teen Mitzvah Program**

Turn to page 13 to learn more about this collaborative program with our team in Youth Services.

Sun, Oct 19 | 12:30 pm  
 Free to the community

**Sensory Sukkot and Musical Shabbat**

Our youth will have a lot to cover during this meet up! Themes of *Sukkot*, *Shabbat*, and music, will be present during this sensory journey led by PJ Library. Stay tuned for location details!

Fri, Oct 10 | 10:30 am  
 Free to the community



**Lunch & Tour Time in St. Augustine**

Meet me at Publix Super Market at the Shoppes of Palm Valley where we will take the JCA bus to First Congregation Sons of Israel in St. Augustine for a tour and explore the rich Jewish history. From there we will dine at Café Alcazar located in the Lightner Museum. Transportation is included. Your meal is at your own expense.

Wed, Oct 29 | 10 am  
 \$30 | Valued member \$20

**Challah, it's Shabbat**

We are hosting a mini challah bake! Just because the mega challah bake is for grownups the night before, doesn't mean our little ones don't want to participate too. Children ages 6 months to 5 years will braid mini challahs, read a story, and enjoy traditional Shabbat blessings. Challahs will be sent home to bake for Shabbat. Location details are coming soon!

Fri, Nov 14 | 10:30 am  
 Free and open to the community

**Faye Hedrick**

J Experience Coordinator  
 (904) 730-2100 ext. 247



Scan the QR code to discover more about our J Experience programs.



Get ready to light up the night at our Glow & Gogh *Chanukkah* celebration! Join us at Painting with a Twist for a one-of-a-kind evening. Starting with *Havdalah* to close out *Shabbat*, we will dive into a *Chanukkah*-themed paint party. Bring your creativity, friends, and a festive spirit. Children in grades 6 - 11 are welcome.

Painting with a Twist  
 1525 San Marco Blvd.  
 RSVP by Fri, Dec 5  
 Sat, Dec 13 | 6:30 pm  
 \$36 per ticket

**Jewish Singles Mixers**

Meet us in Nocatee at South Kitchen & Spirits for a drink, dinner, entertainment, a game, and to meet someone new! Your meal is at your own expense; however, the fun and excitement is on us!

**Name that Tune**

Ages 50s and 60s welcome  
 Tue, Sept 16 | 6:30pm

**Bingo**

Ages 70+ welcome  
 Thu, Sept 18 | 6:30pm

**Bingo**

Ages 50s and 60s welcome  
 Thu, Dec 11 | 6:30 pm

**Name that Tune - Chanukkah**

Ages 70+ welcome  
 Tue, Dec 16 | 6:30 pm

**South Kitchen & Spirits**

150 Pine Lake Drive, Suite A  
 Ponte Vedra  
 Free to the community



**Natalia  
Fisher**

Early Childhood Director  
(904) 730-2100 ext. 242



Scan the QR code to  
discover more about our  
Early Childhood programs.



**Cooking Around the World  
(3 - 6 yrs)**

Children will cook and taste foods inspired from around the world! Children will bring home a keepsake cookbook at the end of the session.

Tue | 3:30 – 4:15 pm  
Oct 21, 28, Nov 4, 18 and Dec 2  
\$105 | Valued member \$70



**Holiday Cooking  
(3 - 6 yrs)**

Join us for cooking experiences that celebrate the flavors of traditional Jewish holiday meals and treats.

Fri | 3:30 – 4:15 pm  
Oct 3 | Sukkot  
Dec 12 | Chanukkah  
\$23 | Valued member \$15  
Cost is per class.

# Parent & Me

Play is an essential part of your young child’s development. Our classes provide opportunities for your child to build the skills they need. Meet other parents and learn new ways to bond with your child in our safe, engaging, and award-winning early childhood environment.

**Parent & Me enrichment classes will be hosted at  
Congregation Ahavath Chesed - The Temple, through September 19.  
Location updates will be provided directly to families.**

**Make Music (12 mos – 3 yrs)**

Sing, dance, and play with your child in our Make Music playgroup! Learn new songs and activities that will encourage your child’s development in areas such as communication, literacy, gross motor movement, and math.

Mon | 11 – 11:45 am  
Session I: Sep 8, 15, 29, Oct 6 and 13  
Session II: Oct 20, 27, Nov 3, 10 and 17

**Sensory Sensations (12 mos – 3 yrs)**

Experience messy morning fun every Tuesday with Sensory Sensations! Sensory play allows children the opportunity to engage in activities that promote self-regulation, communication, motor skills, and creative exploration.

Tue | 10 – 10:45 am  
Session I: Sep 2, 9, 16 and 30  
Session II: Oct 21, 28, Nov 4 and 18

**Stroller Fit (birth – 3 yrs)**

Bond with your child while you take care of yourself. Build core strength, tone muscles, and improve your posture with stroller-based exercises that blend barre, Pilates, yoga, and power walking.

**Stroller Fit is offered at the JCA.**  
Tue | 12 – 12:45 pm  
Sep 2, 9, 16, 30, Oct 21, 28,  
Nov 4 and 18

**Story Time (12 mos – 3 yrs)**

Promote your toddler’s early language and literacy development through reading, singing, storytelling, and other open-ended activities. Talking, reading, and singing with your child each day is an excellent way to bond and promote all areas of child development.

Wed | 11 – 11:45 am  
Session I: Sep 3, 10, 17 and Oct 1  
Session II: Oct 22, 29, Nov 5 and 12

**Baby & Me (birth – 12 mos)**

Strengthen your relationship with your baby and get to learn their cues through singing, reading, and playing! This group will help to promote all areas of your infant’s development, encourage bonding moments, and build your confidence as a caregiver.

Thu | 11 – 11:45 am  
Session I: Sep 4, 11, 18, 25 and Oct 9  
Session II: Oct 23, 30, Nov 6, 13 and 20

**Tot Shabbat (birth – 3 yrs)**

Join us for Shabbat experiences in a playgroup setting centered around Jewish holidays!

Fri | 11 – 11:45 am  
Rosh Hashanah | Sep 19  
Sukkot | Oct 3  
Chanukkah | Dec 12

**FREE TO THE COMMUNITY**  
Advance registration is required. Please contact Acadia Moore  
by email, [acadia.moore@jcjax.org](mailto:acadia.moore@jcjax.org) or call ext. 259.

## Baby Bear Ballet

**Ages 3 (by 9/1/2025) - 5 yrs**

Little dancers learn the basics of ballet with their ballet buddy! This beginner's class is a fun and relaxed introduction to ballet. Each dancer will receive their very own ballet bear or bunny. We use our ballet buddies to help us with posture and arms. Dancing is so much fun - but it's crazy fun when you dance with a buddy!

**Mon | 3 - 3:30 pm**

Sep 29, Oct 6, 13, 20, 27 and Nov 3

\$180 | Valued member \$120

## Zoe's Acting Out

**Age 4 (by 9/1/2025)**

This beginning acting class is designed especially for 4-year-olds to stretch their imaginations by playing acting games and creating characters they dream up.

**Tue | 1 - 1:30 pm**

Sep 30, Oct 21, 28, Nov 4 and 11

\$98 | Valued member \$65

## Fit for Broadway Jr.

**Ages 3 (by 9/1/2025) - 5 yrs**

Designed especially for our younger dancers they will jump, twist, shimmy, and shake in this aerobic style dance class! We will dance and sing to our favorite upbeat songs while we build our strength, stamina, and coordination!

**Tue | 3 - 3:30 pm**

Sep 30, Oct 21, 28, Nov 4 and 11

\$98 | Valued member \$65

## Fit for Broadway

**Grades K - 8**

An hour of dancing, jumping, twisting and bopping to get Fit for Broadway! Kids will be on their way to better health in this high energy, fun-filled class! We jam to our favorite upbeat show tunes with hip-hop, jazz, salsa and more!

**Tue | 4 - 5 pm**

Sep 30, Oct 21, 28, Nov 4 and 11

\$98 | Valued member \$65

## Zoe's Clubhouse

**Ages 4 (by 9/1/2025) - 5 yrs**

This creative class takes your little one on a new adventure sketch each week! Children explore their imagination while teaching social skills, teamwork and coordination in a fun, creative environment!

**Wed | 1 - 1:45 pm**

Oct 1, 8, 15, 22, 29, Nov 5 and 12

\$210 | Valued member \$140

## Zoe's Story Sketches

**Age 3 (by 9/1/2025)**

This class is perfect for any creative 3-year-old with a big imagination! We will read a story each week and jump into the pages of the book to experience what the characters are going through in the story.

**Wed | 3 - 3:30 pm**

Oct 1, 8, 15, 22, 29, Nov 5 and 12

\$210 | Valued member \$140

**Shelly Hughes**

*Theatre Director*

(904) 730-2100 ext. 252



Scan the QR code to discover more about our Theatre programs.

## Zoe's Alumni

**Grades K - 2**

This class lets our Zoe's gang go further into their adventures. During each class the Alumni gang will learn about different cultures, geography, myths and legends! If your child has an active imagination and a sense of adventure, this is the class for them!

**Wed | 4 - 4:45 pm**

Oct 1, 8, 15, 22, 29, Nov 5 and 12

\$210 | Valued member \$140

## Zoe's Express Yourself

**Age 3 (by 9/1/2025) - 5 yrs**

This creative class is designed for anyone that loves painting and art. We'll read a different classic children's story each week and then our little artists will go up on stage and paint the "set pieces and props" for the story we just read.

**Thu | 3 - 3:30 pm**

Sep 25, Oct 9, 16, 23, 30, Nov 6 and 13

\$158 | Valued member \$105

# JCA THEATRE SHREK

### Auditions

Sun, Sep 21 | 1 pm

### Rehearsals

Mon and Thu | 4 - 6 pm

Start Sep 25

### Show Dates

Dec 6 and 13 | 7:30 pm

Dec 7 and 14 | 1 pm

Dec 7 and 14 | 4 pm



## Recital Fee

\$315 | Valued member \$210 (No fees will be collected until after the cast list is posted)



## Neal Buchholz

JCAmp/Youth Services  
Director

(904) 730-2100 ext. 237



Scan the QR code to discover more about our Youth Services programs.

Youth Services is closed on: Labor Day, Thanksgiving Day, the day after Thanksgiving, Christmas Day, New Years Day, and Memorial Day.

## Seasonal Sensations

Grades 4 – 9

Spring into action, sizzle through summer, fall for autumn, and warm up winter with our seasonal cooking extravaganza! Each class is packed with recipes that capture the essence of the season. Let's make every dish a year-round delight!

Tue | 4:15 – 5:30 pm

Sep 2, 9, 16 and 30

\$82 | Valued member \$55



## Serious About STEM!

Grades K – 3

It's Slime Time! Slimentists (Slime Scientists) will make a new batch of slime each week. From glow-in-the-dark slime to fluffy slime, your kiddo will love these messy experiments.

Thu | 4:15 – 5:15 pm

Sep 4, 11, 18 and 25

\$82 | Valued member \$55

## There's an App(etizer) for that!

Grades K – 3

Take a journey down the first page of the menu as we create appetizers that are sure to please the palate. Each week, chefs will make delicious starters and hors d'oeuvres that will leave their next party guests speechless and full!

Wed | 4:15 – 5:30 pm

Oct 8, 15, 22 and 29

\$82 | Valued member \$55



## Epic Engineers

Grades 4 – 9

Calling all aspiring engineers! In this class, you will dive deep into the world of building, designing and problem-solving using hands-on STEM projects. Work with cool materials, experiment with new concepts, and build epic structures while learning the principles behind engineering.

Thu | 4:15 – 5:15 pm

Oct 9, 16, 23 and 30

\$82 | Valued member \$55

## Delicious Desserts

Grades K – 3 and 5 – 9

Satisfy that sweet tooth as we create delectable desserts in this fun cooking class. From rich cakes and creamy puddings to fun treats and viral vittles, young chefs will learn how to make the most delicious desserts.

Grades 4 – 9 Tue | 4:15 – 5:30 pm

Nov 4, 11, 18 and Dec 2

Grades K – 3 Wed | 4:15 – 5:30 pm

Nov 5, 12, 19 and Dec 3

\$82 | Valued member \$55

## LEGO Lab

Grades K – 8

Snap, click, and stack your way through this LEGO® class! We will construct everything from grand towers to intricate designs. Get ready to become a MasterBuilder one brick at a time!

Thu | 4:15 – 5:15 pm

Nov 6, 13, 20 and Dec 4

\$82 | Valued member \$55

## Parents Night Out (Holiday Edition)

Grades K – 8

Still need to pick up that last holiday gift? Send the kids to the JCA while you finish up those final errands! Kids can expect to eat dinner, play games, and watch a movie. Whether you need to shop, wrap, or nap, we have got the kids covered!

Thu, Dec 11 | 6 – 9 pm

\$38 | Valued member \$25

## Holiday Cookie Party

Grades K – 5

December is the holiday season for many faiths and cultures, and National Cookie Day is in early December. Join us for our Fifth Annual Holiday Cookie Party as we share the joy of the festivals while we bake, decorate and enjoy holiday cookies.

Tue, Dec 16 | 4:15 – 5:15 pm

\$38 | Valued member \$25

## J-Cation Days

Grades K – 8

On days when school is closed, your child can explore, create, learn, and have FUN with friends at the JCA. Children participate in a variety of sports, STEM, and other creative activities throughout the day. For availability and more information, please call the Registrar's Office at (904) 730-2100 ext. 228.

Oct 13, Oct 14, Nov 10, Nov 11, Nov 26 and Jan 19

Winter Break Camp Dec 22 – Jan 6

There is no Winter Break Camp on Dec 25 or Jan 1.

Option A | 7:30 am - 6 pm

\$79 | Valued Member: \$53

Option B | 9 am - 4 pm

\$67 | Valued Member \$45

## J-Cation Field Trips

Grades K – 8

Your child is invited to join us for these supplemental field trips at an additional cost during Winter Break JCAmp and our J-Cation Days.

Winter Break

Mon, Dec 22 | St. Augustine Excursion

Fri, Dec 26 | Movie and a Picnic

Thu, Jan 2 | Sweet Pete's

\$66 | Valued member \$44



### JCA Teen Leadership Council Grades 7 - 12

In partnership with the JCA Board of Trustees, we invite students in grades 7 – 12 to play a role in developing the future of JCA programming. Members of the teen leadership council will have the opportunity to help direct the future of teen programming, engage in fundraising and philanthropy, build connections within the community and earn volunteer hours. Food and beverages will be provided each meeting.

Thu | 6:30 - 8 pm

Aug 28, Sep 25, Oct 23 and Nov 20  
Free to the community

### Teen Mitzvah Program

Save the date for our next highly anticipated teen *mitzvah* session. This one is geared for grades 6 - 11. We will learn more about the best practices on how to interact with those who have intellectual differences or who have experienced trauma or brain injury. This will be an afternoon of togetherness that focuses on the importance of *chesed*: loving-kindness, grace, compassion, mercy, and acts of kindness.

Sun, Oct 19 | 12:30 pm  
Free to the community

### Explore The 904

Grades 6 - 9

Our JCamp Yalla excursions are not just for the summer. Teens are invited to board the JCA bus as we explore the 904 and beyond in search of adventure.

Mon, Nov 10 | 10 - 3 pm  
\$82 | Valued member \$55

### Glow and Gogh, Chanukkah Paint Night

Grades 6 - 11

Light up the night at our Glow & Gogh *Chanukkah* celebration at Painting with a Twist for a one-of-a-kind evening filled with creative vibes and meaningful moments. Turn to page 9 for more details about this Youth program with J Experience.

Painting with a Twist  
1525 San Marco Blvd.  
RSVP by Fri, Dec 5  
Sat, Dec 13 | 6:30 pm  
\$36 per person

### Tinseltown Teens

Grades 6 - 9

Calling all teens! Join us for a teens-only trip to Tinseltown. Movie tickets and transportation from the JCA is included.

Mon, Dec 29 | 11 am - 4 pm  
\$30 | Valued member \$20

## After School & Teen Connection

Mon - Fri | 2:30 - 6 pm

Have your children end their day at the JCA. After School (grades K - 5) and Teen Connection (grades 6 - 8) programs nurture and encourage children at all ages.

Through a variety of activities and a positive environment children socialize, exercise, and thrive in our safe environment after school.

For availability and to register for the 2025-26 school year, call (904) 730-2100 ext. 228.

Scan or visit  
[bit.ly/JCA-AfterSchool](https://bit.ly/JCA-AfterSchool)  
to learn more!



Free transportation from select schools with minimum enrollment.



**Kendall  
Sisisky Valliere**

*Development Director*  
(904) 730-2100 ext. 231



Scan the QR code to discover more about how you can help the JCA support our community.



## Adventure Awaits

By Kendall Sisisky Valliere, Development Director

In the winter of 2018, Myron Flagler, my first boss at the JCA, retired after 20 years of service to our agency and community. Myron’s legacy lives on in the work we do daily and because of the education he shares with those selected to take part in the Myron I. Flagler Israel Learning Seminar.

Generously endowed by donors who witnessed Myron’s impact and wanted to recognize him with something that would continue his legacy in our community for many years, the Israel Learning Seminar, known affectionately as ILS, is an opportunity for Jacksonville Jewish communal professionals to come together monthly to engage in study about all aspects of Israel and Jewish peoplehood. The year-long program culminates in an 10-day trip to see Israel firsthand and be together in Jewish time and space.

In January 2024, I began learning along with ten of my colleagues and friends in the fourth cohort of ILS. Meeting once a month over the last 18 months, our group bonded as we gained education about the Middle East region and Israel. Our trip, now delayed three times because of war in the area, is an amazing opportunity and one I know we will share in the not-too-distant future.

As we watch the conflict continue, we are still working through many emotions about all that happened in Israel since Oct 7, 2023. Through my sadness for the people of Israel, frustration over the delay in our journey, but also gratefulness for the donors who make this program possible, I am still able to share my knowledge about Israel within our community and offer our community a different perspective on the Holy Land, especially in these distressing times of hatred toward Israel and the Jewish people.

Providing our community with a resource to learn and bond as a group around the common mission of Jewish continuity, collaboration, and shared values, brings me renewed energy to continue the work we do at our Jewish agencies – the work that contributes to the vibrant culture in Jacksonville.

As the situation in the Middle East evolves, we will continue to meet as a group and anxiously anticipate when our trip will be rescheduled. I know I speak on behalf of our entire cohort when I offer my sincerest thanks to the donors who endowed the Myron I. Flagler Israel Learning Seminar allowing this opportunity.

Supporting our Jewish Community Alliance allows our mission to strengthen Jewish life, serve as a common meeting ground for everyone, and enhance the quality of life of the entire community. I would love the opportunity to speak to you about my trip before I go or when I get back and share more with you about the impact of a gift to our JCA.



## Awarding Greatness

### The Eiffel Gilyana Staff Inspiration Award

By Beth Milograno Berry, Communications & PR Specialist

Through processing the loss of our dear friend and mentor, Eiffel Gilyana, we found peace in the last year and half by honoring the legacy he left. We recounted Eiffel's incredible attitude and demeanor, and just how much we all missed that boisterous laugh and infectious attitude that echoed through the JCA.

In reflecting on memories with Eiffel and finding comfort through the grief, the JCA Board of Trustees with Velma Monteiro-Tribble at the helm, created a way to honor the man we miss so much with the Eiffel Gilyana Staff Inspiration Award.

"This award was created out of respect for Eiffel, his work ethics, values, personality, leadership and love for life," explains Velma Monteiro-Tribble. "I was personally inspired by Eiffel. He encouraged me every day to exercise and make it a part of my life. Great applications came into the board selection committee. For the JCA this is a way of keeping Eiffel's legacy alive through the staff here, his family, and our community."

During an emotional ceremony in June, our JCA CEO Adam Chaskin, Board Chair Nicole Brown, and Eiffel's wife, Lana Gilyana, presented the first-ever Eiffel Gilyana Staff Inspiration Award to our Membership Director Chris Turner.

"Winning this award is the highest compliment. It is incredibly humbling to be compared to Eiffel's personality and character, the only two things that were larger than his muscles," laughs Chris. "Knowing my colleagues find me to be like Eiffel caused me a great deal of personal reflection; this is an honor I will always cherish. Being mission focused, I find it difficult to accept accolades or achievements, but it helps remind us of who we really are."

SAVE THE DATE

Garden of Dreams  
GALA

Jewish Community Alliance Annual Fundraiser

Saturday, February 21, 2026

Support scholarships for individuals and families in need  
to enjoy JCA membership and programs.

Drinks • Dinner • Dancing

JCA



**Magan Maddox**

MPH, CHES®  
Wellness Coach  
(904) 730-2100 ext. 333



Scan the QR code to discover more about our Wellness Center programs.

# EXPERT CHAT



by Baptist Home Health

### Hidden Gems of Therapy

Baptist Home Health shares an insightful session about uncovering the “hidden gems” of therapy, supportive services that improve mobility, independence, safety, and overall quality of life at any age. Learn how PT and OT can reduce pain, help with daily activities, and support chronic conditions.

**Thu, Aug 21 | 12 - 1 pm**  
Free to the community

### Safety in the Home

Baptist Home Health teaches how to keep your home safe for every stage of life. Whether you are caring for a loved one, aging in place, or simply looking to reduce hazards around the house. This talk will offer practical tips and tools for prevention and peace of mind.

**Thu, Sep 18 | 12 - 1 pm**  
Free to the community

### Hydration 101: Understanding the Consequences of Dehydration

An eye-opening conversation with Baptist Home Health about the most overlooked key to good health, hydration. Dehydration sneaks up and leads to serious consequences. This session will help you understand the risks, recognize the signs, and build better hydration habits.

**Thu, Oct 23 | 12 - 1 pm**  
Free to the community

### Blood Drives at the JCA

Give the gift of life. We are proud to partner with LifeSouth Community Blood Centers to host community-wide blood drives at the JCA. Walk-ins are welcome, or make an appointment online.

**Mon | 10 am - 5 pm**  
**Aug 11, Oct 13 and Dec 8**  
Free to the community

### Physician Chat: Mastering Your Meds

Join Laina Bieniek, APRN, from Baptist Primary Care San Jose Boulevard for an engaging session on medication management. This presentation will cover practical tips, common challenges, and effective strategies to ensure safe and proper use of medications. Whether you are managing medications for yourself or a loved one, this event promises to provide valuable insights to help you navigate medication management with confidence.

**Tue, Sep 25 | 12 - 1 pm**  
Free to the community



### Expert Chat: Women’s Core Power

Join Amanda Wood, PT, DPT, from Baptist Rehab, for an informative session on the importance of pelvic floor health. Learn expert advice, practical exercises, and strategies to strengthen your pelvic floor, improve bladder control, and enhance overall well-being. Whether you are managing pelvic discomfort or just looking to maintain optimal health, this session will provide valuable insights to help you live more comfortably.

**Tue, Sep 30 | 12 - 1 pm**  
Free to the community



### Meditation

Experience the benefits of mindfulness and inner peace in our guided meditation class. This session is designed to help you relax, focus, and reconnect with your inner calm. Join us to create a space for reflection, relaxation, and personal growth. Ongoing weekly sessions.

**Mon and Fri | 11:35 am - 12:10 pm**  
Free to the community

### Virtual Classes with Baptist Health

#### Early Pregnancy Class

Jump start preparing for your amazing pregnancy! This pre-recorded virtual class helps you learn the up-to-date essentials for a confident and informed pregnancy. We talk about everything from myths to nutrition, fetal growth, do’s and don’ts, how to get ready, and so much more. You do not have to be a Baptist Health patient to attend our classes.

#### First Year Baby Safety Essentials

This pre-recorded virtual class teaches what products and equipment to use to keep your baby safe, and how unintentional unsafe practices increase the risk of injuries. Learn the most common injuries in the first year and important preventive childproofing information. A First Aid lecture and a demonstration of infant/child CPR and choking procedures are also included. This class leaves new and expecting parents feeling more prepared.

#### New Mothers Support Group

Join other mothers as we share our experience as new mothers from the comfort of our homes. We will talk about it all; babies, ourselves - physical and emotional, what is working and not working, and how things are going.

Visit [jcajax.org/fitness-wellness/BHWC](http://jcajax.org/fitness-wellness/BHWC) to learn more about free virtual classes from Baptist Health.



### How to Fall ... And How to Get Up!

Instructor Clint Neale will teach safe falling techniques for people who are at risk of falling or for those who are caregivers and wish to teach others. Learning how to fall can reduce the chances of serious injuries, especially in the older population. Do you know how to plan your landing, relax and roll? Learning these falling techniques instills habits and reflexes that can save your health when you accidentally go down.

**Registration required by Sun, Sep 14  
Thu, Sep 18 | 1:30 pm  
Free to valued members**



### Functional Force

Unlock a fun and dynamic way to build strength with our Barbell Landmine class, where one end of the barbell stays grounded to let you press, row, twist and deadlift through powerful, full-body movements. Perfect for all levels, this class taught by instructor Jimmy Normeus, helps you boost core stability, improve muscle definition, and break through fitness plateaus with fresh, functional exercises.

**Registration required by Wed, Oct 1  
Sun, Oct 5 | 11 am  
Free to valued members**

### Karen Cataldo

*Fitness, Recreation and Wellness Director*  
(904) 730-2100 ext. 324



### Building Healthy Habits

Let's be honest—building healthy habits sounds great until life gets in the way (again). This informative session, led by instructor Peter Joseph, will show you how to make small changes that survive real-life chaos, like late-night cravings and forgetting your gym shoes. Think of it as habit-building for real humans.

**Registration required by Fri, Oct 17  
Wed, Oct 22 | 7 pm  
Free to valued members**



### Community Adult & Pediatric CPR | AED | First Aid

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies and how to respond to breathing and cardiac emergencies.

**Sun, Sep 14 | 12 - 3 pm**  
Registration is required by Aug 31  
**Fri, Oct 3 | 12 - 3 pm**  
Registration required by Wed, Sep 24  
**Sun, Nov 16 | 12 - 3 pm**  
Registration required by Sun, Nov 2  
**Fri, Dec 12 | 12 - 3 pm**  
Registration required by Fri, Dec 5  
\$120 | Free for valued members thanks to the Stephen and Jackie Goldman Family – CPR Save a Life Fund.

### Beshka Hoshall

*Fitness Assistant Director*  
(904) 730-2100 ext. 267



Scan the QR code to discover more about our Fitness and Wellness programs.



### The JCA Walking Club

Walking helps lower blood pressure, reduces the risk of cardiovascular disease, improves sleep and mental health, reduces body fat, and improves immune system function. Walk at your own pace and set your own goals. Walk on our indoor track, on a treadmill, or safely outside. Our monthly group walk is a great way to meet new people and stay motivated. The JCA Walking Club is free to our valued members.

### Walking Club Outdoor Walks happen on the third Tuesday of the month.

**Sep 16 at 9 am** | First Place Sports, 3931 Baymeadows Rd, for a light breakfast and a Good Form Gait class. At **10 am** we will drive to Tomahawk Park to walk, 8419 San Ardo Dr.  
**Oct 21 at 10 am** | Southbank River Walk. Meet in the Chart House parking lot, 1501 Riverplace Blvd.  
**Nov 18 at 10 am** | Julington Durbin Creek Preserve, 13130 Bartram Park Blvd. Healthy snacks and drinks will be provided by Kim Lego, State Farm Insurance.  
**Dec 16 at 10 am** | Meet at Nocatee Welcome Center parking lot, 245 Nocatee Center Way.

If you have questions, would like to join the club or register for any of our outdoor walks, please email, [programregistrar@jcjax.org](mailto:programregistrar@jcjax.org).



## Alex Minardi

Recreation Assistant Director  
(904) 730-2100 ext. 254



Scan the QR code to discover more about our Sports and Recreation programs.



## Gymnastics Lessons

**Ages 3 - 13**

Coach Cassandra Fernandez is hosting gymnastics at the JCA! Members can register for private, tandem, and small group lessons that will focus on developing strength, flexibility, balance, and coordination. Basic skills like rolls, handstands, cartwheels, and bridges will be introduced during the lessons. All gymnastics lessons are 60-minute sessions.

Email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org) to schedule your lessons today!

Aug 25 – Dec 19

Private | \$60 per person

Tandem (2 people) | \$45 per person

Small Group (3-5 people) | \$30 per person

Valued members only

## Fast Freddy's Taekwondo Academy

**Ages 5 - 13**

Master Frederick Vescera shares the martial art of Taekwondo with our community. The exciting sport teaches a variety of kicks, strikes, and blocks while they build self-defense skills and have fun.

There are 16 classes per session.

**Tue and Thu**

Any belt color: **Ages 5 - 9** | 4:15 - 5 pm

White/Yellow+ belt: **Ages 10 - 13** | 5:15 - 6:15 pm

Session I: Aug 26 - Oct 30

No class Sep 23, Oct 2, 7 and 14

Session II: Nov 11 - Jan 22

No class Nov 25, 27, Dec 23, 25, 30 and Jan 1

\$312 | Valued member \$208

## Youth Soccer League

**Ages 4 - 16**

Get your soccer stars on the field this season. Our mandatory skills assessment for the 2025 JCA Youth Soccer League happens at Bolles High School on **Sun, Aug 24** by age group:

**Ages 10 - 16** | 1 pm

**Ages 8 - 9** | 2 pm

**Ages 6 - 7** | 3:15 pm

**Ages 4 - 5** | 4:30 pm

Divisions are based on age and skill. There is a two-hour afternoon commitment at Bolles High School Stadium Field on Sundays. Games are every Sun from 12 - 6 pm, **Sep 28 - Nov 16**. Practice is held one hour before games.

\$173 | Valued member \$115

## JCA Fencing Academy

This class helps fencers gain confidence through games, footwork, coordination, fencing drills, and bouts.

**Wed**

Beginner: **Ages 5 - 12** | 5 - 6 pm

Intermediate: **Ages 13+** | 6 - 7:30 pm

Session I: Sep 17 - Nov 19

No class Sep 24 and Oct 1

Session II: Dec 3 - Feb 4

No class Dec 24 and 31

\$189 | Valued member \$126

## Adult Basketball League

Teams consist of six players for four-on-four competition with a minimum of seven games.

Email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org) for availability.

**18+ Adult Basketball League**

Wed | 6 - 9 pm

Oct 8 - Dec 17

No league Nov 26

\$62 | Valued members only

**25+ Adult Basketball League**

Sun | 8:30 - 11:30 am

Oct 12 - Dec 21

No league Nov 30

\$62 | Valued members only



## Willpower Basketball

**Ages 5 - 12**

Coach Will Holloman's basketball clinics allow players to reach their full potential in an environment that challenges all to exceed personal limits and optimize their game.

**Mon**

**Ages 5 - 8** | 5:45 - 6:45 pm

**Ages 9 - 12** | 6:45 - 7:45 pm

Session I: Aug 25 - Oct 20

No class Sep 1, 22, Oct 6 and 13

\$117 | Valued member \$78

Session II: Oct 27 - Dec 8

No class Nov 24

\$141 | Valued member \$94

**Private Lessons**

**Ages 13 - 18** | Call Coach Alex at ext.

254 or email [alex.minardi@jcjax.org](mailto:alex.minardi@jcjax.org).

## Open Pick Up Games: Basketball

**Ages 14+**

Stay active on the court! Join us for our open pick up basketball games.

Sat | 1 - 3 pm

Free for valued members

## Flag Football League Evaluation

**Ages 4 - 16**

Our Youth Flag Football League runs **Jan 11 - Mar 15, 2026** at Bolles High School. A mandatory skills evaluation for the 2026 JCA Flag Football season will be held on **Sun, Dec 7** by age group:

**Ages 10 - 16** | 1 pm

**Ages 8 - 9** | 2 pm

**Ages 6 - 7** | 3:15 pm

**Ages 4 - 5** | 4:30 pm

There is a two-hour commitment at Bolles High School Stadium Field on Sundays. Games are every Sun, **Jan 11 - Mar 15**, from 12 - 6 pm.

No games on Feb 15 or Feb 22.

\$173 | Valued member \$115



# PRESCHOOL & YOUTH SPORTS CLINICS

## PRESCHOOL Ages 3 (by 9/1/2025) - 4 | Participants must be fully potty trained

Preschool sports clinics through September 19 will be hosted at Congregation Ahavath Chesed - The Temple.  
Location updates will be provided directly to families.

### SESSION I

#### Sports Extravaganza

Ages 3 (by 9/1/2025) - 4

Mon | 3:30 - 4:15 pm

Aug 25 - Oct 20

\$93 | Valued member \$62

#### Little Kickers Soccer

Ages 3 (by 9/1/2025) - 4

Tue | 3:30 - 4:15 pm

Aug 26 - Oct 21

\$111 | Valued member \$74

#### Little Hitters Baseball

Ages 3 (by 9/1/2025) - 4

Wed | 3:30 - 4:15 pm

Aug 27 - Oct 22

\$111 | Valued member \$74

#### Little Dribblers Basketball

Ages 3 (by 9/1/2025) - 4

Thu | 3:30 - 4:15 pm

Aug 28 - Oct 23

\$111 | Valued member \$74

### SESSION II

#### Little Ninja Warriors

#### Obstacle Course

Ages 3 (by 9/1/2025) - 4

Mon | 3:30 - 4:15 pm

Oct 27 - Dec 8

\$111 | Valued member \$74

#### Sports Extravaganza

Ages 3 (by 9/1/2025) - 4

Mon | 3:30 - 4:15 pm

Oct 27 - Dec 8

\$111 | Valued member \$74

#### Terrific Tumblers Gymnastics

Ages 3 (by 9/1/2025) - 4

Tue | 3:30 - 4:15 pm

Oct 28 - Dec 9

\$111 | Valued member \$74

#### Little Kickers Soccer

Ages 3 (by 9/1/2025) - 4

Tue | 3:30 - 4:15 pm

Oct 28 - Dec 9

\$111 | Valued member \$74

#### Little Hitters Baseball

Ages 3 (by 9/1/2025) - 4

Wed | 3:30 - 4:15 pm

Oct 29 - Dec 10

\$111 | Valued member \$74

#### Little Dribblers Basketball

Ages 3 (by 9/1/2025) - 4

Thu | 3:30 - 4:15 pm

Oct 30 - Dec 11

\$111 | Valued member \$74

#### Terrific Tumblers Gymnastics

Ages 3 (by 9/1/2025) - 4

Fri | 3:30 - 4:15 pm

Oct 31 - Dec 12

\$111 | Valued member \$74

## YOUTH Ages 5 - 12

#### Soccer 101

Ages 5 - 10

Mon | 4:45 - 5:45 pm

Session I: Aug 25 - Oct 20

\$93 | Valued member \$62

Session II: Oct 27 - Dec 8

\$111 | Valued member \$74

#### Junior Gymnastics

Ages 5 - 10

Tue | 4:45 - 5:45 pm

Session I: Aug 26 - Oct 1

Session II: Oct 28 - Dec 9

\$111 | Valued member \$74

#### Basketball 101

Ages 5 - 10

Tue | 4:45 - 5:45 pm

Aug 26 - Oct 1

Session II: Oct 28 - Dec 9

\$111 | Valued member \$74

#### Floor Hockey

Ages 5 - 7

Thu | 5 - 6 pm

Ages 8 - 10

Thu | 6 - 7 pm

Session I: Aug 28 - Oct 9

Session II: Oct 30 - Dec 11

\$111 | Valued member \$74

#### Run Club

Ages 5 - 12

Thu | 4:45 - 5:45 pm

Session I: Aug 28 - Oct 9

Session II: Oct 30 - Dec 11

\$111 | Valued member \$74

No clinics on Sep 1, 22, 23, Oct 6, 13, Nov 24, 25, 26, 27 and 28.

If you have questions about our sports leagues, clinics, teams and academies, becoming a coach or scheduling makeup evaluations, please email [alex.minardi@jcajax.org](mailto:alex.minardi@jcajax.org).



## Dustin Rulien

Aquatics Director  
(904) 730-2100 ext. 417



Scan the QR code for information about our Aquatics programs, diaper policies and cancellations.

### Adult Group Swim Lessons

**Ratio 8:1 | Ages 14+**

This program is designed to encourage and introduce adults to swimming in a welcoming and comfortable environment.

**Mon and Wed | 6:30 - 7 pm**

**Fall Session I | Aug 27 - Oct 27**

**Fall Session II | Nov 3 - Dec 15**

**Winter Session I | Jan 5 - Feb 11**

**\$273 | Valued member \$182**



### Sensory Safe Swim Lessons

**Ratio 1:1 | Ages 2+**

This program is designed for swimmers with Autism. Swim lessons are held in our quiet, indoor heated pool.

**Sun | 4:30 - 5 pm or 5 - 5:30 pm**

**Fall Session I | Sep 21 - Oct 26**

**Fall Session II | Nov 9 - Dec 14**

**Winter Session I | Jan 4 - Feb 8**

**\$195 | Valued member \$130**



### Private Swim Lessons

**Ratio 1:1 | All ages**

Each lesson is 30 minutes in length.

**\$60 per lesson | Valued member \$40 per lesson**

**\$420 for eight lesson package | Valued member \$280 for eight lesson package**

### Semi-Private Swim Lessons

**All ages**

Make your own group! Each lesson is 30 minutes in length. Cost is per participant.

**\$45 per lesson | Valued member \$30 per lesson**

**\$315 for eight lesson package | Valued member \$210 for eight lesson package**

### Master Makos Swim

**Team Practice Ages 18+**

Relearn or refine your strokes in a fun atmosphere with peers. Professional coaches guide swimmers at their own pace.

**Mon | 5:45 - 6:45 am**

**Fall Session I | Aug 18 - Oct 13**

**Fall Session II | Oct 27 - Dec 15**

No practice Sep 1, 24 and Oct 1

**\$90 | Valued member \$60**

**Winter Session I | Jan 5 - Feb 9**

**\$68 | Valued member \$45**

**Wed | 7 - 8 pm**

**Fall Session I | Aug 20 - Oct 22**

**Fall Session II | Oct 29 - Dec 17**

**\$90 | Valued member \$60**

**Winter Session I | Jan 7 - Feb 11**

**\$68 | Valued member \$45**



**American Red Cross**

### Licensed Training Provider

### Community Adult & Pediatric CPR | AED | First Aid

This course teaches how to recognize and care for a variety of first aid emergencies, and how to respond to breathing and cardiac emergencies.

**Sun, Sep 14 | 12 - 3 pm**

Registration required by Sun, Aug 31

**Fri, Oct 3 | 12 - 3 pm**

Registration required by Wed, Sep 24

**Sun, Nov 16 | 12 - 3 pm**

Registration required by Sun, Nov 2

**Fri, Dec 12 | 12 - 3 pm**

Registration required by Fri, Dec 5

**\$120 | Free for valued members thanks to the Stephen and Jackie Goldman Family - CPR Save A Life Fund**

### Red Cross-Certified Water Safety Instructor Training

Become certified to teach parent and child aquatics, preschool aquatics, Learn-to-Swim, adult swim courses and water safety courses and presentations. Water Safety Instructor candidates must be 16-years-old on or before the last scheduled day of the course.

**Register by Oct 3**

**Sun, Oct 19 | 1 - 6 pm and**

**Mon - Thu, Oct 20 - 23 | 4 - 9 pm**

**\$345 | Valued member \$230**

### Red Cross-Certified Lifeguard Training

Must be at least 15 years old and complete a swim-tread-swim sequence, swim 20 yds to retrieve a ten-pound brick from 7-10 feet of water in one minute and 40 seconds.

**Register by Oct 22**

**Thu, Nov 6 and**

**Mon, Nov 10 - Thu, Nov 13 | 4 - 9 pm**

**\$345 | Valued member \$230**

Email Dustin, [dustin.rulien@jcjax.org](mailto:dustin.rulien@jcjax.org) or call (904) 730-2100 ext. 417 for more information about American Red Cross Training Classes, Private, and Semi-Private Swim Lessons at the JCA.



Licensed Training Provider

# LEARN TO SWIM

## PROGRAMS AT THE JCA



### LEVEL 0

#### Parent & Me Ratio 8:1 | Ages 6 mos - 3 yrs

This program teaches parents how to work safely and effectively with children in the water. The program emphasizes fun and enjoyment, water adjustment, and preparatory activities for future swimming. Parent and Me aquatics is not designed to teach children to become good swimmers or even to survive in the water on their own. At least one adult must accompany the child in the pool.

#### Sunday Sessions

10 - 10:30 am

Fall Session I | Sep 21 - Oct 26

Fall Session II | Nov 9 - Dec 14

Winter Session I | Jan 4 - Feb 8

\$174 | Valued member \$116

Pricing for Parent & Me program is per session.

### LEVELS 1 - 3

#### Preschool Aquatics Ratio 4:1 | Ages 2 - 3 and 4 - 5 yrs

Preschool through kindergarten children progress through swim levels while learning water safety and skills ranging from blowing bubbles to independent swimming. Children who successfully complete this program will be ready to begin Learn to Swim Level 3.

#### Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm, 1 - 1:30 pm or 2 - 2:30 pm

Fall Session I | Sep 21 - Oct 26

Fall Session II | Nov 9 - Dec 14

Winter Session I | Jan 4 - Feb 8

\$174 | Valued member \$116

#### Weekday Sessions

Mon and Wed | 4 - 4:30 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Aug 27 - Oct 27

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session II | Nov 3 - Dec 15

Winter Session I | Jan 5 - Feb 11

Tue and Thu | 4 - 4:30 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Aug 28 - Oct 28

Tue and Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session II | Nov 4 - Dec 16

Winter Session I | Jan 6 - Feb 12

\$273 | Valued member \$182

Pricing for Preschool Aquatics program is per session.

### LEVELS 1 - 4

#### Learn to Swim Ratio 5:1 | Ages 6 - 9 yrs and 10 - 13 yrs

Elementary and middle school age children progress through four levels of swimming skills and water safety. This curriculum begins with body control in the water and ends with independently swimming all four strokes for short distances.

#### Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm, 1 - 1:30 pm or 2 - 2:30 pm

Fall Session I | Sep 21 - Oct 26

Fall Session II | Nov 9 - Dec 14

Winter Session I | Jan 4 - Feb 8

\$174 | Valued member \$116

#### Weekday Sessions

Mon and Wed | 4 - 4:30 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Aug 27 - Oct 27

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session II | Nov 3 - Dec 15

Winter Session I | Jan 5 - Feb 11

Tue and Thu | 4 - 4:30 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Aug 28 - Oct 28

Tue and Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session II | Nov 4 - Dec 16

Winter Session I | Jan 6 - Feb 12

\$273 | Valued member \$182

Pricing for Learn to Swim program is per session.

### LEVELS 5 - 6

#### School Year Makos Swim Team Ages 5 - 18 yrs

Our school year swim team is a monthly, practice-only team designed for those who complete level 4 of the Learn to Swim program. School year swim team continues our Learn to Swim Levels 5 and 6, refining stroke development and increasing endurance. School Year Makos Swim Team runs through April. The Summer Makos Swim Team begins in May.

Aug 3 -28, Sep 2 - 30, Oct 5 - 30, Nov 2 - 30, Dec 1 - 30, Jan 4 - 29

Ages 5 - 10 | Sun, 3 - 4 pm | Mon - Thu, 5 - 6 pm

Ages 11 - 18 | Sun, 3 - 4 pm | Mon - Thu, 6 - 7 pm

One day per week, \$90 | Valued member \$60

Two days per week, \$135 | Valued member \$90

Four days per week, \$180 | Valued member \$120

Pricing for the School Year Makos Swim Team is a recurring monthly fee. Card on file required.

No lessons Sep 1, 2, 22, 23, 24, 25, Oct 1, 2, 6, 7, 13, 14, Nov 26, 27, Dec 25 and 31.



**Lucas Ramos Campos**  
Tennis Pro  
(904) 730-2100 ext. 317



Scan the QR code to discover more about our Tennis programs.



### Adult Tennis Clinics

**Ages 18+**

Clinics are geared to A, B and C level tennis players who are participating in our competitive teams. Tennis League play continues through April. For more information, contact Lucas at ext. 317 or email [lucas.ramoscampos@jcjax.org](mailto:lucas.ramoscampos@jcjax.org).

#### 3.0 - 3.5 Men's Clinic

The first hour of clinic will focus on stroke production, drills and strategy. The last half hour of clinic will be supervised doubles play.

Mon | 6:30 - 8 pm  
\$20 per clinic, year-round

#### Six-Week Sessions

##### Ladies A Team Clinic

Wed | 10:30 am - 12 pm  
\$90 | Valued members only

##### Twelve-Week Sessions

##### Ladies B Team Clinic

Wed | 9 - 10:30 am

##### Ladies C Team Clinic

Mon | 9 - 10:30 am

##### Working Women's

Wed | 6:30 - 8 pm  
\$180 | Valued members only

### Cardio Tennis

**Ages 18+**

This engaging group fitness program features the heart pumping effects of tennis drills, games and skills to deliver the ultimate full-body and calorie burning workout. Six-week sessions are available year-round.

Sun | 8:30 - 9:30 am  
\$135 | Valued member \$90

### Tennis Mixers

**Ages 21+**

Enjoy a round robin doubles social. Players will be matched up by ability, while they rotate opponents and partners throughout the night. Level of 3.0+.

Second Thu of month | 6:30 - 8 pm  
Free for valued members only

### Tennis 201

**Ages 18+**

Tennis 201 reinforces stroke production while introducing strategy and point play instruction.

Mon | 5 - 6 pm  
\$135 | Valued member \$90

### Tennis 101

**Ages 18+**

Adults learn the basics of stroke production, scoring, rules, and more about the game of tennis.

Tue | 6:30 - 7:30 pm  
\$135 | Valued member \$90

### Tennis Lessons

#### Private

30-min | \$40      60-min | \$65

#### Semi-Private | Two people

30-min | \$26      60-min | \$42

#### Doubles | Four people

60-min | \$30

Lesson packages of five and ten are available for purchase.

Pricing for lessons is per person.

Lessons are available for Valued members and guests. Guests can purchase up to five lessons; additional fees for each visit and lesson apply.

### Tennis Scholarships

Tennis encourages children and teens to develop positive social skills, hand-eye coordination and strategic thinking while building healthy bodies and minds. We have financial assistance for children to participate in our JCA tennis programs. Thanks to the Serve Love Endowment Fund, our JCA and The Jewish Federation & Foundation of Northeast Florida can provide financial support for children in need of tennis items like equipment or shoes.

Please email [kendall.valliere@jcjax.org](mailto:kendall.valliere@jcjax.org) for more information, or questions about your situation.

# JUNIOR TENNIS CLINICS

ALL CLINICS ARE SIX-WEEK SESSIONS.



For pee-wee and junior players, our **Tennis** programs teach the fundamentals of tennis. Classes focus on proper swinging motions and the most effective way to handle a tennis racquet.

### PEE-WEE QUICK START

Ages 5 - 8  
Thu | 4:30 - 5:15 pm  
\$108 | Valued member \$72

### JUNIOR QUICK START

Ages 8 - 12  
Tue | 4:30 - 5:30 pm  
\$108 | Valued member \$72

Email Lucas for more information and specific class dates at [lucas.ramoscampos@jcjax.org](mailto:lucas.ramoscampos@jcjax.org).



## PICKLEBALL - IT IS A BIG DILL!

### COME PLAY PICKLEBALL WITH US!

Be sure to read our updated information on [jcajax.org](http://jcajax.org) about pickleball court hours, our policies, and remember there is no pickleball play allowed during tennis matches. Use the My J app to book your time on our courts 1 - 3; court 4 is always available for open play. Check out our pickleball clinics and register to play!

Private instruction with our Pickleball Coach Bob Ryan is available! Please email Bob to book your private lessons, [robert.ryan@jcajax.org](mailto:robert.ryan@jcajax.org).

### Pickleball Lessons

#### Private

For more information and availability, please contact Bob.

60-min | \$65  
30-min | \$40

#### Semi-Private | Two people

60-min | \$42  
30-min | \$26

#### Doubles | Four people

60-min | \$30  
Lesson packages of five and ten are available for purchase.

Pricing for lessons is per person. Pickleball lessons are for valued members only.

### Pickleball Clinics

#### Pickleball 101

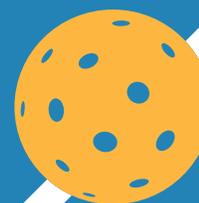
##### Ages 18+

Wed | 10 - 11 am or 4 - 5 pm  
\$165 | Valued member \$110

#### Intermediate Pickleball

Wed | 9 - 10 am or 5 - 6 pm  
\$165 | Valued member \$110

Pickleball clinic sessions are six weeks, year-round.



## TRIBUTES AND DONATIONS

### In memory of...

#### DURHAM PARKER

by The Board and Staff of the JCA

#### CEIL GOETZ

by Adam and Regina Chaskin  
The Flagler Family

The Board and Staff of the JCA

#### LIBBIE KATZ

by Daniel Miller and Lior Spring

#### DON KUPFER

by Karen and Philip Adler  
The Board and Staff of the JCA

#### SONYA SCHWAM

by Adam and Regina Chaskin  
The Board and Staff of the JCA

#### EVELYN PECK

by Karen and Philip Adler

#### BLANCHE YEGELWEL

by The Board and Staff of the JCA

### In honor of...

#### RACHEL ROSENBLUM'S GRADUATION

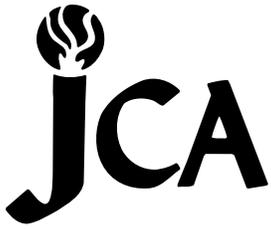
by Lior Spring and Daniel Miller

#### THE BIRTH OF SARALYN AND GABE GRASS' GRANDDAUGHTER, JOCELYN

by The Board and Staff of the JCA

#### BRIAN VERKAMP'S DOCTORATE DEGREE

The Board and Staff of the JCA



David A. Stein  
**Jewish Community Alliance**  
*on the Ed Parker Jewish  
 Community Campus*

8505 San Jose Boulevard  
 Jacksonville, Florida 32217  
 (904) 730-2100  
**jcajax.org**



Affiliated with the Jewish Federation & Foundation of  
 Northeast Florida and the Jewish Community Centers  
 of North America.



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**MISSION STATEMENT**

The Jewish Community Alliance (JCA) strengthens Jewish life, serves as a common meeting ground and enhances the quality of life of the entire community.

**VISION STATEMENT**

Our vision is to provide the place in the tradition of our heritage where all people come together throughout their lives to enhance body, mind and spirit, in an environment of fun, harmony and friendship.

**JCA** | **BUILDING OUR FUTURE TOGETHER**  
 A Capital Campaign for the Jewish Community Alliance

**Every Brick Counts!**  
 You can make a timeless gift with a personalized brick that will help lay the foundation for the next generation.

**Scan the QR code**  
 or visit [bit.ly/EveryBrickCounts](https://bit.ly/EveryBrickCounts)  
 for more details and to support the future of our JCA today!

**JCA**

**Refer A Friend**

**Earn Free Dues and a J Cash\***

- 1<sup>st</sup> Referral = 1<sup>st</sup> month *Free* dues + \$50 JCA gift certificate
- 2<sup>nd</sup> Referral = 2<sup>nd</sup> month *Free* dues + \$75 JCA gift certificate
- 3<sup>rd</sup> Referral = 3<sup>rd</sup> month *Free* dues + \$100 JCA gift certificate
- 4<sup>th</sup> Referral = 4<sup>th</sup> month *Free* dues + \$150 JCA gift certificate
- 5<sup>th</sup> Referral = 5<sup>th</sup> month *Free* dues + \$200 JCA gift certificate

\*Gift certificates can be used for JCA programs such as personal training, specialized fitness classes, youth sports clinics and leagues, swim lessons, tennis lessons, J-Institute programs and more!

**Total Value** 5 months free dues (up to \$560) + \$575 J cash

Learn more | (904) 730-2100 | Ext. 234 | Ext. 257