

FALL/WINTER
VOLUME 36 | NUMBER 1

PROGRAM GUIDE

11 AV - 30 KISLEV 5784 | AUGUST 15 - DECEMBER 31, 2024



David A. Stein
Jewish Community Alliance
on the Ed Parker Jewish Community Campus

Table of Contents

3	Shalom
4	J Institute
7	Jewish Culture/ Education
8	J Experience
10	Early Childhood
11	Theatre
12	Youth Services
14	Development
16	Wellness Connexion
17	Fitness and Wellness
18	Sports and Recreation
20	Aquatics
22	Tennis
23	Tributes

The JCA Program Guide and Alliance News are published each year by the:

Jewish Community Alliance
8505 San Jose Boulevard
Jacksonville, FL 32217

For additional program information, please contact the JCA at:

(904) 730-2100 P • (904) 730-2444 F
jcajax.org • info@jcajax.org
facebook.com/jcajax

Nicole Brown Board Chair
 Adam Chaskin.....Chief Executive Officer
 Chelsea JarrellDirector of Marketing
 Lee Lemay..... Graphic Designer
 Beth Milograno ... Communications & PR Specialist

Locker Room Hours

Locker room hours are the same as business hours.

- Frequent disinfecting will happen throughout the day.
- All shower stalls are available for use and feature full length separating walls.

Kid Kare (babysitting)
(904) 730-2100 ext. 267

Hours:

Sun - Fri mornings | 9 am - 12 pm
 Mon - Thu evenings | 5 - 8 pm

- JCA Kid Kare is available for children 3 months to 9 years old.
- Kid Kare is offered on reservation basis.
- Space limited to 15 kids per shift.
- Kid Kare service is for a maximum of 90 minutes.
- Visit bit.ly/JCAKidKare to view our Kid Kare policies and make a reservation.

Affiliated with the Jewish Federation & Foundation of Northeast Florida, United Way of Northeast Florida and the Jewish Community Centers Association of North America.

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION FOR JEWISH COMMUNITY ALLIANCE, INC., A FLORIDA-BASED NONPROFIT CORPORATION (REGISTRATION NO. CH202), MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 1-800-HELP-FLA (435-7352) WITHIN THE STATE OR VISITING THEIR WEBSITE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. DCF License #: C04DU0213

Proselytization The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds.

JCA Member Code of Conduct The JCA is committed to providing a safe and welcoming environment for all members and guests. To promote safety and comfort for all, we ask individuals to act appropriately at all times when they are in our facility or participating in our programs. We expect persons using the JCA to behave in a considerate and responsible way and to respect the rights and dignity of other members, guests and staff. Our Code of Conduct outlines actions that are deemed inappropriate. These include but are not limited to: inappropriate attire—appropriate attire in keeping with the values of the JCA must be worn at all times; angry or vulgar language, including swearing, name-calling or shouting; physical contact with another person in any angry or threatening way; any demonstration of sexual activity or sexual contact with another person; harassment or intimidation by words, gestures, body language or any menacing behavior; theft or behavior that results in the destruction of property; carrying or concealing any weapons or devices or objects that may be used as weapons with the exception of law enforcement professionals; using or possessing illegal chemicals (drugs) on JCA property, in JCA vehicles or at JCA sponsored programs; using or possessing alcohol on JCA property, in JCA vehicles or at unsanctioned JCA sponsored programs; any other conduct of an inappropriate, threatening or offensive nature. Loitering is not permitted in or outside the JCA. Use of all tobacco products, smoking (including e-cigarettes) is not permitted in or outside the JCA. The JCA and its property is a smoke-free/ tobacco-free environment. The JCA is dedicated to the enhancement of Jewish identity and the continuity of Jewish life. A person or persons' act of proselytizing or teaching of non-Jewish principles in an attempt to convert members or guests is prohibited, and persons engaging in proselytizing will be required to leave the building and grounds. In addition, the JCA reserves the right to deny access or membership to the following persons: registered sex offenders; those accused/convicted of sexual abuse crimes; those accused/convicted of crimes relating to the sale/use/possession/transportation of narcotics, habit forming and/or dangerous drugs; those excessively or continuously using intoxicating beverages, narcotics or dangerous drugs. The JCA maintains a no tolerance policy concerning all of the above. Members and guests are encouraged to be responsible for their personal comfort and safety and to ask any person whose behavior threatens their comfort to refrain from that behavior. If a member or guest feels uncomfortable in confronting the person directly, they should report the behavior to a staff person or the manager on duty. Good personal hygiene, including the appropriate use of deodorant, is expected as a consideration to other members. JCA staff members are eager to be of assistance. Members and guests should not hesitate to notify a staff member if assistance is needed. In order to be able to carry out these policies, we ask that members and guests identify themselves to staff when asked. The Executive Team will investigate all reported incidents. Suspension or termination of JCA membership privileges may result from a determination by the Executive Team if in their discretion a violation of the JCA Member Code of Conduct has occurred.

Guest Policy

Members may bring only two guests at a time except for members bringing families. Guests must be accompanied by a member in good standing. Children who are guests must have an adult present to sign a waiver and be chaperoned by an adult if under 10. All guest passes must be purchased at the Reception Desk. Saturday guest passes must be purchased in advance. All guests must have guest passes. All visitors must present a photo ID.

Guest Pass Fee: **Adults:** \$10 each visit **Children/Teens (5 - 18):** \$5 each visit

Mandatory Swim Assessments

All children 12 and under must complete a 25-yard swim (without touching the bottom of the pool, grabbing the lane rope, floating on their back or requiring assistance) on their front (freestyle, breaststroke, etc.) and tread water for 45 seconds. If they pass the test, they are permitted to swim without flotation and receive a yellow neck band. Swimmers who do not complete the test will receive a red neck band and be required to wear a life jacket, have a parent/guardian in the water within arm's reach or choose not to swim. The JCA will supply neckbands to each child, which are to be kept and brought to the pool each time to swim. Replacement bands are available for \$5 each.

Unsupervised Children

The following policies ensure the safety of all JCA members:

- Children 9 years old and under must be under direct supervision (in sight and within close proximity) by an adult while at the JCA. Children must be brought to and picked up from class, Kid Kare or any JCA programs by an adult. All members age 10 and over entering the JCA must present a membership card.
- Children age 10 and up may be unaccompanied by an adult in the JCA except for the fitness area where children must be 13 years old to enter. It is not appropriate for children to gather in the lobby area or hallways of the JCA.

The JCA cannot be held responsible for members age 10 and over who attend the JCA and are not enrolled in an organized activity. In addition, children age 10 and up are expected to behave in a mature manner when in the building without parental supervision. Behavior that is disruptive and/or harmful to themselves or others may result in the suspension of independent privileges.

Food Policy

JCA is a kosher facility. Therefore no deliveries of food of any kind for members from take-out restaurants will be accepted. Food brought into the building from home, outside of a JCA program or preschool, must be consumed in either the courtyard or the outdoor pool area. Thank you for your cooperation.

Fire Alarm Policy

For your safety and welfare, you must evacuate the building when the fire alarm sounds. You will be notified by JCA personnel when it is safe to return to the facility. Thank you for your understanding and support.

Cancellation/Expiration Policy for Personal Training, Private Tennis and Swim Instruction

All participants registered for private tennis, swim or personal training sessions must give at least a 24-hour notice of cancellation for already scheduled sessions. Failure to properly cancel will result in a charge for that session at the established fee. All personal training sessions, private tennis lessons and private swim lessons will expire six months from the date of purchase. Fees paid for (expired) sessions/lessons are non-refundable and non-transferable.

Class Payment, Refund and Cancellation Policy

- All class and program fees must be paid before the beginning of the class. For one-time programs or classes, no refunds will be granted.
- 50% refund after first class; 25% refund after second class; no refund after third class (excludes childcare tuition and summer camp programs).
- Refund policies apply to all private training and lessons.
- The JCA reserves the right to cancel programs/classes not meeting the minimum required enrollment for circumstances beyond our control.

Shalom Friends,

What a summer we experienced at the JCA with yet another successful and rewarding JCAmp season. Hosting a second location on the Jacksonville Jewish Center (JJC) campus allows us to give more children the unforgettable life experience of attending summer camp.

Adam Chaskin



We are thrilled that the *Building Our Future Together* capital campaign has moved to the public phase and major construction will begin this fall. We have diligently planned and prepared for renovations that will significantly enhance our facilities and programs and I encourage you to visit jcjax.org/campaign to see the architectural images of our upcoming improvements. Our plans are designed to ensure that our campus continues to be a vibrant, welcoming, and enriching place for everyone who comes here.

Our Vision for the Future - Modernized facilities and updates to our spaces with state-of-the-art equipment and amenities. This includes renovations to our fitness center, updated classrooms for educational programs, and enhanced communal areas for social gatherings. These expansions will allow us to offer an even wider array of programs and activities throughout our campus. From wellness and fitness classes to cultural events and educational workshops, there will be something for every generation that visits the JCA. Enhanced accessibility is a top priority in our renovation plans. We are committed to making our center more inclusive by ensuring all areas are accessible to people of all abilities.

What to Expect - The renovation timeline will begin this fall. We anticipate completion by the end of 2025; We will do our best to minimize disruptions to our regular activities and keep you informed throughout the process. Regular updates will be provided to keep members and guests informed of our progress and any unexpected changes. Please be on the lookout for these updates through our weekly emails and signage posted throughout campus.

Our community is at the heart of everything we do, and these renovations are a testament to our commitment to providing you with the best possible experience at our JCA. Together, we are building a brighter future for our Jewish Community Alliance. Thank you for your continued support and patience as we embark on this exciting project.

Humbled to serve,

Adam Chaskin
CEO

BOARD OF TRUSTEES

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*Of Blessed Memory

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- Development.....Kendall Valliere, ext. 231
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- Facilities Management.....Cal Barker, ext. 238
- Fitness & Wellness.....Karen Cataldo, ext. 324
- J Institute.....Heather Terrill, ext. 265
- Marketing.....Chelsea Jarrell, ext. 334
- Membership.....Chris Turner, ext. 257
- Sports & Rec.....Michael Raffol, ext. 250
- Theatre.....Shelly Hughes, ext. 252
- Youth Services.....Evan McInnis, ext. 249

JCA BUILDING HOURS

Sun 8 am - 6 pm Fri 5:30 am - 5 pm
 Mon - Thu 5:30 am - 9 pm Sat..... 1 - 6 pm

JCA HOLIDAY HOURS

Labor Day

Mon, Sep 2 8 am - 5 pm

Rosh Hashanah

Wed, Oct 2 5:30 am - 5 pm
 Thu, Oct 3 Closed
 Fri, Oct 4 Closed

Yom Kippur

Fri, Oct 11 5:30 am - 5 pm
 Sat, Oct 12 Closed

Sukkot

Wed, Oct 16 5:30 am - 5 pm
 Thu, Oct 17 Closed
 Fri, Oct 18 1 - 5 pm

Shemini Atzeret & Simchat Torah

Wed, Oct 23 5:30 am - 5 pm
 Thu, Oct 24 Closed
 Fri, Oct 25 1 - 5 pm

Thanksgiving

Thu, Nov 28 Closed

December 25

Wed, Dec 25 8 am - 2 pm

New Year's Eve

Tue, Dec 31 5:30 am - 5 pm

New Year's Day

Wed, Jan 1, 2025 8 am - 2 pm



Heather Terrill

J Institute Director
(904) 730-2100 ext. 265



Scan the QR code to discover more about our J Institute programs.



Rachel Sandler

J Institute Assistant Director,
Jewish Education
(904) 730-2100 ext. 271



Scan the QR code to discover more about our Jewish Culture/Education programs.

Hebrew 404

Join us to learn new conversational Hebrew phrases and develop your ability to read Hebrew. Book purchase required. Advance registration required by Aug 12.

Mon | 7 - 8:30 pm
Aug 19, 26, Sep 9, 16, 23, Oct 7, 14 and 21
\$150 | Valued member \$100

Pottery

Learn the basics or fine tune your hand building or wheel throwing skills. Craftsmanship, creativity, and an appreciation for the elements of well-made, functional pottery are emphasized. Clay is provided.

Mon
PM Session I
6:30 pm | Aug 26, Sep 9, 16, 23, 30, Oct 7, 14 and 21
\$225 | Valued member \$150

PM Session II
6:30 pm | Nov 4, 11, 18, Dec 2, 9 and 16
\$170 | Valued member \$113

Tue
AM Session I
10 am | Aug 27, Sep 3, 10, 17, 24, Oct 1, 8 and 15
\$225 | Valued member \$150

AM Session II
10 am | Oct 29, Nov 5, 12, 19, Dec 3 and 10
\$170 | Valued member \$113

Thu
PM Session I
6:30 pm | Aug 22, 29, Sep 5, 12, 19 and 26
\$170 | Valued member \$113

PM Session II
6:30 pm | Nov 7, 14, 21, Dec 5, 12 and 19
\$170 | Valued member \$113

Hanna Park History & Ecology Tour

A park naturalist will guide us through Hanna Park to learn about its history as the Dewees Plantation, Burnside Beach, Manhattan Beach and Seminole Beach. Transportation from the JCA is included; lunch is at your own expense.

Tue, Sep 10 | 9 am
\$23 | Valued member \$15

Mah Jongg

Mah Jongg classes are back at the JCA with a new instructor, Donna Berger. This class is intended for beginners to learn to play Mah Jongg. Please purchase the 2024 Mah Jongg card ahead of class. Advanced registration is required by Sep 3.

Tue | 10:30 am - 12:30 pm
Sep 10, 17, 24 and Oct 8
\$188 | Valued member \$125

Traveling Diner Dinner Club

Delight your taste buds and enjoy great company as we experience a world of flavor in Jacksonville's best restaurants. Your meal is at your own expense. Registration is required.

Tue, Sep 17 | 6 pm
\$5 | Free for valued members

Screams Before Silence

Documentary | 57 min
This documentary, led by Sheryl Sandberg, encourages viewers to bear witness, demand justice, raise our voices, and ensure the brutality of October 7 never happens again.

Thu, Sep 26 | 7 pm
Location TBD
Free to the community thanks to the generosity of the Miller Families



Let's Do Lunch

Meet us at local favorites for our monthly lunch outing. Your meal is at your own expense. We hope you will join us for one or all of our lunch dates. Registration required.

Fri | 11 am
Sep 27, Nov 22 or Dec 20
\$5 | Free for valued members

Jewish Yoga

Experience yoga through a Jewish lens as an alternative *Shabbat* experience at the Jacksonville Jewish Center (The Center) and Congregation Ahavath Chesed (The Temple).

Sat | 8 am
Sep 28 | The Center with Paula
Oct 19 | The Center with Bobbie
Nov 16 | The Temple with Grant
Free to the community

Walter Jones Historical Park Tour & Lunch

Explore the hidden history of Mandarin on this guided tour of Walter Jones Historical Park, including the 1898 St. Joseph's Mission Schoolhouse for African American Children, the 1892 Losco Winery, the 1875 Webb-Jones Farmhouse, and the 1876 Barn. Transportation from the JCA is included; lunch is at your own expense.

Thu, Oct 10 | 10 am
\$23 | Valued member \$15

Nourish Hope: Empowering Conversations about Breast Health

Take charge of your health! Learn more about preventing breast cancer and resources for support from Sharsheret. A clinical dietitian from Baptist MD Anderson Cancer Center will be joining us. This program is in partnership with Hadassah, Jewish Federation & Foundation of Northeast Florida Women's Philanthropy, and PJ Library.

Tue, Oct 15 | 7 pm
LJD Jewish Family & Community Services
Free to the community



In a shared vision to unify our community, the **Jewish Community Alliance (JCA)** and **First Coast YMCA** are proud to announce the second year of our **Together Against Hate** partnership program. Our work continues this fall as we build a more inclusive Northeast Florida through educational events. Please keep an eye out, more details and the dates for our next series of Together Against Hate events will be posted on jcajax.org/together-against-hate.

SEPTEMBER
Understanding and Embracing Immigrants and Refugees

Learn the basics of immigration and the contributions to the social fabric of our country.

OCTOBER
Nurturing the Muslim and Jewish Relationship through Sevap / Mitzvah

Discover the work being done in our community that has the power to repair the world one social impact at a time.

NOVEMBER
Civil Discourse

Learn how to discuss matters of public concern to expand knowledge and promote understanding.

DECEMBER
Military Community: Unique Barriers and Challenges

Learn from community resource providers about the unique barriers and challenges facing our active duty, reserve, guard and veteran community.

JANUARY
United Against Hate: Identifying, Reporting and Preventing Hate Crimes

The U.S. Attorney's Office will share information on how to address the rising hate crimes happening in our country.

The Rise of Jew-hatred

The Anti-Defamation League (ADL) will discuss the rise of Jew-hatred and what is being done to initiate change.

FEBRUARY
Racing Against Hate 5K Run/Walk

A visual display of unity where hundreds of neighbors will gather to race against hate.

MARCH
R. Derek Black: The Klansman's Son

R. Derek Black shares an astonishing memoir of a childhood built on fear, growing up as the son of the Grand Wizard of the Ku Klux Klan (KKK).

CURIOUS CONVERSATIONS

Dive a little deeper each month into topics from our previous Together Against Hate community collaborators. Small group discussions with table topics will ignite a rich and meaningful conversation. Breakfast is provided at each gathering.

JEW-HATRED
The LJD Jewish Family & Community Services (JFCS) and Anti-Defamation League (ADL)

Thu, Sep 12 | 10:30 am
Argyle Branch - Jacksonville Public Library,
7973 Old Middleburg Road S

LGBTQAI+ JASMYN

Tue, Oct 15 | 10:30 am
Ponte Vedra Beach Library,
101 Library Boulevard

RACISM 904ward

Tue, Nov 19 | 10:30 am
Highlands Regional - Jacksonville Public Library,
1826 Dunn Avenue

DIVERSE ABILITIES The Arc

Tue, Dec 17 | 10:30 am
Southeast Regional - Jacksonville Public Library,
10599 Deerwood Park Boulevard

INTERFAITH Interfaith Center and OneJax

Thu, Jan 23 | 10:30 am
Willowbranch - Jacksonville Public Library,
2875 Park Street



More details about the JCA and First Coast YMCA 2024-25 Together Against Hate series of FREE events and conversations will be shared on the Together Against Hate Facebook page. Scan the QR code to visit [Facebook.com/TogetherAgainstHateJacksonville](https://www.facebook.com/TogetherAgainstHateJacksonville).

For questions, more information, or to get involved, please email TAH@jcajax.org.



Meditation Workshop

Meditation is the art and practice of giving attention to the present moment with non-judgement, curiosity and open-mindedness. In this workshop, Michael Green will share core mindfulness practices and breathing exercises that can help reduce anxiety, activate the parasympathetic nervous system, cultivate positive emotions, and change the way we relate to ourselves and the world.

Mon, Nov 18 | 6 pm

\$5 | Free for valued members

Ayurveda Workshop: Ancient Ayurveda for the Modern World

Ayurveda, or the "Science of Life," stems from the Indian subcontinent and is considered the world's oldest-known medical system. Michael Green will share ayurveda's core concepts and practices, like how to improve digestion, eat right for your body type, clear toxins, align circadian rhythms, breathe correctly, and enhance vitality

Thu, Nov 21 | 6 pm

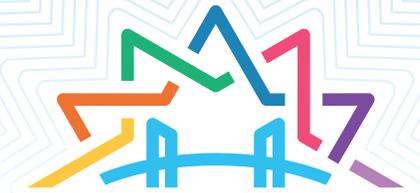
\$5 | Free for valued members

Olive Amelia Tasting & Lunch

Get ready for *Chanukkah* and celebrate the miracle of the oil by taking a trip to Olive Amelia. Olive oil has been valued throughout the world for centuries because of its multiple uses and health benefits. Take a trip to Northeast Florida's premier fine olive oil shop on Amelia Island for a tasting. Transportation from the JCA is included; lunch is at your own expense.

Thu, Dec 19 | 9 am

\$23 | Valued member \$15



JACKSONVILLE JEWISH Cultural Arts FESTIVAL

PRESENTED BY THE JCA

Oct 26 - Nov 14, 2024

Comedians Joel Chasnoff and Benji Lovitt

Sat, Oct 26 | 7 pm

A comedy show to kick-off this year's festival.



Author Adam Nimoy

Thu, Nov 14 | 7 pm

The Most Human:

Reconciling With My Father, Leonard Nimoy



2nd annual Jewish Pop-Up Market

Sun, Nov 3 | 11 am - 2 pm

at the Northbank Riverwalk Artist Square (RAM), 729 Riverside Avenue.



Scan for more information or visit
jcjax.org/jcafest



VANDROFF ART GALLERY

REthreaded

Aug 29 - Oct 2

Opening Reception

Thu, Aug 29 at 6 pm

Christopher Flagg

Oct 3 - Oct 30

Israel Learning

Seminar

Oct 31 - Dec 4

Lisa Lofton

Dec 5 - Jan 8

For details on exhibiting or the upcoming artist schedule, call Heather at ext. 265 or email Heather at heather.terrill@jcajax.org.

JEWISH CULTURE/EDUCATION

Shabbat at the JCA

Bring in Shabbat with us every Friday at 11:35 am starting on Fri, Aug 16. Celebrate the Sabbath with traditional blessings, grape juice, challah, a Torah portion and a story or song. Keep an eye out for more details; special guests from our community will join us at the JCA. This year, we will move Shabbat to the Donziger Media Library and various new locations throughout our campus.

Starting Fri, Aug 16 | 11:35 am
The Donziger Media Library

Monthly Member Mitzvah

September Donate personal hygiene products for the **YMCA New American Welcome Center**.

October Donate items to make cancer care kits for patients at **Baptist MD Anderson**. Wear pink with us at the JCA on Tue, Oct 15. On Wed, Oct 30 at 10 am we will meet at the JCA to make the care kits together. Email rachel.sandler@jcajax.org for more information.

November Donate toys and books to support **The LJD Jewish Family & Community Services**.

December Donate dog treats, dog waste bags, paper towels and bath towels for **K9s for Warriors**.

Please bring all **Monthly Member Mitzvah** donations to the Traditions Cart in the JCA lobby.

Kosher Market Sweep Volunteer & Teen Learning Opportunity

Calling all tweens and teens! Local middle and high school students are invited to join us for learning, shopping, and donating food to help The LJD Jewish Family & Community Services Max Block Food Pantry. Location will be emailed upon registration; lunch will be provided to all participants.

Sun, Sep 15 | 12:45 pm
Free to the community

Honey Bees and High Holidays

Bring in the new year and celebrate the sweetness of *Rosh Hashanah* by learning about bees. This family program is in partnership with Beth El - The Beaches Synagogue, Jewish Federation & Foundation of Northeast Florida, and PJ Library.

Fri, Sep 27 | 5:30 pm
Beth El - The Beaches Synagogue
288 Roscoe Boulevard
Free to the Community

Mitzvah at Manifest for Sukkot

Did you know it is a *mitzvah* to shake the *lulav* and *etrog* during *Sukkot*? Join us at Manifest Distilling to shake up a signature *Sukkot* cocktail and take a behind the scenes tour of the distillery.

Thu, Oct 10 | 5:30 pm
Special toast to the school year at 6:30 pm
Manifest Distilling
960 East Forsyth Street
Free to the community

Paint A Menorah

Bring your children to paint a menorah together at the JCA for the *Chanukkah* season. Registration is required by Nov 18.

Wed, Nov 20 | 4:30 pm
\$38 | Valued member \$25

Menorah Making Contest

Make a *menorah* and bring it to the front desk between Dec 16 - 19. Use any materials but no premade kits or food. *Menorahs* must have eight candle spots in a straight line and a ninth (*shamash*) candle that is higher or lower than the other candles. *Menorahs* will be on display for voting from Dec 20 - Jan 3.

Open to the community

Chanukkah Extravaganza

The entire community is invited to come to the JCA for our lighting of the giant *chanukiah*. Our celebration will feature the JCA's world famous hotdogs, latkes, songs and a variety of activities for your entire family. Admission tickets will be available at the front desk on Nov 1. First come, first served; space is limited.

Thu, Dec 26 | 5:45 pm
Free to the community

Menorah Lighting

Gather in the JCA parking lot at 5:45 pm to participate in the lighting of our *chanukiah* during *Chanukkah*.

Mon, Dec 30 | 5:45 pm
Free to the community



Faye Hedrick

J Experience Coordinator
(904) 730-2100 ext. 247



Scan the QR code to discover more about our J Experience programs.



Our JCA is headed your way! We are branching out to bring the unique enrichment programs you know and love from our Jewish Community Alliance to a neighborhood near you! Through a variety of time-tested, innovative, pop-up experiences, including health and wellness, education about Israel, and fun events surrounding our Jewish holidays, we are excited to bring JCA programming to your neighborhood.

Stroller Fit at the Beaches

Birth - 3 yrs

Bond with your baby, build strength, tone muscles and improve posture with stroller-based exercises that blend barre, Pilates, yoga and power walking. Certified NASM Pilates Trainer and certified in Yoga, Pilates and Barre, the JCA's Gisela Reis will lead this fun-filled class just for parents in Ponte Vedra Beach.

Sun, Aug 18 | 10 am
Beth El - The Beaches Synagogue
288 Roscoe Boulevard
Free to the community

Full Moon Yoga for Tu B'Av

We are planning a J Experience by moonlight in San Marco to celebrate *Tu B'Av*, Israel's holiday that honors love with Yogi Berta Pono. Practicing yoga during a full moon gives us the opportunity to refresh, rejuvenate and release built up energy and tension.

Sun, Aug 18 | 7 pm
MOSH - Museum of Science & History
Bryan-Gooding Planetarium, 1025 Museum Circle
Duo \$18 | Individual \$10

Kosher Market Sweep Volunteer & Teen Learning Opportunity

Calling all tweens and teens! Local middle and high school students are invited to join us for learning, shopping, and donating food to help The LJD Jewish Family & Community Services Max Block Food Pantry. Location will be emailed upon registration; lunch will be provided to all participants.

Sun, Sep 15 | 12:45 pm
Costco Wholesale
4901 Gate Pkwy
Free to the community



The Joys of Yiddish

Bissaleh means "a little bit" in Yiddish. So, come and enjoy *bissaleh* Yiddish with us at Del Webb Ponte Vedra with Suzie Becker. This Yiddish class is sure to be, *ah bruch uf dein kup!* - A blessing on your head!

Mon, Sep 9 | 6:30 - 8 pm
Del Webb Ponte Vedra
Anastasia Ballroom, 1775 River Run Boulevard
Free to the community

Clergy, Coffee & Conversation

By partnering with a diverse group of community leaders and experts we will provide insight and energy on topics from A (Aaron and advent) to Zionism! Come to one or all of our conversations.

Wed, Nov 13 | 10 am
Riverside Presbyterian Church
849 Park Street

Thu, Jan 16 | 10 am
Beth El - The Beaches Synagogue
288 Roscoe Boulevard
Free to the community

Mitzvah at Manifest for Sukkot

Did you know it is a *mitzvah* to shake the *lulav* and *etrog* during *Sukkot*? Join us at Manifest Distilling to shake up a signature *Sukkot* cocktail and take a behind the scenes tour of the distillery.

Thu, Oct 10 | 5:30 pm
Special toast to the school year at 6:30 pm
Manifest Distilling
960 East Forsyth Street
Free to the community

Sound Bowl Meditation

Meet us at St. Johns Center on Aging with River Garden and JCA's Grant Helm to share in a Sound Bowl Meditation experience that will calm our minds before the holidays.

Tue, Nov 5 | 1 pm
St. Johns Council on Aging
180 Marine Street
Free to the community

More J Experiences Coming Your Way!

Our J Experience Coordinator, Faye Hedrick is busy creating and planning more of the experiences you love from our JCA in your neighborhood.

Location information and updates about J Experience classes will be published on jcjax.org. If you have questions or have an idea about how the JCA could come your way, send Faye an email at faye.hedrick@jcjax.org.



Michele Block Gan Yeladim's 50th Birthday Brunch

Calling all current and former alumni, faculty, administration and friends of Michele Block Gan Yeladim Preschool & Kindergarten.

You are cordially invited to our 50th Birthday Brunch on Sunday, October 27, 2024 from 10 am - 12:30 pm where we will nosh, remember fond memories and make new ones.

Please register by Fri, Oct 11.

Ages 21+

Enjoy entertainment from mentalist David Jaison.



For more information, contact Theresa Levy at theresa.levy@jcajax.org.



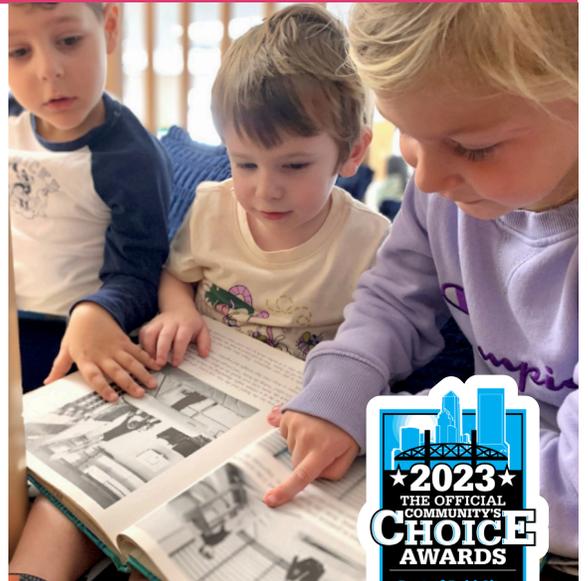
Discover how your children can learn and grow with us in the 2024-25 school year!

We have limited spots available for our Busy Bee, Teddy Bear and JK classrooms.

For enrollment information, to schedule a tour, or if you have questions, please email ganyeladim@jcajax.org or call (904) 730-2100 ext. 235.



Scan the QR code to learn more about our Early Childhood programs.



Voted Best Preschool by the Florida Times-Union!



Natalia Fisher

Early Childhood Director
(904) 730-2100 ext. 242



Scan the QR code to discover more about our Early Childhood programs.



Cooking Around the World (3 - 6 yrs)

Join Ms. Renee in our child-centered kitchen to prepare and taste foods from countries around the world. Children will bring home a keepsake cookbook at the end of the session.

Tue | 3:30 - 4:15 pm

Session I: Sep 10, 17, Oct 1, 8, 15, 22 and 29

Session II: Nov 5, 12, 19, Dec 3, 10 and 17
\$105 | Valued member \$70



Holiday Cooking (3 - 6 yrs)

Celebrate our Jewish holidays with a fun cooking class using our five senses with Ms. Renee. Cost is per class.

Fri | 3:30 - 4:15 pm

Oct 11 | Sukkot

Dec 20 | Chanukkah

\$23 | Valued member \$15



Parent & Me

Make Music (3 mos - 3 yrs)

Led by Ms. Katie, this class stimulates the young brain while playing with instruments, singing, and dancing to the music.

Mon | 11 - 11:45 am | Sep 9 - Dec 16

No class: Oct 14, Nov 11 and 25



Sensory Sensations (6 mos - 3 yrs)

Tickle the senses to inspire learning, encourage scientific thinking and social interactions in this class led by Ms. Renee.

Tue | 10 - 10:45 am | Sep 10 - Dec 17

No class: Sep 24 and Nov 26



Stroller Fit (Birth - 3 yrs)

Bond with your baby, build strength, tone muscles and improve posture with stroller-based exercises that blend barre, Pilates, yoga and power walking led by Ms. Gisela.

Tue | 12 - 12:45 pm | Sep 10 - Dec 17

No class: Nov 26

Story Time (Birth - 3 yrs)

Ms. Katie helps you bond with your child during Story Time in the beautiful early childhood library.

Wed | 11 - 11:45 am | Sep 11 - Dec 18

No class: Nov 27



Tot Shabbat (3 mos - 3 yrs)

Join Ms. Kaila for a holiday-based Shabbat experiences and activities centered around Thanksgiving and Chanukkah.

Fri | 11 - 11:45 am | Nov 22 and Dec 20



Family Yoga (6 mos - 3 yrs)

Connect with your little ones as Ms. Gisela helps you work on focus, flexibility and other fine motor skills.

Sun | 10 - 10:45 am | Sep 15, Oct 27,

Nov 10 and Dec 8

FREE TO THE COMMUNITY

Advance registration is required. Please contact Nicole Blundy by email, nicole.blundy@jcjax.org or call ext. 259.

Baby Bear Ballet

Ages 3 (by 9/1/2024) - 5

Little dancers learn the basics of ballet with their ballet buddy! This beginner's class is a fun and relaxed introduction to ballet. Each dancer will receive their very own ballet bear or bunny. We use our ballet buddies to help us with posture and arms. Dancing is so much fun - but it is crazy fun when you dance with a buddy!

Mon | 3 - 3:30 pm

Sep 9, 16, 23, 30, Oct 7, 21, 28, Nov 4 and 18

\$243 | Valued member \$162

Zoe's Hippity Hop Move & Groove

Ages 4 (by 9/1/2024) - 5

Young dancers learn different types of movement characterizations to develop imagination and movement quality in this enrichment class. Students will participate in a variety of exercises and dances that teach listening skills (responding to the tempo and mood of the music), levels (high, medium, low) and direction.

Tue | 1 - 1:30 pm

Sep 10, 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12 and 19

\$215 | Valued member \$143

Fit for Broadway Jr

Ages 3 (by 9/1/2024) - 5

Designed especially for our younger dancers, kids will jump, twist, shimmy and shake in this aerobic style dance class! We will dance and sing to our favorite upbeat songs while we build our strength, stamina and coordination.

Tue | 3 - 3:30 pm

Sep 10, 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12 and 19

\$215 | Valued member \$143

Fit for Broadway

Grades K - 8

An hour of dancing, jumping, twisting and bopping to get fit for Broadway, kids will be on their way to better health in this high energy, fun-filled class! We will jam to our favorite upbeat show tunes with hip-hop, jazz, salsa and more! This class guarantees sweat, sweat, sweat while having fun, fun, fun!

Tue | 4 - 5 pm

Sep 10, 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12 and 19

\$215 | Valued member \$143

Zoe's Clubhouse

Ages 4 (by 9/1/2024) - 5

This creative class takes your little one on a new adventure sketch each week! Children explore their imagination while teaching social skills, teamwork and coordination in a fun, creative environment! This is one of our JCA's most popular classes - don't miss out!

Wed | 1 - 1:45 pm

Sep 11, 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13 and 20

\$297 | Valued member \$198

Shelly Hughes

Theatre Director

(904) 730-2100 ext. 252



Scan the QR code to discover more about our Theatre programs.

Zoe's Story Sketches

Age 3 (by 9/1/2024)

This class is perfect for any creative 3-year-old with a big imagination! We will read a story each week and jump into the pages of the book to experience what the characters are going through in the story.

Wed | 3 - 3:30 pm

Sep 11, 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13 and 20

\$297 | Valued member \$198

Zoe's Alumni

Grades K - 2

This class lets our Zoe's gang go further into their adventures. During each class the Alumni gang will learn about different cultures, geography, myths and legends! If your child has an active imagination and a sense of adventure, this is the class for them!

Wed | 4 - 4:45 pm

Sep 11, 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13 and 20

\$297 | Valued member \$198

Zoe's Express Yourself

Ages 3 (by 9/1/24) - 5

This creative class is designed for anyone that loves painting and art. We will read a different classic children's story each week and then our little artists will go up on stage and paint the "set pieces and props" for the story we just read. They will exercise their imaginations while learning to work as a creative team as we bring each story to life.

Thu | 3 - 3:30 pm

Sep 12, 19, 26, Oct 10, 31, Nov 7, 14 and 21

\$180 | Valued member \$120

JCA PAC Presents

Doctor Dolittle

Auditions
Sun, Aug 25 | 1 pm

Rehearsals
Mon and Thu | 4 - 6 pm
Start Aug 29

Show Dates
Dec 7 and 14 | 7:30 pm
Dec 8 and 15 | 1 pm

Recital Fee
\$315 | Valued member \$210
No fees will be collected until after the cast list is posted.



**Evan
McInnis**

Youth Services Director
(904) 730-2100 ext. 249



Scan the QR code to
discover more about our
Youth Services programs.

Private Supplemental Tutoring

Grades K - 5

One-on-one academic subject and homework assistance with current or former educators. Open to valued members and After School participants only. Contact Lea Melvin at ext. 245 for more information and pricing options.

Cookin' USA

Grades K - 9

Get ready to grill, sauté, and bake your way through the flavors of 'Merica! Whether you are craving Southern grits or West Coast avocado toast, we have something to satisfy every palate. Grab your spatulas and let us whip up a star-spangled feast! All chefs receive a custom apron and cookbook.

Grades 4 - 9

Tue | 4:15 - 5:30 pm
Sep 3, 10, 17 and 24

Grades K - 3

Wed | 4:15 - 5:30 pm
Sep 4, 11, 18 and 25
\$78 | Valued member \$52



Slime School

Grades K - 8

It is slime time! Slimentists (slime scientists) will make a new batch of slime each week. From glow-in-the-dark to sparkly and fluffy slime - your children will love these messy experiments.

Thu | 4:15 - 5:15 pm
Sep 5, 12, 19 and 26
\$78 | Valued member \$52

Breakfast Club

Grades 4 - 9

Rise and dine with the Breakfast Club! From golden waffles to perfectly scrambled eggs, you will learn to create breakfast dishes that will impress and satisfy. We will make mornings brighter and tastier together!

Tue | 4:15 - 5:30 pm
Oct 1, 8, 15 and 22
\$78 | Valued member \$52

Scrappy Hour

Grades K - 5

Stick around for a craft session that's bound to be a cut above the rest! In this class, we will turn your magazine clippings into frame-worthy collages and scrapbooks. Snip, snap and turn your cherished moments into works of art!

Wed | 4:15 - 5:15 pm
Oct 2, 9, 16 and 23
\$78 | Valued member \$52



Popcorn and Pajamas

Settle in for a night of film and fun with your family! In your favorite PJs, enjoy a movie, some classic theatre treats, and quality time. Come turn your regular evening into a blockbuster event!

Thu, Oct 10 | 6:30 - 8:30 pm
\$30 | Valued member \$20
Price is for one parent and one child.
Add \$5 for each additional participant.

Seasonal Sensations

Grades K - 9

Spring into action, sizzle through summer, fall for autumn, and warm up winter with our seasonal cooking extravaganza! Each class is packed with recipes that capture the essence of the season. Seasonal sensations will make every dish a year-round delight!

Grades 4 - 9
Tue | 4:15 - 5:30 pm
Nov 5, 12, 19 and 26
Grades K - 3
Wed | 4:15 - 5:30 pm
Nov 6, 13, 20 and Dec 4
\$78 | Valued member \$52



LEGO® Lab

Grades K - 8

Snap, click, and stack your way through this Lego class! We will construct everything from grand towers to intricate designs. Get ready to become a MasterBuilder one brick at a time!

Thu | 4:15 - 5:15 pm
Nov 7, 14, 21 and Dec 5
\$78 | Valued member \$52



Holiday Cookie Party

Grades K - 5

December is the holiday season for many faiths and cultures, and International Cookie Day is in early December too! Join us for our Annual Holiday Cookie Party as we share the joy of the festivals while we bake, decorate and enjoy a variety of holiday cookies.

Tue, Dec 3 | 4:15 - 5:15 pm
\$30 | Valued member \$20

Parents Night Out Holiday Edition

Grades K - 8

Still need to pick up that last holiday gift? Send the kids to the JCA while you finish up all your last-minute errands! Children will eat dinner, play games and watch a movie. Whether you need to shop, wrap, or just take a nap - we have the kids covered!

Thu, Dec 12 | 6 - 9 pm
\$30 | Valued member \$20

Monthly Mitzvot

Grades 7 – 11

Inspire and empower your teen to make a positive impact on the community one *mitzvah* (good deed) at a time leading to many *mitzvot* this season. Each month we will spend a day completing a meaningful *mitzvah* that aligns with our core Jewish values. For more information, please contact Evan at ext. 249.

Sun | 1 - 4 pm

Sep 8, Oct 6, Nov 3 and Dec 1

Free to the community



J-Cation Days

Grades K – 8

On days when school is closed, send your child to the JCA to explore, create, learn, and have FUN with friends. Children choose from a variety of sport, STEM and other creative activities throughout the day. For specific pricing, availability and more information, please call the Registrar's Office at (904) 730-2100 ext. 228.

Fall J-Cation Days:

Oct 14, Nov 1, 11 and 27

Winter Break JCamp:

Duval County | Dec 23 - Jan 6

Closed on Dec 25 and Jan 1

High Holy Day J-Cation Days:

Oct 3, 4, 17, 18, 24 and 25

For the Jewish High Holy Days with minimum enrollment.

Regular After School and Study Central will take place on these days.

J-Cation Day Field Trips

Grades K – 8

Your child is invited to join us for these supplemental field trips at an additional cost during J-Cation Days.

Mon, Dec 23 | Movie and Picnic

Fri, Dec 27 | Bowling

Thu, Jan 2 | Sweet Pete's

\$63 | Valued member \$42

AFTER SCHOOL

GRADES K-5

The biggest complaint we hear at the end of the day is that children do not want to leave! Have your children end the day at the JCA. Our After School Program will nurture, encourage and stimulate your child's interests through a variety of activities in a positive environment children love!

Mon - Fri | 2:30 – 6 pm

STUDY CENTRAL

GRADES 6-8

Study Central is designed with quality and flexibility in mind for preteens and teens to support socialization, independence and responsibility in a supervised environment after school. Daily snack, Wi-Fi, laptop access and homework assistance are available. Choose two, three or five days per week.

Mon - Fri | 2:30 – 6 pm

FREE TRANSPORTATION FROM SELECT SCHOOLS WITH MINIMUM ENROLLMENT

- ✓ Beauclerc Elementary
- ✓ Duval Charter School at Baymeadows
- ✓ Duval Charter School at Mandarin
- ✓ Greenland Pines Elementary School
- ✓ Hendricks Avenue Elementary
- ✓ LaVilla Middle School
- ✓ Loretto Elementary
- ✓ Mandarin Oaks Elementary School
- ✓ Martin J. Gottlieb Day School
- ✓ Seaside Charter Elementary School
- ✓ Torah Academy
- ✓ River City Science Academy Innovation
- ✓ River City Science Academy Mandarin

Save spots for your children in the 2024-25 school year!
To register, call (904) 730-2100 ext. 228.

Just for Teens!

Grades 6 - 9

We are planning days and nights full of adventure; a special time out of the house and off campus just for your teenagers.

Teen Night at Bravoz

Jump! Jump! Jump around! Join us, we are headed to Bravoz. Transportation from the JCA and admission are included.

Sun, Sep 22 | 3 - 6 pm

\$45 | Valued member \$30

Full Day Teen Excursion | Explore The 904

Our JCamp Yalla excursions are not just for the summer. Teens are invited to board the JCA bus as we explore the 904 and beyond in search of adventure.

Mon, Nov 11 | 9:30 am - 3:30 pm

\$68 | Valued member \$45

Tinseltown Teens

Calling all teens. You are invited to a teens-only trip to Tinseltown. Movie tickets and transportation are included.

Sun, Dec 22 | 2 - 5 pm

\$23 | Valued member \$15



**Kendall
Sisisky Valliere**
Development Director
(904) 730-2100 ext. 231



Scan the QR code to discover more about how you can help the JCA support our community.



Thank You!

The generosity that supported our annual **Send A Kid** campaign this summer allowed 58 children to receive financial assistance so they could attend **JCAmp** and the **JCC Maccabi Games®**. At the beginning of August, JCA athletes traveled to Houston, Texas, to compete at the JCC Maccabi Games, a life-changing experience that emphasizes the importance of Jewish identity and engagement. The games reinforce strong moral values so our JCA athletes will always strive to make the world a better place.



- ✦ Eduardo Acosta
- ✦ Jerry Funk
- ✦ Melissa Gross-Arnold and Shawn Arnold
- ✦ Beth and David Goldman
- ✦ Louise and Richard Axelberg, in memory of Buzzy Clausner
- ✦ Barbara and Lewis Hunter
- ✦ Eleanor and Charles Berman
- ✦ Jo-Ann and Alan Kagan
- ✦ Berman Family Foundation
- ✦ Jean Lebowitz
- ✦ Cheryl Bradley
- ✦ Jan and Bruce Lipsky
- ✦ Colette and Dennis Campay
- ✦ Susan Martinez, in memory of Dino Contis
- ✦ LaVerne and Andy Cantor
- ✦ Michael and Glenn Miller Family Fund, in honor of Elijah, Sandy and Zoey Miller's birthdays
- ✦ Adam and Regina Chaskin
- ✦ Andrew Morris, in honor of Jo-Ellen Unger
- ✦ Wanda and Jacob Christmann
- ✦ Steven Clapp
- ✦ Laurie and John Muenz
- ✦ Coplan and Goldman Families JCA Camp Scholarship Endowment Fund
- ✦ Howard Roey
- ✦ Marilyn Desser
- ✦ Elaine and Paul Silliman, in memory of Joseph Rubenstein
- ✦ Susan and Ron Elinoff
- ✦ Trudy Spinelli
- ✦ Lauren Cohen-Fizman and Julian Fizman
- ✦ Sharon and Neale Thomas
- ✦ Flagler Family
- ✦ Betsy Tilis
- ✦ Nadine Frazier
- ✦ Haley and Jason Trager
- ✦ Sharon and Bruce Witten

Your support of our **Send A Kid** campaign ensures that **JCAmp** and the **JCC Maccabi Games** will be a reality for children and families in our community despite financial barriers.

Thank you for helping us make a difference in the lives of children this summer!



BUILDING OUR FUTURE TOGETHER

A Capital Campaign for the Jewish Community Alliance

Some changes are happening to our beloved JCA! A tennis court is transforming into long-desired pickleball courts for our community. Tons of concrete were trucked into campus and poured and that is just the beginning of the tremendous plans we have for our facility. When complete, the JCA will include an additional 15,000 square feet with a new two-story building in *The Stein Family Courtyard*.

Enhancements and expansion of the *Chepenik, Markowitz, Movsovitz Lobby* will include the addition of the *J. Wayne and Delores Barr Weaver Welcome Area* to allow better service and safety for members and guests.

Our members and guests will learn and engage with the new 25-foot interactive Israel feature wall. Additionally, *The Setzer Family "History of Jewish Jacksonville"* display will showcase our city's rich Jewish history.

By next summer, families will enjoy an upgraded experience at the *Selevan Family Aquatics Center* featuring a newly heated *Howard and Joy Korman Outdoor Pool*, a newly renovated *Richter Family Indoor Pool* as well as our zero-entry splash pad with water play features that are fun for the entire family.

Also expanding and improving is the *Miller Family Fitness Center* which includes more space to accommodate new equipment. An expanded group fitness room, a Pilates studio, larger personal training areas and an outdoor fitness area, *Eiffel's Playground*, will round out the Wellness Wing. Additional upgrades include expansion of *Michele Block Gan Yeladim Preschool & Kindergarten*, improvements to our *Bessie Setzer Frisch Auditorium*, and our Youth Services facilities will be newly designed to accommodate the growth of our unique enrichment programs.

With a final goal of \$18.4 million, we are proud to have secured \$14.2 million as of August. We are so humbled by the dedication of our CEO Adam Chaskin, the JCA Board of Trustees, our campaign co-chairs Adam Frisch, Nancy and Mark Green, The Miller Families, and Alison and Brent Trager, who are leading this extraordinary project. Years of preparing and planning led to this moment which will alter the trajectory of the JCA and our community into the future.

For more information on the Building Our Future Together Campaign, please contact Kendall Sisisky Valliere at (904) 730-2100 ext. 231.



Every Brick Counts! jcajax.org/campaign



Michael Mayotte

BSH, ACE-CHC
Wellness Coach
(904) 730-2100 ext. 333



Scan the QR code to discover more about our Wellness Connexion programs.



Wellness Center

**Baptist Health Virtual Classes:
New Mothers Support Group**

Share your experience as a new mother from the comfort of your homes. We will talk about babies, ourselves - physical and emotional, what is working and not working, and how things are going.

First Year Baby Safety Essentials

This class will cover the most common injuries to babies in the first year along with preventive childproofing measures. A first aid lecture and a demonstration of infant/child CPR and choking procedures are also included.

Early Pregnancy Class

Get a jumpstart on preparing for an amazing pregnancy. This pre-recorded virtual class provides up-to-date essentials for a confident and informed pregnancy. From myths to nutrition, fetal growth, do's and don'ts, how to get ready, and so much more, this class is ideal for women up to 24 weeks pregnant.

Visit jcjax.org/fitness-and-wellness/BHWC to learn more.

**Physician Chat:
When to go to the ER**

Join us for an informative session with Heidi Ashbaugh, MD, Emergency Medicine Specialist with Baptist Health and Amber Newell, DO, Emergency Medicine Specialist with Baptist Health to learn about when it is crucial to seek emergency medical care. Whether you are unsure about a sudden symptom or concerned about a loved one's health, this session will provide valuable insights and guidance on when to go to the emergency room. Our expert will discuss various signs and symptoms that warrant immediate attention, common misconceptions about emergency care, and practical tips for handling medical emergencies effectively. Do not miss this opportunity to gain clarity and confidence in navigating healthcare decisions during critical situations.

Wed, Oct 9 | 12 pm
Free to the community

Nourish Hope: Empowering Conversations about Breast Health

Take charge of your health! Learn more about preventing breast cancer and resources for support from Sharsheret. A clinical dietitian from Baptist MD Anderson Cancer Center will be joining us. This program is in partnership with Hadassah, Jewish Federation & Foundation of Northeast Florida Women's Philanthropy, and PJ Library.

Tue, Oct 15 | 7 pm
LJD Jewish Family & Community Services
Free to the community



The JCA Walking Club

We want all walkers (no matter what your pace) and all ruckers (no matter what your weight) to join the JCA Walking Club. Rucking, the action of walking with any amount of weight in a backpack, is gaining popularity as a low impact exercise that can help improve cardio and endurance. Rucking is not for everyone, so please check with your doctor or personal trainer before you start. JCA Walking Club members go at their own pace, build speed and endurance. Members walk on our JCA indoor track, on treadmills or anywhere safely outside. We also plan monthly walking meetups.

**JCA Walking Club
Outdoor Walks**

Tue | 9:30 am
Sep 17, Oct 15, Nov 19 and Dec 17
Walking locations will be emailed at registration. If you have questions, would like to join the club or register for any of our outdoor walks, please email Hollie Arnold, hollie.arnold@jcjax.org.

Meditation

Learn to relax your body and mind, while using your breath to enrich your compassionate outlook on life with a Wellness Coach from Baptist Health.
Mon and Fri | 11:35 am - 12:10 pm
Free to the community

Blood Drives at the JCA

Our JCA is proud to partner with LifeSouth Community Blood Centers to host several community-wide blood drives. Walk-ins are welcome or make an appointment online.
Mon | 10 am - 5 pm
Aug 12, Oct 14 and Dec 9
JCA Donziger Media Library

Expert Chat: Managing Cognitive Changes

Delve into the realm of cognitive changes and explore effective approaches to manage and enhance mental well-being. Our expert speaker from Baptist Rehabilitation will discuss various factors influencing cognitive health, including lifestyle choices, stress management and cognitive exercises.
Thu, Aug 15 | 12 pm
Free to the community

Expert Chat: How to Spot Scams and Foiling Identity Theft

Baptist Health and VyStar@Work have partnered to bring you a series of financial wellness education sessions. Financial wellness is understanding and managing your financial situation to ensure you reach your financial goals and stay prepared for any challenges or hardships.
Thu, Sep 19 | 12 pm
Free to the community

Women's Pull-Up Workshop Series

Have you ever wanted to boss-it-up in the gym and do pull-ups? How do you train and condition your body so you are able to correctly pull-up? What training techniques can you implement to work your way into performing one of the most effective upper body exercises? Instructor Gisela Reis will teach you the skills needed to correctly perform one of the most challenging body weight exercises for women.

Strong women pull-up!

Two Workshop Options:

Fri | 10:30 am - 11 am

Series I: Sep 6, 13, 20 and 27

Series II: Nov 1, 8, 15 and 22

\$120 | Valued member \$80



How to Fall

Do you know how to plan your landing, relax and roll? Learning falling techniques instills habits and reflexes that can save your health when you accidentally go down. Knowing how to fall also reduces the chance of serious injury, especially in the older population. Registration is required.

Thu, Sep 12 | 1:30 - 2:30 pm

Fri, Sep 27 | 12 - 1 pm

Free to valued members

Fall Prevention in the Home

An informative presentation including a private screening of the *Saving Claire Project* and discussion of *Aging in Place*. Aging in place is a term used by seniors who want to live in their homes through end of life. In order to do this, the home needs to be modified properly to adapt to the changing needs of the senior. Occupational Therapist, Kris Wilson, addresses the home and will help you in the first steps to prevent falls at home.

Wed, Sep 18 | 11:45 am - 12:45 pm

Free to valued members



Type 2 Diabetes: Be Pro-ACTIVE!

Whether you are striving to prevent diabetes onset or currently live with (pre)diabetes, knowledge about this issue is empowering. Instructor Peter Joseph will discuss proactive practices to prevent type 2 diabetes, including exercise and nutrition guidelines. Registration is required.

Thu, Sep 19 | 6:30 pm

Free and open to the entire community

Get the Skinny on Anti-Obesity Drugs

There is a strong chance someone in your life has inquired or is currently taking the new weight loss class of drugs. A Pew Research Center survey showed that 75% of people have heard about this anti-obesity "wonder drug." With approximately 75% of the U.S. population being overweight or obese, compromised body weight (as defined by body mass index) can increase risk for a plethora of health complications. Join JCA Registered Dietician Leslie Burman to find out what the new weight loss medications are all about and if they are right for you. Registration is required.

Mon, Sep 30 | 12 - 1 pm

Free to valued members

ADHD and Kids

What does ADHD mean and how do child advocates deal with the diagnosis? Personal Trainer Peter Joseph discusses the physical activities and nutritional guidelines that could help symptoms of ADHD. Registration is required.

Thu, Nov 7 | 6:30 - 7:30 pm

Free and open to the entire community

Karen Cataldo

Fitness and Wellness Team Lead
(904) 730-2100 ext. 324



Scan the QR code to discover more about our Fitness and Wellness programs.

Full Moon Yoga

Grant Helm will guide us in yoga by moonlight this fall. Grab your mat and join us to engage in this ancient practice with your friends. Grant will lead a 90-minute practice under the full moon and conclude with 30 minutes of relaxing sound bowls.

Thu, Nov 14 | 7 - 9 pm

\$60 | Valued member \$40



Community Adult and Pediatric CPR/AED/First Aid

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies and how to respond to breathing and cardiac emergencies. Registration is required by Sep 19 or Nov 8.

Sun, Sep 29 or Fri, Nov 15 | 12 - 3 pm

\$60 | Free for valued members thanks to the Stephen and Jackie Goldman Family - CPR Save A Life Fund.

Mind Your Gut

Are you one of the over 40 million people affected by digestive disease? Dietician Leslie Burman will discuss how to enhance digestive wellness through your gut. Your gut-brain connection may be the key that can unlock your digestive woes. Registration is required.

Mon, Nov 18 | 12 - 1 pm

Free to valued members



Michael Raffol
Sports and Recreation Director
(904) 730-2100 ext. 250



Scan the QR code to discover more about our Sports and Recreation programs.



Willpower Basketball

Ages 5 - 12

Coach Will Holloman's basketball clinics allow players to reach their full potential in a fun-filled environment that challenges all to exceed personal limits and optimize the intangibles of the game.

Mon

Ages 5 - 8 | 5:30 - 6:30 pm

Ages 9 - 12 | 6:30 - 7:30 pm

Session I: Aug 26 - Oct 7

No class Sep 2

Session II: Oct 28 - Dec 9

No class Nov 25

\$141 | Valued member \$94

Private Lessons

Ages 13 - 18 | Private lessons available throughout the week.

For Private Basketball Instruction

please call Coach Alex at ext. 254 or email alex.minardi@jcajax.org.

Open Pick Up Games

Ages 14+

Stay active on the court! Join us for our open pick up volleyball and basketball games.

Volleyball

Tue | 7:30 - 9 pm

Basketball

Sat | 1 - 3 pm

Free for valued members

Youth Soccer League

Get your soccer stars on the field this season. Our mandatory skills assessment for the 2024 JCA Youth Soccer League happens at Bolles High School on **Sun, Aug 18** by age group:

Ages 10 - 16 | 1 pm

Age 8 - 9 | 2 pm

Age 6 - 7 | 3:15 pm

Age 4 - 5 | 4:30 pm

Divisions are based on age and skill and will be determined after evaluations. There is a two-hour afternoon commitment at Bolles High School Stadium Field on Sundays. Games are every Sun from 12 - 6 pm, **Sep 29 - Nov 17**. Practice is held one hour prior to gametime.

\$172 | Valued member \$115

Fast Freddy's Taekwondo Academy

Ages 3 - 13

Master Frederick Vescera shares the martial art of Taekwondo with our community. The exciting sport teaches a variety of kicks, strikes and blocks while children build self-defense skills and have lots of fun. Students have the opportunity to move up in belts after certain criteria are met. Dobek purchase from Master Freddy is required.

Tue and Thu

Any belt color: Ages 3 - 6 | 4 - 4:45 pm

White/Yellow+ belt: Ages 7 - 13 | 5 - 6 pm

Session I: Aug 27 - Oct 29

Session II: Nov 12 - Jan 23

No class Oct 3, 17, 24, Nov 26, 28, Dec 24, 26, 31 and Jan 2

\$312 | Valued member \$208

Adult Basketball League

Teams consist of six players for four-on-four competition with a minimum of seven games.

18+ Adult Basketball League

Wed | 6 - 9 pm

Starting Aug 7 and Oct 30

No games Nov 27, Dec 25 and Jan 1

\$62 | Valued members only

25+ Adult Basketball League

Sun | 8:30 - 11:30 am

Starting Sep 22

No games Nov 24

\$62 | Valued members only



JCA Fencing Academy

Helps fencers gain confidence through games, footwork, coordination, fencing drills and bouts.

Tue

Advanced: Ages 13+ | 6 - 7:30 pm

Session I: Sep 10 - Nov 19

Session II: Dec 3 - Feb 4

No classes Oct 1, 15, 22, Dec 24 and 31
Wed

Beginner: Ages 4 - 12 | 5 - 6 pm

Intermediate: Ages 13+ | 6 - 7:30 pm

Session I: Sep 11 - Nov 20

Session II: Dec 4 - Feb 5

No classes Oct 2, 16, 23, Dec 25 and Jan 1
\$189 | Valued member \$126

Varsity Basketball League

Ages 15 - 18

Teams consist of six players for four-on-four competition. No practices, just games. To register as a free agent, a team, or if you are wanting to coach, please email alex.minardi@jcajax.org.

Tue | 6 - 9 pm

Oct 1 - Nov 19

\$111 | Valued member \$74

Flag Football League

Ages 4 - 16

Our Youth Flag Football League runs **Jan 12 - Mar 23** at Bolles High School. Our mandatory skills evaluation for the 2025 JCA Flag Football season will be held on **Sun, Dec 8** by age group:

Ages 10 - 16 | 1 pm

Age 8 - 9 | 2 pm

Age 6 - 7 | 3:15 pm

Age 4 - 5 | 4:30 pm

Divisions are based on age and skill and will be determined after evaluations. There is a two-hour afternoon commitment at Bolles High School Stadium Field on Sundays. Games are every Sun from 12 - 6 pm. No games Jan 19, Feb 16 and 23.

\$172 | Valued member \$115



PRESCHOOL & YOUTH SPORTS CLINICS

PRESCHOOL

LITTLE NINJA WARRIORS OBSTACLE COURSE

AGES 3 (BY 9/1/2024) - 6

Mon | 3:30 – 4:15 pm
Session I: Aug 26 - Oct 7
Session II: Oct 28 - Dec 9
No class Sep 2 and Nov 25

SPORTS EXTRAVAGANZA

AGES 3 (BY 9/1/2024) - 6

Mon | 3:30 – 4:15 pm
Session I: Aug 26 - Oct 7
Session II: Oct 28 - Dec 9
No class Sep 2 and Nov 25

TERRIFIC TUMBLER GYMNASTICS

AGES 3 (BY 9/1/2024) - 6

Tue | 3:30 – 4:15 pm
Session I: Aug 27 - Oct 1
Session II: Oct 29 - Dec 10
No class Nov 26

LITTLE KICKERS SOCCER

AGES 3 (BY 9/1/2024) - 6

Tue | 3:30 – 4:15 pm
Session I: Aug 27 - Oct 1
Session II: Oct 29 - Dec 10
No class Nov 26

LITTLE HITTERS T- BALL

AGES 3 (BY 9/1/2024) - 6

Wed | 3:30 – 4:15 pm
Session I: Aug 28 - Oct 2
Session II: Oct 30 - Dec 11
No class Nov 27

LITTLE DRIBBLERS BASKETBALL

AGES 3 (BY 9/1/2024) - 6

Thu | 3:30 – 4:15 pm
Session I: Aug 29 - Oct 10
Session II: Nov 7 - Dec 19
No class Oct 3 and Nov 28

TERRIFIC TUMBLER GYMNASTICS

AGES 3 (BY 9/1/2024) - 6

Fri | 3:30 – 4:15 pm
Session I: Aug 30 - Oct 11
Session II: Nov 1 - Dec 13
No class Oct 4 and Nov 29

YOUTH

SOCCER 101

AGES 5 - 10

Mon | 4:30 – 5:30 pm
Session I: Aug 26 - Oct 7
Session II: Oct 28 - Dec 9
No class Sep 2 and Nov 25

JUNIOR GYMNASTICS

AGES 5 - 10

Tue | 4:30 – 5:30 pm
Session I: Aug 27 - Oct 1
Session II: Oct 29 - Dec 10
No class Nov 26

BASKETBALL 101

AGES 5 - 10

Tue | 4:30 – 5:30 pm
Session I: Aug 27 - Oct 1
Session II: Oct 29 - Dec 10
No class Nov 26

FLOOR HOCKEY

AGES 4 - 14

Thu | 5 – 6 pm
Session I: Aug 29 - Oct 10
Session II: Nov 7 - Dec 19
No class Oct 3 and Nov 28

VOLLEYBALL 101

AGES 8 - 14

Thu | 4:30 – 5:30 pm
Session I: Aug 29 - Oct 10
Session II: Nov 7 - Dec 19
No class Oct 3 and Nov 28

If you have questions about our sports leagues, clinics, teams and academies, becoming a coach or scheduling makeup evaluations, please email alex.minardi@jcajax.org.

\$111 | Valued member \$74



Dustin Rulien

Aquatics Director
(904) 730-2100 ext. 417



Scan the QR code to discover more about our Aquatics programs.

Sensory Safe Swim Lessons

Ratio 2:1 or 1:1 | All ages

This program is designed for swimmers with Autism.

Swim lessons are held in our quiet, indoor heated pool.

Sun | 4:30 - 5 pm or 5 - 5:30 pm

Fall Session I | Sep 22 - Oct 27

Fall Session II | Nov 10 - Dec 15

Winter Session I | Jan 5 - Feb 9

\$150 | Valued member \$100

Adult Group Swim Lessons

Ratio 8:1 | 14+ yrs

This program is designed to encourage and introduce adults to swimming in a welcoming and comfortable environment.

Mon and Wed | 6:30 - 7 pm

Fall Session I | Sep 9 - Oct 28

Fall Session II | Nov 4 - Dec 16

Winter Session I | Jan 6 - Feb 13

\$240 | Valued member \$160

Private Swim Lessons

All ages

Each lesson is 30 minutes in length.
\$60 per lesson | Valued member \$35 per lesson

\$420 for eight lesson package | Valued member \$245 for eight lesson package

Semi-Private Swim Lessons

All ages

Each lesson is 30 minutes in length.
\$40 per lesson | Valued member \$25 per lesson

\$280 for eight lesson package | Valued member \$175 for eight lesson package

Family Fun Days at the JCA

You are invited to join us for fun-filled holidays at the JCA. Mark your calendars now, we will host a Family Fun Day on Labor Day, Mon, Sep 2 from 11:30 am - 2:30 pm. Our world famous hot dogs will be served, and we will have fun and games for all ages.

Mon, Sep 2 | 11:30 am - 2:30 pm
Free to valued members

Masters Makos Swim Team Practice

Ages 18+

Relearn or refine your strokes in a fun-filled atmosphere with peers. Professional coaches guide swimmers at their own pace.

Eight-week course

Mon | 5:45 - 6:45 am

Fall Session I | Sep 9 - Oct 28

Fall Session II | Nov 11 - Dec 16

Winter Session I | Jan 6 - Feb 24

\$90 | Valued member \$60

Wed | 7 - 8 pm

Fall Session I | Sep 11 - Nov 6

No practice Oct 2, 16 and 23

Fall Session II | Nov 13 - Dec 18

Winter Session I | Jan 8 - Feb 26

\$90 | Valued member \$60

Youth Mini-Triathlon

Ages 5 - 12

Bring your swim gear, bikes, helmets and running shoes to our Youth Mini-Triathlon for children ages 5 - 12. Participants will compete in age-appropriate groups that include running a mile, biking a mile, then swimming distances according to their age. Participation and medals will be distributed immediately following the triathlon. Registration is required by Oct 14.

Sun, Oct 27 | 10 am

\$20 | Valued member only



Licensed Training Provider

Community Adult and Pediatric CPR/AED/First Aid

This course teaches students to recognize and care for a variety of first aid emergencies and how to respond to breathing and cardiac emergencies. Registration is required by Sep 19 or Nov 8.

Sun, Sep 29 or Fri, Nov 15 | 12 - 3 pm
\$60 | Free for valued members

thanks to the Stephen and Jackie Goldman Family - CPR Save A Life Fund.

Red Cross-Certified Water Safety Instructor Training

Become certified to teach parent and child aquatics, preschool aquatics, Learn-to-Swim, adult swim courses and water safety courses and presentations. Water Safety Instructor candidates must be 16-years-old on or before the last scheduled day of the course. Registration closes Sep 26.

Sun, Oct 6 | 1 - 6 pm

Mon, Oct 7 - Thu, Oct 10 | 4 - 9 pm
\$300 | Valued member \$200

Red Cross-Certified Lifeguard Training

Prerequisites:

- Must be at least 15 years of age.
- Complete a swim-tread-swim sequence without stopping to rest.
- Complete a timed event within one minute and 40 seconds.

The most up-to-date detailed list of course prerequisites are available on jcjax.org under American Red Cross Certifications. Registration closes Nov 7.

Mon - Thu

Nov 18 - 21 | 4 - 9 pm

\$300 | Valued member \$200

Scan the QR code above for more information about our cancellation and diaper policies.

Email Dustin, dustin.rulien@jcjax.org or call (904) 730-2100 ext. 417 for more information about American Red Cross Training Classes, Private and Semi-Private Swim Lessons at the JCA.

American
Red Cross

Licensed Training Provider

LEARN TO SWIM

PROGRAMS AT THE JCA



LEVEL 0

Parent & Me Ratio 8:1 | Ages 6 mos - 3 yrs

This program teaches parents how to work safely and effectively with children in the water. The program emphasizes fun and enjoyment, water adjustment, and preparatory activities for future swimming. Parent and Me aquatics is not designed to teach children to become good swimmers or even to survive in the water on their own. At least one adult must accompany the child in the pool.

Sunday Sessions

10 - 10:30 am

Fall Session I | Sep 22 - Oct 27

Fall Session II | Nov 10 - Dec 15

Winter Session I | Jan 5 - Feb 9

\$150 | Valued member \$100

Pricing for Parent and Me program is per session.

LEVELS 1 - 3

Preschool Aquatics Ratio 4:1 | Ages 2 - 3 and 4 - 5 yrs

Preschool through kindergarten children progress through swim levels while learning water safety and skills ranging from blowing bubbles to independent swimming. Children who successfully complete this program will be ready to begin Learn to Swim Level 3.

Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm,

1 - 1:30 pm or 2 - 2:30 pm

Fall Session I | Sep 22 - Oct 27

Fall Session II | Nov 10 - Dec 15

Winter Session I | Jan 5 - Feb 9

\$150 | Valued member \$100

Weekday Sessions

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Sep 9 - Oct 28

Fall Session II | Nov 4 - Dec 16

Winter Session I | Jan 6 - Feb 12

Tue and Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Sep 10 - Oct 29

Fall Session II | Nov 5 - Dec 17

Winter Session I | Jan 7 - Feb 13

\$240 | Valued member \$160

Pricing for Preschool Aquatics program is per session.

LEVELS 1 - 4

Learn to Swim Ratio 5:1 | Ages 6 - 9 yrs and 10 - 13 yrs

Elementary and middle school age children progress through four levels of swimming skills and water safety. This curriculum begins with body control in the water and ends with independently swimming all four strokes for short distances.

Sunday Sessions

11 - 11:30 am, 12 - 12:30 pm,

1 - 1:30 pm or 2 - 2:30 pm

Fall Session I | Sep 22 - Oct 27

Fall Session II | Nov 10 - Dec 15

Winter Session I | Jan 5 - Feb 9

\$150 | Valued member \$100

Weekday Sessions

Mon and Wed | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Sep 9 - Oct 28

Fall Session II | Nov 4 - Dec 16

Winter Session I | Jan 6 - Feb 12

Tue and Thu | 3:30 - 4 pm, 4:30 - 5 pm or 5:30 - 6 pm

Fall Session I | Sep 10 - Oct 29

Fall Session II | Nov 5 - Dec 17

Winter Session I | Jan 7 - Feb 13

\$240 | Valued member \$160

Pricing for Learn to Swim program is per session.

LEVELS 5 - 6

School Year Makos Swim Team Ages 5 - 18 yrs

Our school year swim team is a monthly, practice-only team designed for those who complete level 4 of the Learn to Swim program. School year swim team continues our Learn to Swim Levels 5 and 6, refining stroke development and increasing endurance. School Year Makos Swim Team runs through April. The Summer Makos Swim Team begins in May.

Ages 5 - 10 | Sun, 3 - 4 pm | Mon - Thu, 5 - 6 pm

Ages 11 - 18 | Sun, 3 - 4 pm | Mon - Thu, 6 - 7 pm

August 2024 - April 2025

One day per week, \$75 | Valued member \$50

Two days per week, \$113 | Valued member \$75

Four days per week, \$150 | Valued member \$100

Pricing for the School Year Makos Swim Team is a recurring monthly fee.

No lessons or Swim Team practice on Sep 2, Oct 2, 3, 16, 17, 23, 24, Nov 27, 28, Dec 24, 25, 31 and Jan 1



Lucas Ramos Campos
Tennis Pro
(904) 730-2100 ext. 317



Scan the QR code to discover more about our Tennis programs.



Adult Tennis Clinics

Ages 18+

Clinics geared to A, B and C level tennis players who are participating in our competitive teams. Tennis League play continues through April. For more information, contact Lucas at ext. 317 or email lucas.ramoscampos@jcajax.org.

3.0 - 3.5 Men's Clinic

The first hour of clinic will focus on stroke production, drills, and strategy. The last half hour of clinic will be supervised doubles play.
Mon | 6:30 - 8 pm
\$20 per clinic, year-round

Twelve-Week Sessions

A Team Clinic

Wed | 10:30 am - 12 pm

B Team Clinic

Wed | 9 - 10:30 am

C Team Clinic

Mon | 9 - 10:30 am

Working Women's

Wed | 6:30 - 8 pm

\$180 | Valued members only

Cardio Tennis

Ages 18+

This engaging group fitness program features the heart pumping effects of tennis drills, games and skills to deliver the ultimate full-body and calorie burning workout. Six-week sessions are available year-round.
Sun | 8:30 - 9:30 am
\$135 | Valued member \$90

Tennis Mixers

Ages 21+

Enjoy a round robin doubles social. Players will be matched up by ability, while they rotate opponents and partners throughout the night. Level of 3.0+. Second Thu of month | 6:30 - 8 pm
Free for valued members only

Tennis 101

Ages 18+

Adults learn the basics of stroke production, scoring, rules, and more about the game of tennis. Six-week sessions are available year-round.
Mon | 5 - 6 pm
Tue | 6:30 - 7:30 pm
\$135 | Valued member \$90

Private Lessons

30-min | \$40

60-min | \$65

Semi-Private Lessons

60-min (two people) | \$42

Doubles

60-min (four people) | \$30

Pricing for semi-private and doubles is per person.

Valued members can schedule private, semi-private and double lessons at any time on the My J app or by calling ext. 317. Packages of five and ten are available for purchase.

Tennis Scholarships

Tennis encourages children and teens to develop positive social skills, eye-hand coordination and strategic thinking while building healthy bodies and minds. We have financial assistance for children to participate in our JCA tennis programs. Thanks to the Serve Love Endowment Fund, our JCA and The Jewish Federation & Foundation of Northeast Florida can provide financial support for children in need of tennis items like equipment or shoes. Please email kendall.valliere@jcajax.org for more information, or questions about your specific situation.

JUNIOR TENNIS CLINICS

ALL CLINICS ARE SIX-WEEK SESSIONS.



For the pee-wee and junior players, our **Tennis** programs teach the fundamentals of tennis. Classes focus on proper swinging motions and the most effective way to handle a tennis racquet.

PEE-WEE QUICK START

Ages 5 - 8

Thu | 4:30 - 5:15 pm

\$108 | Valued member \$72

JUNIOR QUICK START

Ages 8 - 12

Tue | 4:30 - 5:30 pm

\$108 | Valued member \$72

Email Lucas for more information and specific class dates at lucas.ramoscampos@jcajax.org.

In memory of...

- ETTA FIALKOW**
by Lior Spring and Daniel Miller
- RICH GOTTFRIED**
by Michele and David Steinfeld
- ORIEL COHEN**
by The Board and Staff of the JCA
- MELVYN FRUIT**
by Lior Spring and Daniel Miller
The Board and Staff of the JCA
- HANNIA BASCUS**
by Karen and Philip Adler
- MELISSA BLOOM BRAND**
by Karen and Philip Adler
- JOEL GREENHUNT**
by The Miller Families
The Flagler Family
The Board and Staff of the JCA
- CHUCK WILSON**
by The Miller Family
The Flagler Family

For a Speedy Recovery...

- HARRIET ROTHMAN**
by Michele Steinfeld
- STEPHEN GOLDMAN**
by The Miller Families
The JCA Board and Staff

In honor of...

- JERAD STEINFELD'S SPECIAL BIRTHDAY**
by Michele and David Steinfeld
- NOAH CHASKIN'S ENGAGEMENT**
by The Miller Families
- SEAN HALLORAN'S GRADUATION FROM MEDICAL SCHOOL**
by Lior Spring and Daniel Miller
- RACHEL MORGENTHAL PASSING THE FLORIDA BAR EXAM**
by Lior Spring and Daniel Miller
- JACOB MORGENTHAL'S HIGH SCHOOL GRADUATION**
by The Spring Miller Family
- ZANE WOLCHOK'S HIGH SCHOOL GRADUATION**
by The Spring Miller Family
The Miller Families
- BROOKE AND ELLI TRAGER'S HIGH SCHOOL GRADUATION**
by The Miller Families
- ELEANOR KAPLAN'S GRADUATION**
by The Miller Families
- HOLLIE ARNOLD'S BIRTHDAY**
by Michele and David Steinfeld
- CANDY FRANK'S BIRTHDAY**
by Michele and David Steinfeld
- ROSE TINCHER'S BIRTHDAY**
by Michele and David Steinfeld
- STEVE KLAUGNER'S BIRTHDAY**
by Michele Steinfeld
- THE BIRTH OF NICHOLAS JAMES BARRY**
by The Board and Staff of the JCA

- RABBI GARY PERRAS' BIRTHDAY**
by Michele and David Steinfeld
- KAREN FOX'S BIRTHDAY**
by The Miller Families
- NANCY EBER'S BIRTHDAY**
by Michele and David Steinfeld
- NAOMI SEKINE'S HIGH SCHOOL GRADUATION**
by Michele and David Steinfeld
- DAVID AND SHELLY ZAVON'S ANNIVERSARY**
by Michele and David Steinfeld
- BARBARA AND ELIOT SAFER'S AUXILIARY HONOR**
by Michele and David Steinfeld
- MARIE-CLAIRE LEVY'S ENGAGEMENT**
by Lior Spring and Daniel Miller
Thelma Nied
The Board and Staff of the JCA
- EDNA SHEFFLER'S BIRTHDAY**
by Michele and David Steinfeld
- SCOTT SHEFFLER'S BIRTHDAY**
by Michele and David Steinfeld
- BRIAN VERKAMP'S JBJ TECHNOLOGY AWARD**
by The Board and Staff of the JCA
- THE BIRTH OF AIDEN PROBER**
by Adam and Regina Chaskin
The Board and Staff of the JCA
- THE BIRTH OF MADDOX GRACE WOLFE**
by The Board and Staff of the JCA



WE'RE HIRING!



Scan the QR code to visit
jcajax.org/careers and [apply today.](http://jcajax.org/careers)

JOIN THE JCA TEAM








David A. Stein

Jewish Community Alliance

*on the Ed Parker Jewish
Community Campus*

8505 San Jose Boulevard
Jacksonville, Florida 32217
(904) 730-2100

jcajax.org



Affiliated with the Jewish Federation and Foundation of Northeast Florida, the United Way of Northeast Florida and the Jewish Community Centers of North America.



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MISSION STATEMENT The Jewish Community Alliance (JCA) strengthens Jewish life, serves as a common meeting ground and enhances the quality of life of the entire community.

VISION STATEMENT Our vision is to provide **the** place in the tradition of our heritage where all people come together throughout their lives to enhance body, mind and spirit, in an environment of fun, harmony and friendship.

Chanukkah EXTRAVAGANZA

THU, DEC 26 | 5:45 PM

You are invited to the JCA for the lighting of our giant outside *chanukiah*! Featuring our world famous hotdogs, latkes, songs, and plenty of entertainment, make plans to join us this year! Admission tickets will be available at the front desk. First come, first served; space is limited.

**TICKETS WILL BE AVAILABLE
AT THE FRONT DESK
ON NOV 1.**



FREE TO THE ENTIRE COMMUNITY!

PROTECTING OUR COMMUNITIES
TOGETHER
REPORT HATE CRIMES



1-800-CALL-FBI
tips.fbi.gov

